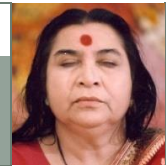


## COMPREHENSIVE LIST OF QUOTES ON JEANS

FROM 21 TALKS OF HER HOLINESS SHRI MATAJI NIRMALA DEVI



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"It doesn't look nice for a housewife, you see, to be dressed in a funny way. Once the chief cabinet secretary from India, his wife had come and she used to think she's very young and smart or something. She was wearing these tied jeans and things like that, you see, and the poor husband, you see, looked this side, that side. He didn't know what to do, and she's, I mean -very big nonsense- why? And she came down in London, she was thinking how she's great, smart, thin. And they were invited to a dinner, you see, it's real thing, you know, real thing that has happened. And when this man was to go from somewhere and she had to go from somewhere else. So, when he went there, he said : "Where is my wife?" They said : "She hasn't come yet." He said : "No she was to come, she's not like that, she's much smarter than me, she must have arrived." He looked around, he couldn't find her. And there was a lady standing, he said : "There your secretary has come, she's standing there." And he didn't know what to say because she really looked like a secretary and not his wife. So the housewife has to be dignified and respectable and she is to be respected. It's the part of that auspiciousness."

**1978-1005 Talk to Sahaja Yogis, Dharma, London, UK**



"In India you see, when the Indian young people see you taking drugs, they think, "Oh must be something great." You see, it's very fashionable nowadays in India for young people to take drugs and wear jeans. They think by that they are getting sophisticated. But they don't know why you did it, they really do not. They don't know that you did it in seeking. They are such foolish Indians, you see, that they are doing it because they think that it's very fashionable, you know. Everybody will call them "up-to-date." They don't know why you left your homes, why you became like this. They don't know the deeper side of your life, they just see superficial. And it's very common now in the universities and things, this has started in a big way. But they are no good for Sahaja Yoga, useless people trying

to copy. How can they copy your seeking, that depth?"

**1980-0728 Guru Purnima, Caxton Hall, London, UK**



"Jeans, now everybody wears, even in India! Imagine in that hot country they are wearing very strong, starched ones, and they get all kinds of problems with that, circulation problems [INDISTINCT: I mean?], but ... "Americans are doing," everybody is becoming American in India."

**1981-1005 Public Program, The Beauty That You Are, Houston, USA**



"Like you eat a banana in India, after that you should not take water. Old people know. Young people are becoming jeans-oriented . So the whole head has gone into jeans and they will eat banana and will take water. Now these are two extremes. Any fruit you take and after that you take water, you will get it. So you should take water after some carbohydrate. You can take some papad, not dried one , anything fried you take and that on top of that you are not to take. Take, you can take a biscuit or you can have a, what you call, a bread something like that to dry; best is chaana. Dry up your throat and then drink. Heat and cold. Now you say take coffee and then take water. That is absolutely wrong. Water you should take and gradually heat it up and take coffee last and then you don't take water till you have taken some carbohydrates. I mean, this is what it is; it's the heat and the cold. The combination of heat and cold should be understood. Now what do you do actually is to neglect certain laws of nature."

**1982-0124 Seminar Talk, Atma, Love, Compassion, Lonavala, Maharashtra, India**



"The artificiality of life gives you tremendous pressure and the artificiality, if you go on seeing how much artificiality we have in the west, you'll be shocked when you come to India, you can see that, see these dresses you are wearing here, these suits here, nobody minds it, they are clean, they are not dirty like ... either they have anti culture people who say we do not believe in artificiality, so they

have all the artificial things like, not artificial but extra human like, lices in the head, they'll have bugs walking on their bodies all extra human you see, I don't know what, extra human things. **They will be dirty people, not having baths, will be smelling, stinking, wearing a jeans for one year, you see, "What does that matter? Who are you? Who the hell are you to say what I wear? What I dress up like? I'll do the way I like."**

**1984-0118 Spontaneous Talk, Vaitarna, India**



**"Now people are wearing jeans - can you imagine in this heat, to wear jeans? They are wearing jeans also, stupid people as they are. See, whatever country you live in you have traditions built in according to the need of the country. And so traditionally whatever are your dresses you must wear.** I like the bow tie and all that you wear, it's quite good. Nothing wrong in it, for a puja if you wear that it's all right. So, one should differentiate. Now all these are traditions carried forward because people didn't find anything wrong with them, so these traditions have carried forward and forward and forward. And I think we are very traditional people. I think Indians are the most traditional and thanks to our women in India who have stood all the impacts of the western culture, western education and western goating."

**1984-0210 Talk to Ladies in Marathi, Pimpri, Maharashtra, India**



"Shri Mataji: But that, too, was made in Poland. I'll try next time. It's like, you know, **you want to see something made in America. You don't find anything.** If we'll ... Sahaja Yogini: But if we are looking then in the assembly line which is, was the, the exploiter of the mass production. Sahaja Yogi: Plastics. Sahaja Yogini: So we [lose the way / moved away] from the what we call cottage industry. Shri Mataji: No, but sort of, **we want to have say something made in here. What she's saying? Sahaja Yogini: They make blue jeans. Sahaja Yogi: They make blue jeans. Sahaja Yogini: Blue jeans here, blue jeans. Shri Mataji: Blue jeans. Sahaja Yogi: The American hand-made things. Shri Mataji: Blue jeans? Sahaja Yogi: The Americans have no taste. Shri Mataji: Americans what? Sahaja Yogi: They have no taste. Shri Mataji: I think they are the greatest. That's why you are all existing. They buy from all over the world. You don't know, you get Chinese goods here. Every sort of good you can get in America where you cannot find it anywhere. All the best**

things there. Have even bought all the old things from all over the world. I mean, they have a good taste, no doubt. They are the ones who got the sense of antiques also. They are the ones who introduced this idea of antique."

**1984-0820 Talk to Sahaja Yogis, Part 4, Day after Shri Krishna Puja, New Jersey, USA**



"I'll give you a personal example of the whole thing, which happened in Hamburg, this thing, even in Hamburg and the top man of our services called the cabinet secretary. His wife was a very smarty, used to wear jeans, this, that and all the smartness of the world she had, so called. And she used to wear dresses you see, and she's a typical westernized sort of a woman. And of course for a dinner she would wear a saree, but that, too a very showy top saree. And we were invited to a dinner. Me and my husband and she and her husband. And it was a huge dinner, big banquet. So, she didn't come with her husband. She was busy with something, so she came later on. Or earlier, she came earlier. And the husband came later. So, when everything came, everybody sat as in protocol? He sits on the right, she sits on the left. Now her seat was vacant. Nobody was there. So he said, where's my wife? They said, your wife never came. No, I think she must have come. I'm sure she has come because she said she'll reach earlier, so she must be here. They said, I think your secretary has come, we call her and ask her. And it was his wife. They had put her into another room. And she didn't know German very well. And she was trying to explain, I'm his wife, I'm his wife. They were telling her, we are waiting for his wife, we are waiting for his wife, you see, we are waiting for his wife. You see she could not convince them that "I'm his wife". She showed her ring, she showed this. And they said alright, the wife is coming, alright. It was so shameful I think."

**1984-0906 Talk to Sahaja Yogis, Gregoire's House, Vienna, Austria**



"Call these theologians, challenge them. Why not put a challenge? You are not alone, you are so many. And don't tell them you wear saris when you come for My Puja! They won't understand, they are not that deep. You can wear your jeans. Or to convince them more, you can be punks! That would appeal to them better. You

go with your punky conditions, they'll jolly well have to listen to you; otherwise they are in for trouble. If they are that stupid, why not handle them? It's very easy to handle a stupid person than to handle a person who is not, who is not stupid, or who is clever. Stupid can be stupefied very easily."

**1985-0408 Easter Puja, London, UK**



"The way you have risen, you see, from that low-level atmosphere. Such a low-level atmosphere, think of it. They will die out. Like hippies came, they died out, they're finished off. The other will come; they will die out. But those who are rising are the people who are important to us. I mean, imagine, you think of the hippies, where, where would they be? Absolute complete decadence, absolute, finished with them. Wearing rags, this, that. **There's a Hong Kong fellow who is selling jeans. So I said, "What is such a specialty about your jeans?" He said, "You see, these are washed in a dryer, in a, in a washing machine, in which there are stones." So I said, "Then what happens?" "Then it becomes, you know, a little oldish." They put stones and the stones are sold in the market. Such idiocy, I tell you. And they are the most expensive jeans. Such decadence, such decadence.** While you have to go to your head to Sahasrara. So this you know that is possible through Kundalini; there's no other way out. Krishna didn't say about it because He didn't know whether Arjuna would understand or not. But in a way he did."

**1986-0303 Talk to Sahaja Yogis, Brompton Square, London, UK**



"Now, for example, if a cook appears in a swimming suit, what would you think of that? It's horrid! **A cook has to dress up like a cook. In the same way a businessman also has to dress up like a businessman. You cannot go about in jeans to your office, because if you do it, everybody will do it. And all these things create laxity. Laxity is all right outside the office, outside your business, all right, but not when you have the business.** Like we have a drawing room. **Now a drawing room is a drawing room, it is not a bedroom. You should not mix them up. Once you start mixing them up there's no end to it. It can go to any limit. I've seen people going to the office in dresses that really look like a swimming suit. So**

this has to be revived and can be revived very easily if you tell people that they won't be able to influence people unless and until they keep that kind of a form and an upright behavior. ....

Another incident I'll give you. In C.P.'s office there was a lady who came in jeans and C.P called her and said: "Madame, I will not have this. You can wear trousers or you can wear some sensible dress but not these jeans. You can wear it in the street, you can wear it in the house, you can wear it anywhere, but not in the office." She said, "No sir, it cannot be so!" He said: "All right, then will you please resign. I won't have you." And she started wearing proper dresses. Because that really makes a difference, you see. Always a dress makes a difference for proper articulation. Absolutely."

**1986-0917 How to be respected, The Hague, Holland**



"And the Westernized Indian women also are like that, and when they go to West, even simple women I've seen they become like tigresses. Something surprising how they change immediately to the position, even if they may not wear the jeans and all those things, but they become like that. So this imbalancing starts in a human being when he doesn't understand that you have to be a axis of the Mother Earth, and neither the Capricorn or the Cancer."

**1988-0110 Shri Surya Puja, Mumbai, India**



"Indian people are different, Indian old are very matured - young are not. Young are just copying you, here in the West. You see, if you color your hairs, they will also color. If you wear jeans, they'll wear jeans. If you make holes in your pants, they'll make holes like you. They don't know why you do it. So Indian young people are not so good."

**1988-0608 Press interview with Molden, Melichargasse Ashram, Vienna, Austria**



"So these things announcement helps a lot. For example, wearing a badge, or wearing a, what you call, a necklace like that, or a ring, itself is an announcement that you have found out the Truth. And then, not only that, but also if you want you should sometimes start wearing a saree, doesn't matter, sometimes kurta pyjama, doesn't matter, on the streets, if you walk about, people will know. Now some say that if you wear these things then Mother has said, "No." I never said so, that you cannot wear. If you like you can wear. But there's a freedom to you. If you want you can wear it, or if you don't want, need not wear. But the trouble is, sometimes like these Hari Rama, Hari Krishna women, then they used to wear these dresses and go about. But they were dirty, filthy, unwashed women. In a proper, traditional way, if you wear sarees, people will appreciate, definitely. Why not? They would like to see you in sarees. If you want you can wear it. Will be a good idea for you to go about. **There's no harm in wearing sarees. I think it's very decent dress, and makes a woman look like a woman much more than pants, and those jeans and things like that. So it doesn't matter. But then don't feel guilty with it. If you want to wear it, wear it with daring and with courage. Be a brave person. So only the brave people can get rid of their left Vishuddhi. Because you are brave you are doing it. That's the culture that has to come. We like the sarees, we'll wear, we like the kurta pyjamas.**"

**1988-0820 Shri Vishnumaya Puja, Shudy Camps, UK**



"As soon as they went back the Paramchaitanya triggered it and you know what happened with the Eastern block. Tremendous people there are, they are tremendous people. Russians are tremendous and these people are tremendous. Very high quality seekers. Same about Hungary, everybody was saying, "What about Hungary, Mother?" before that. I said, "Let one come from there." And really one came, quite sick, you know, thinned-out sick person. He got his realization and here it is, Hungary is free. Same with Romania. So, what is the difference in quality that - we are supposed to be people from free countries, and those who were in the shackles of communism. I don't know, but maybe they must have been great people to be born there, perhaps. Because Lenin talked of stateless state and things like that, but I don't know what to say, but one thing for

definite - they had no time to waste their attention here and there. No nonsenses of religions, no nonsenses of conditioning, no nonsenses of all kinds of theories, no nonsenses of becoming hippies and no nonsenses of becoming these punks and this and that and all sorts of nonsense. Nothing. **Of course I don't say that, when I went there, I found people - at least 25 percent who were asking for American Jeans but that's different - only 25 percent. The rest of them - just clean plates, absolutely clean plates. Very nicely combed their hair with oil and all that, very smart people. No inhibitions of asking me about themselves - nothing of the kind. No hypocrisy, nothing. No fashions, no fashions. Very straightforward, simple, educated, dignified people. Nobody walking with funny gestures or anything, very dignified.** They were supposed to be people in the shackles of communism. One person has written the mathematical calculation of Shri Chakra, and he very humbly came to me, sat down to know all about it. Their humility was, I can't explain to you. Even to touch the platform with such humility and discipline they came. Whatever it is, whatever the regime must have been to them, or whatever it is, they are not abandoned people. It's a kind of a proper discipline, of their mind. The mind, so receptive, so humble. In this so-called freedom we have lost quite a lot of ourselves, I think. First of all, experimenting ourselves with all kinds of nonsense, talking about things that we should not, seeing things in the name of freedom, which we should never see, as human beings. Anything people can do in a free country. I think, unless and until you have realization freedom has no meaning, because they get abandoned, completely they abandon all their qualities, all their value systems, everything. So, we come to a point to understand that we have harmed ourselves, we have harmed our attentions."

**1990-0421 Evening Talk, the day before Easter Puja, Eastbourne, UK**



"In New York you can't wear anything of gold. I mean they are all dacoits. Sixty percent people are suffering from nervousness, from AIDS, horrible disease is that, drugs, AIDS. You can't find an American with a steady look like yours, they all the time keep shifting.. So, even to bear freedom, you must have wisdom. You must have wisdom. I would say that Russians are very wise people, despise whatever you may say, whatever it is. **But they are wise. Russians! Seventy percent Russians are very wise. And the thirty percent are asking for American**



jeans and money. So with Sahaja Yoga you touch your depth and that's, that's how you understand what is good for you, what is benevolence. Also, they've realized, Russians realize that they got their freedom very easily, very easily."

### **1990-1016 Public Program, Bucharest, Romania**



"And then they will use a lot of paper, plastic things. They never have proper plates. They may be very rich but they are always on the picnic, you see, eating in the paper plates, using plastic things. But they are so proud of it. "You see, this is a new one that has come now in the plastic scene. This knife is a new one, try it." "But what is so great about this? It's after all, plastic." "It's new, you see, new." New is the idea. Then everything has to be different. Every year. So this is the fashion this year, so this kind of clothes. Now they go on discarding this plastic that they use, then dresses also. This is the fashion in Paris, so that's the dress comes in. Then the entrepreneurs have really made us slaves out of that. Now, if you are dressed differently they say, "Oh, you are out of fashions, out of date." So one lady came to see Me. She had pants cut here, here, jeans you see cut here, there, everywhere. I was just worried that if she sits on, may give way. Very close cut. And a funny type of a shirt with all cuttings everywhere, all the threads coming out. So I said, "Why are you, dressed up like this?" "I'm up-to-date." So I asked her, "What about Me?" "You are antique." I said, "Antique is more precious than up-to-date." So in India, we say that these people have got now the desire to be beggars. With everything beggarish. The houses are beggarish, dresses are beggarish, the hair are beggarish. To add up to it, drugs have come, so it's all absolutely ... you feel you are in some sort of a fish market, smelling. The way people live is ... I mean, they are no way better than our slumming, the way they live, the way they eat, the way they like. ....

So we should not be slave of these entrepreneurs who are just befooling us all the time. In the market something comes up funny, transparent clothes, you see, made of plastic. Something absurd, you know, sometimes the clothes are very absurd. Like they had very tight jeans once upon a time. And they tighten it by ... they said that you wear it and get into the tub. And when you come out they just stick to your body. And then you bathe with it all the time. I don't know if they

bathe also, that's another point. Now, it's such a funny thing that with this, the ladies couldn't get into the buses so they were to be pushed in you see. **But the worst was that they developed varicose veins. So they would come to Me. I said, "Why did you wear?" So that was the fashion. Then they started with the baggy ones, with the holes, holey pants. Like that, you see, moving from one to another, having too many things of no value.** So the Sahaja yogis should understand that we are friends of the nature. And whatever nature gives us, we have to respect it. **Better wear natural clothes as far as possible. One natural shirt is better than three unnatural ones, because you can breathe better, your skin breathes better, you can wash it better. So best is to take to more natural things."**

**1992-0213 Talk to Sahaja Yogis, Red Hill Lookout Cafe, Canberra, Australia**



"I'll give you a case of a **lady I knew. She used to think she's a very smart person, you know, always looked after her body and just to be thin and all that, and she wanted to attract all the men and all kinds of things she would do. She would wear, you see, jeans and, you know, quite old lady.** And her husband was a big man, he was a chief cabinet secretary, very senior to us. So one day we were all invited for a dinner. So she was not there. So many asked them, so many people, "Where is your wife, where is your wife?" He said, "I don't know where she is. She was to come here." I was also thinking where is she, where is she gone, because there was a seat for her, a special seat. So before sitting for the dinner I went for, I went into the bathroom. And there the poor thing was sitting on one corner. I said, "Why are you sitting here?" So she said, "They made me sit here. I don't know what to do." So I brought her out. I said, "Why did you make her sit there?" And she was thinking she's very smart, she's done her hair nicely, she's looking like an actress. "Oh, is she the wife?" I said, "Yes." "Oh, my God! We thought she's the secretary. How could she be? **She has no dignity of her own, the way she was dressed stupidly.** How can we believe that she's the wife? She has no dignity as a wife of a Indian gentleman so highly placed." And poor thing was sitting there for half-an-hour, smoking. They couldn't believe it. Then they asked Me, "Are You sure she's his wife?" I said, "Yes, I'm sure." **I mean, she came to the table,**

nobody got up for her."

**1993-0516 Shri Fatima Puja, Istanbul, Turkey**



"First of all, what I see in America is really terrible because they get up late, in the night sleep late first of all and get up late. Then early in the morning they have to go to work, so they are in a hurry. **They'll pull back their jeans and then I don't know.** They don't eat at all, they don't even brush, get into the car, start brushing and then they have their food in the car, or call it the breakfast, so-called breakfast. Here it is all the cars are honking and you're getting late and there's a jam, this that. This poor spleen doesn't know what to do, because it's such a hectic life. It doesn't know how to cope with such a hectic person who sometimes needs this, sometimes needs that, so it becomes hectic. But then it is vulnerable to a very serious disease which we call as blood cancer, leukemia. **On the contrary, if our life is a peaceful quiet life, we nicely get up in the morning, have our bath, don't go for jogging, that's also another thing. Jogging is right-sided. Jogging is all right for people who are lethargic, you see. Indians would be better. But not for Americans.**"

**1994-0929 Public Program, Think about your benevolence, Los Angeles, USA**



**"I can never wear jeans, whatever you may try, because this is our tradition and in our tradition, the way a woman is respectable has to be in sari. In some cities before marriage they do wear every kind of dress, but after marriage they assume the position as a Gruha Laxmi, meaning the goddess of the household. She is the goddess and if she is the goddess, then all kinds of blessings come on that family. We have seen our experiences that if the woman is a Gruha Laxmi in the pattern of Fatima, then all the good can come to that family."**

**1994-1113 Seminar, Address to women, Tunis, Tunisia**





"But women are artistic, and if our Indian women give up wearing saris and take to jeans, where will the villagers go? Because they live with the saris that they make during holidays and things like that. So in India is not possible to introduce all these dresses; in the school maybe, but later on they all give up because they like saris. So the saris are still on and will be on, because it's so artistic, it's so beautiful, one sari doesn't look like another sari. So the idea of beauty and the idea of art – much more with the women, not with the men. And so one should see that if men don't know, doesn't matter; but you make your houses absolutely

artistic. Make it comfortable like the lotus, as I said, that should be such."

**1998-1025 Diwali Puja, Novi Ligure, Italy**

