

COMPREHENSIVE LIST OF QUOTES ON SEMINAR



FROM 56 TALKS OF HER HOLINESS SHRI MATAJI NIRMALA DEVI

Sahaja Yoga • Compilations • sahajayoga.compilations@gmail.com

“It is a, it is a very spontaneous in-built process which fulfills itself. But still some of you have been with Sahaja Yoga for quite some time, and naturally they know much more, and they are much more deeply aware about many things, which all of you are not. And that's why if they are having this seminar, I hope you all take advantage of it. That will help you to do better justice to your self and to your realization. It's a good a chance you be there. I hope I'll be there as many days it's possible, but I will be there.”

1978-0925 Public Program, Stupefied Through Ego, London, UK

“This is just Love, which soothes you, which raises you to a new awareness, by which you can feel on your fingers the complete enlightenment, and your hands can tell you what centers are there, what centers are catching, in you - and in others. **There are so many blessings of Sahaja Yoga, which I hope to tell you about when we have a seminar perhaps there, and all these people can tell you also.** But I don't know what are your problems. I would like to talk to you if there are any problem or question - but not too long. Because Sahaja Yogis get quite worried about it. The reason is they all have asked me questions you know, quite a lot, they feel quite ashamed ... to remember that, firstly. Secondly, they feel excited, that why aren't you getting your realization you see, why are you asking questions - better have it - is in your hands. So they don't like it. And thirdly, they find sometimes.. that you are asking questions of no value - to yourselves, or to anyone. So, one thing if you remember, there is nothing selling here. You have not paid for it. It's something that's just flowing, you see.”

1979-1115 Public Program, The Significance of Brighton, Brighton, UK

“If you could arrange a seminar, Gavin. Anytime, three days, I can postpone my going to India. I would like to have a seminar sometime. Gavin: ... [unclear] a place in Sussex, I think it's the twelfth, no the eleventh, no thirteenth, that's a mid-week time [unclear] We have many more. I would like to have it on a Saturday Sunday somewhere.”

1980-1027 Public Program, What do we expect from realization, Caxton Hall, London, UK

“Once you start doing this Sahaja Yoga, then you recognize how important is Sahaja Yoga that it gives a real meaning to the whole creation, in the eyes of God and divine power. That has to work out-that's the purpose of life. And surprisingly it is left to your will, not to my will. I've no will, I've no action. So it is your will, which is going to work it out. So you have to dedicate. And now you have to weigh yourself : How much I'm willed? **The seminars help you to see how much you really will that Sahaja Yoga should be 'successful'. This is the second thing. To make it successful, what should we do? We must understand the basics of Sahaja Yoga, and try to see within ourselves "do we understand the basics and do we have those qualities by which we sustain those basics"? The first basic of Sahaja Yoga is that you have to become your Spirit, so that your body emits the powers of Spirit alone. This is the first basic of Sahaja Yoga.”**

1980-1116 Seminar, The New Age, Plawhatch Hall, UK

"It's a seminar that you have arranged and I'm very happy. I always wanted you to arrange seminars and that you all should meet together and live together, and understand each other. The seminars on the gross level they work out many things no doubt. But on subtler levels, seminars of the Sahaja yogis means a lot. It means that a strong nucleus is being consolidated in various places in a country. And these strongholds or we can say the strong nucleus which is created like this, can form a mechanism by which beams of strong vibrations could flow or could be thrown all over the places. It's a very great task to build up these mechanisms, these divine mechanisms in different parts of your country."

1981-0802 Seminar in Mill Farm, Sherbourne, Dorset, UK

"What is there to argue in Sahaj Yoga? You have to take, that's the point is, you have to take, there's nothing to argue. How much you take is the point. And the worst part is that they don't want to grow and they want to pull you down. So, unless and until they are introduced to the idea of puja beforehand - then they start understanding the worth of puja, otherwise they do not, how will they understand? **You see, it's beyond them. So, you should not make them attend any puja, minimum, and also seminars I would say. Because seminars are meant for people who are intensively in Sahaj Yoga, to intensify their awareness, not for people who are half-baked, who are Doubting Thomases; all these kind of people are absolutely useless, you should never bring them to seminar! Whether it's your son, father, brother, mother, sister, husband, wife, nothing. You shouldn't bring anybody who is not fully awakened Sahaj Yogi, because seminars are meant for very intensive work.** And what I find, always these people will argue with Me, they are the first to question, they have something to say [Shri Mataji laughing:], they are the ones, sahaj yogis are keeping quiet and receiving ... **I don't mind even that, what happens in the seminar, you have to receive more, and they do not receive, their attention is outside, they are disturbing everyone. So, seminars are even, in a way, more important than an ashram, because in ashram there's no other problem but to fight them out. But here, in a new place we go, we have to fight out all surroundings, the place itself has to be cleansed, everything has to be done. On top of that you have these terrible people around you, whom you have to convince. If they are not convinced, why are they here? Why did they spend so much money to come down? Be sure, they have come here to disturb us.** I'm sorry we had to do that way. I wish people could be simple, straight forward, uncomplicated, and sensitive, but they are not. They are not sensitive people."

1982-0801 Shri Adi Shakti Puja, Cowley Manor, Cheltenham, UK

"And here I think you made a big mistake, a very big mistake, I must say and I don't understand why you did it because you know for definite that in Sahaja Yoga I don't want anybody to know who I am till they have come to a point, never we try to tell them, **and then [place is unclear] seminar was another very big mistake because all such half-baked people who've been to seminar, the people who are higher get disturbed, upset, not only that but they get affected because they come with the great idea that "they are going to the seminar and is going to be lifting up" but all thing pulled apart, they are argumentative, I mean it is so cheap, the whole thing was so cheap.** And I was very unhappy when I learnt that they have been behaving like this, that everybody got upset, the vibrations were spoilt, they don't understand anything, they are blind, they don't understand what they are doing. They are playing into the hands of their bhoots and they are acting in a way that is harming everybody and everybody's vibrations going down, you would be feeling so

bad, they had right Vishuddhi, they had left Swadisthana and even in My puja. **Even some of them were not there, they were some not such good people, little half-baked type, I told them "don't bring them" and the puja was so strong that I had to lie down for at least one hour to take out the vibrations, you know that very well, so you must understand that when there are people, I do not discriminate but those people who cannot bear My powers, I didn't want to put them under pressure and nor do I want to suffer unnecessarily because if they can't get it I cannot just force it into their mouths, so such people who are half baked, who are just in Sahaja Yoga, coming to seminar has no meaning. It is not a seminar of intellectuals or some sort of a mesmerizers, who'll just come and mesmerize some more, put some more bhoots into people but it is the seminar of people who are free, who are independent, who have become Sahaja yogis means they are standing on their legs, and they know what they are doing, they know how to become, and how to make others become, they are not cheap people that they are just mesmerized by somebody like mad, and singing song of their guru's style, only those people are to be told about surrendering and all that.** I don't want to talk to these people about surrendering and this thing. What will they do their surrendering? I mean, how, what will they surrender? What do they have? Except for their ego and super-ego? I mean, I would never like to talk to them anything about My life, or anything who I am. I never talk to them, I never said these things openly you know very well."

1982-0813 Talk to Sahaja Yogis, America: its future and problems, Brompton Square House, London, UK

"Phil Ward is **in charge of organizing shuttle and cars to bring them from the station to the seminar.**"

1983-0717 Puja, God's Blessing upon Sahaja Yogis, Inauguration of Surbiton Ashram, London, UK

"Then tomorrow you can have dhaana – meditation in the morning and about, say, you must get up early. **And after that I mean you can get your tea, I don't know whenever you feel like, I mean, I don't know what's the style is. And after the dhaana is over then you can come for your breakfast or whatever it is. And then you have again a little seminar sort of a thing.** This is at 12 you go forth. Yes? Sahaja yogi: But tomorrow there's no staff here, there's not arranged much here. Shri Mataji: Oh, I see. Then what. There is no problem. **Tomorrow is the Puja day, so you need not have a seminar or anything, anything like that.** We can start our Puja say, say, should be at 10 about and have a food after Puja. That's how we are after that, after that, after that. All right? May God bless you. So can I retire now in My room? Thank you very much."

1983-0723 Seminar Guru Purnima, Ritambhara Pragnya, Part 1, Lodge Hill, UK

"If you read newspaper every morning you will have an attention like that. All the newspaper people have that kind of an attention, to find where is the disaster. I mean, in a sinister way, they feel happy there's a disaster. **I've seen people, "Oh Mother, I came to the seminar but the problem is, you see, there was no water." The attention is in finding disasters within and without. "What happened?", "There's a disaster", "What happened?" "I lost the pin". Absurd, to have such stupid ideas. They will cry and weep and make everyone miserable, "Oooh, I'm so miserable." "What?", "My husband doesn't talk to me", or "My child is not with me." Such people are extremely self-indulgent as far as their relationships are concerned.** They make everyone like that, "Oh, the person didn't talk to me nicely and he was this way and that way." They feel hurt at the slightest touch and by that they

think they are saving their emotions if not the material things. Such people are very frightened people to talk to anyone, and anybody says nice things also, they get a fright, like this, they'll frown. The reason is they do not know what they have to save, is not their emotions at all. There's no need to save your emotions, you are protected. What does it matter if somebody says anything to you, you are above there, nobody can touch you! You are wasting your attention all the time by trying to save your emotions. There's nothing to be frightened of anyone, because somebody is going to say something, harsh word, that's why you don't want to do something. Such compromising people, so called, have not understood Sahaja Yoga. There is no compromise in Sahaja Yoga at all. It is just like a diamond. Diamond will remain a diamond whatever you do, it's for ever and ever, it's like that. So one has to understand that the attention should not be allowed to drift into this kind of an indulgence which is of a drunkard, that, they are the most miserable people, the drunkards are - just imagine. They'll be always crying, weeping, and people would think they are very miserable. So what you have to save at that time is your attention from such indulgences into useless expression of your fear about your emotions."

1983-0723 Seminar Guru Purnima, Ritambhara Pragnya, Part 2, Assume your position, Lodge Hill, UK

"We have to humble down, that money cannot purchase God, because all religions are based on that. Everybody, Mr Pope is having what you call that hat, donkey hat on the head with all the diamonds in it, and like (inaudible), what a crown he has. What a crown he has, think of it. And now like a pop star he is waving to all the people, creating problems for these Polish people, and the political stunts he's creating. Why don't you think about this? **All these things that condition people, and making money out of it and seminars and this and that. I really am surprised! Where are you lost? What are you doing? Why don't you come to reality? That the Spirit is within, it is such a simple thing and that Kundalini is your own Mother, She has only one child, that's you. And She's so anxious to give you realization, so very anxious that it will just work in a split of a second. So why, why go to these false things and false ideas and false conditioning, having big, big seminars and big, big things? There's no need to, actually for me it's not necessary even to talk, but without talking who will come to Sahaja Yoga, nobody. So I have to talk, I've talked and talked and talked. So much talk, you can't imagine.** I've got about at least thousand lectures in London, and they all feel that it's something great. I don't know, but I wished I could stop now talking. The other day somebody was talking, I was so happy that that person can talk very well. I said, "Now I will retire from talking, I will just do the raising of the Kundalini, you better see to the talking." And I'm quite happy, she also said in a quite good way whatever it is, you people all enjoyed it. So maybe that some of you might come up as great speakers in Sahaja Yoga and you might be able to relieve me of this too much talking. Thank you very much."

1983-0916 Advice at C.G. Jung Society's Hall, New York City, USA

"Whatever is possible we'll try to do it, but you all should also understand your responsibility. It is not a joke now, it's no more a joke. It's not like Sunday morning you get up and go to church, or Monday morning you go somewhere else in the temple, and Tuesday morning you go to see Siddhivinayaka [Temple of Shri Ganesha - SG] and another day you go to a mosque. It is not like that. It is a very serious thing which we must understand. We are at the brink of destruction, be careful about it. We must do things so that the blessings of God comes to upon us and that we are saved. It is a very serious thing, and the responsibility is much more on all the people who are getting Realization, so do not treat it lightly. You all, I hope, will take it

seriously. **Thank God there is a nice seminar we are having after this for three days, you can come down there, they have charged you very little, we don't have to make any profit of out you, the only profit I can make is that you get your profits, that's all. So please take it up seriously, work it out seriously, and I tell you, out of you will come out those people who will build that foundations of that construction which is going to come. Please don't waste your time in useless things, get to it. Any one of you can do it.**

You may give your addresses to these people, let them know where you are, also you can take address for the seminar, if you want to come, they are going to arrange a transport for you to go to Santa Cruz."

1983-0926 Public Program, Day 2, How to Save Attention, Los Angeles, USA

"If you understand that then you will know that what importance it has today on this day of our international seminar. Internationally you are all related to each other and to nobody. Internationally. You are all relations to each other. These are the relations which are relations of deep friendship. Friendship has no [inaudible], has no lust, no greed, nothing, it's just friendship.

Our progress is so slow. We are worried about stupid things, material things, worldly things, superficial things, artificial things. So one has to understand that you are here today for this international seminar - promise Me. Everybody seems to be younger than Me in this group, but you have to promise that Mother we'll work with the same zeal, with the same attention as You are and try to settle ourselves fight for yourselves within. We talk to much, talk to much, do nothing. Try to reserve your energy in that silent dignity. You must have full ideas to what you are. You must understand, what have you been up to, what have you done about it? Talking, talking, talking - that's not the way it is going to work out. The atmosphere is nice, everything is fine, the future seems very jubilant, everything is fine, but the highest about everything is the hope of your Mother that you are going to emancipate the whole world. Give attention to that! Think about it, that you are going to do that. You have to be them, walking, talking, moving forests of that divine love, that dambara pragnya. I hope you understand, today is a very important day, I feel that if this holy session works out well maybe we'll might achieve a lot next year. Now so We have looked forward to a Puja today and try to absorb.

It has nothing to do with your so called artificial positions in life or anything that is outside, is the inside. **In this seminar one should not talk too much about outside-things, but just talk about God, about your Mother or about Sahaja Yoga. Best thing is to talk about your Mother, so you neutralize it [inaudible] and it works out, it works out. It is a simple thing one has to understand that God has been so kind to you, so kind. You don't have to fight for your saintliness, nothing, you are all brothers and sisters. You are all here, so much close to them, you are not alone.** You are so great that you can know what you are. Who told them, who looked after, who helped them? Today you are just like V.I.P.s So please try to understand that you have to have a very humble attitude towards all these saints and towards Sahaja Yoga. Try to absorb as much as possible. be kind to yourself."

1984-0213 Shri Devi Puja, Bordi, India

"So discretion must be used again that you develop all the constructive side of an incarnation. So after the seminar you have to remember My word about it that you have to concentrate on a deity to imbibe the qualities of that deity. Otherwise you have no communication with the deity, and no use saying the mantras. Like we would say that, "My this chakra is catching or that chakra is catching." Why? Because there is that lacking of that chakra that you have not yet imbibed within yourself. So you must try to

identify yourself with the qualities, the constructive qualities of every deity and that's how you should believe that you are now correcting your chakras with the mantras. Otherwise I'll find all the Sahaja yogis carrying all the thousand weapons of the Devi in their hands, suddenly thinking they have all become devis. Now I hope when you go back home, you won't forget my words and try to concentrate on your pradesh, on your areas of different chakras which are not all right and which are troubling and try to imbibe those qualities. And nourish, nourish also the ones that are all right by understanding the qualities of the deities. Then only you will be amazed that your powers will flow without even thinking about it. It's not difficult for you. It is not at all difficult. But know that instead of paying attention to other's chakras better look after your own chakras. **If your chakras are all right, you won't even catch from others."**

1984-0506 Talk to Sahara Yogis, How to protect yourselves, Rouen, France

"So, it was very remarkable how so many people have come from Delhi, all the way, and I thank them for coming down and making this occasion so auspicious and so good. [unclear: may be Especially or Specially], I have to thank Madras Sahaja Yogis who have come all the way from Madras, it's so far away, to come here and to join us. Of course, the Maharashtra Sahaja Yogis are to be thanked again and again for looking after us so well. **I hope one day we'll be able to invite them to your different countries and can have some seminars like this. One day, might be. Such a day might come such a time when we will be able to do it, when we'll have our own ship and people can travel on the ship. And, I have such ideas. You see, I'm too enthusiastic. I have tremendous ideas. If I tell you, you'll be all jumping in the air, so I don't want to tell you about that. But it materializes. Somehow or other, my ideas materialize, and we should have such a seminar that we can celebrate it on a ship, where the ship moves throughout the world, and we meet every corner and the shores of the world. That would be a nice idea. For a month, if you travel, you can do it, the whole world, I think. It's not so difficult if you have a good, nice ship, given us to us by IMO. So, this is hoping for the best."**

1985-0209 Seminar, Final Talk, Bord, Italy

"What seminars are we going to do, all of us sitting and cooking some chicken, that's all. Or making some cake for Mother which She doesn't eat. Let us take out our satisfactions from these little, little things into some thing bigger. Let us talk about it, without fear. We have to go and talk and tell people about it. Take it a big way. There should be no hindrance on this part. We are a very big group-and we can assert and we can talk and meet people. The situation has improved a lot because now I have to go to India as you know, and in India, for me, the situation is much better. It is not at all difficult. As you know, I went to the hills at the foothill of Himalayas . About 3000 people came from all over-the little, little villages that they had. They didn't take even a second to recognize me-they were singing the praise of the Goddess of the Hills, Goddess of the Tigers, Goddess of the Lions. They just started singing my praise. Without any lecture or anything. They were all joyous that I have been there, and they knew and they accepted me and finished. And I just had to put my foot down there and I have done. Jaipur:-They said, Mother you just put your foot here, really. So for me the situation is very good in India. **So let's see what you people are going to do with these big big Seminars and lectures. Why not get some outsiders to listen to you. Invite them. Invite these intellectuals. Try to talk to them, tell them what is it. What do you call them, those who know about Bible? Theologians-without logics! Call these Theologians, challenge them. Why not put a challenge? You are not alone, you are so many. And don't tell them that you wear saris when you come for my Puja!**

So now in the Seminar you must discuss more how to talk to these people, how to create a platform for Sahaja Yoga. Find out how they create a platform out of nothing, like these punks, and once you do all these things you will be surprised that they will have to listen. They will have to listen to you. Now go full ahead. I am giving you all freedom, do what you want. Except for telling them I am Adi Shakti-that they will not be able to digest, that an Indian has now become the Adi Shakti. They think now Adi Shakti has to be an English lady.”

1985-0408 Easter Puja, London, UK

“But I would like you to ask Me questions today because Sahaj Yogis never ask questions. In a seminar they should. You are not in thoughtless awareness just now. Mahamaya can work it out. Please, ask Me questions. And don’t murmur at the back. If you have any questions, please ask Me.

What about your seminar programming? (Yogis laugh.) Is a Mahamaya? (A yogi makes a comment about planning. Shri Mataji yogis laugh.)

That’s a good thing, I mean those who listen to Me, it’s easier to deal with them. But those who don’t listen to you it’s very difficult, first, you have to convince them, on a gross level, every time. So, don’t decide for yourself, let Me decide. Whatever I decide for you is for your good. May God bless you!

So I can go now, you can have your seminar and discussions and whatever you want to have, on these two points specially because, one thing is you must find out for those who want to go, how you will be going. All of you should take a very active interest and tell them what you can do about it. Also, I think it would be good idea to tell them in short what we have decided in the trustees meetings, whatever we have decided about ... we should tell them about it.”

1985-0420 Seminar, Day 1, Mahamaya Shakti, Part 1, Birmingham, UK

“So the seminar will be like Friday, part of it, and Saturday and Sunday morning is the opening of this thing. So it’s more for the puja than for the seminar as such, but will be good idea. Puja itself, it’s great.”

1985-0528 Three Talks, Styles of our Existence, Kundalini, Power and Creation, Miracles, Los Angeles, USA

“So please make it convenient to be here, and in this time I will be going away but they are having seminars, when you people should come and know all about it. They will tell you everything. But you should not feel hurt, because they know a lot. If they say something you should not mind it; they are like your brothers and sisters. They are not here to please you but tell you all about it, and you become masters yourself. For all this you don’t have to pay anything, and enjoy your spirit.”

1985-0704 Public Program, The Guru Supermarket, The Hague, Netherlands

“On the seminar side you are all very good, everything is done well. I agree. So many things are, because we have to do so many things [together?], but still you being the heart you have to be like that. What can you do? That’s one part of it. And, second part of it I feel, is like we had in Hampstead about three hundred people and they came and what I have learnt is that when they came to the program nobody was sort of open hearted, sort of talked to them in that way as they should have. Some of you did, but not all. Most of you were just sitting down, like if they come to My house, they will just sit down with hands like this. You cannot. You cannot just do that, this is not done. Come to My house, sit down like this. Always they will come and sit down and put hands like

this. Can't do like that. That shows you are very insular, very selfish. And also in a way arrogant. You can not take My vibrations without My permission.

So I find everyone is capable of doing lots of things for Sahaja Yoga. But what have we done for Sahaja Yoga? Nice seminar, you come and enjoy it. Good idea. Enjoy Sahaj Yogis. Mother is collecting them. One of the examples is that from the other countries people come. They are sick, they have problems, this, that. Immediately telephone will ring me up saying, "Mother, somebody has come with ten bhoots and fifteen babhoots". So what? Sahaja Yogi: "When should that person see you?" I said, "The person or the bhoots?" And the bhoots only come. The person is missing. At least you can reduce some numbers and then send such a person. Now I have started using the hearth of My house instead of the candle. Now will you please look after the bhoots of the people - when they come? And among you there are many like that. Your children are caught up. Some of the wives are caught up. Some of the husbands are caught up. But nobody pays attention. Carrying on with them; some times even support it. And just I see them, even staying in ashrams, I must say, some of them are really bhootish and troublesome.

So, to be very precise I think that this seminar should be used for also having a inner insight. See what have we done for Sahaja Yoga. That will help. Secondly, very important is, "Are we open hearted?" Now for example we can say like this, that supposing I am in the house and the bell rings up. If there is an American, he will say, "I will get it," and he will be the first to see, to run and English would be looking this side that side, because of a kind of lethargy - that is certainly. Because that's the idea of the negative to freeze the heart and that freezing is to be avoided. "I'll get it. I'll do it. I will work it out. I have to do it," that must be told. All the English Sahaja Yogis must know that they have to be the most active people. Do you know even when we sleep the heart is beating all the time till we exist. So I have to tell you that you bear a very big responsibility to Sahaja Yoga. That's why I have been here. I have been with you. That does not mean that you should take the things for granted. You can do a lot. You have to circulate.

You should have more books, I think. Or they disappear, I think. You see the books should be collected back, that is the best way and should be carried again for the seminars. That would be better."

1985-0831 Talk to Sahaj Yogis About spreading Sahaja Yoga, Wimbledon, UK

"Yes, I have to go home now. I think we have done a very successful seminar, and give a hand to all these people who have come from Holland and Belgium."

1985-0901 Shri Vishnumaya Puja, Wimbledon, UK

"So those who are interested in different, various type of things, in this seminar you can decide what one likes and what another thing – like even racial discrimination we can take a subject like that somebody can work it out. Why racial discrimination has come, what are the bad effects of racial discrimination? If it comes from English, they will say, "What generous, good people there are, how they understand the feelings and how they ..." That will be very soothing if it comes on the other side. Then now we have a problem of women asking for their rights and all that what you call feminist movement – what is wrong with the feminist movement, how they have gone wrong, and all those things. In every subject, even in economics and everything, you can go forward with the scholarly ideas. You can take help from other countries also who – we have scholars everywhere. But we have maximum number of scholars here. And this is what we have to do in this land of She-field.

All these [marriage] names must be given today, in this seminar, all right?"

1985-0920 Seminar, Sheffield, UK

"So I've already given a little talk which you may hear when you have this seminar or this Shiv Puja."

1986-0305 Talk to Sahaja Yogis, God's Shakti is the power of love, Wimbledon, UK

"So for you and for your progeny you have to think, what are we doing in such a great work as it is. **It's not only for your enjoyment that we have a seminar, nice music, nice food, nice place, we come, we enjoy – no. Enjoyment is just an advertising department. You have to really work hard inside, not outside. No arguments of any kind. Useless!**"

1986-0504 Talk after Sahastrara Puja, Madesimo, Alpe Motta, Italy

"We have money, we have no problem on that. **You have to have a nice, grand, beautiful seminar before Guru Puja. And there are many coming here and you meet all of them, and have a very nice time; real festival will be arranged. So it would be better that all of you combine and work it together, work it out and also give different work to different people, and they should all try to organize it in a beautiful way, (so) that there's no quarrel, nothing.**"

1987-0408 Talk to Sahaja Yogis, St. Martin's Lane Ashram, London, UK

"The other day **one gentleman was to come from Paris to Australia for a particular seminar, and he thought it was - he wanted to come because this is the other side of the world and all that, but quite excited, but he didn't have money, and suddenly he got the money which he was to get for eight years. Suddenly he got the money and he's here.** All such miracles work out. "

1987-0505 Public Program, The need for self-realization, Brisbane, Australia

"Matter sits so much upon us that we get completely blinded to what our purpose is to be on this earth, and start crawling like worms under the pressure of matter. What is this? Is nothing but stones, bricks, everything is matter. What is the importance of this? **Is nothing, except we have to have a seminar. If we don't have the seminar, if you are not going to do anything sensible to create harmony and understanding, no use having all this.** This is what has to be realized: that matter has its own purpose and, as Sahaja Yogis, we are not going to be ruled by matter. Is very difficult to decide because from our childhood we are taught, "Be careful! Don't touch this. Don't touch that." As if that is the god. "Don't spoil it." So the whole attention gets engulfed into this gross existence of matter. So the person starts moving from his ascent to his descent. From matter you became carbon, from carbon you become amino acids, from amino acids you became living things, from living things you became human beings and now you have to become Sahaja Yogis. But the attention starts moving downwards towards matter and we acquire all the qualities that is matter, except for one which only we can give that power to matter - that it can express our love. You become static, you become unchangeable; and when you start using this matter for a lower end than this, then you hurt. Same matter starts evolving into things like weapons. First must be the stone they must be hitting with, then the clubs of stones. Then came the swords, then came the guns, then came atomic energy. So the same matter has gone into evolution into another direction. But matter could have been moved into a higher direction if you had seen the quality of matter to give joy. Then we did that for quite some time, we made beautiful carvings, beautiful churches and temples, beautiful paintings, beautiful statues. I think it ended up in America when they made the Statue of Liberty.

For all the Sahaja Yogis it is necessary to understand the importance of their existence as Sahaja Yogis. They are Sahaja Yogis first, and Americans later. **But, if they're Americans first, then they must work it out. It's not something sideways - you see, "all right, there's a seminar, let's go for the seminar, good" - then come back home, again just the same. You have to really meditate, work very hard. You are the people who are going to change this country; and, ultimately, the whole of the universe. Is you who has to understand. It's not Me. You have to see it and understand that your position is very important. In Sahaja Yoga, Americans have a very great position.** Remember, in the beginning we paid everything for these Americans to come down to India. They were treated with such lavishness. And everybody was saying, "Mother, why are You paying for their fares? Why are You paying for their food? Why do you want them to be so treated? What's so great about Americans? Again they'll develop ego." I said, "You don't know." Of course all those are lost now. I don't see them anywhere, but whatever it is, My desire, My anxiety, My concern has worked. I'm very happy you all are here. I could come here for the Vishnumaya Puja. It's something I hope we should work it out. I don't know how far we have gone now. In the subtler way I think Ganesha Puja has helped a lot, and I can see the two worlds coming up very clearly."

1987-0808 Talk to Sahaja Yogis, the day before Shri Vishnumaya Puja, New York, USA

"In the same way you should be prepared, that once somebody is asking a question to you, then you should have the full idea what you are going to answer. So the best thing would be for you, in your privacy, to think of 10 questions that may be asked. Then you think of 10 answers that you'll give. **Now, I think we'll be having something like a brain trust or something we'll have in a seminar [inaudible] and I would like to see how you answer those questions. Answering shows, not the personality which is brilliant, but the personality that is Sahaj. Because in the Sahaj manner you get the answer quickly, you don't do any drama, you don't become hypocritical, but straightforward you know the answer. And you can say "This is the answer." You don't have to think about it. Now, if you go on using in between like "Aaah, mmm" - finished! When you are talking to someone, somebody is asking you a question, especially for leaders I would say, and when you become the yogis and you become the gurus, anybody asking you questions if you say "Aaah, mm, ee, ah." - finished. You have to immediately answer it very humbly, not with any arrogance, but in a way that baffles another person.**"

1987-1230 Talk to Sahaja Yogi, On Marriage and Nirvikalpa, Kolhapur, India

"But I am happy that your Spirits are shining and the Spirit is enjoying and that you are moving very smoothly upward. Little push will help you more and understanding about it. **This time it has been a much better seminar as I have seen it. We must have a proper seminar, may be tomorrow morning we might try to have a proper seminar of this brain trust or something but most of the people who are coming will be really coming tomorrow. So I don't know may be tomorrow evening you can have brain trust. They'll be coming tomorrow sometime, there's hardly any time for a seminar which I would like you all to sit down and have a proper brain trust or something or you can have it tomorrow morning and also you can have it day after tomorrow sometime. So something can be arranged by the leaders and all the leaders of the world should meet and should do it. As the program stands it is so. But in Sahaja Yoga programs are never just the same. Changing is the sign of life.**"

1988-0103 Talk to Sahaja Yogis, We should have patience, sweetness and genuineness, Ganapatipule, India

"It was a wonderful time that we had in Italy when we went to that lake and I'm sure you all must have enjoyed it. **But all these seminars and tours and all that are for our understanding of the spiritual urge within us and that exists in others. It is more meeting the other Sahaja Yogis together to know about other Sahaja Yogis from other countries and to enjoy the Spirit, which is so collective, because if everybody has the reflection of the Spirit, their company would enhance our joy and would give us a greater depth.** See a person who is shallow, lives with himself, enjoys his selfishness and is all the time worried about himself. That's the sign of a very shallow person. But as he starts becoming deeper and deeper, then he starts thinking of other people around. Then he goes further. He starts thinking about how this world was made, why is he on this Earth, what is the purpose of his life? And when such questions start troubling him he starts onto the path of Mahalakshmi. And when you are on the path of Mahalakshmi you get lost, you think it's a kind of endless, bottomless pit where you cannot understand anything and you are just feeling that you have to seek something and to find out something. So when you find - we have these groups together where you find many of us are all over the world are seeking the same and have found the same, and are absolutely in tune with each other. Our language has changed, we talk with the language of the Pentecost, as we can say - of the chakras. We talk to each other in that language. Not only that, but we also try to enjoy that collectivity which we have never enjoyed."

1989-0725 Arrival Talk, Ashram Melichargasse, Vienna, Austria

"I have to just desire. I desired that the Eastern bloc must be cleared out, must be freed. **So a program of Sahaja Yoga, of what you call the Yoga seminar, was held in Russia. And I told My husband and I told everyone, "I'm going there to break the Eastern bloc." I just told. When I went there they gave Me hardly any time. But I broke it because the people got realization. They were from all these countries and they just went and triggered it. So I told beforehand that this is My purpose but I am so intensely desiring anything; in the same way if you have a pure desire about it, not from any, any malicious or some sort of a selfish attitude.**"

1990-0106 Talk to Sahaj Yogis, Learn from Your Guru, Ganapatipule, India

"When I was going for this another seminar, this Yoga seminar My husband said: "What's the use of going there now? You've been there eight days now. Again for the seminar? Anybody can look after". I said: "I have to go." He said: "Why?" "To break the Eastern Block." He said: "How will You break?" I said: "There will be all of them there in the seminar." Really it happened. They gave Me only forty-five minutes. I spoke for thirty minutes and for fifteen minutes I gave them Realization. See, and in that fifteen minutes all of these were from all East Germany, from Czechoslovakia, Poland; everybody was there. All of them walked with Me out; there was nobody left in the hall for any other lectures, and they gave Me their addresses. "You must come to Poland, You must come to this, You must come to East Germany.""

1990-0304 Talk to Sahaja Yogis, Melbourne, Australia

"We had this time at least three thousand people for a seminar in India: no quarrels, no fights, all the time I hear about bouts of laughter, joking, leg-pulling, all nice friendship going on; no problems of any kind, satisfied with everything – so beautiful to see."

1990-0309 Public Program, Cairns, Australia

“As you know that I went to Russia second time for the Yoga seminar, where we had people from all over the Eastern Block. That was My idea, to get them there. And they were from every country, about two or three people, only. And very strong, very deep, very understanding. I spoke hardly for 30 minutes and such a miracle, in fifteen minutes I gave them Realization, about ten minutes and five minutes I was just there, and all of them got practically Realization, all of them. Very surprising. And so deeply, when I walked out of the room, they all came after Me. That you don't see in western countries, that kind of a thing. All of them walked after Me, ran after Me, they wanted to give their addresses and they wanted Me to go to their country and this and that. I said: "All right, I'll come!" We took their addresses, even from Romania, everywhere. And they went back. And within 8 days one could trigger out the thing. It worked, because they were so deep, because they were so much equipped to trigger the happening. That's how they triggered their country and how they worked it out. So, if we live on a superficial level of Sahaja Yoga, then we cannot do much for ourselves nor for the country and it's just a wasteful life, neither here nor there.”

1990-0312 Shri Mahalakshmi Puja, Auckland, New Zealand

“I'll give an example of that: When I was going to Russia for the second time, in the family they said, "You have been already there, why do you want to go again, after all, you've been there, first and again you want to go for two, three days. And a Yoga-seminar can be looked after by other people who are there." I said, "No, I have to go." And they insisted too much, and I said, "You see, I have a plan that if I go there, there will be lots of people from all these countries which are called as 'Eastern block' and I think I can break it through Sahaja Yogis, if they get their realization." I was just saying that we should get really some remarkable people to come and they gave Me only 45 minutes to speak to them. I spoke for about 35 minutes, I should say, or 32 minutes. And I then gave them Realization. Tremendous people, tremendous personality I touched! When I went out they all walked with me, nobody was there in the hall to listen to anybody else, the whole seminar was over. And they gave me their address, they gave me their phone-number, everything. And they were after me and I had no paper or pencil. Somebody was writing. And I was very satisfied, I could see clearly in their personality that they are very deep people. As soon as they went back the Paramchaitanya triggered it and you know what happened with the Eastern block. Tremendous people there are, they are tremendous people. Russians are tremendous and these people are tremendous. Very high quality seekers.”

1990-0421 Evening Talk, the day before Easter Puja, Eastbourne, UK

“Because my husband has got 31 highest awards, major awards, from 31 countries. This has not happen to anyone, in whole world he said. But he's a very generous and a humble person. Even when he got this award he said: "It is all because of my wife, I got it. Because She's such an efficient housewife and She's so relaxed, She has never bothered me." Half the time he was talking about Me only. And I was very bashful; he was talking about Me only half the time. I was feeling so shy. And he comes to Sahaja Yoga sessions also, to seminars and always he has praised Sahaja Yoga. Now, Sahaja Yoga is recognized by the UN now. And also in America they believe in this religion of Sahaja Yoga, which we call as the Universal religion, Universal Pure Religion. Accepted. They have accepted it as a religion and is a church now, they have accepted it as a church, the highest, highest position in religion, in America.”

1990-0725 Press Conference, Sofia, Bulgaria

“So what I feel, whatever I've read about Russian writers is that there has been always a soul searching within themselves. If you read any one of them you will find there is a soul searching and they find out what am I doing? Is it correct? Why should I do it? What is the problem? And that soul searching within themselves is because they have no choices, like we have here in our countries all kinds of freedom. We waste our energy in finding out what breakfast we will have, what lunch we will have, what dinner we have, what sort of a blouse we should wear. I mean such a lot of waste of energy, it's a joyless pursuit. While they don't have that chance not that they are not well off, I would say they dress up well, they have good clothes. They live well. They have all nice houses. Everybody who is married gets a house. But they always felt that they are not free to get to their Spirit. And that's what they were struggling. As soon as they saw Me, there is no place for false gurus. Nobody wants them. **When I spoke to them in one of the seminars they had a yoga seminar, when I walked out everybody came out and there were other gurus who had come, nobody was there in the hall to talk to them.** They are so keen and so alert that they know that you can not pay for it. And there is no hanky panky about it just telling stories this will happen that will happen. And now in all Eastern Block you will be surprised Sahaja Yoga is spreading very fast.”

1990-0811 Canadadesha Public Program, Vancouver, Canada

“We have now people from **fifty-six nations who come for a seminar in India about from every country, hardly about sixty to seventy. You will see them and you will feel that they are angels. They're all so one with each other, no problem, no quarreling. Such friendship, such joy. Of course, they tease each other like friends but it's such a joyful event. So you become a universal being.**”

1990-1017 Press Conference, Bucharest, Romania

“**This seminar, or whatever you may call it, Ganapatipule, I don't know what you call is a Divine congregation of all the Gods and Goddesses, is very symbolic to Me, because this represents the whole world, it represents the problems of the whole world and also the solutions. It's such a beautiful idea. I don't know how it worked into My head that I started this kind of a beautiful congregation to meet you all. It was very nice yesterday, you kept awake all the while and came to see Me. I could meet all of you and I could have some rapport. I couldn't say much, I was just smiling at you, but just I could express My love and you gave Me that chance. I must thank you very much for that.**” (Applause)

1990-1224 Talk about Shri Jesus, Ganapatipule, India

“**We have seminars in India - when people come from all over the country and such love, such brotherhood, such sisterlyhood. There's no lust and greed which spoils the society. They're so very beautiful, and they do all this work for free.** If I do it it's all right but they also do all this work free. Everybody wants that all the people should get realization. That all. That's their desire, is because they are enjoying their Spirit they want them also to jump into the ocean of joy. It is important that Sahaja Yoga has to be taken in a very serious manner, but actually it is working when you are pleasantly placed towards yourself.”

1992-0304 Public Program, University of Sydney, Australia

“**So every word should be clear- cut. We can go all out to have real publicity but for that we need people who are really matured enough, otherwise with the slightest provocation they get upset - start fighting - finished. Also we should not say that, "You**

are intellectual, you cannot understand." You say that, "Mentally you can also understand, we can explain to you." Prepare yourself. We can even have some sort of seminars, or classes, where we can discuss about these things. In the pujas you can have some sort of a, morning time is always free, some sort of a seminar, or a discussion or they call a 'brain trust', or whatever it is. And there you can discuss things, how we can proceed, what we can do. Now the time has come, is over, all this preparation is over. You prepared for it, now you have to go all out. Tell people."

1992-0830 Shri Ganesha Puja, Cabella, Italy

"Every birthday we have to take a vow. I do not know what vow I should take. People have told Me that I should not work so hard, I am working very hard, but I have taken a vow that I will work double hard (Applause). In the same way you also – all of you – have to take a vow today that you will go all out in the commitment of working for Sahaja Yoga, will think about it. **There are scientists who should produce books, there are doctors who should produce books, writings, go round, talk to their colleagues, organize meetings, seminars with your colleagues. There are architects and other professionals, who could call their colleagues and give them realization. Even the people who are dealing with finances should take to Sahaja Yoga. It is very important because financial problems can only be solved by the Divine power. Nobody else can solve them. So every one in this world, whether it is law or any other field, all of you, should take to Sahaja Yoga and also to creative work. Then also you have to take Sahaja Yoga to your surroundings, to villages, to cities wherever it is possible, wherever you can organize, you have to spread Sahaja Yoga everywhere. As far as curing is concerned, I would advise that you do not have to touch anyone. Please use only My photograph. That is how you will get more Sahaja yogis and less sick people.**"

1993-0321 Birthday Puja, New Delhi, India

"So now, by talking about it, by having lectures, by having seminars, by doing this, it's not going to work out. You have to transform human beings. Most of the global problems are because of human beings. We have to admit, humbly."

1993-1016 Public Program, New York, USA

"This was a song composed by Gurudev Rabindranath Tagore, so many years back, when He had a vision of our Ganapatipule seminars, where He describes that people from all the world will come, from different countries will come. Also, the Hindus, the Muslims, Christians, Sikhs and all kinds of communities will get their awakening on the bank of the sea. 'Sagar' is the sea. So beautifully every detail He has described. He was a seer and He could see the future where many people, who are seekers, to become 'mahamanav' they come. And it's very surprising how these seers have seen the future. Like, as you know, C. S. Lewis is there and also we have got William Blake, so many others."

1994-0322 After Birthday Felicitations, Kolkata, India

"It is very surprising that in India we have seminars where there are at least three, four thousands people from sixty five nations. There is no fight, there is no quarrel, just fun. They enjoy each other, whatever country they may be, whatever race they may be. Because you are not limited, you transcend your limitations. That has to achieve and can be achieved Sahaj, means spontaneously."

So, I have to request that you all, when you get Realization, should attend our collective programs. We have collective programs and then also seminars.”

1994-0902 Public Program, Bucharest, Romania

“Now we have Sahaja Yoga working in sixty-five nations, and I get people in India for a seminar, supposing from all these nations, selected people. I have never seen them quarreling, fighting, but such fun, such enjoyment of friendship. There's no race, there is no country, nothing. They have sort of gone beyond all this and they are enjoying each other in such a manner.”

1995-0221 Public Program, The last breakthrough of our evolution, Sydney, Australia

“We have seminars everywhere, even in India we have seminars, we get people from sixty-five nations and I've not seen anybody fighting or anybody saying even a bad word to somebody. Such respect, such love. It's a new world, it's a new age, it's a new race that has to come. Such help, if something happens to somebody in Kuala Lumpur the whole of the world will try to help. All the people will try to help. It's such a one understanding that we are part and parcel of the whole. Then who's the other? Everything belongs to you. It's a great feeling, you expand and you'll be amazed once you get your realization, once you become Sahaja Yogi all over the world you will find your brothers and sisters, all of them. You're not small, you're not just for your family, your house, no, but you must expand and this expansion comes when you have the light of the Spirit. You don't have to pay or you don't have to do anything, just to feel oneness, it's very beautiful.”

1995-0312 Public Program, Kuala Lumpur, Malaysia

“The latest miracle, I must tell you, it was very great; there was a lady from Mexico. She was working in the U. N. and she became a great Sahaja Yogini but her son who was young, studying in Harvard, got a horrible disease that in the family everybody got, but he got it at a very young age, they got it at a very old age and she was worried and she wrote to me. She wrote to me three letters and she was just praying and I just told her, “Ask your son to do Sahaja Yoga.” And the fourth letter came within one month's time and she said, “Mother, he's completely cured, the disease has disappeared.” I was in India and she was in Mexico because she had taken the son there, he was studying in Harvard University, taken there, and now he's completely cured. It's very surprising, **she came to Italy in a big seminar and told everybody what has happened.** So so many miracles take place; people who meet with accidents, how they're saved and all, all kinds of miracles take place because the Divine wants you to live, live well and enjoy life. So the highest thing that happens to you is this that you become the instrument of this Divine love.

Also **you are requested to come to India for a seminar we have in Ganapatipule,** let us know before-hand and we'll make all the arrangements.”

1996-0312 Public Program, Kuala Lumpur, Malaysia

“Those people who come here, in a seminar, I've never seen them arguing, no. Of course quarreling is out of question. Fighting is out of question. They come from different countries, different cultures, different religions ... nothing, just love and no lust and greed in it. Nirvaj. No lust and greed. Just pure enjoyment of love. The greatest thing is your attention. Your attention becomes enlightened, again I am saying. Means what? You can put attention anywhere and can find out about that. If you put your attention anywhere, you can work out whatever you want to do. Your attention becomes so powerful.”

1996-1125 Public Program, The 700th Birthday of Shri Gyaneshwara, Pune, India

“I was very happy to see the South American seminar, that they had taken specially to aboriginal people. They went and met them. I had met them also and I was so surprised that they immediately said: “Mother you are spiritual, we know, but can you solve our problem?” I said, “What’s your problem?”. “Very simple, we have a land” ... “Alright, then” ... “very little land, 5 or 6 hectares of land that belongs to us where the sage grows” (sage is a kind of a, according to them, it is a holy plant) ... “Alright.” “Now, we always meet, all of us, there for different festivals because we regard that land as a holy land.” They know so many things, you know. This is a holy land - there were vibrations for that. So they always used to meet, so natural. “So, what has happened now, what is your problem?” “The government has sold this land, this American government, to an Indian.” “I said, to an Indian?” “Yes, so can you request this Indian to return it to us, we’ll pay him the money.” I said, “What’s the name of the Indian?” They told me the name, I said, “My God! He is a Sindhi, Sindhi! He won’t leave you even one single pais, is he going to give you this? I’m sorry, I may be Divine or I may be anything, I can’t help you.””

1997-0823 Shri Krishna Puja, Cabella, Italy

“Now they say that Sahaja Yoga is working in seventy-two countries and **we have seminars in India sometimes and sometimes in Italy where the people from all these countries come, I have never seen them criticizing each other. Of course they have great fun, they enjoy, but never seen, complaining, or doing anything wrong to each other. Because now they have become all one.** It's the last judgment, this is the time of last judgment. If you want to remain as you are, you'll remain, nobody can force you. But, if you want to rise to that level, you'll be amazed, you'll have friends all over the world. Not ordinary friends, but real, real friends. So, just to get rid of this hatred and all nonsense what do we have to do? Think this hatred comes from where? It comes from human beings. So, we have to transform them. If they are transformed, things will be all right.”

1999-0616 Follow Up to VIP Conference, New York, USA

“Now in India we have a seminar of Sahaja Yogis. You see we have people from all over the world. We have from Brazil, from Argentina, say from England, also Spain, everywhere. Russia, such a lot from Russia. And when they meet, I've never heard anybody quarreling or hitting or anything. They are in thousands, last time we had ten thousand, but I've never seen anybody, but such understand and love. Of course, they pull each other's legs, that's true, as friends, but on the whole there's never a fight, never a quarrel. Can you imagine if this thing happened to the whole world? All these wars that they have started, all this kind of problems they have created in the name of God, in the name of land, or whatever it is, will be finished. This should happen, this should happen to the whole world, and I want this world to be a very happy and a beautiful place. And I'm sure you all can achieve it.”

2000-0927 Public Program, Holland Park School, London, UK

“The thing is that, I have seen that, Sahaja Yogis do not collect, donate money. **Except in the seminars that they give money. And all this is achieved through that money that you have given in the seminar. The rest of the expense of course comes from my books and other things we do. So it is important for all of you to understand that whatever money you are giving in the seminar is being used, absolutely, absolutely for the betterment of humanity, which may not come to Sahaja Yoga but which can be benefited through Sahaja Yogis. So I would request you not to be miserly. You need not give me the**

money, but you shouldn't have a miserly temperament. Because what's the use of having money without any advantage? So you all must learn how to donate, not to me but to this new idea they have, is they want to Me to declare, they want to make a Foundation, alright. Once I find proper people to run it, I don't mind making the Foundation. Because we shouldn't do what all the rest of the stupid people have done. And so I would request you, all of you, to be little generous.”

2000-1029 Diwali Puja, Lake Piru, CA, USA

“For the seminar collections, all of these accounts were created in the name of Shri Mataji because we had so many bad leaders in the past that became corrupted with money although Shri Mataji trusted them. All the funds collected in Sahaja Yoga are public knowledge. The money contributed by Sahaja Yogis is kept in the name of Sahaja Yoga. And only by Shri Mataji's consent, is it spent for different expenses and projects.

At the puja seminars, our organization offers Her a gift from all of us. But She in return gives gifts to everyone in the seminar, sometimes thousands of people at a time.”

2000-1203 Talk to Sahaja Yogis, Response to Allegations, Ashram, Los Angeles, USA

“Interviewer: Tonight ... the ... you have a big seminar. What will happen to the people who come there? Shri Mataji: I think they will all get their self realizations.”

2001-0425 Interview, High spiritual quality of Sufis, Istanbul, Turkey

“I am told also some people are doing lots of seminars and working very hard, on all levels, and it is working out.”

2001-0506 Sahasrara Puja, Cabella, Italy