

## QUOTES ON SHRI MARKANDEYA

FROM 50 TALKS OF HER HOLINESS SHRI MATAJI NIRMALA DEVI

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“Those people who are very big pandits, if they want they should read Kabir Das, Nanak ji and if possible also read Shankaracharya, he is the best. If you read Adi Shankaracharya then you can understand what is this Chaitanya Lahari (Vibrations), I am talking about. I have not yet met anyone who has systematically said or explained about kundalini. You know that little knowledge is a dangerous thing. The same can be said about Kundalini, otherwise how they could have written this kind of strange things, I do not know on what basis. **But still the witness state of human being is so high, so high that if you read Devi Bhagwat, Saptashati of Markandeya Swami then you will be surprised how deeply, in small detail they have understood this thing. The truth is unless and until you are realized anything you do is a waste.**”

**1973-1209 Public Program, Shri Dattatreya Jayanti, India (Hindi)**



“You can have free cabaret and you can have free discourses on all the nonsensical things debasing God Himself. All these things are so interesting to human being. Are they really seeking the truth? Are they really asking the reality? **They will never read Shankaracharya. Yesterday I told you. They will never go and find out what Markandeya had to say, they have time to find out what Jesus has to say about it.** They do not know what Mohamed Sahib has said. Nanak Sahib said so many things, Kabira has said so many things. They are all fools. These wise have come from somewhere to teach us about all these satanic methods that they want to employ on us. So be aware. Be careful. This is the ghor Kali Yuga. All these satanic forces are acting.”

**1976-1222 Spirits of the dead, Mumbai, India**



“So that center which is here placed at the crossing point of the optic nerves is known as the **Agnya Chakra, and the deity placed there is Mahavishnu. I don't know how far people have read about Devi or Devi Mahatmya or Markandeya or even Adi Shankaracharya. Now, Mahavishnu is a creation of Radhaji, is the son of Radha.**”

**1977-0222 About different Chakras and their Deities, New Delhi, India**



"Kundalini knowledge is very much known to us. Actually we are so much englishized, thanks to lord Mackaule that a very few people who even know the word Kundalini. If you read Kabir, the whole thing, Kabir is nothing but Sahaj Yoga. How many of you read Kabir ? For fashion sake even if they read they dont know what he is talking about. Nanak has talked about it. Jynashwara has talked about it. Christ has talked about it that I will appear before you like tons of {lames. What is the meaning? Christians do not know about it. So it is being promised. **Adi Shankaracharya, of course, the greatest son of our country has described it so elaborately, but those who call themselves also Hindus, do they know the word Kundalini ? While throughout in the Markandeya Puran, such a great sage, the one who has not read the Markandeya, I would not call him an Indian at all. One of the greatest sages of this country is Markandeya who has written a complete knowledge about the Devi to such a little extent, to such a small detail that you will be so surprised, how he could see all these things. Did he enter into the body of Devi to find out these small small minute things ? But all this we have done in this country much more than any other country."**

**1979-0328 Release of Advent, FICCI Hall, New Delhi, India (from Anant Jeevan, Issue 1, July 1979)**



"Take the case of our Buddha. Now Buddha was one of the very great incarnations in the sense that He was the son, one of the sons of Rama who incarnated on this earth, Buddha, to occupy the highest life on this earth. So He had to take sanyasa because without that He could not show that. But there was no need for anybody else to take sanyasa. But in His case mistakes, I mean, why there were some mistakes about things, because when He tried all these tricks of sanyasa, going here and there He never realized that this is all not needed. He was so tired and fagged out, that suddenly, spontaneous, the Primordial Mother Herself gave Him the realization because He was so tired. Now supposing this is Caxton Hall. To come here you go to, say, Reading, then you go to in the north to Leeds, then you go this side and then you go to Brighton and come back here. And you tell everybody, "If you have to go to Caxton Hall you better do all that." It is just like that. It is just like that, very misleading. Because when He found it out, as you have found out too, you do not realize how you have found it. You do not know how you have done it. If I do not tell you that it is God who has done it, how are you going to believe it? You will think, "I've done Self-realization, all right. I am a self-realized person." Self is most important. That's why He believed this Anishvarvad means atheism. He said, "There is no God. Only thing, the Self is to be achieved." Naturally, because there was nobody to tell Him that you have achieved through the grace of the Primordial Mother. **So He was to be born again as one of the sons of Fatimabai who was the daughter of Mohammed Sahib. Then again He was to be born as Markandeya and again as Shankaracharya, just to neutralize what He has been preaching. So you will see that in the sixth century Shankaracharya is the one who put end to Buddhism, the nonsense of Buddhism in India. Because apart from what Buddha's understanding of the whole thing is**

His disciples made it so perverse that somebody had to come down to tell that marriage system has to be re-established. And this is how this right side was controlled through various incarnations coming down."

**1979-0611 Public Program, How Aspects of God are expressed within us, Caxton Hall, London, UK**



"Tomorrow you will be giving, you will be giving realization to others. You are going to do it yourself, everything that they are doing today. And there is nothing to feel funny about it, just they will just move the Kundalini at the back just like that or they might just give you a balance like this. There is nothing to feel so much upset about it. There is nothing nonsensical about it. It's a technique which is written in all the Scriptures. Kabira has described it. Nanak has described it. All the other scriptures of Shankaracharya has described it. If you read Markandeya he has described it. Nothing new about it, but because you do not know it you are naive about it. That's why [inaudible]. But nothing is going to harm you. That is how you cure people and make them feel better. There is nothing to be upset about anything whatsoever."

**1979-0806 Public Program, Self Realisation and fulfillment, Caxton Hall, London, UK**



"Jesus Christ has said that, "Those who are not against me, are with me". It means, "the persons who are not against me belong to me." If the Christians are asked to identify these persons, they have no knowledge about them . Two great powers are combined in Jesus Christ. The first power is that of Shri Ganesha, who is recognized as his original power, and the other is that of Shri Kartikeya. Because of this, the incarnation of Jesus Christ is of complete "Brahman Tattva" or 'Aumkar'. Shri Krishna, He being the father of Jesus Christ, bestowed a number of boons on Jesus Christ prior to his birth. One of these boons was that, "You (Jesus Christ) would dwell on a plane higher than that of mine." This could be explained to mean, that while the plane of Shri Krishna is the Vishuddhi Chakra, located at the base of our neck, the plane of Jesus is Agnya Chakra, which is located at the junction of the optic thalamus (pineal and pituitary glands). The second boon granted by Shri Krishna was that, "You (Christ) would be the support of the whole universe". The third boon was, that, "You would be the first to receive one-sixteenth part of all the offerings made to Me in Pooja". In this way, after bestowing a number of boons, Shri Krishna permitted Shri Jesus Christ to incarnate on the earth. You would understand these things better, if you read "Markandeya Purana". Shri Markandeya, the author of the Purana has beautifully explained a number of such subtler points. In the same Purana, there is a graphic description of Shri Mahavishnu. If you would listen to this description while in meditation, you would notice that the description is of Jesus Christ only."

**1979-0927 Navaratri Celebrations, Shri Kundalini Shakti and Shri Jesus, Hinduja Auditorium, Mumbai, India (Marathi)**



“As soon as you surrender yourself, they will find you of no use for themselves and they go to other half-baked people. The growth will only come, when the surrender is complete. One has to know that the powers are tremendous. You cannot conceive it as it is said by Markandeya. You cannot conceive it; it is beyond your conception. Outwardly you cannot understand, you just cannot understand. Under such circumstances the best thing is to surrender yourself. Now surrendering, what do you surrender? What do you surrender is your ego and your super-ego and it is completely cleansed and drenched in the blessing. Because you cannot give anything. You have to receive the blessings. And to receive the blessings you have to just surrender. It is so simple. The easiest way. To solve all your problems is to surrender.”

**1980-1019 Navaratri Puja, Hampstead, London, UK**



“And in the same way we must understand that all the religions have predicted about Christ, and supported Him. As you know in Markandeya’s book, He is described as Mahavishnu. They all have talked about Him and He has come on this Earth. In Hindi to support the adhar, to hold him. Because He is from the very beginning. As Ganesha is adhara and as Christ also is adhara. But what you have done of Him, His spirit, His intellect. So give anything to human beings and they'll make up a laugh of it. Just think the brain is like that. I don't know how it can do it to Him. It is another crucifixion every moment I feel it the way people have done it. In you He resides, awaken Him within you, and become the spirit, because He was the spirit and you can become the spirit.”

**1980-1020 The Way of Kundalini, Caxton Hall, London, UK**



“No saint ever had more powers than you have, as it is, which is manifesting. No saint had any knowledge that you have today. You'll be amazed, none of the books which have been written so far have been able to tell you about the spiritual being that is within you as you have come to know through Sahaja Yoga. One has to accept it. It is so. Anyone of them whosoever has written any books, even, I would say, Adi Shankaracharya, he could not explain so many things which you know. But the quality of Adi Shankaracharya is very great, or people of his type, Markandeya or Buddha, the quality is very high, because they are extremely pure people, purity. They have achieved individual salvation of a very high degree while you have achieved your collective salvation better, but individually they are of a very, very high quality. I mean, they had no doubts about Divine Power, they had

no doubts about God. They never had any doubts and they were very dignified. And they never bothered as to their petty problems of life. For them this was too petty to think about. Anything which is so petty, we spend so much time over it.”  
**1980-1201 Public Program, You Are Part of the Divine Being, Caxton Hall, London, UK**



“All these things happened, but then they were born again and again, they were born as Mahavira and Buddha, they are the same, they are born as Markandeya, they are born as Kabira, as Adi Shankaracharya. It was Buddha who was born as Adi Shankaracharya just to correct himself. Buddha was shocked the way people were going, there was Nirakara that he had to be born as Shankaracharya to tell people, oh God, what are you doing? It was only Buddha who came to correct himself as Shankaracharya. It is so surprising, that people are fighting, Buddhist and Hindus are great enemies of each other, but they do not know that the person who really re-established Hinduism was the same who established Buddhism. So imagine the same personality coming again and again on this Earth tries to correct his disciples again finds that there are two groups he has created, it's a big problem. Now Mahavira also was one of them, who was born again and again and he was Markandeya and he was Kabira, the way Kabira lashes people you can see that he is tremendous, he is like Bhairava and the power of Bhairava, Kabira has used in his language, but for Hindi poets it is Sadhukadi and they have made fun of it.”

**1981-0207 Public Program, Introduction to Nabhi-Void, New Delhi, India**



“Is wonderful to say that about I think 14000 years or 12000 years back, Markandeya, such a great saint was born in India. And he has written the complete Ganesha Stotram, means the complete praise of Ganesha. You can see the translation is so beautiful and that he said:“You’ll be so humble”. He is the one who is the ninth Incarnation called as [BAUTHA] among the ten Incarnations. That He will be so humble that He will wash the feet of His disciples. All the miracles of Christ are described in these books. But these books are not translated. And that He will be the one, when enlightened within you with the Kundalini, He will take away all your karmas and all your conditionings because He will die for your sins, for your karmas. The world will not have to suffer anymore, if He is awoken within you. These are all the things already written, thousands of years back. Can you imagine? I wish the Christians who went from here to take, explain Christianity to Indians told them that Mahavishnu is already born and we are preaching about Him, the One who is going to suck your conditioning, the One who is going to suck all your problems of karmas. They never told.”

**1981-1006 Public Program, The New Age Has Started (From Krishna To Christ), Houston, USA**



"And, wherever I go, in My series of lectures, at least in one lecture I always mention Him [Shri William Blake]. He has gone into great detail, just like Markandeya, another great poet in India, who was born thousands of years back."  
**1981-1128 Public Program, You are the Spirit, Hampstead, UK**



"And this knowledge was not revealed for many days till I would say Adi Shankaracharya himself started talking about it. Though Markandeya has described Kundalini, the different powers of the Mother but it was Adi Shankaracharya who came to this Earth and he is the one who talked of Kundalini openly. The reason was, before this it was kept secret and part of it was revealed and people used to doubt or if it was to be revealed whom to reveal it, because there were very few people who were incapable of knowing about it."  
**1982-0222 Talk to Sahaja Yogis, Lord Shiva, New Delhi, India**



"But in tradition at least there should be an invitation, you have to come, and receive, and ask for coming, because now you see the joke of the whole thing is. But it's all right, because you don't know, it's all right. It's not only that, I'm saying on the whole, a worship is a tradition which has come to us from great seers and ancient sages. Anybody, even, say, Moses, you can say Socrates, you can say Dattatreya, or Markandeya, or any one of these people have found out the ways and methods how to tune our instruments to the Divine to achieve the maximum joy. How to please the Deities, that's the main point is, how to please the Deities. But it's a crude word "pleases", but how to ... I don't know what should I say, innovation they say, or what do you call that? How to spark them, invoke, invoke them, invoke them that they give you complete blessings. And the trick of the trade one has to learn, one has to educate. There's nothing wrong in getting educated. So we know that we have to educate ourselves, first point, and secondly we have to know that for that we have to be humble."  
**1982-0321 Birthday Puja, Chelsham Road Ashram, London, UK**



"I think Gavin will read it out to you later on about what is written about Christ in Devi Bhagwat\* This book was written about 14,000 years back by Markandeya. So, imagine 14,000 years back! He knew, being a seer, just like Blake, what was going to happen when Christ was to come. But He was called as Mahavishnu. He was not Vishnu. He was the Son of Vishnu, and how many Christians understand this about Easter? They don't."



## 1982-0411 Easter Puja, Nightingale Lane Ashram, London, UK



"In a subtler form, diamonds are the things which radiate – they radiate, you see. So when they say the diamonds around the neck, it's not question of wearing it outside; it's a question of radiating that love. So the necklace, necklace is useful. But now, you are My diamonds in My necklace, so why should I wear any diamonds anymore? .... Cosmic, that's it. You see, when She didn't have Her own diamonds, and the one that She did have, She used to wear those diamonds, all right. But now you have living diamonds, so what's the need? They were used to radiate Her power. Now you don't need anything; you are the ones who are going to radiate the powers. Right? ... That's it ... All built-in! I think we'd better not translate it, better not. It is more about the breast of the Mother. Because the children are worried about the breast, so it's described here, so it's better not. No, no, no, better not. You see, this is written by, for people like Markandeya, and they described Mother in and out. I don't know how they found the Mother like that, you see, because they are children. You see, so they were the children. So the children know everything about the Mother in and out, see, so described the whole birth."

## 1982-0515 Shri Lalita Puja: Understand your own importance Brighton, UK



"Christ exists within ourselves in a very small point there on the optic chiasma in a very subtle point called in Sanskrit language as Agnya Chakra. Now if it comes from Sanskrit, it doesn't mean it is Indian because they knew about Christ fourteen thousand years before you people. Markandeya, who existed fourteen thousand years before Christ, you can say, or maybe twelve thousand years before Christ, has written a book called "Devi Mahatmya", is of the holy importance of the Goddess in which he has described Christ very clearly. He is called as Mahavishnu. All his formation, how He was born and how the Immaculate Conception took place, all these details are there. It's described, most of His life, the details about it even up to the point that He will be the support of the whole Universe. But the people who went from here who were talking of Christ never told them that Mahavishnu was born. They were such closed-minded people. They did not want to know about Him from any other source. Also when they went there, to find the kind of Christ was represented was horrifying. In one hand they had the gun and another hand they had the Bible. Many people still today believe that Christ was born in England or in Switzerland."

## 1982-0823 Public Program, Temple Fusterie, Geneva, Switzerland



"Shri Mataji: Some of the paintings I have seen are so much like My face that I am surprised. **The most powerful deity that has appeared in India is in Navindya.** Sahaja Yogi: From where? Shri Mataji: In that high mountains where the temple is. Sahaja Yogi: Saptashringi. Shri Mataji: Saptashringi - very near. You remember? She doesn't remember? Sahaja Yogi: [Sophie, you don't remember?] Shri Mataji: Saptashringi. That's very near - what that place is? Sahaja Yogi: Nasik. Shri Mataji: Nasik also, very good... Is a [unclear]. Sahaja Yogi: Nepal, that's Nepal. Shri Mataji: Nepal, Nepal. There is a big hill you should have seen. No? **Saptashringi, that's the most powerful one, I mean regarded, because Markandeya, you see, worshipped Her many years back.** She appeared in the stone to Me."

**1982-0826 Address to Sahaja Yogis, The Sects, Lausanne, Switzerland**



"And it's such a symbolic thing that to understand their work, you have to be really very deep and very penetrating for which the human mind so far is not able to see the amount of work they have done. It's not possible to see. **Like, if you see Adi Shankaracharya's descriptions or that even Markandeya's descriptions about your Mother, it's remarkable how little-little things He could see. From where, from what angles. And every little bit of Mother he could see, as a child would see, you see, absolutely close to the Mother. That means the innocence was complete and perfected. Otherwise you can't see these points that they have seen, all the little things like the three folds of the Mother. How can anyone see, but child can see that three folds of the mothers are there, that she has three folds in her body. Only a child can see. It's tremendous, I tell you it's tremendous, that innocence, their penetration and their courage. Need real courage to grow into that penetration.**"

**1982-0926 Shri Durga Puja, Vienna, Austria**



"So now whatever I tell you about kundalini, I say is the knowledge of the roots we know about the shoot. In the West specially we know about the shoot and nothing about the roots. **This knowledge has been a secret knowledge for thousands of years till it came in the sixth century the Adi Shankaracharya, who was a very great realized soul, who came on this earth, he started talking about it. About 14'000 years back since then we can see there were poets who wrote about kundalini like Markandeya. But it is in the poetry form and was only available to very few people who were capable of coming to the situation of self-realization.** About 8'000 years back, Raja Janaka, who was the father-in-law of Shri Rama, was the first one, where we see clearly that one disciple called Nachikita who went to him for self-realization. But Janaka told him, you can ask for anything else, but not for self-realization. So we can understand very few people got realization in those days."



## 1982-0927 Public Program, Day 2, Vienna, Austria



"Now it is described in the Puranas, if you read there is a book of Markandeya, which these people should know how Mahavishnu was created by Radha, who was the second incarnation of this [principle]. First came Sita, then came Radha and then came Mary. These are the three human incarnations of that force which is Mahalakshmi on this earth. ....

So I mean I must say that Blake, Blake is the same as Markandeya, the one who came about fourteen thousands years back to talk about Christ, and Blake who came to talk about Me, about hundred years back in England. Is it there? Sahaja Yogini: Yes, this is, this is the book that has it, the description. Shri Mataji: Milton. Yes, you can read in this one, and they will give you exact pages and all that. It's wonderful. He says the men of God will become prophets and they will have powers to make others prophets. I mean, and Nightingale where we now have an ashram is actually, they came and told Me that, "Mother all kind of birds are coming there and they are singing songs and in that area. It's so beautiful You can't imagine." And then they found out. You see, it always happens after the event they find out. They found out in Blake, nightingale is described that all the birds will come and sing the songs and all that, is there. And I laid the foundations, foundations in Lambert Way, and it's written, "Foundation will be laid in Lambert Way". And this happened later, they found it out. I mean, I laid the foundation earlier but they found out later and they sent the thing to Me when I was in Switzerland. He's, he's Markandeya, no doubt about it. Tremendous. He's Kabira, he's Markandeya, he's the same. The great principle. He's Mahavira, the same person. See the vibrations. But nobody understood his telling in England. See the vibrations."

**1982-1026 Address to Sahaja Yogis, Creation, Incarnation, New York, USA**



"Unless and until you are realised you will not know who was realised or not. You will live on these ideas only. You have to feel it. William Blake, was He not realised? He was Markandeya Himself! We have forgotten so many things. Even in the Indian Scriptures we never see, we don't want to see these things."

**1982-1126 What you can do (Feel the beauty of thankfulness), Caxton Hall, London, UK**



"Hindu religion now we can take what even Adi Shankaracharya has said that Na Yogena Saankhyena. It's only through Mother's grace you can get your Realization. Everybody intellectuals and all that fought with Him and were arguing with Me. Like there was a Sharma fellow that quite argued. And He got so fed up

with all those arguments and shabdajalam that He said, He wrote the last was Saundraya Lahri praising the Mother. Describing all the ways of the different types of Shaktis that flow from Her and how they take their forms. And every couplet that He has written is a Mantra. But who knows about it? Everybody who were supposed to be intellectuals in those days said, "Oh what are you doing? Here you are writing like Vivek Chudamani and all that, and today you are writing like this? What is the need to write about this?" So He said, "This is the way it is going to work out. This is the way it is. Not by all these arguments - Shabajalam, by talking about it but by happening of the Kundalin." **He is the one who first time opened this knowledge of Kundalini in his books. Of course it was stopped long time back 14,000 years back by Markandeya. But we Indians are so modern that we don't know who is Markandeya is. I don't know if people who are not Sahaja Yogis have even heard the name of Markandeya, who is the basis of Sahaja Yoga. So this work of giving Realization has started thousand of years back by one, two, three, four like that. Today it has come to the mass. That's why it is the Maha Yoga."**

**1983-0129 Public Program, False Gurus and Conditionings, New Delhi, India**



"He says that in Yoga Sutras of Patangali it is not written about Kundalini and also about Gita it's not written about Kundalini. Is a fact because, you see, it was a secret science. It was kept a secret science, in My first lecture only I said, till the Sixth Century. In the Sixth Century, Adi Shankaracharya for the first time opened his mouth about it. It was a secret science with very great gurus like Janaka gave Realization to Nachiketa. And in the same way Shri Krishna did not talk about it, because you see even when Markandeya talked about it, people did not know what he was talking. They never thought him to be a sensible man. Then later on as the people became into two compartments, one on the right, one on the left side, some started worshipping God in a devotion and in a bhakti way, the another started doing yagya havanadi things. So whatever was required for these two types of things evolved and that's what developed. The central side of evolution was kept a secret. And even at the time of Shri Krishna it was not mentioned, not a word about this thing was mentioned because this is an internal happening, it's antar yoga. It was not described, but Shri Krishna hinted at it, that you have to have your yoga. But how, He did not say because that was not the time. He was the one who laid the seeds. That's why He is called as Krishna. Krishna means 'krishi,' the one who has done krishi. So this one was laid, the sprouting had to come. Today it was to be told. So I am telling you about it. Everything is not told at the same time. Same in Sahaja Yoga. We don't tell you everything at this state."

**1983-0203 Public Program, The Agnya Chakra, New Delhi, India**



"So this kundalini has to rise to give you realization. The baptism, the real baptism. Not an artificial one. Now it can happen in the person is a problem. It used to happen. What knowledge I am telling you is not the knowledge of today. Is the knowledge of very, very ancient times. Fourteen thousand years back Markandeya, a great poet in India, has written about it. After that there were many other poets who wrote about it, till in the sixth century, Adi Shankaracharya very clearly wrote about the kundalini in his [INAUDIBLE]."

**1983-0310 Public Program, Day 3, Melbourne, Australia**



"God has made you so beautiful. He has made you a human being, a special human being and also a more special human being because you are a seeker. William Blake calls them the "Men of God". Men of God are the people who are seekers. Whatever mistakes they are doing, whatever they are doing, they are Men of God. They are special people who are seekers of God. And such seekers of God are special people of special category and what he says, he has described Sahaja Yoga hundred years back. He was a great seer of England, a very great seer. He said that men of God will become prophets, and they will have power to make others prophets. And that's what exactly Sahaja Yoga is. I mean, he is so great; the amount of things he has seen about Sahaja Yoga is so great that one can't understand such a seer to see these things hundred years back. We had one like that, Markandeya, about 14,000 years back. And I wonder it was the same personality was born in England about hundred years back to see clearly, even the places and things they have described. It's so wonderful that one can't imagine how he has been able to talk about it and what he said ultimately that one day England has to become Jerusalem. That's what it is. It has to become. ....

It is so ancient. This Sahaja Yoga is as ancient as anything else. It was fourteen thousand years back also there was this Markandeya was born. He has talked about it. Sahaja Yoga is the most ancient thing. ....

So this third path, we call the central path of evolution, was not so much talked about. Though Markandeya, fourteen thousand years back, has talked about Kundalini, about Self-realization, but how it works out, they did not know. They kept it like a secret but we had another movement in which, according to Vedas, they tried to initiate or, we can call it, to awaken the nature. That one was done on the Veda side but Veda itself, Veda means to know."

**1983-0525 Public Program, Fulfilment of Seeking, Lewes, UK**



"Now the problem was, that India was dominated for three hundred years by English people and the seers and all were ridiculed and laughed at, nobody even bothered to look at them. So they disappeared into their caves and disappeared

into places where they could not be located. It was such an aggression of ego on them. And later on they made our people to learn more about science and more about their culture and their achievements, they impressed so much on the Indian people that we took to your styles. All these seers got lost. So fourteen thousand years back you'll be surprised, there was a great seer called Markandeya who has written all about Kundalini, about the ascent of the Kundalini and everything."

**1983-0916 Advice at C.G. Jung Society's Hall, New York, USA**



"And William Blake has prophesized that men of God will become prophets and then have power to make others prophets. The amount of details William Blake has written I don't think even Markandeya has done that, he of course Markandeya has described even the shape of my knees and all that, but this one has described even the exact house where I live, all the house, and even the ashram where we are going to live, imagine, to that extent this William Blake has written. So you can understand how far he has gone deep into the whole thing and he was such a great seer born in England which is the heart of the universe."

**1983-1001 Seminar, Day 1, Santa Cruz, CA, USA**



"They rationalize God, they rationalize every dogma, everything." There's such a thinking going on there, so it is very difficult to push them back. That God is not thinking, God is beyond, God is beyond your mind. Mind is limited, you have to go beyond that, and that's why Christ crossed that limit by His resurrection. So His message is His resurrection and His resurrection has given us a special quality that once He is awakened within us, both these ego and super ego are sucked in by Him. That means He died for our sins. So that He sucked our sins, our karmas, everything, sucked in and this opens out. Once this opens out, the Kundalini comes out and this is what He has done such a great work that He has died for our sins and when He is awakened, both these institutions are sucked in, and you become egoless, super egoless, you become de-conditioned automatically. Now this great Incarnation was called as "Mahavishnu" and is described in the ancient books about fourteen thousand years back by Markandeya, but people could not relate it to that, because when Christians went from here, they went in a different mode, it was a political stunt. You see, they called it a gun in one hand and a Bible in another hand. Such people could not communicate with other people, who had everything with them, and they never read those books to them, it was all prohibited. Bible is too small a book to contain a character like Christ. He was too great a man, and we should have gone all out to see what He's described in other scriptures, how He's talked about it, let us find out. We should have been open minded about it. Instead of that people just laughed and mocked at all these old books, the scriptures, and they thought they are the wisest. This is the worst part is that the ego thinks they are the highest, they are the best, they can do what

they like and that is how they lived.”

**1983-1012 Public Program, Day 2, Boston, USA**



“Krishna has described it so clearly in His life-time that you have to achieve that eternal life which I am telling you. So somebody had to come on this earth, on this Agnya chakra to work it out. In that I would say that you should go and read some of these (inaudible / doughty deeds or data's?) about Mahavishnu which is described by Markandeya. Markandeya is the person who has very clearly described the origin of Mahavishnu. Mahavishnu was created by Shri Radhaji. Shri Radhaji is the Mahalakshmi, is the Sushumna, is the parasympathetic nervous system within ourselves. She has created with Her own will power, this Mahavishnu. And this one was like an egg, and half of it became active and became Mahavishnu. And with that active Mahavishnu, we can cross through the Agnya chakra.”

**1984-0317 Public Program, Agnya Chakra, New Delhi, India**



“Time has come. It is great [news]. You must have read Blake. New Person: Yes. Shri Mataji: Blake has described all Sahaja Yoga in such details to comprehend. He said, “The God of men will be born in those days and they will have powers, they will become prophets, and they will have powers to make others prophets.” But he even described where I stayed for he said that the first we’re going to live is [Twyburn Brook] where I lived. Then he says that foundation will be made in London where we laid the foundation of our ashram.” Then he described the house that I now have, which will be decorated by the Sahaja Yogis. He’s describing the house near we [play on] such a ground and [unclear]. And it’s what My house is there now and these boys are painting it with gold, the ceiling. And the golden diggers will be doing in it. It’s such detailed, such details we got. And a sinuousness will vibrate this. Sinuousness are the nerves will vibrate that land. It’s so beautifully he has done. I don’t know how he could see, like Markandeya. He’s a seer at that point.”

**1984-0426 Ruth's Apartment, Rome, Italy**



“Sahaja Yoga is not a new thing. In the tradition of spirituality it is mentioned about 14.000 years back by Markandeya. That ultimately it is the force within you of the Holy Ghost, which is called as Kundalini residing in the triangular bone has to give the Realization. But for that happening human being had to be prepared. People had to be balanced. And that is how many prophets came on this earth after that in the same tradition to prepare people to have that balance. Right from Abraham, Moses we see them, follow them up, up to Raja Janaka who was the

father-in-law of Rama. And later on we had so many others like Mohammed Sahib, Nanak Sahib on this earth to tell us about having a balance in live. They taught us moderation and not to go to extremes."

**1984-0905 Public program, Christian tradition and Christ, Vienna, Austria**



"What knowledge I am telling you is not the knowledge of today. Is the knowledge of very, very ancient times. Fourteen thousand years back Markandeya, a great poet in India, has written about it. After that there were many other poets who wrote about it, till in the sixth century, Adi Shankaracharya very clearly wrote about the Kundalini in his treatise."

**1985-0317 Public Program, God is the attention, Day 3, Melbourne, Australia**



"This is the knowledge of the roots. This we knew in India thousands of years back. Fourteen thousands years back, Markandeya wrote about it, and many people after that elaborately explained it."

**1985-0422 Public Program, Paris, France**



"So, I hope, some of you will write poetry on that. Now third one is what Wekfield has done. Is My description and devotion come out very well? I must say. I think that's the highest, one can do. That's the best but still we need all this, we have to have, otherwise we can not manage. So that's a part of it. But the essence of it, the praise, where many great poets, many great writers, many great saints and incarnations have aspired to sing the praise of the Mother. Great aspirations. Like Markandeya did that. Today also we read it after fourteen thousand years. Then Adi Shankaracharya did that. Poetry of that level should come out. I would request you to read those poems, poetry of those people to compose such high class poetry. Not a word can be changed, not to be added and that's how we try to perfect it. Try to perfect it. When you have written it down, sit down, think over it again. Try to bring in better words. Try to put better words, so you actually make it a perfect poetry, a perfect setting, that's it. But a poet is a poet, born poet. It's a thing that is born and even after Sahaja Yoga many people suddenly become poets."

**1985-0831 Talk to yogis About spreading Sahaja Yoga, Wimbledon, London, UK**





"He [Shri William Blake] was an Incarnation., of Bhairavanath. That's whom you call the St. Michael, or St. George, who is as you know the Saint - Angel of England. That's why He had to incarnate and for Him, this was His role, to talk about Divine in a open, fearless manner. He had to use symbolic language, He had to use. It's not difficult to understand Him at all; if you are a realized soul, you'll read through it, sometimes laughing, sometimes weeping, enjoying the whole drama, what He has tried to explain. When I read Him I am amazed at His sense of humor; how He openly comes out with such remarks. **I feel He is like Markandeya in India, or Kabir Dass in India, who slashed the whole society with their sword all the time to see that they are brought to the proper shape, without fear. But so gentle, if you read the Song of the Thel, it's so gentle; and all of them who were Him perhaps or of the same style, extremely open, straightforward, you can say even blatant and extremely gentle. ....**

I've met some very funny people here, in this respect, the way they have shown great interest in Blake in saying that, "He says that a naked woman is the best." I said, "Where? How could He say such a thing? He was innocent." **Now we do not understand what His is innocence also. Just like Markandeya describing His mother, her breast and everything, like a little child. A child doesn't see, sex in a naked body, he does not see.** And the beauty of a woman He describes. That means all women are walking nude, everywhere, now. Are you exciting the innocence of people, or are you exciting the baser self of the people? We have to be natural, are you natural? All these perversions and all these diversifications has come because man does not have a simple mind, he's a crooked person. This 'crookery' has to go from the mind. ....

Any Indian who is a Christian or a Muslim or a Hindu, doesn't treat the way you treat Bible. The respect they have has come to them traditionally. Of course you don't judge Indians by the Indians who have come here. They like your company, they are this type, they are materialistic, they want to have money, they have come here to earn money, but the people who are in India in the villages, not in the cities, are still seeking, seeking God, they're very simple people, humble people. **Traditionally we have known for thousands of years. I talk of Markandeya who was there twelve thousand years back, who incarnated here as William Blake. Twelve thousand years back He said the same thing which is said in England after twelve thousand years, because that time I don't know what was here, may be only jungles, I think. And that is also waste, isn't it, tell Me, isn't it? How much could Christ talk about kundalini? He talked of Holy Ghost. ....**

Q. Why are you to be known as Mataji, Mother? Shri Mataji: I didn't follow. Yogi: Nor did I. Why are You to be known as Mataji? Shri Mataji: **As Shri Mataji? That's the title they gave Me, what can I do? In India. You have to be an Indian to understand that. There are certain things described, about Shri Mataji. If you have read any books, of Adi Shankaracharya, or of Markandeya Himself, then you will know and the qualities described there of such a person, if they find it in someone, they call that person by that name, isn't it?"**

## 1985-1128 Public Program on William Blake's Birthday, London, UK



"So the hypothesis is first to be listened to, then if it is proved that it is absolutely correct then we have to accept that there is a science of the roots. This is not a new science in India. Fourteen thousand years back somebody called Markandeya wrote about it. But it was not available to every person. We can say that it was a secret science. And was only bestowed upon very, very few people at that time. As we can see the Tree of Life has few flowers to become fruits in those days, but today is the blossom time, where people are trying to find out something beyond. They sometimes see the futility of their lives and want to know what is beyond, that is of permanent nature. So there is no harm in turning to our saints and great prophets and great incarnations who have talked about this knowledge. It is mentioned in all the scriptures that "You have to be born again." But that does not mean that you just put a certificate on your head saying "I'm born again.""

### 1987-1012 Public Program, Day 1, Vienna, Austria



"Interviewer: Yes. There is no founder or something, some mythical person? Shri Mataji: No, no, no, nothing mythical, no, nothing mythical. But Nanaka has talked about it. Kabira has talked about it. Adi Shankaracharya has talked about it. Fourteen thousand years back Markandeya has talked about it. But only problem is this that today what I have done is to give it to masses. Any discovery if it doesn't go to the masses it is of no use."

### 1988-0609 ORF TV Interview, Ashram, Vienna, Austria



"You know the story of Markandeya or not? I tell you the story of Markandeya. You see, his father had no children and the father and mother were unhappy. So they prayed to Shiva and they said that we want to have a son. Shiva said: "I'll give you the son, but I will have to take him back after eight years. So he'll only exist till he is about eight years of age." So they gave that boon to him plus this kind of a curse. The parents were very upset that "our child will die after eight years of age", very upset. But they found the child very bright, brilliant and also shining and very religious. One day he asked his father: "Why do you always so worry, I mean, after all I am your son?" So they said that it is said so, eight years or sixteen years, something like that. "Now I will be losing you very soon. Who can surpass Shiva?" He said it, "so I cannot think we can really ask anyone to neutralize the curse upon us. If you are not born to us we would not have been so attached to you. Now you are born to us, we are so much attached to you." He was a very wise person, he said: "No, I know someone, I know Adi Shakti. And he went to this place where you got to see this Saptashringi. There he prayed to Her.

Nobody had prayed to Adi Shakti. They would pray to Jagadamba, they would pray to all others. To Adi Shakti, who is the God, he prayed to Her. She appeared there and Her face is just like Me. It is Saptashringi because She has seven chakras on Her head. "Shringa" means on the head, like what you call the Shikara, peak? "Seven Peaks". She was born with seven peaks. She came there, appeared from the Mother Earth, She just came out and he prayed to Her. He prayed to Her and then the whole place became so vibrated that Shiva could not touch him. Then he wrote all this Markandeya? things, I mean he was the first who wrote about Adi Shakti. All these things that you read about Shankaracharya, he took it from Markandeya. He was the first who wrote about Kundalini, the first about realization, he was the first who did all that. Even today they say that there is a gap between two hills and people used to cross that gap on a bullock cart and the bullock cart was carried over to the other side. Now of course you got a place to go up, but at that time there was nothing like that, so they used to go up on a bullock cart and the bullock cart was carried over without any tension by Adi Shakti. And She is the complete, because we have got, as you know, Mahakali, Mahalaksmi, Mahasaraswati, three of them in Maharashtra. Mahakali is in Tulsapur [ Tuljapur ], then Mahalaksmi is in Kholapur and the third one is in Mahor [Mahur]. In Mahor there is one mountain where is Mahasaraswati. And Adi Shakti is Artha Mata, on top of everything and this is it. Markandeya was actually the dearest son of Adi Shakti, because he is the one who incarnated Her. ... he was like a little child, absolutely. Everything is described, My hands and everything, even My body in a way. Just like a little child grabbing on the Mother. The dedication and devotion was so great, I mean, that Adi Shakti had to take him up. He is the one who brought Me in. There was no idea of Adi Shakti taking birth or anything, nobody thought of it. Only once She came in Gokul, She was created in Gokul. Gokul is the one, now of course later on it was reflected in India, but Gokul is where Shri Krishna played, in the Goloka, in the Vaikuntha. She was created as one cow with all the deities sitting in Her, She never came on this earth and he is the one who gave the form, in what form She has to come?' with thousand hands, the face like Mine and seven chakras. In that way India is very much blessed, I should say, with these things, but the difference between the saints and the public is so much, that they never understood. They know it is a very great place and Saptashringi is there. We have Saptashringi also in Puna, but Saptashringi is only there, where all you people go, near Nasik, that's the place. So that's the great part of Markandeya. He took his birth later on as Buddha, then he took his birth as Adi Shankaracharya, it's the same personality. But he was actually the son of Rama, to begin with. He was Luv and he went to Russia and that is why they are called as "Slavs". He ruled in Russia, that's why they are called as Slavs. Another son was Kush, who went to China, that is why they are called as Kushan. Then they incarnated again and again, also as Hassan and Hussain [ Husein ], as Mahavira and Buddha, as Adi Shankaracharya and Gyaneshwara, like that. See, it is so peaceful. Cool breeze. I think the name Markus might be coming from Markandeya. Markandeya is a very unique name, isn't it? "Markanda" means a powerful personality. Markandeya is son, of course, Markandeya is the name of the son. Markandeya, is the son."

## 1988-0609 Talk to Sahara Yogis, The Story of Markandeya, Ashram, Vienna, Austria



“What I am saying that as Sahaja Yogis you have to develop yourself in such a manner, that you mature in Sahaja Yoga. You have to mature in Sahaja Yoga, so that you feel absolutely free from any temptations, free from habits, free from demands of the time. That's called a Yogi. Now those whom you have read now, this I have not told them, this they had known themselves. How did they know? Because they became pure, pure, pure with themselves - of divine - and that is how they know it. So this purity has come all this will come for example - Markandeya used to live in a place, he used to dedicate himself, lived there very happily with his father, in a very modest manner and then, he was the richest man because he enjoyed the grace of the Mother and he saw all these things so well. He was cursed to be dead at a very young age and the father told him that you have to die because Shiva has given me the boon that I will give you the son but he will have to die very soon. He said -all right. I will find out the solution, so he worshipped the Goddess. The Goddess gave him the boon. Goddess Herself he saw in person and that is how this place 'Saptashringi' is there. 'Saptashringi' is seven chakras. It is the Adishakti's place. It is Adishakti's place. So, this is, when you are reading all these things, you are amazed how do they. Know 14,000 years ago. How many know all this about it which tallies with your Sahaja Yoga, which shows that you are, and then how has he written so precisely about it, because he himself had become a complete reflector. It is a complete reflector which has shown to the world. What's the Goddess is. A very great credit to him and without any ego. If you have ego, you cannot reflect, if you have super ego, you cannot reflect. Now, ego is such an illusive thing that it says. "I don't like it. I don't want it. This is not mine". As long as you go on like this, then you know that you are in the form of ego. You are no more a Yogi, you are an ego person. So it is important that you have to build up yourself in such a manner that all these clouds of ego and super ego disappear.”

## 1988-1019 Navaratri Celebrations, ninth night, Pune, India



“There has been lots of misconceptions about Kundalini and I've read them, and I was amazed because these are most unauthorized. These are all modern stuff that has come from somewhere; I think it's all a money-making propositions, perhaps, because nowhere in the ancient books is written that Kundalini has any problems or it gives any trouble. One great saint called Ramadasa, who was the guru of a great king called Shivaji, and he was asked, "How much time does it take for a Kundalini to rise?" So He used the Sanskrit word [\*] takshat - that moment - but there should be a person who is authorized to do it from the Divine, and there should be a seeker of truth, otherwise it won't work out for years. So nowhere in

the ancient books - we have Markandeya's, which we can say thousands of years back has written about Kundalini; we have Adi Shankacharya, all of them - nobody has written anything like that. In the twelfth century Gyaneshwara has written about Kundalini. Nobody has said this is dangerous. This is a modern stuff, I think coming from Germany, because Germans came here and somebody told them something, and they have written down. It's most unauthorized and wrong."

**1990-0315 Public Program, Department of Religious Studies, University of Sydney, Sydney, Australia**



"Some Germans went to India they must have met some horrible people there and they have written all these things. Then others started writing, others started doing this. But in the olden books you read about this one Markandeya they say he lived in the year fourteen thousand years back then there were so many like you can say Shankaracharya was there, Gyanadeva was there, Nanaka was there, Kabira, nobody said so. Only this is a modern idea to frighten people that they shouldn't get their Realization. It's just a modern idea."

**1990-0603 Public Program, Day 1, Miami, USA**



"I didn't tell you about the third kind of movement we had in our country, is of Nath Panthis. Jains have Adi Nath, and a deviation started from that. One guru was supposed to give knowledge to only one person - like Janaka had only Nachiketa - till the time of Gyaneshwara, that's in the twelfth century. Gyaneshwara was the disciple of his own brother, Nivritinath, and they suffered a lot. And He asked Nivritinath for one permission, that "Let me open the truth to the public. Just I'll tell about it, I'll not do anything, I'll just tell about it." Because thirteen, fourteen thousand years back Markandeya has described about Kundalini. Then came Adi Shankaracharya has described about kundalini, but all in Sanskrit language. And Sanskrit self-knowledge was not available to the common public, and those who knew Sanskrit language didn't want to get into self-knowledge. Thus this knowledge was kept a secret all the time. But he asked, and then he wrote "Gyaneshwari." "Gyaneshwari" is nothing but a kind of a Marathi "Gita" which he enlarged and decorated with lots of poetry. Sixth chapter in "Gyaneshwari" he described about kundalini very clearly. And that sixth chapter has been also mutilated, but was called as nishiddha, is not to be read by the people in charge of religion, in charge of our ascent, so-called. And they said, "You are not to read this, otherwise you will be in trouble." Thus this chapter was closed and nobody tried to know about it, but the Nath Panthis then grew up. Out of that we have Kabira, we have Nanaka. He talked of khalis, Nanaka talked of khalis. Khalis means pure, nirmal. Sahaja yogis are nirmal."

**1991-1206 Public Program, Day 1, Madras, India**



"Now, this was a big problem. Some people who got realization, very few, at the time of Rama, Shri Rama's father-in-law was Janaka. And He gave realization to one person - Nachiketa. So, it was a very slow process. And the tradition in this country was to give realization only to one person. One master had one person to give realization to - among the Nath Panthis in the area of Maharashtra. But then, in the twelfth century, Gyaneshwara requested his guru that, "At least allow me to write about it." In his book he wrote, the sixth chapter of Gyaneshwari, he wrote about Kundalini. But the people who were in-charge of the religion said, "No. no, no. Don't read the sixth chapter. This is not allowed - 'Nishiddha' [Sanskrit/Hindi word meaning prohibited]." **That's how people did not read that, nor did they try to understand because that was the only thing written in a local language. Of course, this is written in ... about, I think, fourteen thousand years back by Markandeya in Sanskrit, but a very difficult Sanskrit language. Then also Shankaracharya at ... in the sixth century. But this was brought to the public by Gyaneshwara. But that also was denied.** In the villages of Maharashtra, they all sing Namdeva's poem saying that, "O Mother, give me the Yoga, give me the connection with the Divine power." They are all singing. From ages they have been singing, not knowing what they are singing about. Then the development came through Guru Nanak Sahib, Kabirdas, Ramdas Swami, Tukaram. All these great saints in this country talked, specially Kabirdas and also Nanak Sahib, very clearly they talked about Kundalini - very, very clearly. But still people misunderstood because there was no way to know it."

**1992-0322 Birthday Felicitation, Siri Fort Auditorium, New Delhi, India**



**"In Shri Krishna's life the river Yamuna has played a very great role. Yamuna River is a very deep river and the water has a blue colour, which they say Shri Krishna also had. While the River Ganges flows faster and much shallower than this. Next year, maybe, we might go to Allahabad, might be able to see the two rivers meet. The whole of Haryana has been a very, very historical, mythological place. You must have known about it that Pandavas and Kauravas fought in Kurukshetra and also, all this area has been used, since long, for meditation. Markandeya, whose name you have heard many a times, meditated in this area. First he was in Maharashtra, where you have seen the Saptashringi and, after that, he came down here and meditated and wrote his treatises. Everywhere you find a place of a pir (saint). Also they are realised souls who have been respected till today. To begin with, we have to say that this is the area of great spirituality, because Shri Krishna lived here."**

**1993-1211 Shri Krishna Puja, Yamuna Nagar, India**





"We have to know ourselves, we have to have self-knowledge. In the ancient times, fourteen thousand years back in India, Markandeya wrote about it, that we have a Kundalini within us and she's to be awakened. But that was in Sanskrit language, so many people did not know. Then in the sixth century Adi Shankaracharya very clearly wrote about it but that was also in Sanskrit language. In the twelfth century only Gyaneshwara himself wrote it very clearly in Marathi language in his book Gyaneshwari but the people in charge of religion said, "Don't read this sixth chapter," where they described the Kundalini. But in the twelfth and sixteenth century, we had great, great saints in our country who wrote about. Like Kabira said, ... . He says here on the fontanelle bone the sound of anahatha you can hear, ida, pingala, means three nadis he described. But nobody understands him, nobody understands, nobody understood Adi Shankaracharya, nobody understood Kabira. He says, . All these things were said so clearly, in all the languages whether you take Tamil, you take Sanskrit or you take Marathi or Punjabi or any other language, Bangla. All languages it was described in our country, what we are doing is our heritage, is the heritage of the Indians. Also, Buddha has talked about it, also this Mother Mercy that they worship, Chinese, they too have, to describe about it, like Tao. Like Tao has talked, Tao means Kundalini, can you imagine, Tao means Kundalini. Zen system has talked about Kundalini. So there's no place where I find, even two hundred years back we had William Blake in England, he has talked about it. But we don't want to know, we just avoid it, but what a thing to avoid. This all our property, it is all within us. All these powers are within us and we're missing it out."

**1994-0426 Public Program, Kuala Lumpur, Malaysia**



"Now, to say that He [Shri Krishna] didn't say anything about Kundalini is there. That's why Gyaneshwara in the twelfth century took permission from his brother who was his guru that " Allow me, at least, to say about Kundalini. " And that is how it was exposed a little bit. Of course, before that also, we have had people like Adi Shankaracharya, the sixth century, and before that also Markandeya. But they talked about the Kundalini, that's all, praised the Kundalini. But that She passes through six centers, how will It raise and all that. And not about the future, that this will happen one day. So many have written, of course. But I would say that precisely the one who has written complete description of Sahaja Yogis even is by Gyaneshwara in the poetry called Pasaydan in which he exactly said what will happen, how many people will get realization and he said that " You the people, who are the forests of the trees, boon-giving trees, Kalpakaruna, boon-giving trees, you rise and give it to others. " Then he says that " You are the oceans who are giving ambrosia talks." He has described you in such a beautiful manner that you should read the translation of Pasaydan and then you will know what you are, how you have been praised by him. And he said that you will loose other relationship and the only relationships will be these. They will be your real relations. To say all these things, to have such a vision, he must be a great incarnation himself. So, this is how in Gyaneshwari, which is a commentary of

Gita, he has put in the sixth chapter, now is a commentary on Gita, but in the sixth chapter he said how you can get your realization. About Kundalini, how it will work out. So, gradually it was all unfolded. And gradually people also developed their spiritual state to understand. Supposing, I had started Sahaja Yoga even hundred years back, I would not have even one single disciple, one single Sahaja Yogi. The reason was, the people were all right, they were on value system, all right. Their life was very much satisfying, they were very peaceful. They were just interested in some horses or something like that. But now, you find people are so much disturbed, so much in trouble, so much in chaos this in Kali Yuga, it's the height of Kali Yuga now. So much of immorality, so much of dissatisfaction in life that they have to now think where to go. Like a shock the future is waiting for them and now what should they achieve. So, the whole this Bhranti, illusion of life starts staring at them, and then they start thinking " What is this, what am I doing, what have I done, why is it so? Why everything in a chaos, why is it happening? " Then the seeking starts and with their seeking now, you know what has happened, that you all have got your realization. Without the seeking it would not have been even possible for Me to talk to you at all about Sahaja Yoga. It is because you are seekers I can talk to you."

**1994-1002 Shri Yogeshwara Puja, New Jersey, USA**



"So when she raises, this Mother of yours, Kundalini, I must tell you I was amazed that in Bolivia there are people called Hindos, From ancient times they know about Kundalini, they know about the left side, they know about the right side, they know all about it. And they told that a deity, what you call Vishnu, came on condor, Garuda, and He brought this knowledge to us, imagine. Thousands of years back. But I was surprised that in Kiev which is the capital of Ukraine, I went to see the museum, is full of paintings of Kundalini and of the chakras, different chakras. I was amazed, how could it be? And then they said that 2,000 B.C. two saints came from India, and they told Me the name, and I was amazed how they knew the names of those people - Machhindranath and Goraknath. That time I think America didn't exist, otherwise they would have come here also - and these two people went there, and they taught them all about Kundalini, but they said we didn't know how to raise, we didn't know how to achieve it. So we just knew it, but we didn't know how to do it. Same in India, Gyaneshwara has written about it. But much before that, thirteen thousand years back, another saint, Markandeya, has written about it. Then in the 6th century, Adi Shankaracharya has written about it. And it has been written by many people in the 16th century, so many saints have written about. In the Bible, also it is there that, "I'll appear before you like tongues of flames," and these are the chakras that you see."

**1996-0924 Public Program, Los Angeles, USA**



"I must say there was Markandeya, who was 13 thousand years back, he has talked about Kundalini."

**2000-0926 Public Program, Royal Albert Hall, London, UK**

