## QUOTES ON ŚHRĪ VĀMANA AVATĀRA



from 10 talks and 1 book of her holiness shri mataji nirmala devi

Sahaja Yoga - Quotes on Incarnations - sakshat.avatar@gmail.com

"Afterwards, we can say, that the Incarnation of the center, this green color center, which we cap ... call as the Nābhī chakra, the Incarnations started on this point, one after another, taking different forms of living animals in the evolution. Like first the fish: It came as a fish. They say, when Noah was having a bad time with the deluge, this fish helped him. They came as an Incarnation, that aspect of God which we call as evolutionary. That came as a fish on this Earth, and then, then It came as a quadruped. Then It came as a short man. That It came as a strong man. And on and on and on like that till we reached a stage where the top one, you can see, or here. This is the stage where Śhrī Rām, who came eight thousand years back. This was established within us like a milestone. They were the leaders of our evolution. They led us into evolution as well as They left a mark for us there, and They exist within us in that path."

1979-0530 Public Program, A Higher Life, A World of Bliss and Joy (The Three Paths of Evolution), Caxton Hall, 10 Caxton Street, Westminster, London, UK



"But there is another guidance which has come to us from God. This is very much believed into in India. Even in the Western world, if they follow Christianity or Judaism, they believe in it. It is believed that at that spot [points to the Chakra Chart] is, resides the Power of God which evolves. This area, according to Indian mythology, is governed by a Power called Lakṣhmī, which on one side gives us our sustainance [sustenance] and on the other side guides it's how to behave. And from the same power, the male form of that Power incarnates, again and again, to guide the people, in human form. This Incarnation in the beginning was a fish, when we were fishes. When we were tortoises, It was a tortoise, when we were reptiles It was a tortoise. Then we were quadrupeds, we ... It was a boar. Then later on It became half man and half uh half lion. Then It became a small man, short man. Then It became the very strong man, Paraśhurāma. Then He came as Śhrī Rāma. At His completion, He came as Śhrī Krishna."

1980-0419 Public Program, Day 4, The Spiritual Evolution of Man, Paris, France



"Like, I can say, carbon was at Mūlādhāra chakra. And this carbon of [unclear] matter got Prāṇa into it by which it started moving as a living thing. This living thing then grew into higher and higher awareness, till it reached a ... reached a

stage where you were an animal and then you had to become a human being. The first human beings were short people. That Incarnation of ... Incarnation of the short people is called as Vāmana."

1981-0401 Public Program, Cycle 1, Day 5, Viśhuddhi and Āgñyā Chakras, Maccabean Hall, 146, Darlinghurst Road, Darlinghurst (eastern suburb of Sydney), New South Wales, Australia



"Then the sustainance [sustenance] start[s] growing till you become a human being as shown [points to the Chakra Chart:] here. In this Void, [points to Mūlādhāra chakra:] here as carbon, then you move into the Void. And here you go through all the evolution starting from a fish up to the human level where you become a small man. Once you become the small man, Vāmana is called that. First the man who came on the Earth was a small statured man. Then a man came who was Paraśhurāma, a very, very ... Poseidon, a very large man, huge man. Two extremes. And then came the man who was in the center."

1981-0929 Public Program (1st Day and 2nd Day of Navarātri), Self and Heart Chakra, Day 6, East West Center, 141 5th Avenue, Manhattan, New York City, NY, U.S.A.



"So this center, we come to, of our evolution, is presided by the Preserver, the aspect of preservation: He's the Father who looks after us, He's the One who gives us our well-being. He comes on this Earth again and again, in different forms. According to Indian Purāṇas, the Ark of Noah was saved by a fish, which was a dolphin. And this dolphin fish was this aspect which incarnated. Then the second aspect came as the tortoise. Then the third as a quadruped.

Like that they have described the evolution, how these Incarnations had to come to break the barriers of the evolutionary ignorance. These are the people who came for the breakthrough. Ultimately, a short man was created called as Vāmana, then a very fiery, big man, He's called as Passidon [Poseidon], or in Greek language."

1981-1005 Public Program (7th Day of Navarātri), Day 2, The Beauty that You Are, Venue 1, Unity (Church of Christianity), 2929 Unity Drive, Houston, TX, U.S.A. (Unity to be confirmed)



"So, at the time, first time the Incarnation as a human being came on this Earth, as we say of this sustainance [sustenance], was of Śhrī Rāma.

But before that was uuh Vāmana Avatāra, which is the short man, a very short [man]. When, first the man was created as a short man. He is the first one as Vāmana Avatāra. And that One came as a leader, the first one was Vāmana Avatāra, and He was given the power ... He was given the blessings that He can spread into three worlds: so, into, into the higher worlds, into the lower worlds, and into the central [unclear ones/worlds]. That's how human beings uh got distributed into these three worlds, and a big, you see, problem started. Like the house that goes wild, you know. Then it goes amok. Then you have to get all the things collected, put them right. The original sin is the big problem, the biggest problem was that. Now to solve it up one had to do all these things. So first the Vāmana Avatāra came.

After the Vāmana Avatāra came the Incarnation of a very tall and hefty man. That was Paraśhurāma. But I don't know, in the Greek philosophy, if Zeus was Paraśhurāma, because it sounds like Zeus. Because Paraśhurāma is contemporary of Rāma Himself. Because somebody had to announce. You see, it is necessary that somebody must announce the Advent, at that time it was necessary. So Paraśhurāma came. The tall and a hefty man, who came on this Earth, maybe Zeus is called. I mean they are so confused that, you see, to ... to relate this to that, is another confusion. I don't know how, but looks like Zeus."

1982-1029 Talk to Sahaja Yogis, Creation, Incarnation, Manhattan, New



York City, NY, U.S.A.

"In evolutionary process is described, in the Daśhāvatārs, in the Ten Incarnations, which is exactly the same as has happened: first is the fish and then is the tortoise -- I know Indian names so I --, uh then is the quadruped --like that it moves from one to another -- then a small man, and then a large man, and then Śhrī Rāma. Śhrī Rāma resides on the right side, as the Father [Principle], right side of the Heart."

1983-0317 Public Program, Day 3, Maccabean Hall, 146, Darlinghurst Road, Darlinghurst (eastern suburb of Sydney), New South Wales, Australia



"Another one is Harishchandra, who had a guest who came as Vāmana, It's means Śhrī Viṣhṇu to take his test. And the, He asked for all his kingdom. So, Harishchandra gave Him all his kingdom and went into the forest with his wife and suffered a lot. But in that sufferings, he got his Mokṣha. And he got again complete reward of his kingdom and everything, is very much purified.

And also there is a case of uh this coming to a king uh Śhrī Viṣhṇu as Vāmana. And the He asked that, ``You have to give Me land which is uh ... which could be

measured by My three steps." Bali was his name. He said: ``All right. Whatever You say." So with one foot He touched the sky, with another foot He touched the Mother Earth. With the third foot, He put Bali's head and put him in the Pātāla, in the uh lower [unclear], lower world. And that's how Vāmana Avatāra came soon." 1990-0624 Śhrī Lakṣhmī Pūjā, Summer House of Stamatis Boudouris, Island of Hvdra, Greece



"But as human beings have evolved, even the Deities have evolved Themselves accordingly. So it was a fish, and then there a tortoise and like that, it went on, till we come to the stage of Vāmana Avatāra where it was a small man, then a big man, a tall, big man, a Greek, who we call as Zeus, is Paraśhurāma. And then came Śhrī Rā ... Śhrī Rām.."

1990-0817 Talk to Sahaja Yogis, before the Evening Program, the Friday before Śhrī Kṛiṣhṇa Pūjā, Hallowtree Scout Campsite, Nacton, Ipswich IP10 OJP, UK



"Today we are going to worship Śhrī Kṛiṣhṇa as Yogeśhwara.

As it is, you know that Viṣhṇu's first Incarnation as a human being was Vāmana Avatār. And then went till He came as Śhrī Rām. So, the past of Śhrī Kṛiṣhṇa was Śhrī Rām."

1994-1002 Śhrī Yogeśhwara Pūjā, Śhrī Kṛiṣhṇa and the Enlightenment of the Brain, Camp Vacamas, 256 Macopin Road, West Milford, NJ, U.S.A.



"Short Man ..... Vāmana Avatāra"

The Book of Ādi Śhakti, Chapter 1: Creation, the Eternal Play, Page 14



"In His fifth Incarnation Shrī Viṣhṇu appeared for the first time as a human being. He took the form of the Short Man (Vāmana Avatāra) who came on this Earth to give leadership to people seeking God. Vāmana was enlightened with the idea that He could capture the three worlds (Triloka): Earth ( $Prithv\bar{i}$ ), Heaven ( $\bar{A}k\bar{a}sha$ ) and Hell ( $P\bar{a}t\bar{a}la$ , the subconscious). So in corollary, this Incarnation brought forth the idea in the human mind that man can overpower all three worlds. It should be understood that  $\bar{A}di$  Viṣhṇu's Incarnations, the line of evolution, lead the way towards higher, deeper and wider spiritual awareness which is the true index by

which the development of the Creation can be measured. First the individual evolution is achieved and then the collective assimilation by the masses was experienced." The Book of Ādi Śhakti, Chapter 2: Divine Incarnations -- Ambassadors of God

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