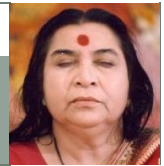


COMPREHENSIVE LIST OF QUOTES ON VIRUS

FROM 41 TALKS OF HER HOLINESS SHRI MATAJI NIRMALA DEVI



Sahaja Yoga • Compilations • sahajayoga.compilations@gmail.com

“Now there are some spirits that they could use like they can bring the [whirlwind?] they can create turmoil. **There are some spirits if you know how to control them, they can bring these viruses, you see. This virus infection is nothing but dead, these are the spirits of the dead.** See, so, they collected all the dead animals for spirits and then [looked at?] those spirits and then [use?] these spirits. They went to that side and that's how they [? were mastered] so they had to do something about these things so, uh, they wanted to master the deities which are residing in the elements so that they could [harness?] everything that was disturbing their [?].”

1979-0528 Seminar, Day 2, Dollis Hill Ashram, London, UK



“Like the way we are wasting our energy in nonsensical things about sex and about flirting and all this nonsense. **Flirting is nothing but a virus infection of sex. You see, your eyes are caught up. Really, it is the infection of the eyes, and it comes into the eye, you see. Then you start looking here and there. You don't know what you are doing. Flirting, if you ask them they have no joy in them. You just see round, you see one face to another, one woman to another.** Then the woman got it, if the woman gets it you know. You are just looking like this. You don't know why. It's a such a waste of energy. Actually, I didn't know what was flirting. But once when I went to America, in seventy three [1972], a young boy came to Me and he said, "Mother, why do I look at all these women? I waste such a lot of energy. Why can't I keep straight? What is the need to look at them?" They do not know anything. Any woman passes. Then the woman also would dress up in such a way that she would attract [inaudible] others. So that, you see, this is also another kind of fraternity working. And the whole game starts. You find even in places like people are above sixty years, they do the same nonsense. **Something surprising that even they are not mature, because if you get this poison into you then you do not mature. It's like any fruit, you see, which is infected cannot mature. It's an infection. When it comes into you, you do not mature.** That's why you find even eighty-year-old people behaving like, just like silly young twenty-five-year-old, you see. That sort of people you find so common here, where you feel so ashamed and embarrassed. When a eighty-year-old woman starts telling you about her love affairs you just don't know where to look. And it's very common; they boast of it and they talk like that. Their talking is so funny that you can't imagine. It's most embarrassing, the way they talk about things and the way they live.”

1979-0620 Talk to Sahaja Yogis, When in darkness, Dollis Hill Ashram, London, UK



“On the left hand side of this Ida Nadi or this blue line is the collective subconscious. On the right hand side of this yellow line which is called as the Pingala Nadi is the collective supraconscious. Below is the Hell. On top is the super-consciousness which we call as Self-realization because this is the seat of the Spirit, which is manifested in the heart. **These are the areas of course doctors don't know but whatever the psychologists start talking like blind people can be easily seen through when the lights are on. For example, from the left side and the right side I have always said there are entities which attack. Those who disappeared in the creation went out of circulation because they were not good for our evolution. They all exit there, say, there are some vegetables which form viruses, there are some birds, some animals and many human beings who exist on both the sides.** On the right hand side are the people who are very ambitious, who dealt with material things and who try to overpower matter and tried all kinds of tricks, these are the people who are still there existing within us. When we try to go to the extremes either to the left or to the right by any one of these techniques, we get caught up and when this thing happens, these proteins, so-called 58 protein and number some sort of 56, all these are nothing but they are entities. They attack us and they trigger the cancer within us, and once this is triggered there is no way out because once you are in these areas, you'll be attacked more and more, and the galloping state is established.”

1980-1023 Public Program, Why we are seeking our Spirit, Hampstead Meeting House, London, UK



“**When you go to the left or the right, means if you move with these gurus to the left and the right, their hypnosis and their methods of enchanting you, you enter into these dangerous areas and you are attacked by all kinds of proteins which have gone out of circulation of the evolution since creation. Virus infection is caused by vegetables which have gone out of circulation. Fermentation of anything, even of cheese or of the fermented alcohol and all those things are again taking you the left side.** We are not aware of the problems one can face with these indulgences we have. That is why all the great prophets have prohibited us to have anything that will go against our awareness.”

1980-1128 Public Program, Paris, France



“Those who go to the extremes fall out of this. **Now the virus that we suffer from very commonly, is nothing but a kind of a vegetable which is fallen out of**

evolution. Now the vegetable that we call as tobacco, is going to fall out of complete evolution and you'll be surprised after some years you will not find any tobacco growing anywhere because it will go out of evolution, thanks to human beings that they misunderstood the role of tobacco. Tobacco is an insecticide, is to be used for killing the insects and not to kill yourself. But, we sometimes forget, that whatever God has created for the good, sometimes we can use it for our destruction. Same is alcohol. Alcohol was created for polishing, it's very good - for example if you have to polish your crystal, you should use gin is very good, for diamonds or anything. Is just a polish, it's a polish for the, for anything, it gives a polish. You see alcohol is a polish and its composition is such that it gives a polish to a thing. Now God wanted you to have polished surfaces and polished things and all the clean look of it so He gave you this polish. Now you started drinking it, now what to do. He never asked you to drink, but if you drink that, then it polishes your intestines also. But it has its own nature. It doesn't have any idea of morality, poor thing what, we can't blame the alcohol, because it is supposed to polish, wherever you put it, it polishes, all right? So it polishes your liver also nicely. And when the liver is nicely polished then what happens that the heat from the liver, which is for the expulsion from the body, it has to pass into the bloodstream, cannot because there's a barrier and because of that barrier poor liver does not know what to do. It just goes on accumulating all the heat within it and that's how your liver goes out of circulation of anything, and you have liver problems and you feel very giddy, nauseated, and liver is the one which really cleanses your attention. Whatever you gather from your attention it cleanses. So you become horrid I mean you are all the time angry, hot-tempered, you bark at people all the time, all that thing is typically liverish you see. We grow tall, like that absolutely straight line, and you become very hot-tempered."

1981-0327 Public Program, Day 3, Nabhi Chakra, Maccabean Hall, Sydney, Australia



"QL: "Mother, when You began Your program, I think I heard You say that cancer invading the body could be an evil spirit. Is that what is understood? Shri Mataji: Yes, yes. It comes through, you see, invasion of some of these things within you. Even a virus infection is coming from some vegetables who were out of circulation of evolution ... QL: Yes ... Shri Mataji: ... are affecting virus. And also these other proteins they talk of are nothing but some sort of a infection from the collective subconscious area from the left hand side. That's what I have seen so far in the all the cancer patients that either they have been to black magic, or their parents have been to someone, or they've been to some sort of a clairvoyance or some sort of a thing like that, or one of these Gurus or some sort of like that, which is an unauthorized things to deal. Even psychologist can do that. I: So you are saying, You believe that Cancer is an Evil Spirit? Shri Mataji: No, I didn't say that. Cancer is triggered by an entry of some sort of an unauthorized handling of the left sympathetic nervous system, to put it very precisely and scientifically."

1981-0331 Australian Radio Broadcast Interview, Sydney, Australia



“The above center to that is the center which is the center of Heart as we call it. Is the center which represents your sense of security. **When the child is about twelve years of age this center creates anti bodies in your sternum bone and these antibodies by the time the child is about twelve years of age go into the whole body and they are the ones who react to any invasion on the body. And these antibodies react; say for example, all our injection system works on that. We put a little virus, which is an outsider invader inside the body and when you put that they get energetic to fight. And because of their energies they fight the disease and we get cured. This is the principle of that is. This is the center of our sense of security.**”

1981-0814 Public Program, The Scientific Viewpoint, Birmingham, UK



“And that’s how Romans affected the people in those days by creating their own ideals, people thought they are the ideals, they are the best, because they had produced results according to them. They were so powerful, they thought this was the power. And that’s why they followed their methods many people who were not even Romans. The another humbler group was affected because they were hurt, their ego was hurt. So they became equally violent in the sense that they were so touchy that you could not say anything to them, they would just come and [SOUNDS LIKE BARK?] you. Frightened people. **This kind of character, is, very dangerous also, because that gives you some sort of very bad diseases can give you leprosy, people develop leprosy with that kind of character, if you develop a barking temperament of a nature by which you just jump at people. Nerves become absolutely sort of shattered [WITH or AWAY?] and the leprosy is the disease of the nerves. Those people who always keep themselves under such strain and jump at every person who comes along are very dangerously placed as far as their nerves are concerned, and then a horrible type of virus you know that which creates leprosy attacks these nerves, can attack because they are very vulnerable, these kind of people who jump onto others.** That’s why there was so much leprosy in that small little place there were so many lepers because their nerves were shattered. In those circumstances, Christ was born. But He was not only born just for Romans or for anyone, but He was born for the whole world. Because ego had started growing in human beings at that time and had developed quite a lot as far as the Romans were concerned. And that demarcated the way human beings were going on. So they had to be controlled first of all, and Christ had to come at a time where a balance [SHRI MATAJI’S WORDS INTERRUPTED BY NOISE] was to be established. So the first thing that was said about Christ throughout in all these music and songs you have heard now is that ‘Peace on Earth.’ He came to create peace on earth. That’s only possible when you are in

balance, first of all, secondly when you are realized. Both things should be there.”
1981-1225 Christmas Puja, Chelsham Road Ashram, London, UK



“Left Swadhisthana is the, I didn't talk to you about centers, you see. This yellow colored one, left Swadhisthana, you see on the left-hand side, comes to people who indulge into unauthorized subconscious areas, you see? Who deal with unauthorized subconscious areas, and invariably, every cancer patient who has come to Me, had the strongest of this center catching. With others on the left, more on the left, always. So, that's why doctors cannot cure it. Grégoire: May I translate, Mother? Shri Mataji: All right, say it, and further also, I will elaborate it, scientifically. I'll tell you the scientific explanation, all right? Now, about six months or eight months back I saw a film of cancer experts on cancer. About how far they have reached, you see? What I've been talking for so many years, now they are talking about it. Now what they have photographed are the elements or, you can say, the things, the proteins - they call it protein 52, protein 58, they give the names as usual, doctors give only names, you see ... they don't know what it is, so they call it protein 52, 58, something like that, and 59, and these proteins, they are photographed even, which looks very funny, in their photographic thing. And they have seen that these things come and attack and trigger the cancer. And they come (they have said it, very clearly, all of them) they come from the area which is built within us since our creation. So, it is from the collective subconscious. Now when you people do spiritualism, or these wrong gurus, and fake gurus and all these people, what they do is, that, they somehow or other take you to your collective subconscious, where there are all that is dead. **And there are viruses, means dead plants, and dead animals and dead human beings. Mostly these gurus use dead spirits.** Even the mesmerism and ESP, all is that. Of course, some of the gurus put you also through your ego, pampering on the right-hand side, into supraconscious, on the right-hand side into collective supraconscious, and you develop other diseases because of that collective supraconscious. Like Hitler, would be there waiting for anybody to jump into, if you go to collective supraconscious. So, it could be both ways, but mostly, a cancer is left-sided. It may start with the movement towards supraconscious, you may move to supraconscious, but as a momentum, you see, you might as a swing, go to the left too much, you see? So, it is an oscillation, but when that, it is settled, I mean when it is triggered, it is the left, of that I'm sure.”

1982-0502 Public Program, Lille, France



“[Seeker Speaking in Spanish] [Yogi translating in English]: He wants to ask Mother, in this flowing of God's power if man creates evil and even towards if there is evil by itself - that it is outside human beings that is going against God. Shri Mataji: Yes, you see what has happened is when man started creating evil

then this evil becomes malignant on its own and starts acting on its own. Just like a malignant cell in the cancer. [Yogi translating in Spanish] Shri Mataji: I'll explain now how. See this is the center of our spinal cord. All right? [Yogi translating in Spanish] Shri Mataji: Like these you can say. Now this is the left and this is the right. [Yogi translating in Spanish] Shri Mataji: Now you go too much on the left [Yogi translating in Spanish] Shri Mataji: So it is pulled down. Now the connection is broken with the whole. So you start going on your own. And you start using that destructive power and that's how you become malignant. Then the cells on this side will become big and start hitting others. [Yogi translating in Spanish] Shri Mataji: In the same way in the whole the primordial being same thing happens. [Yogi translating in Spanish] Shri Mataji: **At different stages of evolution also some animals became like that. Some vegetables became like that. That's how we have viruses on the vegetables.** [Yogi translating in Spanish] Shri Mataji: **Some animals became like that. They were thrown out of evolution. But some of them became and they incarnated as human beings. In the ancient times they were killed many a times. Like a fox. A fox became very cunning and then was thrown out of the evolution. Then he became an asura called Kohlasura. Then there are many human beings also who did the same thing like Ravana and then they became malignant on their own. And they have come back now as false gurus."**

1982-0603 Talk to the seeker Joseph, Noon, Madrid, Spain



"In My own experience, all the cancer patients that I have cured had an affliction from the left side. They were all possessed by something or other, either by guru or by some sort of a left-sided attachment or they had troubles like muscular, you see, muscular disability, yes, yes, that sort of thing and all polio, virus infection all are due to the left-sided attack. Virus is due to the left-sided attack of some horrible vegetables which have gone out of the circulation; even tobacco is one of them. It is another devilish thing. Tobacco is a thing that was created by God as insecticide and not to be smoked. But human being, you see, in their original idea try to do everything that is absurd and they started smoking it, and it is a thing that is not to be smoked. That's not meant for human being from starting and that's how it started giving the trouble of cancer. It is an attack of the left side."

1982-0921 Public Program, Day 3, Brussels, Belgium



"Question: how can you remedy psychosomatic pains?) Oh very easy. That's very simple. Psychosomatic pains come to you through the possessions. The left-sided spirits. They are very sly. And some of them are all the time there, and some of them enter for a short time, they're busy-bodies. Like your virus infection is also just the same style. The virus comes from the vegetables which have gone out of the circulation of the evolution. If your left side is corrected, you'll never have those pains at all. There are many who have been cured of that. Not only, but you

can also cure."

1982-0927 Public Program, Day 2, Vienna, Austria



"These seven centers, these subtle centers are called as chakras. And they reside within us, in the Medulla oblongata [lower portion of the brainstem], in the brain and in the limbic area. Now if you know how to handle them or reach them by any chance, you can work it out from the roots. Now, why cancer is caused? Nobody knows how cancer is caused. But I saw a very [UNCLEAR interested] feature by some doctors which the BBC showed a very nice feature film about the, about, I mean they showed lots of things in that, about cancer also, that they have found out that within us there is an area built in which is built since our creation. We call it collective subconscious. We, the Sahaja yogis, we call it as collective subconscious. And from this area, there is an attack on the being by some proteins which the doctors call [UNCLEAR as it] protein 52, protein 58. See they have no name so they call it by protein this and that. Now this triggers cancer. And we say that these are dead spirits which attack. **Virus, according to us, is the attack of the all kinds of vegetables which have gone out of the circulation of evolution. If they attack then the virus is caused. But virus comes and goes away. [1 or 2 words INAUDIBLE] it's effects on us.** Then there is an attack of the dead spirits, as we call them, of [UNCLEAR this] proteins - [5 syllables UNCLEAR] protein 52, protein 58. You see, if you call them by those names, nobody is shocked. But if I say these are dead spirits, people are shocked. So it triggers cancer. By some chance, if we can get rid of those attackers and put your system into proper shape, we can manage cancer all right. So first the attack [2 words UNCLEAR], to begin with. Secondly, what happens that supposing this is a left side sympathetic and the right side sympathetic and [UNCLEAR these] sympathetic nervous systems are in the center, as you can call it, this is the [UNCLEAR vertical line], the center, is the central line, what we call as the parasympathetic nervous system. Now, when there is too much of pressure on these sides because of over activity of the sympathetic nervous system due to emergencies then they brake [2 syllables UNCLEAR] between these centers. And this, being connected with the whole, the connection with the whole is lost and you become on your own. So a person becomes on his own. What's wrong? There are many people who say, "What's wrong? Let us get out of the society, do what we like, be abnormal. What's wrong?" But actually you become malignant. And such a person touches another person, he also becomes malignant. Then the third person becomes malignant. You see, you can say, like people who have no idea of the whole. They start behaving on their own. In the same way, the cells become. And when they become malignant, they start attacking other cells, other cells also become malignant. Then the triggering comes again from the left side as said by protein 52 and protein 58. So, by any chance, if we can remove the ones who are triggering it and also we can put these back and give energy, sufficient energy for them to act together, they are again put with the whole and the system starts

working. And that's how cancer can be cured sometimes in ten minutes.”

1982-1226 Public Program, Pune, India



“In the cancer you know, one cell grows so much that the nose will start increasing more, the ear starts becoming big or something and they start oppressing other cells and that’s how cancer is very dangerous and according to doctors it is incurable, but not according to Sahaja Yoga. We can always cure cancer, you can cure cancer and if you get to Sahaja Yoga it’s very hard for you to get to cancer. **Now we have on the right-hand side, there are many diseases like, what are the names, like mellitus and all that; on the left-hand side what are the diseases, poliomyelitis and all sorts of these diseases which we do not understand, this Parkinson’s and viruses and all these diseases, polio, all these come from left side and they can be easily cured if you know how to get rid of these proteins that are invading you and how to make you relaxed and endowed with energy so that you go back to your normal condition. It’s so simple to do it.”**

1983-0224 Public Program, Kuala Lumpur, Malaysia



“Now I will tell you about another particular thing, which is bothering all our doctors, is the disease, horrible disease of cancer. I say that cancer can only be cured by Sahaja yoga and by nothing else is a fact. Now, that doesn't mean that I am claiming too much or anything. The reason is the cause of science is much subtler than we understand. As I told you on the left side is the Ida Nadi, beyond that, that is the subconscious, beyond that is the collective sub consciousness within ourselves. It is all in your body. Recently I was happy to see some doctors in about a year back in London, they showed a TV show in which they discovered something very specific about cancer, which relates things which are talked about cancer. They said that when they were trying to research, to do a research about science they found that there are certain type of proteins, of course they give the names as protein fifty eight or protein fifty two, that's what they called them. They trigger the action of cancer, but the main point they said was this, that these proteins come within our system from the area, which is built within us, since our evolution. So, they are talking about the collective sub conscious area, which lies beyond the subconscious. So, this collective subconscious is the one, which contains all that is the past, all that is there. **Now there are many vegetables, which went out of circulation of evolution. These when they enter into our being exist within us because everything that is past and future exists within us. So, once they enter into our body, we get these virus infections. Virus comes from these things, which are of the past and they enter into us and pull us towards the collective subconscious and that's how we get the symptoms of virus and you know that virus cannot be treated. It has to be allowed to pass out. So they just enter into our being and pass out.** But in cancer, there is a different thing that

happens is that where our chakras are built like these say, for example, a chakra you can call it as the spinal cord and this is the charka, and the left and the right sympathetic nervous system is here. Now, when you start moving too much towards the left, due to the activity of the left side, means a person who is very emotional or who bows to wrong type of people. That's why it is said don't bow your head to wrong type of people. If you bow too much to people out of slavery and all that, all these people start getting conditioned and all that and superego develops and they go to the collective subconscious area where they are, they get caught up by these proteins which we call in our ordinary language, as bhoot. We call them as bhoot pisachadi. Now the Christians who believe in Christ and follow our medical science know that Christ took out bhoots from people and put them in the pigs. But if you tell them that there are these bhoots within us at a very near reach here, on the left hand side, they are not going to believe. Now doctors are not going to believe this. Now the whole mental problem comes from that. Now, you will be surprised that cancer is caused, mainly triggered by these things which we can call as psychosomatic. But it is, a fact that later it has been found that by doctors themselves that is, I mean, I am not the one who should be held responsible for this, but this I had been saying from last fourteen years or so, that it is this kind of behavior, the conditioned mind takes you to the left side by which you get caught up into that and the cancer is triggered. First of all, the pulling itself of the chakras makes it, you see separated, this chakra by which this chakra becomes independent on its own and it starts working on its own because the connection with the whole is broken and it starts working on its own and it becomes malignant. When it starts working on its own, then the central nervous, the central part cannot control. It means brain cannot control it anymore. The parasympathetic goes out of order. Now to bring it back, what do we do for Sahaja yoga? How do we cure cancer? It's very, very simple, if I tell you, you won't believe it."

1984-0131 Talk to Doctors, Dr. V.M. Medical College, Sholapur, India



"This kind of frivolous attitude or we can say a very hypocritical attitude is not for the Sahaja Yogis. They have to be what they're preaching, what they're standing for. They cannot have that kind of a personality that one can say, "Oh, I've seen this hypocritical fellow, calls himself Sahaja Yogi." We can't. **There has to be somebody who is genuine, who is real, who is truthful. We cannot live with that kind of a compromise, we have to be what we are, because we have got the light of the spirit. So then you go ahead and you have to become the higher personality of a Guru through consumption. Consume, how much I consume. Go on consuming all the time. This time I came, I'm consuming your left Vishuddhis, I'm consuming your viruses, I don't know. In two days I must have consumed oceans and oceans of troubles. No, we don't consume at all because if somebody says something to us we must come back with a harsh word, somehow or other to kill that person that is finished forever, that's smartness. We can consume all that. That consumption is taught by Christ very well. Can we consume? No, we come**

out with big, big talks and big, big things, you see, "We must do this, we must do that." We're not here union leaders, are we? We don't want to appear in the newspapers or anything. What we want to consume, we are here to consume things. Newspapers are to, say, advertise, expand it. **We're here to consume all that is bad, you follow your responsibility please. Consume that is wrong. How do we consume? Through meditation, through prayers. Now this is happening in this country. What are we doing about it? So we have to consume it, not to get into explosions, not to get into expressions, but to consume it. Then you become Svadha. Svadha is that you become the dharma of the spirit. Sva, Dha, you sustain that dharma within yourself. Then you become that. It's not any kind of hypocrisy about it.** You just, I mean, if I say, "Don't drink." You shouldn't drink wine. I don't drink at all, no question, I mean, you cannot make me drink, even if you want to. If I say, "Don't tell lies," then you don't tell lies, you don't just do it because you have to just say that way, or you say that, "Don't kill." I cannot kill anyone. I cannot be tempted. In the same way you all have to be, "I cannot do it, I cannot be tempted. How can I be tempted?" Say, I shouldn't get into tempers. I shouldn't be angry for nothing at all. For the slightest thing, people just jump into a temper. That means, I should not be tempted to do it. **That wisdom, that dignity, that balance, that poise must come into a Sahaja Yogi. Unless and until that comes into you who's going to believe you that you have achieved the transformation. You're still on Adhogati, sometimes into Udhovagati, then going into Adhogati, again to Udhovagati, you're jumping from one to another."**

1986-0305 Talk to Sahaja Yogis, God's Shakti is the power of love, Wimbledon, UK



"Kabir Dasa has written all about Kundalini and everything. Like he says that when the Kundalini rises, it breaks the epitome of your physical being that is the brahmarandhra and you go into a complete nirvichara samadhi. Clearly he has said it, absolutely clearly. There cannot be more clear writings than Kabira's. But what human beings have made of all the incarnations they have done the same to Shri Kabir and to Nanak Sahib. Like I was surprised that Kabira worked in Bihar. And there, in Bihar, he called Kundalini as Surati. **They call tobacco as surati. Just imagine, tobacco which is against It's a virus. Tobacco is nothing but a kind of a virus, is a kind of a vegetable which has gone out of the circle of evolution. But he has put it Surati for Kundalini while people use this word surati for tobacco very openly. This shows how we have misused all these great incarnations and all their great teachings.** And now people say, "Look at this. This is religion." What is this religion? It makes you fight. Is this religion that makes you do all kinds of nonsensical things? Is it religion that makes you sick? This is not the religion which was propounded by those great people. We should not bring bad name to them. We are doing a wrong thing just to use the word religion to bring really a juxtaposition religion on this earth. The religion is within ourselves. They also have said that unless and until you are a realized soul, you will not know what it is."

1986-1009 Public Program, Lion's Club, Kolkata, India



"EPILEPSY - it is a left sided problem. It is a possession coming and going and not a permanent possession. It happens in vulnerable persons; e.g. if mother dies in childhood or in case of bad childhood which weakens his psyche and makes it vulnerable for entry of possession. There is present subconscious, past subconscious and past collective subconscious. **Viruses are from dead vegetable which have gone into collective subconscious and hide there.**

.....

Some observations made by SHRI MATAJI: There is never fever in Epilepsy. Similarly in cancer, no fever. Those who are mad don't get heart attacks. **Viruses are derived from vegetable kingdom e.g. tobacco is also similar. Similarly bacterias are plant cells. Due to aggressive behavior they are removed from circulation.** Unicellular organism paramecium is aggressive. So these are removed from circulation and become bacteria. TUBER CULOSSES - Malaria comes from right side bacteria are visible and viruses are invisible. Dysentery is also from Right side problem. Use Lord Dattatreya's Name (Mantra) for amoebic Dysentery."

1986-1104 Conversation with doctors, New Delhi, India



"ON PHYSIOTHERAPY:-When the vibrations flow, they relax the muscles. The muscles in reality have gone into spasms due to tensions. E.g., Left Vishuddi or any chakra. The vertebrae start to twist (Physical). When you put your charkas in me (in my care) they will be relaxed and then you can adjust by giving vibrations. Those vibrations can be given to others. You need not touch the other person, but give vibrations by using circular movement by hand using mantra. **In left sided diseases, you get into the collective subconscious from where you collect Protein 52. Viruses. These make you beyond help sometimes.** Fever is caused to those whose liver is out, who has overworked his Liver. He is heated up etc. It can be corrected by putting ice on the liver."

1987-0226 and 0227 Talk to Sahaja Yogis, Shivaratri, Mumbai, India (translation from Hindi)



"Like one man, he went and read Materia Medica. Went and told doctor that, "Doctor I have all the diseases except for one, which is housewife's knee. He said, "How is it you haven't got it?" "Because I am not a housewife." So he got conditioned into all the diseases. **That's how many people get diseases, but thank God there's a filter. If somebody has a disease, you don't get it, because you can filter it. But Hamsa Chakra could be affected by baddhas. That's one problem, if some baddha passes through the nose, you might; some viruses pass through the nose, you might. Affected, means it can get sick. But one must understand the discrimination between the two. Say there's a virus infection outside. It can pass**

into your Hamsa Chakra and can give you a problem of sinus, this, that - physical. But you won't become like a person who has given you virus infection. So there is a filter. But supposing there's a person who is very hectic. And you come in contact with that person - he's very hectic, so your Swadhisthana can take over. You can become hectic with that person. Being with that person, you can become hectic. But as far as the Hamsa is concerned, with anybody you live, your Hamsa doesn't carry the complete impact of that because there's filter. So now, if you have to develop the discretion, you have to learn, you have to understand. It doesn't come automatically. But with children who are born realized, their Hamsa is so developed that they know it - what is right, what is wrong. Because their Hamsa is so much trained that way, they don't have to use much understanding. But those who are now growing up, have become now Sahaja Yogis have to know through their own experiences their Hamsa. It's a filter, also. But for a child, he knows what is right, what is wrong, because his Hamsa is developed. In India, when the child is born he's massaged nicely. Oiling is the best way to have a good Hamsa. Oil his hair, oil his body, put some drops in the nose, everything. They try in the ear, in the nose and that's how they build up. So what I have to say that physically you should have pure Hamsa Chakra by using ghee and all that, and mentally you should use it by learning things, in experience - what to do, how to do it, how to work it out, how to establish. That is how Hamsa Chakra grows and makes you discrete. That's why tradition is very important. Tradition gives you the growth of the Hamsa Chakra and then you go on discarding whatever is wrong out of that tradition. Then again, you keep whatever is good. Give it to your children, to your children, to your children. So the discretion comes to a person who is traditionally built up better than a person who has no traditions."

1987-0808 Talk to Sahaja Yogis, The Day before Shri Vishnumaya Puja, New York, USA



"Now, the people who suffer are left sided, are the people who suffer but they are very sly, very sly and it is very difficult to catch them. They're extremely sly. They find out ways and methods. We can say in England these days you can see the situation of Sahaja Yogis in the same. Very sly people. Tell them to go this way. Tell them to do this way. Impossible. The situation is impossible sometimes. But then they suffer and then they understand. But the other side are the aggressive ones. And they aggress on others. They trouble others and torture others. This kind can also meet with some sort of a bhoot form the supra conscious and can become really aggressive like supposing some person gets drunk. So he might become a very sober person, very nice, very sweet talking and another day he might start beating people, beating the wife, beating the children. In depends on what sort of a bhoot, one gets in. But these viruses which are proteins and non-proteins also and so microscopic that you can't understand them. So how do we try to clone them. Cloning is the process, we call it. That to attach them to something like enzymes. Enzymes, some enzymes can look after some kind of viruses. Not all enzymes can look after those viruses. There are so many of them ,

so many of these viruses that to find out the exact enzyme, for the exact one, is very difficult. And people nowadays are experimenting frantically on this, the cloning of the enzymes with these. Now, the antibodies do the same thing, they are like enzymes, only that they try to emit enzymes which clone and which remove the viruses. Sometimes the antibodies can be destroyed at the very beginning; like in the case of these people who are harm AIDS, because Ganesha himself is finished. And Ganesha finished, means Ganapati, means he is the master of all the ganas, means all the antibodies within us and if you have finished all the antibodies already, I mean in the sense, if their leader is finished, means they are finished. So how can you have any immunities? So all this secretive, nonsensical, absolutely sly stuff that people go into is because they are attached to the left-side. They get into left-side, work it out that way and then they suffer. Now for these new activities. Now this new activity of cloning they are having lots of research going on. People are trying to see, rats, you see, they put in viruses, then take out the enzymes which fight them, do this, do that, you see because they think, supposing you get a virus in a rat and the rat's Ganesha is all right. So that way it will emit more enzymes to fight this disease which will fight this virus. So then they ... micro enzymes available, so then they will prepare more enzymes, like that. But the cloning is the problem. How to clone them? How to find exactly which is suitable for which one? So this the [...] we are going about nowadays in the world, that they have all kinds of laboratories, all kinds of research work, with one object: that they should find out the cloning. And it's like treating a leaf with different, different medicines to see which works out. But the another one is Sahaja Yoga. In Sahaja Yoga, how do you avoid all this, that you take out your attentions from the collective subconscious, from the past subconscious, from the present subconscious, from the today subconscious, into the center. But for that, one has to be determined person. His will power must be strong. But all left sided people have a very, very poor will power. You do what you like, but they'll go back to their habits. You try your level best. Slowly, slyly you see. All these things they do not understand, they'll tell it to the camp of their enemies. As a matter of fact, they'll go into such problems there, that they will suffer and suffer and suffer. So now, the theory comes out of human intelligence, that we must suffer. But there are no solutions. So theories like this: that we must suffer and suffering is godly.

.....

So all these perverted ideas have come to us from the collective subconscious of doing all kinds of perverted things. The way people are behaving, it is for us, we can't conceive of it. I mean, somebody use telling me the other day that it was regarded as something great, very religious, that the women went and the sisters and the mothers slept in the open and got sick and died, so they become saints. Now anybody can. In France. In France. And it was a very common thing. Even in Rome, I mean, the way the people are asked to suffer is like Everywhere. And these stupid ideas are coming from the left side, which wants you to suffer. And you make a martyrdom out of that suffering. And the whole pathological ... you find that all these different, different viruses are there in us. And any time we take to... we don't have to take to these horrible viruses. But, the trouble is human beings don't have any ... They get very easily tempted and they want to do

something that is ... - let's see what happens If you have your own dignity, and you have your own will power you will never, never succumb to them, because you know these are all very dangerous things which you shouldn't do. And if I say: "All right, you don't take this cheese". Still Sahaja Yogis will say: "No, but I like it". Why am I saying, you don't take it? I then say, all right. But it should be just thrown away. Because you know what it is, it's a virus. Then you are inviting a trouble into yourself. If you want to invite some trouble into yourself, then go ahead. But then you can't be called Sahaja yogi. So the only thing that is wrong in the whole thing, is that: "What's wrong?" First of all they are absolutely ignorant people and secondly: "What's wrong?" ... you have no business to destroy yourself. God has created you, you have not created yourself. Who are you to destroy yourself? You have no business. And this is what is to be understood by Sahaja Yogis that you have no business to destroy yourselves and you have no business to spoil yourselves. You have to understand that now you are If you understand really, in the way that I call it part and parcel, what is a Bodha - that is, it becomes a part and parcel of your nervous system, that you are a yogi then no virus can attack. What is virus? Nothing can attack you, nothing can trouble you. And even if they attack, it will come for a short time and will go away. Even if they attack, it will come and go away. But it will not stay in your body. It cannot stay long"

1987-1201 Talk to Sahaja Yogis, Treatment of virus infections, Pune, India



"Today is a very important day in the history of spirituality. The Ekadesha Rudra Incarnation has been prophesized by every prophet: that the Ekadesha Avatara will be coming and it will destroy all the negativity, all the Anti-God activities. Ekadesha principle actually is built in the Void, because when the saints wanted to cross the ocean of illusion through their meditation they're hindered, troubled, tortured, and slaughtered by negative forces. These negative forces came up through the failings of human beings. When human beings failed, they saw other people who were so much better than them and they saw that they are nowhere compared to many other human beings, or sometimes out of anger and temper the villainous temperament grew into them and then it formed this Anti-God negativity in the Void. So Void has given actually the villainy to come into form. As you see in Sahaja Yoga, you must have seen it many a times, that when you go to a wrong guru or to a wrong person or you do unauthorized worshipping your left Void catches. So in the left Void all those destructive forces acted. Also in the process of evolution there were many plants, animals who were destroyed because they were not in the center. Because they were egoistical, some were cunning, some were too big, some were too small. And they were all thrown out. And when they were thrown out they felt that they must react. So they went into the collective subconscious and came as subtler entities to harm the people who were ascending. Like we see these days viruses that attack us. These are the plants which have gone out of circulation. After some time you will find tobacco will go

out of circulation, many drugs will go out of circulation. All these can form a kind of anti-growth, anti-development, anti-freedom forces within ourselves. So in the area of Void these horrible negative forces were formed. In the same way many human beings who were born and tried to assert their ego went into egoistical processes and thought that they can control people, they can have their domain over all the human beings, they can overpower the whole world. All such people form a very powerful institution in the history. And today also there are many such forces coming into existence. These forces are building, are destroying every moment; they are building into our Void area and then they are destroyed. These people when they come from the right side, from the right Void, we call them as supra-conscious and those who come from the left side, we call them as the subconscious entities. All these entities do exist, as human beings are the image of God as in the collective subconscious of God Almighty and also in the supra-conscious of God Almighty. These forces still remain till they go to hell. In the same way in us also, in human beings also these forces exist and they try to overpower us.”

1988-0608 Shri Ekadesha Rudra Puja, Moedling, Austria



“So now, I'll have to tell you, in general about the psychosomatic diseases we suffer from. Psychosomatic diseases, I would say will be, one of them is cancer, which they say is not curable. Now to tell you the truth, it is like this is our spinal cord. This is the left, this is the right, and in the center here, is the Chakra. Now when you start using your energy too much, it goes to the left or to the right. Supposing you start using your right side too much, so what happens, it just get separated, or it becomes constricted. And when it becomes constricted, there's a very little space in between. Sometimes it's completely closed. So there is no relationship with the whole, so the cells start working on their own, they become arbitrary. They start growing without any relationship to other cells. But this doesn't happen only with the right side. With the right side activity, you become vulnerable. **But now from the left side, from the collective subconscious, there are proteins, which enter into your system. Doctors as usual give them names, you see. They say protein 53, protein 58. But these are all the dead things, which lie in our collective subconscious. Even virus is the same, is the dead vegetable which has gone out of the circulation of human being. It is the dead plants, which has gone out of the circulation of the evolution. Now, this, all these things can enter into your system and can activate all kinds of psychosomatic problems, which are not curable. Also the people who suffer mentally, are left sided people.”**

1988-0708 Public Program, Absolute truth can be found after Self Realization, Paris, France



“Question: What are the possibilities through Chakras and Kundalini awakening to

cure AIDS and cancer. Shri Mataji: AIDS is curable of course no doubt. It is caused by the lowest Chakra [is] the Mooladhara Chakra. And if you can cure Mooladhara Chakra and other combinations you can cure AIDS. **Virus, virus comes from the past from the ... Virus is something which is dead, dead body or you can say is something dead body becoming alive, like you can say fungus sort, it's like fungus.** Now the, we have cured AIDS, no doubt but what I found about these people, there are three cases. All of them had no will power. And they again went back to the same bad habits. Moreover, I must pointed out to you that the person's habits in the west are not all right."

1989-0711 Public Program, You develop a balance in life, Paris, France



"Like, somebody said, 'Mother, how did you say copper is responsible for AIDS?' How can we reach logically? Now, from where does it come? It comes from Zambia. Who brought it? The monkeys. But the monkeys don't get it, but human beings get it, because monkeys are not stupid like this. All right. But, the how - why from Zambia and why the monkeys? The reason is monkeys are very close to human beings, you see, so they can only carry such viruses and in Zambia the metal that grows, or has, is copper. Such a lot of copper in Zambia, that in the water it is dissolved, also they have got ores of - ores of copper all over, and the big mountains are filled with it. Just like, I mean you walk on anything, you can see the copper there and that looks copper as you know, when it is exposed looks greenish because it has that virus, we can say, that fungus on it which makes it look green. The copper starts looking green. So when these monkeys must be walking on that and all that, they must be taking up this virus from the copper. And when in the body there is too much copper and you do all this dirty stuff, then what happens, that it - it permeates into the being and settles on the copper. So now logically if you can remove the copper from the body and make it copper-less or you put some sort of a higher metal like, say, silver or you put gold, platinum, anything to replace the copper, then maybe that this trouble can be avoided. But copper is essential for body, no doubt, but if you don't have these problems then - or you don't go into such habits then, copper is important because that helps you to - for circulation and so many other things it helps you and those who have less copper suffer from gout and other things. So, one has to logically also, you put your just attention, you'll get ideas. Just put attention - Why this? You'll get ideas. But your attention should be pure, otherwise it won't; your attention should be pure and you should just put attention and you'll get ideas after ideas, because knowledge is all in your brain, already built-in. So it's not difficult to get ideas, as long as you want to know, you will know it."

1989-0725 Talk to Sahaya Yogis at Arrival at Ashram, Melichergasse, Vienna, Austria



“Left-sidedness should not be allowed to grow at all – I tell you, it’s very dangerous. All these horrible diseases that you have heard of, all of them, one and all – say epilepsy, mental derangements, you can say cancer, all psychosomatic, this myelitis, then there are other diseases like AIDS, all that – attack only left-sided people. Anybody who has left side, immediately try to get rid of that left side. The right side shows so everybody knows, and you can throw away such a person, or you can correct it. But the left side be very careful, don’t play about with the left side. **Left side is very dangerous. To avoid that, don’t mix up with people who are mentally deranged, don’t go to the hospitals where such people live, don’t try to cure people who are left-sided – they can be all cured on My photograph. And if somebody starts telling too much about their woes and all that, just shut your ears. All this left side comes from a kind of a self-indulgence, in the sense that you start thinking you are so miserable, you are so unhappy, you are no good, and all that. So the right-sided are over-confident, the left-sided are diffident. But they’re, because they’re diffident, you see, all kinds of viruses can attack. And these viruses are the thing which bring forth diseases which cannot be cured. So be careful on that point. The right-sided people trouble others. The left-sided trouble themselves, and the right-sided trouble others. They try to show off, they want to – just think they’re too much. First sign of a right-sided is that he starts suddenly shouting, or giving lectures also, that’s another one. Thirdly, he tries to show off that he’s a very big, great Sahaja yogi. There’s nobody great in Sahaja Yoga, everybody is just the same. Just like all fingers are the same, every cell is the same, everybody is the same. So nobody higher and lower, there’s no hierarchy in Sahaja Yoga. Everybody must understand that we are all one, part and parcel of one body, and we don’t have to consider ourself higher or lower. So there are so many ways of expression of these boastful, right-sided people. And we can pull their legs – all right, allowed! If somebody boasts too much you just pull their legs, that’s allowed.”**

1990-0320 Talk to Sahaja Yogis, Eve of Birthday Puja, Sydney, Australia



“So now, the new breakthrough into the evolutionary process takes place in Sahaja Yoga. Formerly, in the ancient times, there used to be one or two flowers on the tree of life. But I have somehow developed this new method of Sahaja Yoga, which gives spontaneous Realization to thousands in en masse, en masse Realization. I've developed, this is the only thing I've developed. Collectively, for thousands, not one or two. Translator: For human beings. Shri Mataji: Yes, for human beings. **Also we have so many viruses and all these things within us. These are the plants and the small, microscopic animals, which have gone out of the circulation, of our evolution. So, once you get into Sahaja Yoga, you come in the central path. Then you can be absolutely away, free from these viruses and all these diseases. So, physically you are a absolutely perfect person. Also physically**

you become equipped, to know whether something is good or bad.”
1990-0725 Press Conference, Sofia, Bulgaria



“And there are diseases, which are somatic and there are diseases, which are psycho. That is the diseases are caused by, supposing you go to a wrong guru there will be a problem, a person who spoils your psyche. There are so many ways these days we spoil our psyche, drugs and other things that we do which spoil the psyche and the person start going into the habit of getting more and more dominated by those habits. So when the Kundalini rises She brings the attention in the center, by which the left side habits are cured. And so your psychic troubles are also cured. Your habits are cured and then there is another type of disease we have, what we call as psychosomatic, these are the diseases like cancer, say Aids, all viruses, all kinds of multiple sclerosis and all such diseases, they are also caused by the imbalance in your attention, by the imbalance in your being. So when you come into balance these can be cured, very easily without taking any medicines, without going to any doctor, without doing anything special.”

1990-0811 Public Program "Canadadesha", Vancouver, Canada



“There are so many aspects of Hanumana which I could have told you, but for example, for His body, you see, like Shiva is covered with the gheru, what you call gheru is a - that’s a kind of a, you know that gheru is, it’s a red-colored stone which is very, very, it is very hot and supposing with the cold sometimes you develop those rashes. So if you put gheru, those rashes are corrected. Or you get, due to baddha, sometimes some sort of skin-diseases, which are cured with gheru. Because it is the one which is very hot and it soothes you down. On the contrary, Shri Ganesha is covered with lead-oxide, with a red lead-oxide, which is extremely cold. Lead-oxide is a very cool thing. If you touch lead, you see, is a very cool thing. So, that lead-oxide is used to cover all His body, is to balance the heat that He has or the effects of heat He has. So we call it, in Sanskrit language is called as sindhur, and also in Marathi or Hindi called shindhur. So you must find always, this is the color of that thing. So luckily I got this sari in Vienna and I have it very nice for this occasion. So He’s always covered with that color, what you call this sindhur color. And lead-oxide, though they say it causes cancer, people say that lead-oxide can cause you cancer, but it is the lead-oxide which is very cool, it can cool you down so much that you can go to the left side and cancer is a psychosomatic disease and that might be the reason, it might cause - in a very far fetched way, we can say, can cause cancer, too, because if it is too cold and all that and then you go to the left side and on the left side you can catch the viruses by which you can get into troubles. So, but the same lead-oxide is all right for people who are very right-sided. For them if it is put on their Agnya it cools them down, they are cooled down. And it’s very good for them to put on their Agnya so that they are cooled down. Their anger goes down, their temper goes down and

it's a very good thing. So He is the one who cures our anger, He's the one who cures our hastiness, our speediness, our aggressiveness, He's the one who does it."

1990-0831 Shri Hanumana Puja, Schwetzingen, Frankfurt, Germany



"If you, say, want to increase the beat of your heart, if you run fast, that is using sympathetic; you can increase it. But if you want to decrease you cannot. That is done by the parasympathetic. So these chakras that are there have got a limited energy in them. So when you move too much to the left or to the right this energy gets exhausted. But if something happens to break them then the control with the center is lost. That is how all psychosomatic diseases like cancer, we can call them, multiple sclerosis or AIDS and all these, virus-oriented diseases are psychosomatic, are manifested. And the human nature is, is not to keep to moderation. He goes either to the left or to the right. And that is why he either develops physical diseases or mental diseases, and all kinds of problems come because he goes to extremes."

1990-0919 Public Program, Geneva, Switzerland



"But one should get rid of the problems of the left side with the help of Mahavira. When this chakra is caught up [Shri Mataji shows Her superego], what you find is a big lump of bhoot coming out of the right side [of the brain], so you have take the name of Mahavira just to remove that pressure from the left side. Now many people do not even know why they suffer. Why should they suffer, when they have done nothing wrong? Because they are possessed. Now even the viruses and all these things like psychosomatic troubles like cancer, all, I would say, the incurable diseases are there because we are triggered into the left side. That's why we are suffering from these diseases which are not curable. So we have to thank really very much Mahavira, who has given us this power to remove our left-sided problems, who has given us this light in our hand, which He Himself vibrates and He Himself tries to throw some light on the obscure things about Me also. Because of Him only, we can get cured of so many physical and mental troubles. You know that the left side can be easily cured if you use three-candle treatment. That shows Mahavira is only fond of light. He doesn't like darkness and His idea is, I think that way, is to now fully go all the way to clear the left side as far as possible, to help Sahaja Yoga to establish in countries where I find still lot of this negativity is there – a lot of it."

1991-0328 Shri Mahavira Puja, Perth, Australia



"Anybody has lymphatic system problem has to do left side first. So this is

psychosomatic. First you must get rid of the psycho side, so do the left side. When it is cleared out, then right side is not difficult. If you are too right-sided, then what happens, it's like a pendulum, you move from right to left. Then psychosomatic troubles start. **The best is first to remove the left, then is look after the right. Sahaja Yoga is a very simple way of clearing. It works. Somebody should help you in left side is to give you bandhan on your chakras with a candle. Put a candle on one side of the left swadisthana and also one before the Photograph. Because it's all due to viruses. And the viruses are there because your attention in the left. Once your attention goes away from there you are rid of that. All right? It's not complicated. Sahaja Yoga is very simple. You know we have cured people who were about to go on the dialysis. Kidney has been cured."**

1992-0211 Talk to Sahaja Yogis, Airport (in transit to Canberra), Sydney, Australia



"Today is the support now, just now, that goes to the left side, has. And then that is how the present becomes the past, goes to the subconscious. Now the subconscious also has many layers which are on the left side in a parallel way, not horizontally, but parallel. There are seven of these layers, and the seventh one ends up into the Collective Subconscious. So whatever is dead, in the past, and was discarded from the evolutionary process, is thrown into the Collective Subconscious. **Now when - say for example, lives which were thrown out of the evolution, microscopic animals, whatever, viruses, then also human beings, animals, everything that was thrown, like mammoths and all that, these animals were thrown out of the evolution, are. So the people who are living more in the past, if by any accident or by any unhappy incident in life, are thrown towards that, they catch some of this Collective Subconscious. So also, this lifetime, whatever conditionings we have, also pass into our, they pass into our subconscious mind.** For example, a person is sitting in the darkness alone, suddenly starts feeling the fear. Then he is, with that fear, he's thrown towards the left side and he can catch something, what we call as 'bhoots', you see, what we call bhoots is some sort of a dead spirit and then he becomes a different person. Also, somebody who is too much right-sided, is always active, thinking too much of the future, his attention moves to the extreme - say, to the right side. Then suddenly if some shock or some fear, or whatever it is, this pendulum like thing, can move to the other side also. So all the people who are very right-sided can get into problems of possessions.

.....

Now Mahakali's powers are such that she is the Holy Ghost. So firstly she can cure any diseases that come from viruses, like say from AIDS. You can start from Mooladhara up, all Mooladhara diseases, then all Swadhithana diseases, all these diseases. Left Vishuddhi of course, is a combination, because when a man is too right-sided to balance his ego he puts it here in the guilt. So it could be a combination of both right and left. But all other incurable diseases are left-sided. Like you have cancer now. Now see this is the left side center and this is the right

side center, they look like this and in the center is the center. Now supposing even if you have a (thing) ... of the right side, it is too much, the energy is driven to the right side. But suddenly something may happen, some accident, some sort of unhappiness and this little bit can break like that, from the left side. So the virus can start flowing into the right side also. Now when this virus enters into the right side you have no connection with the whole, because it's broken now. So this right side starts working on its own and that's how you develop this cancer where the cell itself becomes the ego, it gets the ego and it starts multiplying, multiplying. So this virus can give you any kind of disease, which cannot be cured by medical science because medical science deals with the right side of the physical side/science(?). But the mental side is dealt with by Mahakali power, mental side. That is how in Sahaja Yoga we have been able to cure many incurable diseases. By using candles, because the light when it is shown to these viruses, or to the bhoots, they go away. So by three-candle treatment you can cure any one of these incurable diseases, even AIDS. But when this trouble starts above the Vishuddhi chakra or from the Vishuddhi chakra, then people become mentally handicapped, like they become mad, they get epilepsy or they get what we call schizophrenic. Now what they do when they do black magic, we should understand. In India we call it preta vidya, swarshana vidya. Preta vidya means the dead, knowledge of the dead and swarshana vidya is the knowledge of the cemetery. So the way they do it is that when some evil genius is dead, when they know that somebody is dead, then these people go there and try to wait until everybody disappears. They burn the body in India and when the brain is opened it makes a sound. After that people go away, so they [preta vidya people] are still there. And then they take the skull of that man, or some part of the body with them, maybe some bones, so that the spirit, which is hovering there follows them. And then they give some names to these bhoots who are following them and then, somehow or other they tie them up, imprison them. And then they use these bhoots to entice someone, to mesmerize someone and these bhoots can get more bhoots also with [UNCLEAR] if these people want, just because they are now captured and they are evil geniuses. So this is what the false guru do, they put these bhoots in people, mesmerize them, through their eyes these bhoots come in and then these people start giving all their money, all the property, everything to them, even the women give up their chastity. So this is how they try to mesmerize. Also they can use these bhoots to kill somebody or beating somebody, putting somebody into trouble, all kinds of things. So also they try to sort of put ideas into people, make them violent and make them very bad people, dirty people. This unnatural sex relationship, like homosexuality, you know, is also from bhoots. That is they do everything that is anti, you can say, Mahakali. And that is how they may bring inauspiciousness, unholiness, violence, all kinds of problems. Now supposingly these bhoots are, say, drunkards, then they make people drink too much. Or if they are, say, cheats or people who have been making money by wrong methods, they can also enter into the heads of people. Like here I think the politicians, they have entered into their heads, so they are like mad people. And this is how the dharma is not there anymore, there is no dharma, there are no maryadhas, nothing and they do what they like. So the hundred and eight names

of the Goddess or the one thousand names of the Goddess are mostly for Mahakali, on the left-hand side, because She killed so many rakshasas. She destroys also viruses and all kinds of things which are inflicted on human beings. Also She cures many things like conditionings, say for example, of the Catholic church, which has given a conditioning into human beings that they cannot ascend, because of this Catholic church conditioning. So even if you believe in someone, supposing there is a Sahaja Yogi and you believe that this Sahaja Yogi is God, then also you can catch. Because if you believe in anybody who has no authority it is unauthorised shraddha (faith), then you get into trouble. So in Sahaja Yoga nobody should consider somebody as guru because he has given you realization or something. He is not your guru (Words missing) A very good mantra for the left Swadisthan is to say 'Mother you are verily the pure knowledge.' But for Christians it is better even to say Mother you are the Holy Ghost as Christ has said.' It is very easy to get rid of these things. Just decide that 'I'm not having any more of them.' I mean these bhoots are so stupid, that, supposing someone may come to my house, take off their coat, put some other shawl on them, make them wear something else, when they go the bhoots can't recognize them. They are so stupid. So this is Mahakali's great work and I have already told you how She works it out."

1992-1014 Shri Mahakali Puja, Salvador-Bahia, Brazil



"There are diseases on the left hand side also. I don't know why I am so thirsty here. Now when it is on the left hand side, your diseases are of a more serious nature. I don't know how far you will believe Me. Left side gives you psychosomatic diseases. All incurable diseases. Right from muscular diseases, cancer, heart - angina, madness, lunacy, out of which psychosomatic are these diseases and lunacy is just somatic - I'm sorry, psychic or lunacy and all that. All others are psychosomatic. They come from viruses. Now on the left side is all our past, since our creation. So there are many dead vegetables which have gone out of the circulation of evolution, dead animals, dead human beings. Now these, like tomorrow, will become out of the circulation. So when the attention starts moving towards the left, towards the past, or you get a shock or you start feeling sorry for something, then it goes to the left. Russia has more left side I feel because of whatever was the political situation before. So one has to be in the center because if you go to the left, then these viruses catch you or some dead animals will catch you, some micro animals might catch you or some human beings who are dead. So the possessions take place. Now with the awakening of the Kundalini your attention is drawn in the center, all the religions were created to create a balance, not to go to extremes. But why the balance? Because with the balance only you can ascend."

1994-0914 Medical Conference, Sankt Petersburg, Russia



"Of course about cancer also I would like to tell you in short. As this left and right side meet and form a center - now if you are very futuristic you are using right side too much like this and using the limited energy of your center too much. It could be anywhere, it could be in any center. So you go on using it too much, ultimately it happens that it's exhausted. And sometimes with some shock or anything it may just break. So there is no connection with the mains. As a result malignancy is formed. The cells become on their own, there's no connection of control. This I've told you in short but cancer is curable through Sahaja Yoga. Psychologically also many people have been cured. That is the left side. On the left side we have our subconscious of today, subconscious of yesterday, subconscious of our all lives. **And we have beyond that is collective subconscious and this collective subconscious has everything that has been created. So many things have died in the evolutionary process, have gone out of the process of evolution. Like there might be some plants which we call as bacteria and all these viruses also, the same. So, once they enter into your conscious mind or conscious side, you get affected.** So for cancer, doctors call it ... protein 53, 58 ..., they have given names like that. So in Sahaja Yoga your attention is pulled out from the left side brought into the center. As a result of that you become all right. **Also, the highest type of left side affectation is lunacy. Also can be cured.**"

1995-0802 Medical Conference, Ecological University, Bucharest, Romania



"Now left sided are the people who are not futuristic but who are the people who live in the past. Now of course I mean don't want to just now discuss about it very much because it's also more confusing for people because they don't want to believe that there is something like dead souls or they don't want to believe in the viruses being dead vegetables and things like that but it is. On the left hand side we have got all our past since our creation. So if somebody gets virus you give antibiotics, you do what you like, it won't go. Only Sahaja Yoga can drive it out. Only through Sahaja Yoga you can cure viruses because only Sahaja Yoga can act on the left side. Many mad people, crazy people have been cured through Sahaja Yoga. Also it gives you a good idea about how you can show people, who is mad and who is not mad?"

1997-0406 Address to Doctors, Indian Medical Association, Auditorium, New Delhi, India



"Now cancer is caused I'll say by putting, you can see like this [Shri Mataji joins Her Hands together and makes a circle with Her thumb and index fingers of both hands, also joined together to make one circle] the center one, the center one is the one through which the parasympathetic acts. Mostly on the left side these people are depressed and always crying, weeping, feeling guilty, all kinds of psychological complications, may act on the left. And once they got active too

much, with any shock or with anything it might break this position [She separates Her Hands from the center where she had made circle with thumb and index finger, keeping only the tips of her fingers still touching]. Now if that is broken then what happens that there is no connection with the mains. And there is a kind of virus that enters into that area and it goes into cells and starts making them malignant, means they are their own, not connected. So that you see a cell can go on growing, eating other cells like a egoistical man overpowering everything. Now for example something develops here [Shri Mataji points to Her cheek], it can stop the nose, it can stop the eyes, everything can be stopped. Now when the kundalini rises what she does, she passes through all these centers. Like this, she passes into these and sort of pierce through all of them. And it goes and pierce through this seventh center, fontanel bone area. So that is the actualization, say, of baptism. You really get baptism. And then you get connected with this all-pervading subtle power, the all-pervading divine power of love.”

1998-1002 Conference for Doctors, Marina di Pietrasanta, Italy



“Question: When you depart from this body, as this lady was asking, where does the spirit, where do the energy stay? Shri Mataji: **Spirit - it's a very long answer, but I would say, Spirit goes according to its desire, alright.** Now, supposing there is a drunkard, who dies, now he wants to drink still, even if he's dead. He will hang in somewhere in the limbo, I think, he will get hold of somebody who drinks a lot. **This side of psychology, people don't understand in the west. Because it's nothing in the medicine about this. The other day I read a very nice article about it, was published in America. That Japanese believe that you get possessed by a spirit. Even in the bible it is so that you get possessed by the spirit. But they have said that 50 to 60% people get possessed. Schizophrenia, all kinds of psychological problems come from that. Now, in India also we believe in it. And if you can remove the possession of a person the person completely changes, no doubt. But this is still in the realm of science, you cannot get it. I mean, I would say that, psychology is still a childish science and in that realm they don't understand what is this possession. Is a fact that so far they have not gone into it, but we know in Sahaja Yoga very clearly, because we get catches on the left hand side, say here on this thumb, that means a person is possessed. Yes, it's like that, it's so simple. And then you can cure that person. So many persons have been cured. So many. Who have given up as lunatics, or schizophrenic or all kinds have been cured, no doubt. But it is to be seen and to be worked out, then you can believe it. Because people don't believe that there is such a thing. But there is. There is some sort of a negative force which overpowers human beings, it is true. I must tell you the truth. We have had so many cases, even in England, where people were possessed. So many cases. On the contrary I would say that cancer and all psychosomatic troubles come to people when they shift to the left side. Means to the past. Maybe some viruses which are dead long time back are in our being - that everything is past is in our being. So they can attack. And I've told them long time back somehow through this cognitive knowledge that they will call by 53**

proteins and 63 progenides [? UNCLEAR] I told them. And now they know it is so. So cancer is curable in Sahaja Yoga, we have cured cancers, of many people. Absolutely curable. We have an hospital in India, already established near Bombay. There's a nice hospital where people are cured. And we don't charge them for any treatment, only for the stay. It's a fact, you see, because people never talk about it, they never told you. So you think it's a, some sort of a mythological thing, it's not. It is there, it exists. So many diseases are not cured because we don't know about them. You see, I was myself in a medical school, so I know that they know very limited things. Beyond that, they don't know. But in Japan, I was surprised that they believe in it and they treat people. Even in India, I mean, they know."

1999-0708 Press Conference, London, UK



"Mooladhara is the most important chakra in our being. It supports us throughout. And in this one I feel sorry that the women suffer. [Multiple sclerosis comes to women from men, and to men from women, if they go to prostitutes.] And this roving eyes also: that's gives you Agnya. People mesmerize with that. They think it's a power. Very dangerous. And it's going on, I mean, in the society, specially in the so-called elegant and educated society. They like parties, to go ... and flirt. Very dangerous for the eyes. And you know these viruses, this so-called, they're nothing but bhoots, and they enter into you by so and so many sources. The whole attention has gone to something else. Instead of having self-respect - shamelessness."

2000-0101 Questions by doctors to Shri Mataji, Ealing, London, UK



"Speaking before the doctors I think of My college days, while I was also studying medicine but luckily or unluckily our college stopped completely, in Lahore and I had to give up My studies. Not that I had no faith in this western education of medicine but it was a good chance by connecting this to that and understanding what is missing in the western medical education. The missing point is this, that human beings are considered in the medical science as something very individual and not connected with the whole. We are all connected with the whole. But how to convince people that you are all connected with the whole and that you are not singled out? As we are connected with the whole all our problems are connected with the whole, you cannot just consider somebody as the patient of one thing and another patient of another thing, could be that one person who has one trouble, could be having so many other troubles, so many other connections which we do not locate in the western medical science. For example, to see a person medically very sick, may be, but you don't know, what is his mental condition? What is he doing mentally? Is he all right mentally or only he is physically something wrong with him? Now absolutely we know about so many things, like say, medically we have names for that, we say that this is a psychosomatic problem or this is a

somatic problem, but what is the relationship between the two that we don't know. You'll be amazed most of our diseases come from psychosomatic, like cancer, which are incurable mostly, cancer and we can say AIDS, all such which are supposed to be absolutely incurable and difficult, all that come with our connection, with our connection, which we are not sure of, with the left side. As we, you have seen here in picture, left side, I don't know. We know only the right side medical science and that too in such details, it is not necessary, you must also know the left side of a human being and about left side we are absolutely not aware. For example, a person who is mad, lunatic, he is in the lunatic asylum. He doesn't get heart trouble, why? How has he got mad? What is his connection with ourselves? For example, you take a patient who is suffering, say, from cancer. We know a lot about cancer, no doubt, how virus is started and all that, that we know. But how cancer is caused no one knows and to what type of people cancer comes in, you don't know. Now these are two, as you see, there are two channels within us, one looks after the right side and one looks after the left side. Now if you have a problem in the left side then problems psychosomatic can come in. Supposing, your hand is broken or is there some sort of a physical problem then it's all right. But when it is the complicated psychosomatic trouble then doctors cannot cure it, I am sorry to say. Because you don't know the other side of it, what is affecting the patient to get this cancer, you don't know. You will be happy to know in Sahaja Yoga cancer is curable, curable if it is at a very early stage it's very easy but otherwise also. Specially blood cancer is absolutely curable. You will be amazed that it is such a combination of these two sides of our life, that we get into these diseases which are incurable. There is a big list of these incurable diseases which I don't want to tell you which you know very well. So in all of them there is a complication of the left side."

2002-0402 Doctor's conference at AIIMS, New Delhi, India



"Temperamentally, he doesn't care for money just because he is above it. The one who is above money is a real Sahaja Yogi. The one who is engulfed in the nonsense and the maya of money is not a Sahaja Yogi. Of course, I have seen most of the Sahaja Yogis are extremely honest, especially in the West. But in India there's a disease. As you have here some viruses, we have certain viruses in India also, so they still go on running after money. To them money is important. But in the evolutionary process, if you reach a certain stage where you rise above your Nabhi Chakra, rise your Nabhi Chakra, then money is not so important is not so important. To Me, I find, I cannot buy things unless is others."

2002-018 Shri Kubera Puja, Canajoharie, NY, USA

