

Shri Mataji began by saying that the Mahakashmi can only manifest first. The evolution of Sahaja Yoga is like someone traveling down the middle of a stream, we move downstream steadily, on the two shores are the two other extremes of the Lakshmi principle the very rich and the very poor, they do not move at all. Shri Mataji said that as we start expanding we shower blessings onto the two shores and then they may also start to come into the river, into Sahaja Yoga. Shri Mataji said that it was very much like a viscous circle, people can only come to Sahaja Yoga if the Lakshmi principle is satisfied, but the Lakshmi principle can only be really satisfied after they come to Sahaja Yoga. Shri Mataji also spoke about three of the qualities of Lakshmi, firstly we start to become generous with our time and money, secondly to give things to others, thirdly we may get ego because of the generosity and this we must be careful of, better not to give it we believe that is us who is giving, who is doing good. Shri Mataji related the story of Shivali and how he was building a fort. He was feeling good because the building of the fort was providing wealth and work for many people. Then his guru Ramadas saw him and asked him to break open a nearby rock, contained inside was a smaller round rock. Ramadas asked him to carefully break open the smaller rock from which flowed water and a live frog. Shivali then realised that if God provides everything, who are we to start thinking no end of ourselves because we feel we are providing wealth and work for others.

20-12-1991 Kolahpur Puja

Shri Mataji said that we were in the place of Mahakashmi so we would be doing Puja to the evolutionary principle, the Mahakashmi. Shri Mataji began by saying that the Mahakashmi can only manifest first. The evolution of Sahaja Yoga is like someone traveling down the middle of a stream, we move downstream steadily, on the two shores are the two other extremes of the Lakshmi principle the very rich and the very poor, they do not move at all. Shri Mataji said that as we start expanding we shower blessings onto the two shores and then they may also start to come into the river, into Sahaja Yoga. Shri Mataji said that it was very much like a viscous circle, people can only come to Sahaja Yoga if the Lakshmi principle is satisfied, but the Lakshmi principle can only be really satisfied after they come to Sahaja Yoga. Shri Mataji also spoke about three of the qualities of Lakshmi, firstly we start to become generous with our time and money, secondly to give things to others, thirdly we may get ego because of the generosity and this we must be careful of, better not to give it we believe that is us who is giving, who is doing good. Shri Mataji related the story of Shivali and how he was building a fort. He was feeling good because the building of the fort was providing wealth and work for many people. Then his guru Ramadas saw him and asked him to break open a nearby rock, contained inside was a smaller round rock. Ramadas asked him to carefully break open the smaller rock from which flowed water and a live frog. Shivali then realised that if God provides everything, who are we to start thinking no end of ourselves because we feel we are providing wealth and work for others.

Collectively we visited the Mahakashmi Temple and sang the Mahakashmi stotram. The vibrational effect was instantaneous and strong, cool vibrations seemed to circle throughout the temple and clear the air. We then spent the rest of the day shopping, eating and looking around. The public programme that night was very good about 800 - 1000 people came, very strong vibrations again.

9-12-1991 Kolahpur Public Programme

We traveled overnight from Pune to arrive at Kolahpur early morning. 18-12-1991 Kolahpur
settled, their faces full of innocence. The children are so quite in comparison, their attention is very crying and complaining that is always there at Western programmes and with their children we do not hear the constant background noise of even at the public programmes where there are vast numbers of people. This is something we notice with Indian children, at the Pujas, during Shri Mataji's talk the atmosphere was very quite and respectful. Their doorstep, yet do not recognise it and take it for granted. comes from the spirit. Here she said Indians have the spirit at did not give lasting comfort, we realised that real comfort only and lived in quite hard conditions because we saw that materialism we Westerners had all the material comforts yet still come to India Shri Mataji spoke in Marati, some of the things she said

on tour, much more like a Puja than a public programme. Vibrations were much stronger than any of the public programmes so far about 3000-4000 seekers came each night of the public programmes. The

the evenings public programme.

buses made their way down the hill and back to Pune in time for going for walks and enjoying Nature. In the afternoon the we spent the day in the campsite swimming in the river, meditating,

6-12-1991 17-12-1991 . Public Programme in Pune.

10.

Later that afternoon we went back to Pune to see a Marati drama based on the story of Rukmini. Some of us left the theatre for Pune railway station to greet all the children from the Dharamsala School. A memorable moment, hard to describe in words. When we arrived at the train station we heard that the children had already arrived and were waiting in a bus in the carpark of the train station. Everyone then made their way to the carpark and the waiting children. As the children saw their parents, uncles and aunts they raised their voices in delight trying to run off the bus to get to their parents, the parents were also trying to climb up the stairs to get into the bus to greet the children. There was a big jam as a wave of children and parents greeted each other on the steps of a dusty green bus, the born realised greeted by their newly realised parents. The emotions, love, delight, joy and incredible innocence of the moment just filled everyone's hearts and overflowed all around. It seem to go on and on, a very special moment.

The children then proceeded to Yogis house for dinner before making their way to the camp at Sheri. The adult returned to the Marati play. After the play we again went to Pratistan for dinner, following the meal Shri Mataji gave a small talk on marriage and taking care of our Vissudhis. After this all the buses made their way to Sheri.

15-12-1991 Pune Puja

We arrived at the hilltop camp at Sheri overnight. The bus trip up the hill was harrowing and took over 2 hours, some of the buses could not make the grade around some of the corners and became stuck, so they and had to take a alternate route across a nearby rice paddy in order to make the summit. By very late that night all ten buses had made it to the top and we made our way to the tents and rest.

That morning we gathered for Puja. Many Sahaja Yogis had gathered from all over India 2000-3000 Yogis in attendance. Shri Mataji was worshipped as Shri Ganesha, She spoke of the importance of Shri Ganesha and His Powers, especially in Maharashtra where His Power have manifested itself in a very powerful way. Shri Mataji said that Shri Ganesha is so powerful, He has all the Powers, yet He does not squander them, His Chastity is one of the greatest Powers because it protects and preserves the other powers, yet at the same time He is so humble, all He knows is His Mother and His Power, and in that He is very comfortable. He can sit back and have a little mouse as His mascot and Vehicle, He does not need to show off. Shri Mataji said that we should be like Him, comfortable in our Powers and not feel the need to show off.

Shri Mataji also spoke of his attention, how he does not squander His Powers by thinking of the Past, or the Future and in this He displays His wisdom. If we start to develop the wisdom of Shri Ganesha, then we also will not think of the past or future, our attention will only be on the present. Shri Mataji said that to develop this wisdom we must train our attention to only be focused on the present and for this introspection is needed. Shri Mataji also said that we must use the powers of introspection to find out what is wrong, then desire those powers and qualities that we need.

All the children took part in the Puja, having so many Yogis in attendance meant that over 100 children took part in the Puja to Shri Ganesha.

23-12-1991 Ganipatepule

Much work has been done on the site which Sahaja Yoga now owns. A stepped auditorium has been constructed from rock and this served as the venue for all the functions. Four bungalows have been constructed from the surrounding red stone. These are close to completion and served as the men and womens dorms.

Shri Mataji spoke to us in the evening before the music programme. She said that now She would be telling us what to do, and more importantly what not to do. She said that She has not told us this before but now the time had come when we must do what She says. She said that She does not tell us what to do very often, but when She does we should listen to what She says. She went on to say that She knows each and every one of us intimately and She knows what each of us requires and that She loves each of us equally, it is not possible for Her to love one of Her children more than another.

After this began a music programme and the night of present giving to the Indian Sahaja Yogis. During the evening around 30 different groups Indian and Western performed before Shri Mataji throughout the evening as Shri Mataji called the different groups for gift giving. The night ended at 5:30.

24-12-1991 Christmas Puja

The mornings were generally spent swimming and footsoaking on the beach, midday we rested and arose in the afternoon to prepare for the evenings programme. During the day we rested after the previous late evening, we then gathered early evening for Christmas Puja.

That night we had Christmas Puja to Shri Mataji as Shri Ganesha and Shri Gauri. Shri Mataji spoke about the qualities of Shri Ganesha, the talk was in Hindi and Shri Mataji asked us to obtain a translation of the discourse before commencing the Puja.

At around midnight Shri Mataji asked us to sing Christmas carols, which we did, then the bhajans began and we went late into the night. The night ended at around 4.00am, very strong vibrations.

25-12-1991 Christmas Day

Relaxed day, some of us had Christmas parties, some of the men gathered together their stores to create an impromptu Christmas hamper. We had tinned Ham, Cocktail Sausages and Frankfurts from Australia, Chestnuts and Nougat from Italy, Sweets from the UK, Herrings and Tang from the US, Cornbeef and Crab from the USSR mixed with local bread and tomatoes. A most enjoyable continental Christmas spread enjoyed by all the assembled nations.

That night we gathered for the evenings programme. The evening began with further present distribution, followed by a performance by a famous Indian female singer called Hemlatta. She has recently recorded some Sahaja Yoga devotional songs with Ravinda Jain and she gave a concert of these songs. It was a performance enjoyed by all of us as she seemed to have an appreciation and respect for the Divinity of Shri Mataji. Again the music programme went into the early hours of the morning ending around 4.30. We spent around 10 hours sitting before our Mother listening to music and absorbing Her vibrations.

26-12-1991. Boxing Day

Relaxed day, we tried to sleep to get ready for the evenings entertainment. The evening began with a dance group from Delhi performing various classical and folk dance before the Yogis.

Following the meal the late evenings entertainment began with a classical male vocalist of extremely high quality. The evening ended with Shri Mataji giving the westerners their gifts, Brass Kumbhas for all, Woolen Blankets for the Ladies, Dottis for the Men. Again many hours spent before Shri Mataji absorbing the vibrations.

Following the Haldi in the morning Shri Mataji came to the Pandal in the afternoon which was very special. Shri Mataji spoke of marriage in Sahaja Yoga. She said that for marriage, serious attention is needed. She said that She would be giving the couples 10 minutes and those who did not want to marry should say so before receiving their ornaments, now was the time, we should not be cruel and say so after marriage as this would hurt the other person too much.

She said that She has found with Westerners that when She asked them about marriage they said that they were very surrendered, that they would even marry a lamp post if Shri Mother asked them. But She said after the marriage this was when the thinking started. 'What have I done?' 'What is this one?' 'It does not fit in with my expectations.' And this leads to all kinds of problems. This She said does not happen with Indians, they will ask all the questions before hand, 'What is the degree?' 'What is the wage?' 'What is the family background like?' 'How are they set?' But once all the questions have been answered then they accept, then it does not matter even if it turns out to be a hippopotamus, they will go through with it and make it work. Their minds will not think of divorce.

Shri Mataji said that divorce is allowed in Sahaja Yoga, so that no one should be tortured. She said that marriage in Sahaja was not a selfish thing it was also for the growth of Sahaja Yoga. She then said that She has also found that when She married a Westerner to an Indian, be it a man or a woman the Westerner became very gentle and caring towards the Indian and this was very pleasing. However when She married a Westerner to a Westerner this was not always so, they each did not necessarily treat each other with gentleness and caring because each fitted into the others old Western way of dealing with each other. She said Westerners should also adopt this gentleness and caring.

The marriage night was very special, Shri Mataji said in the afternoon that the Divine creates chaos, and from this order and a beautiful creation is formed. This was clearly seen this night, the ceremony was a bit chaotic and from this chaos the Divine constructed the most beautiful of creations. After the marriages Shri Mataji asked all the couples to come down and assemble on the first two platforms of the Pandal, in rows, where dinner was served to them. Shri Mataji said that She was reviving an old tradition that each couple should construct a couplet using each others name, during which dinner would be served to the couples. Some of the couplets were very poetic and Shri Mataji was very happy with them and said Sahaja Yoga was making poets of all the Yogis. She also said that She had a good feeling about all the couples, that many would be very good matches and would do good work for Sahaja Yoga.

The couples were served dinner at the Pandal and Shri Mataji said that they should not eat from their own hands but should feed each other. After dinner Nirmal Sanget Sarita played and the couples were all dancing before Shri Mataji. During the night there were also some Western Classical pieces followed by more dancing and joy. Later in the morning around 6.00 am Shri Mataji gave a beautiful talk to the couples.

Shri Mataji said that all Her dreams had come true, that peoples from all the nations had gathered on the shores of India, there was no wars between them, there was no fighting, no bitterness, only love and union and this has made Her dream of One world come true, and She thanked the couples for making this happen. Shri Mataji said there is only one world, one sky, one air, one sea, one land and like this world we were all together as one, singing in one language and united together as one in the bonds of love. She then thanked everyone for coming together and making Her dream a reality.

We left the Pandal some spent some time on the beach before packing to leave the shores of Ganipatepule to Ali Baag.

12-1991 Ganipatepule to Ali Baag

Long bus trip from Ganipatepule to Ali Baag, about 12 hours, arrived late in night to bed and to awaken to a new day and Puja to Shri Mataji.

12-1991 Ali Baag Puja

Shri Mataji began the Ali Baag Puja mid afternoon, She said that we had all come to Ali Baag to enjoy the nature and the sea, and for Sahaja Yogis the Nature is so invigorating and refreshing. The nature also respects the Sahaja Yogis, She asked us to look at these coconut trees, how they will never drop any fruit on a person who is sleeping underneath. The nature knows and understands not to hurt others, however we are not the same, Shri Mataji said that we do hurt each other, and can be uncaring to each other, we should look at nature and learn this caring lesson. Shri Mataji also said that the newlyweds should care for each other from day one, any reserved nature that they may take on during the early stages of married life will have to be paid for later on. They should talk to each other and express their feelings, talking is very important for Sahaja Yogis. Shri Mataji said to look at Her, She has talked so much that She has lost Her voice, like Her we should all talk to each other.

Shri Mataji then spoke about curing, She said some people had been brought before Her for curing and She asked why should She have to cure, we can also cure, God has given us vibrations not to store away but to use, the light should not be hidden as Jesus has said. Only by giving vibrations and treating people She said can we grow. Shri Mataji then said that when She treats someone She takes that thing into Herself and then it becomes vibrations, this we can do also, we will become filled with vibrations ourselves. She told the story of how a boy had been brought to Her with a hurt heel for curing and Shri Mataji said that we must cure for ourselves, if we do not treat people and cure them then we will not grow, we have to spread vibrations. Similarly we can vibrate our own water now, we did not have to always get it from Her, of course She added, Her water was a bit better, still we should do it ourselves.

Shri Mataji said that because we were by the Sea, today we would be doing Puja to the Sea. She said that the sea was our Grandfather because it was the father of Lakshmi, who was to become Mahalakshmi, who was our Mother. So the sea is our Grandfather and should be absolutely respected which we do not do. In the West we do all kinds of things in the sea, all inauspicious, which all show a lack of respect, in India they pollute the sea which also shows lack of respect. In India they make a lot of money from fishing, from the sea, but this money is squandered with useless habits, like drinking. Shri Mataji said that the Indians cannot believe that we Westerners do not drink, it shows them that this is not the way to go, and in this village nearby they have stopped drinking.

Shri Mataji went on to say that the Sea has tremendous wealth stored within it, gold, diamonds, silver, the whole world can be rich with this wealth but we must respect the Lakshmi more so that She can come out more. Shri Mataji said that the sea has certain qualities which we should see to. The sea always stays within its Maryadas, if it gets pressed on one side then it expands on the other side, it will not cross its high water mark, like this we should stay within our Maryadas. Secondly the sea has tremendous depth, if the sea lost a few feet of its depth then things would not work out. Thirdly the sea can absorb the heat of the sun and turn this into vapors which is the water, which is the basis of all life. So like the sea we should be able to absorb the heat and transform it into vibrations within us. Fourthly the sea contains the salt, which is the Mahaguru, the salt gives the meaning, like that the Sahaja Yogis give the meaning to all the other people when they spread around.

Shri Mataji said that the sea transforms the heat into rain water, and this water goes up high and ends up as the snow on the Himalayas, which then melts and makes its way back to the sea, so we do not have to go to the Himalayas to worship, we just need to go to the sea. She said to look at the coconut trees they are wise enough to pay the proper respect to the sea, despite the wind they always bend down in recognition and reverence to the sea, we should all have that much wisdom. Whenever we enter, and whenever we leave the sea we should Namaskar to our Grandfather.

Following the Puja a meal was served and because of the previous late night many went to rest, later that night Shri Mataji came for a music programme. We all sat before Her and Her chair was moved from the stage to be amongst us, we were all sitting around Her. The night began with some dances by the local fisher women and men. The dances were very rhythmical and told the story of their work day. Shri Mataji explained the dance to us saying the mens dance revolved around an early rise, working hard on the boats, catching fish then coming home and sending the women to market with the catch, the men sing 'we have done our work now you please go and sell the fish'.

The men and women had such innocence about them while dancing their eyes were on Mother Earth the whole time. After this the westerners began singing before Shri Mother, the Spanish, Italians and others.

Daniel from Austria presented some songs he had written inspired by Shri Mataji, the words were very enlightened and set to very popular music. Shri Mataji had said in Austria that they should write Popular music with enlightened lyrics to appeal to the masses, this he had done, his music certainly appealed to us, lets hope the masses have ears to listen. Wolfgang also presented one of his very good songs. Shri Mataji blessed them both and gave them leave to record their music and to go on stage. Then the Russians together with the Americans took the stage and sang together, some Russian songs, then some songs Steve from Canada had written. His music has a Bob Dylan flavor and again were very good and much appreciated by the audience. Shri Mataji said all the Sahaja Yogis were becoming great poets and all the things they were singing about had vibrations. She said they were singing about the same things the great Indian poets and saints had sung about in the past. That there is one world, one humanity joined together in the purity of the spirit. The evening ended with all of us singing 'Sitting in the Heart of the Universe' with one voice raised high to the heavens in praise to The Maha Avatar Shri Mataji.

Shri Mataji gave us Her blessings and retired to Her residence and we began our dance of celebration renewed to the strains of the local band, we danced and sang and after a time Shri Mataji came out on Her balcony and watched for awhile. She did Namaskar and asked us all to have our dinner, after which She retired. One of the highlight nights of the tour.

0-12-1991 Kalwe

We traveled from Ali Baag to Kalwe that day to arrive at the Mukund Steel Works at Kalwe in the afternoon. We were all comfortably billeted at the Officers Club and other residences at the works and were given much care and attention.

1-12-1991 Kalwe Puja

We worshipped Shri Mataji as Shri Ganesha at the Temple built around the Shri Ganesha swayambhu located within the grounds of the Mukund Steel works. Shri Mataji said that to be able to worship Shri Ganesha we have to be Pure, Purity must be worshipped by all Sahaja Yogis, Shri Ganesha resides on all the Chakras, this means Purity is an aspect of all the Chakras. Shri Mataji said that we cannot ascend in Sahaja yoga without this, if our Purity is not established Shri Ganesha will withdraw. With attention and with faith we must worship the Purity within us and through this we will develop wisdom. Shri Mataji said that wisdom cannot be learned or inculcated as an adopted quality, it cannot be gained or achieved in this manner, only through meditation can wisdom start to dawn in our personalities. During the Aarti Shri Mataji seemed to transform to become Shri Ganesha.

After the Puja we enjoyed a meal and assembled later that evening for a music evening. The night ended with everyone taking part in a stick dance before Shri Mataji, everyone danced for over an hour letting go of their inhibitions and dancing while Shri Mataji smiled and looked on.

1-1-92 New Years Day at Wasi.

This was the last day of India Tour for us.

All the remaining children who were to start in the new school at Wasi made their way to the school, with their parents. Later that day Shri Mataji visited the school and spoke to the parents and children. She asked everyone else to leave the room and spoke very seriously to the children. She said that they could not be bullies, or show disrespect to the teachers, no one was to question the school or its running. She said that the children would become the great souls of the future but not if they took on the bad ways of the past. She had great hopes and expectations for these children and we all had to help Her achieve these goals. After the stern talking to, the atmosphere melted as Shri Mataji started to give all the children presents and they went up to Her and hugged and kissed Her.

This was our last day in India, that night we sadly left the tour and made our way back to the country of our origin thus ending India Tour 1991 for us.



AUDIO TAPES

IF YOU WOULD LIKE TO RECEIVE AUDIO TAPES OF ALL SHRI MATAJI'S TALKS PLEASE PRINT YOUR NAME IN THE BOOK PROVIDED AT THE AUDIO TAPE SALES TABLE AT BURWOOD. THIS WILL BE MOST HELPFUL IN DETERMINING THE NUMBER OF TAPES WE NEED TO COPY.

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That night the first of the Public Programmes was held in Madras, about 1000 people attended. Yogi gave the introduction and invited various 'doctors' of Sahaja to speak, Dr Wells, Dr Nick, Dr Phil and Dr Wolfgang all spoke of their experiences in Sahaja Yoga, many of the speakers did not know that had become doctors until this evening. Shri Mataji arrived to the strands of the musicians and proceeded to address the audience in English. She gave what could be described as a Western style of discourse, and spoke about similar things of which She speaks to Western audiences. By the end some people left, but the majority stayed for their realisation.

7-12-1991 Madras.

The Sahaja Yogis went on a Tour of the temples in the surrounding areas. We spent the day touring the countryside around Madras, we stopped in the morning for breakfast and met up with another group of Italian Sahaja Yogis who had arrived that night.

The first temple we visited was called Ekambanath and was built around a very old Mango tree, reputed to be over a thousand years old. It was said that under this tree Shri Parvati underwent penance on the Earth. The associated story was one day Shri Parvati came behind Shri Shiva and placed Her hand over one of Shri Shiva's eyes, at which point the world was thrown into darkness, at the behest of the devotees Shri Shiva opened his third eye and restored light to the world. As penance Shri Parvati had to come onto the physical Earth and do penance and await Shri Shiva. After some time Shri Siva came to the south of India and there remarried Shri Parvati. So Shiva originally married Parvati in the north at Kailash, but also came to the south to remarry Shri Parvati. The temple site covered a large area of about 30 acres and contained many temples within the grounds.

Next we visited a temple raised in glory of Shri Vishnu, like the previous temple these displayed very a different architecture to those we normally see in Maharashtra. The temples were pyramidal in shaped and covered on the outside with statues of the Deities in their different forms. Stone sculptures were throughout the temple and covered every surface. The sculptures were delicate and displayed a true deftness of hand and eye.

Throughout the day wherever we went we were harangued by hawkers and traders, a real test for the attention. Later we were told that we did not visit temples to take vibrations, or to go shopping and take back material things, we were there to lift the vibrations and reawaken the Divinity resident at these places.

That night we left Madras, we boarded the trains for our first trip to Bangalore. It was quite an experience moving 480 people, and their luggage from various apartment blocks onto 9 train carriages. There was not a small amount of chaos, we left Madras station around midnight.

8-12-1991 Madras to Bangalore

We boarded the train late on the night of the 7th. The train was good, in our carriage were Italians, English, Scottish, Greek, Australian, Swiss, Canadian and Colombians. We all enjoyed the Collectivity and friendship.

In the morning we arrived at Bangalore to be greeted by the local Sahaja Yogis at the platform. Following breakfast we boarded the buses for a 5 hour trip to the city of Mysore. The road was quite bad and the trip was a bit hard but the countryside between Bangalore and Mysore is some of the most beautiful I have seen in India, rice fields in full flood, palm, coconut and banyan trees everywhere, sugar cane fields in bloom, and many rivers with fast flowing water, the land was green and lush. This is good land, full of life and people.

We arrived in Mysore by mid afternoon, it appeared to be a very colonial city, a bit like Delhi, designed with colonnades, bungalows and many Victorian administrative buildings. We visited the Mysore Palace which was truly fantastic, Divine art and architecture in form, a masterpiece of Indian and Victorian art and culture. We were there for one and half hours which was nowhere near enough time to pay justice to such a place. After many trips to India I had not seen anything quite like this. Because we had over stayed our allotted time at the Palace we missed lunch and headed straight back to Bangalore. As it turned out Shri Mataji said this was because this was the place of the false Guru and we should not take anything from there.

The trip back to Bangalore was long and hard, on the way back the bus broke down, the driver had driven so hard the drive shaft had come out so we got back to Bangalore quite late. That night we were fortunate enough to witness a tremendous music programme of classical south Indian music comprising Veena, Sarood, wooden drum and a clay vessel played as a percussion instrument. After an overnight train trip, and over nine hours in a bus you would imagine most people were tired, hungry and not confident of staying awake for a concert. However such was the talent of these artists that everyone woke up, forgot their tiredness and warmed to their music. They played for over two hours, and still we wanted more and more, it was so good. Shri Mataji really enjoyed the music, and enjoyed us enjoying the music. She praised the musicians, their devotion, dedication, skill and internal harmony. She said that some Sahaja Yogis should come and learn these instruments and become Masters.

After a sumptuous meal we returned to the our train carriage to sleep and prepare for Puja which was to be held the next day and which was to be a momentous event.

9-12-91 Bangalore Puja.

Shri Mataji began by saying that today's Puja would be to the Shakti, Mahakali, the Shakti was being invoked to destroy the false one who had made this area his home, Shri Mother said that because he had so much of heat in his body he picked a cold place for his home. Shri Mataji said that to destroy the evil ones the devotees pray to the Goddess to come and use the Divine Powers to vanquish the foes, any other way would not work out. She went on to say that this Puja would mark the beginning of his downfall. She said now we all recognise Her, and that was good, but now we have to recognise the powers within us, we have all the Powers She said, but we must ask for them, recognise them, and use them to be effective.

Shri Mataji went on to say that during India Tour the ego is definitely reduced but when we get back to our countries it comes back. So to stop it coming back we have to spread vibrations around, we have to go and spread Sahaja Yoga. If we want to spread Sahaja Yoga then the Deities will come running from all directions to help, then we will start meeting the right people, situations will work out to help. When we begin this work the Param Chaitanya will be out in front of us working things out for us, and the Deities will be running behind us urging us onwards, ever onwards, but we have to spread it. As we rise in Sahaja and grow we start to develop like flowers on a tree. At this stage the flowers are not troubled, insects may come and go but they do no damage. When the flowers become the fruit then when the insects come they will do damage and may rot the fruit, this is the damage the ego will do to a Sahaja Yogi, the ego will come and bring us down. But when we become the fruit we must develop the power to repulse the insects.

7. Shri Mataji also said that She is giving us all the powers, that She is putting the crown on our heads and making us the Kings, but still we are looking around and saying 'No, are we really the Kings'.

Shri Mataji ended by saying that if we have the powers of Faith, Wisdom, Innocence and Shakti we will rise very high.

The Puja was extremely powerful, immense power and force filled the auditorium as all the assembled Yogis raised their voices as one and sang the praises of our Holy Mother. It was a unique experience to hear everyone singing as one. We felt that something had worked out during this Puja.

The Public Programme was held that night in Bangalore. Dr Talwa introduced, speaking in English and introducing the chakras and subtle system. Relatively small numbers of people came around 300 seekers. Shri Mataji then began, She spoke in English as She had done in Madras, She started from first principles and explained Sahaja Yoga much as She would in the West. Shri Mataji did not refer to the traditions of Indian Society or India's Spiritual heritage. The talk was short and Shri Mother gave everyone their realisation. The new people wrote down the address of the follow up programme as it was announced and hopefully will follow up their realisation.

That night we left Bangalore station at 11.30 bound for Hyderabad.

10-12-1991 Bangalore to Hyderabad

The night of the 9th and all of the 10th was spent traveling in the train. We were scheduled to arrive in Hyderabad in the morning but the train was delayed and we missed our allotted time on the track, so we had to be shunted off and give way to all the other trains behind us. We did not arrive in Hyderabad until early the next morning. The day was extremely pleasant as we watched the beautiful countryside rolling by us from the train. The further north we moved the drier the land became. Some slept, some did their washing redecorating the inside of the carriage to give it the appearance of a Chinese laundry. Many of us talked about Sahaja Yoga, and the so named 'Sheraton List' of methods of spreading Sahaja Yoga. The Italians and the Colombians were singing all afternoon, guitars and drums blazing away as the train made its way north. There was no effort, no discomfort, no problems just peaceful relaxing time spent in each others company.

11-12-1991 Puja Hyderabad.

We arrived in Hyderabad early in the morning, we all prepared for Puja and left the train by bus to the Puja venue. The Puja was held in an outside auditorium with the Puja Dais set up on a stage.

Shri Mataji began with the two great problems with Indian Sahaja Yogis, but later expanded this to also include Western Sahaja Yogis. First problem was the lack of Collectivity, because they could not live Collectively, this was the reason they had lost their freedom, Collectivity is essential.

Secondly was attachment to family, this we all suffer from. Shri Mataji distinguished between doing our duty, that is what is right and proper, and being attached to family members and friends through this, we have to stay detached at all times. Many Sahaja Yogis have gone down because of attachment to relatives, who maybe involved in falsehood or false gurus and rather than affecting them, they are affected and go down. She said this should not happen in Sahaja Yoga the Yogis are more important than anyone else. God is not interested in helping relatives and friends, God is only interested in helping the Sahaja Yogis, this we should know.

Shri Mataji said that these sort of problems were usually with people on the left side. The right side problems we know very well, She said the ego comes up like a snake, and it is very springy, ready to strike, if anyone disturbs, or upsets it. In Sahaja Yoga of course the snake loses some of its springiness, but still these people who do not like Collectivity because it imposes on them, they feel uncomfortable, they get upset. We should write down what upsets us, Shri Mother said what upsets Her is Yogis with bhadas, but for most of us the things which upset us are non Sahaja. When we get upset we should know that we are not properly Set in Sahaja Yoga, and we have to get really Set into Sahaja, then petty things will not bother us.

Shri Mataji further said that one of the good things about the English language, (which She had to learn this lifetime) is to say please and thankyou, but not in a lipservice manner. When someone does something for us, next time we should remember the love and kindness they showed us and from our hearts thank them, we should do something for them, or for others. She said that She has told us these things before, but that it was very easy for us to move off the line of Sahaja Yoga, a small deviation will take us off.

Shri Mataji ended by saying that we should resolve now about how we will spread Sahaja Yoga when we get back to our countries. We should spread it out beyond our own cities. One of our problems is that we only want to spread Sahaja Yoga in our own cities, hometowns, this is because they are our homes. She said this attachment will not work out Sahaja Yoga. We have to spread it around more, beyond our conditioned things, then things will work out better. She added each person should take on a nearby city and devote themselves to talking about Sahaja Yoga there.

12-12-1991. Hyderabad

That day we went sightseeing to the Sar Jung Museum in Hyderabad. The city is very Muslim in flavor and very beautiful, with incredible buildings scattered throughout, the mogul influence is very pronounced. The museum had much to see, Divine arts and crafts from every corner of India covering every medium stone, silk, marble, wood, ivory, porcelain, the Divine taking form in so many ways. That night was the second of the Hyderabad Public Programmes. Later that evening we left Hyderabad for Pune.

13-12-1991 Hyderabad to Pune

Back on the trains spent all the day traveling from Hyderabad to Pune, we arrived in Pune very late that night and spent the night on the train. Next day we would disembark in Pune and leave the trains for good to travel on our well loved yellow and red Maharashtra buses, surprisingly something many of us were looking forward to as this would take us out of the cities and back to Nature.

14-12-1991 Pune.

It was good to be in Maharashtra, the train journey was good, but it was difficult to meditate on the train, or platforms in the mornings. We could also feel the increase in vibrations as we entered Maharashtra and got closer to Nature.

We left the train and went to Pratistan where we were greeted by Shri Mataji and given lunch. Shri Mataji had purchased some very good quality saris for us and asked those who could afford it to purchase one. She said these would be saris that would last a lifetime. We spent the day in meditation and looking around Pratistan.