Phone: 004/246109 Phone: 004/246109 1/160 Steele St

Sahaja Yoga has now a house established in Devonport at the following address:

sinsmest mort awan tarifa



Western nations to take all possi-ble measures to slow the plague before it becomes unstoppable, — entent ower. c' it is in the economic interests of The cost of humanitarian and medical assistance to nations devastated by AIDS will be astronom-

As the pandemic grows affluent Western nations ignore the plight of African and Asian nations at their own peril.

force are reaching 50 per cent and where infection rates among the workwho make in securally active age groups
who make up the bulk of the work-The horror is that it is shready happening in African countries like Uganda, Zsire and Kenya,

Maithusian plague — a plague that would devastate entire populations, bringing economic ruin and the virtual collapse of society. Professor Short warns that for densety populated countries in ALDS could develop into a genuine Malthusian plague — a plague that

factors is operating in Thailand, where there is a very high rate of infection among prostilutes, and little awareness in the community of the threat posed by the virus. In the community of the threat posed by the virus.

A similar witches' brew of social

bress out into the Australian population way.

There is no cause for completent ulation in any major way.

There is no cause for way.

The ALD's epidemic can move through populations with terrifying speed, given the right combination of human behaviour and social factors.

In an article in the proceedings and social factors.

Canberra early this year, Professor of an ALD's conference held in Canberra early this year, Professor pointed out that India, which by pointed out that India, which by the issue of the ALD's, facts a calsatophic epidemic this decade.

Truck divers moving through the light in the world. In the countries in cities, something is done by 1999, its sound that the first own the long of the time of the combined that the number of ALD's victims in india could exaced the combined total of victims in india witches' brite out out of all other countries in the world, including Africa.

publicity campaign that followed, corralled the virus before it could break out into the Australian population in any major way.

This action, even more than the controversial but highly effective

ready been contaminated, result-ing in a number of infections, particularly among haemophiliacs ex-tracted with clotting factors ex-tracted from concentrates of pooled blood from blood banks. Tragically, some blood had al-

vent Australian blood supplies be-Disease decided the evidence pro-duced by Professor Luc Montage niet, of the Pastern Institute.
Paris, was sufficiently convincing to take immediate section to pre-tor take immediate section to pre-Fairfield Hospital for Infectious However, an Australian team led by Professor Ian Gust of the

medical curiosity, and US and European scientists had not yet formally accepted that the HIV virus was the cause of AIDS. In 1983, AIDS was still a minor

MARIE HIST HICK MELE THICCICAL scientists in recognising the threat posed by blood donated to blood banks by individuals who were un-A USTRALIA has been formal and casping the worst of the AIDs pandemic, and owes a sreat debt to the promptness of its stientists in recognising the threat

to slow the pandemic West must take action



tape please return it to the tape room. This was the only copy in Australia and its disappearance means that copies cannot be made for the whole of Australia or South East Asia. It is Tape Room policy (and common sense) that no tapes are to be taken for any reason whatsoever. Due to the large number of tapes that need to be copied the decision has been taken to have them commercially made - thus taking a little longer... please bear with us we think it is worth the wait.

Because of the large number of tapes from Shri Mataji's recent Australian tour many copies of the set (10 tapes in all) have not been collected by the people who requested them. If you wish to keep the order on hold while you sort out the financial details (eg mortgage the house or negotiate with unrealised rellies) please let us know pronto. If you don't require the set you ordered let us know so that we can forward it to our brothers and sisters interstate or overseas.

BABY NEWS

Robert & Belinda Henshaw are delighted to announce the birth of their baby boy Julian born on Monday 1st of June in Melbourne. Parents & baby are doing fine.

MUSIC TAPES AVAILABLE

There is a range of Indian music tapes available from Italy These tapes can be ordered through either Rob or David in the tape room. Money must be paid upfront with the order as the money has to be transferred in Lira to Italy.

Sahaja Dhara:

Recording by Ravindra Jain & Henlata, Includes Vishwayandita & the Stick Dance Song (Approx \$15.-)

Mirror of Sahaja:

The most recent recording of Nirmal Sangeet Sarita. Includes the Holi song

& Sahaja Bina (Approx \$12.-).

Meditation:

Prabhakar Dhakade (Guruji) + Sandesh Papatkar. Morning ragas for violin & tabla (Approx \$12.-)

Ujalay:

A: Deepak Verma - incl Shri Ma Ke Ujaala B: Noida musicians - incl Jago Savera + Mahamaya Mahakali (Approx \$12.-)

Nirmal Jyoti:

Deepak Verma's second cassette (Approx \$12.-)

Sahaja Sadhana:

Sanjay Talwar's latest cassette. Incl. Sitting in the Heart of the Universe (Approx \$12.-).

Puhaar:

A compilation cassette of some of Sanjay Talwars latest recordings, taken from Sahaja Sadhana + Roohani Roshri (Approx \$12.-).



6161 989 auoya Northmead at 7.30pm. All Welcome. Address is: 19 Caprera Road Northmeed ashram is having a Lakshmi puja on Sunday June 28th



- THE CANBERRA TIMES, Wednesday, June 10, 1992.

SCIENCE

minate to standing the course spijith to care photospijith to conf pobe to que course spijith to major strains of the china strains — specific spijith to conf pobe to question summa — specific strains of the china before they major strains to question spike spige to questif the configuration of the china policie spike to care the configuration of the china spike spike to care the configuration of the china spike spike to care the china spike spike to care the china spike spike to the china spike spike to the china spike spike to the china spike spike the china spike spike spike the china spike spike the china spike spike the china spike spike spike the china spike spike

The information about the origin of the HIV-1 virus could be crucially important to the development of any vaccine.

to neighbouring countries. AIDS rescurint Professor lay Levy, of the University of California, agrees that it is difficult to explorate how the virus could be supposed into eneighbouring Congo (7 per spread, into eneighbouring Congo (7 per spread, into eneighbouring to one infection rate) without first infecting est minites percentage of Cabonese. But footseor Levy concodes that social factor may have prevented the virus being tors may have prevented the virus being spread in Cabon, and favoured its export to neighbouring countries.

Gabon is a puzzle; in the Science article, Guy Boourn, a Gabonese quote Washington, is quoted as asyring. If the epidemic began in Gabon I would expect more people to be infected." The low infection rate of 1.2 per cent in

Only one country has all five groups.

Test country is Gabon, and excluding strongly suggests that the HIV-1 wins onginated in Gabon.

The long in Gabon.

second group, Zembian and Somalian strains a fourth, strains a third, Taiwanese strains a fourth cast strains from Uganda, the Ivory Coast and Kenya form a fifth group, Strains from Zaire and Brazil form a

(and most likely, Australia) fall into the

trains from Europe, the United States Within each group, the genetic code of the isolates differs by no more than 20 per cent, but between groups, the differences are at least 30 per cent.

Strains from Europe, the United States.

senser from AIDS victims around the world, and finds that they fall into five distinct arounds. Dr Myers has used a supercomputer to compare the genetic code of HIV, "iso-

sirains that were originally present in AI-The same type of comparison, carried out on a global scale at Los Alamos, indicates that all variants of the HIV-1 virus in the world descend from a few ancestral A comparison of their genetic code makes it clear that they are closely related, and descended from one original strain.

infecting virus. a few months after the infection manifests itself, dozens of new variants of the virus may be present in the victim's cells, all of them subtly different from the original

The reverse usascriptase enzyme of the HIV virus is particularly prone to error — The viral genes are then spliced into the genetic blueprint of the infected cell, where they maderated as human gener churing out militons of molecules of the proteins, enzymes and genetic code from which we we particles will be assembled.

When it infects a human cell, it uses an enzyme called teverse transcriptase to copy its single-stranded genetic blueprint into DIAA.

But even among viruses, the MIV virus is phenomenally fast in the mutation stakes.

Les an 4.0 per cent of new varies periodes are defective in some way, that still leaves millions of viable new particles.

Some of these will certy mustone that on the original without compromising their shility girst, without compromising their shility to infect the host organism.

Each mutant virus can be regarded as an evolutionary experiment — a bunch of evolutionary experiment — a bunch of the control o

A single infected cell may produce tens of millions of virus particles, which cross sale when its genetic blueprint is copied during replication.

Even if 2.5 per cent of new virus parti-ciples are factories in cont of new virus parti-

10 spherester me symmetres out-side, the cells of inving organisms, and the cells of invited the confideration of Earth (al-vinuses play a sinister numbers game that vinuses play a sinister numbers game that vinuses play a sinister numbers game in all vinuses play a sinister numbers game in all vinuses are not vinused by a sinister of invited and in a vinuse of invited organisms.

Stanford University, quotes Dr Myers as describing the AIDS virus as an example of "Darwinian evolution on fast-for-Science by Steven Stemberg, medical reporter for The Atlanta Constitution and currently a Knight Journalism Fellow at An article in the May 15 edition of

For several years Dr Myers has led a cleastly virus, based on differences and similarities in the genetic code of each strainty wins, based on differences and similarities in the genetic code of each strain. aboratory in New Mexico, seems solid, The HIV virus has become so politice of the staggs of staggs of staggs of staggs of staggs of the st In Cameroon and Cuinces, which bor-der Gabon to the north, infection rates are only 5 per cent, but on its eastern border, Congo has an infection rate of 7 per cent.

28 per cent in urban areas of other African countries like the Ivory Coast, Uganda, Zaire and Kenya. the news is suprising, because the new and TAIN and in Goden in use in Call Solution in the solution in the solution of the solution is a solution of the solution in the person of the

New molecular data presented to a re-cent symposium at Stanford University in San Francisco points to the small equa-torial state of Gobos, on the west coast of Africa, as the likely epicentre of the AIDS pandemic.

De Diemsen immunodeficiency vi-fue human immunodeficiency vi-fueled in Africa. The cause of ALDS, ont-geneted in Africa. The question is: Where

vital to vaccine search AIDS, African ancestry

Homebush



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JUNE 12, 1992

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sit in a rooftop garden The flowers and buds I behold Speak in silent beauty here Of a pian and a depth untoid.

In my Mother's house, haifway up There's a place 'neath a cool grey sky Where to sit full of peace, with a Bird's song, as the distant rush goes by,

Is a clear, And a joy fulfilling, As cool breezes waft on past, And I feel

that from centuries seeking, I KNOW, I've come home

At last.

卐

just losing followers; it's unnecessarily hurting them, says an American priest and author. CHRIS McGILLION reports.

ANY people leave their church because it causes them more pain than anything else; many others are stay despite the guilt and anxiety they are made to feel within it. Most priests and ministers will not admit the truth of that statement or, if they do, will admit it only to insist that that is how it was meant to be.

statement or, it they do, will admit it only to insist that its how it was meant to be.

Joseph Girzone is one of the exceptions. An American Roman Catholic priest, Mr Girzone visited Australiathis month to promote a series of novels he has written along the theme of what Jesus Christ would find if He revisited tearth— and His Church—today.

"My experience of working in parishes and schools is that people are hurting terribly," says Mr Girzone. "They're desperate... People crave a sprituality and a relationship with God that's genuine, and our churches are not giving them that We're giving them rigid religious ideas; we're shoving this stuff down their throats and it's doing a lot of psychological damage."

Mr Girzone believes that the Church has promoted an exaggerated notion of piety. Consequently, when people "get religion", when they begin to take their church and all it says seriously, they can become "so damably obnoxious" that marriages can break up and families fall apart under the strain. A deep faith should not make a person a freak. Mr Girzone says, It should he woven into a person's personality to the extent that it doesn't even show.

But sanctimony is not the worst of it. The Church's traditional appreach to

extent that it doesn't even show.

But sanctimony is not the worst of it.
The Church's traditional approach to religion, which holds that sin and holmess are incompatible, "has done more damage to human beings than anything we've taught", suggests Mr Girzone. It is an approach which denies our humanity. It demands spiritual maturity overnight when our emotional and psychological maturity can take 50 or 60 years. It encourages people to or 60 years. It encourages people to believe that they are no good and are out off from God when they fail to live up to the mark.

In the United States, notes Mr Girzone, 40 per cent of Catholies are divorced and remarried without the blessing of their Church. Many more people practise artificial birth control in violation of the Church's teachings.

According to the canons of the

Church doctrine is not SMH Tue. 26 May 92 and its clergy

DOING MORE HARM THAN GOOD?



Catholic Church, these people are not entitled to receive the sacraments. No entitled to receive the sacraments. Nor are practising homosexuals, couples engaged in a sexual relationship outside of marriage, or anyone living in a state of serious sin. As a result, many of these people feel a terrible sense of shame and guilt that has nothing to do with the message of joy, peace and freedom Jesus came to bring.

That is why Mr Girzone wrote Joshua, a simple novel about a young

wood carver living in a run-down cottage on the outskirts of a small American town and how he touches ordinary people with his sincerity compassion, and non-judgmental approach to life.

There are no points for guessing that Joshua is Jesus or that his criticism of the way priests and ministers treat their people leads him to fall foul of Church authorities. In the process, Joshua tackles such issues as divorce and remarriage, celibacy in the elergy, alcoholism, the Catholic Church's excessive legalism, the lewish Christian divide, interdenominational rivalization of the use of resources by the churches.

Mr Girzone is the first to acknowledge that Jashua is not a literary masterpiece. In fact, he says the book masterpiece. In fact, he says the book does nothing al all for him. But since Joshua was first distributed by a major publisher in 1989, it has sold more than 11/2 million copies in the US alone. More than 12 million Americans are estimated to have read the book, and it has been translated into Italian, Korean and Spanish. Joshua has been recommended as a therapeutic tool by the American Journal of Psychiatry. It has been used by 70 per cent of Alcoholics Anonymous groups in the US and is claimed by hundreds of people to have had a profound healing effect on their lives.

The power of Joshua as a book is still a mystery. Mr Girzone says there is nothing about the Jesus of Joshua that isn't to be found in the New Testament, but that people find it easier to relate to the character of a novel and that, anyhow, the New Testament is identified in many people's minds with all they loathe about the Church.

Still, from the feedback he has received, Mr Girzone believes that the book "must have a deep cathartic effect, spitting out, vomiting out all the pent-up guilt that people have experienced all their lives".

But the Joshua phenomenon is not unambiguously encouraging. General Norman Schwarzkopf, who com-

unambiguously encouraging. General Norman Schwarzkopf, who commanded the US-led multilateral from the Gull War last year, read Joshua during the massive aerial bombardment

manded the US-led multilateral force in the Gull War last year, read Joshua during the massive aerial bombardment of Iraq. He wrote personally to Mr Girzone on the morning the ground offensive began to say that Joshua had brought him peace of mind when he was desperately in need of guidance. "What he got from the book Good only knows," says Mr Girzone." If cli personally devastated when 1 realised what had happened after that. But at least! the guy was thoughtful enough to seek some spiritual help."

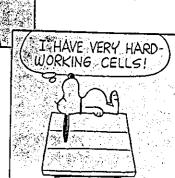
The message of Joshua is addressed first and foremost to the hierarchy in the Church, and the message is to ease up and allow people to be human. Mr Girzone believes this message is slowly getting through. The presiding US Episcopalian bishop has told priests across the country that they should read Joshua and use it as a basis for discussion in their parishes. Lutheran bishops have strongly recommended it as well and so have Jows, Hindus and Buddhists, Catholic pricests and bishops have reacted favourably to Joshua too, although Mr Girzone says the more conservative among them "hate it — they consider it a threat".

But Joshua is addressed also to those people who feel cut off by the Church from God. It is a call for them to support people like Mr Girzone in their attempts to change things and a call for the alienated and marginalised to demand their rights within the Church. "No-one can stand in the way of your relationship with God," says Mr Girzone – which is perhaps what the original message was all about after all. Joshua (published by Collins Dove, ISBN 1 86371 1007, 271 pages, \$9.95) has just been released in Australia.











Scientists wonder at 'magical' Indian tree

N its native India, the neem tree has long been believed to have miraculous powers. Scientists around the world are beginning to agree.

For at least 2000 years, Indians have cleaned their teeth with its twigs, smeared neem-leaf juice on skin blemishes, and drunk neem tea as a tonic.

They have placed neem leaves in their beds, books, grain bins, cupboards, and closets to keep out troublesome bugs. sta The tree has relieved so many pains, fevers, infections, and other ailments that it is known as "the village phar-

After two decades of research, even cautious researchers are calling the neem a wonder plant.

Tag"At least as of today, the vision is certainly an entrancing one," says Noel Vietmeyer, neem study director at the American National Academy of Science. "The world should be exploring it. Even f we realise just a the benefits will be tremendous. It could provide new resources that are gentle on the land and powerful against many of our insects and diseases.

the Earlier this century, people found a way to get the tree from India to West Africa. In Ghana, the fast-growing tree has become the main producer of firewood for the densely populated Accra Plains.

It is a leading candidate for helping halt the southward spread of the Sahara

In the Caribbean, the broadleaf evergreen, which can grow to 27 metres high and more than 2.1 metres in girth, is being used to reforest several denuded nations. It has become a major species in Haiti.

Although such research has received little publicity, the neem tree is being looked to as a potential source of cancer prevention, a harmless and temporary contraceptive, and a safe insecticide.

"US Department of Agriculture studies have shown that chemicals in neem-tree oil give good to excellent protection against 131 insect pests, and it shows activity against an additional 70 pests," says Eugene Shultz, who recently chaired an international panel to study the tree

"Neem can become a safe, non-toxic replacement for some of the more toxic and polluting synthetic pesticides on the world market," says Schultz, a professor of engineering and applied sciences at Washington University in St Louis. "Its use as an insecticide can't come fast

A recent World Health Organisation study estimates that there are about a million pesticide-poisoning incidents reported each year around the world. Most victims are agricultural workers contaminated by toxic chemicals in synthetic pesticides, and about 20,000 of the victims die.

"The most valuable aspect of neem is that it is a tree that can be grown in the backyards of the poorest people in the poorest countries," says Noel Vietmeyer. "It's a chance to give them ways to control pests and diseases in their crops, perhaps control some of their own diseases. and even pregnancies.'

Neem extracts have been used to prevent tooth decay and to prevent and heal inflammation of the gums. Extracts have been used as an active ingredient in toothpastes in Germany and India.

Research shows that neem leaves also contain an ingredient that disrupts the fungi that produce cancer-causing aflatoxin on mouldy peanuts, corn, and stored foods, says Deepak Bhatnagar, a Food and Drug Administration re-searcher in New Orleans. "I grew up in India, and I can tell you that my people have used the neem for centuries to protect grain stored in barrels and for other things.

"In fact, I use nothing but neem soap myself. I bring back a supply every time go to visit."

Neem-seed oil has been effective in reducing the birth rate in laboratory animals, as well as in a recent human test of 20,000 wives of Indian Army officers, says Noel Vietmeyer.

The oil is a strong spermicide, and other neem compounds show early promise as an oral birth-control pill for men, he says.



The human heart does not stay away too long from that which hurt it most. There is a return journey to anguish that few of us are released from making. -Lillian Smith

Those hurts and pains that we experience in childhood don't just magically evaporate as we grow older. They rumble around in us, and when we have reached a level of strength, maturity, insight, and awareness to handle them, they come up to be worked through. This is one of the ways our inner being is loving to us. It gives us every opportunity to heal the hurts that we need to heal, and it gives us that opportunity when we are strong enough to

Frequently, as children, we have experiences that we simply aren't strong enough to handle without a lot of support and help, and often that support is absent. So we push them down and we wait. When we are ready, they come back up. This gives us the chance to work through these old anguishes when we have what we need for this task.

WHEN I AM READY, I will have the opportunity to make these journeys to old hurts with the knowledge that I can heal them and move on.



QUEENSLAND NEWS

As the development of Shri Mataji's Queensland property progresses the Brisbane collective is going to run a nationwide raffle. The proceeds from the raffle will go towards construction cost of Shri Mother's Queensland property. The prize is a walkman worth \$150.-. Tickets are on sale from the 12th of June and will be drawn on the 17th of July. Tickets are 1 for \$5.- or 3 for \$10.-. Tickets can be bought from: Lyn Roles - Cairns, Rob Henshaw - Melbourne, Peter Baten - Adelaide, Judy Dobbie - Sydney, John Fisher - Canberra and Graham - Perth.

