information to Linda please send it to .. Linda Pauling, Malak Caravan Park, McMillans Rd, Malak, N.T. 0812. Kevin and Linda Pauling send their love to everyone. The Paulings are now in Darwin and are looking for suitable accomodation. Linda is asking for any information on realized Darwinites. If you are able to pass on any.

A good second hand babies high chair is sought by Nutan at Strathfield. If you can help her please call her on 747 2820.

forthcoming Australian Tour please contact Elizabeth O'Gorman or Pam Jones. CALLING ALL LADIES... Ladies interested in making a collective quilt for Shri Mataji for Her Ladies interested in making a collective quilt for Shri Mataji for Her

Lend Helen Manassey during October and Movember please contact Helen at Burwood, Many thanks It sukoue was a childs bed (to fit a 4 year old!) that they could

EriqgA urdyr jiry Zebrewper. player and radio cassette player, so watch the newsletter to see Things to come we will be holding a raffle for a VCR, CD

Just a note.... to remind you that we are having a garage sale at Burwood on Saturday 19th September. Please deposit all your goodies in the back court yard of Burwood before then.

VIDEO LIBRARY....

.tscol fartnes the Central Coast.

School, Mann Street Gosford (opposite the police station) 7.30pm on Wednesday 9th & 16th September. The final programme is to be at the East Gosford ashram 7.30pm on 23rd September. Wo more programmes are to be held at the staff room of Gosford Primary programme.

brought 22 seekers, the rest came from friends or posters.

brought 22 seekers, the rest came from of a local school but everyone fitted in just! It was an amazing sight to see people lining up to register for the meditation course. It was a wonderful programme, thank register for the meditation course. It was a wonderful programme, thank out the meditation course. It was a wonderful programme, out the meditation course. It was a wonderful programme, and thank you came and thank to the meditation to sydney people who came and supported the register for the meditation to sydney people who came and supported the meditation of the medita brought 9 people and a display add on the 5th page of the local newspaper We had a good advertising campaign -- a 3000 pamphlet letter box drop

Just a little note to let you know the first programme of our 4 week course went:- 54 seekers turned out from all areas of the Central Coast-Mamberal, Terrigal, Umina, Ettalong, Wyoming and further north from the

creetings from the Central Coast.



LAUGHING AT OURSELVES

Overheard conversation after the tape on "Introspection" ..

"What did you think of the tape?" "Oh! well.. (pause) .. I think the heads need cleaning."

Sitting on the alawn shoe-beating my attention, watching the dog scratch and thinking .. "It must be about time that flea collar was renewed."

THE THINGS OUR CHILDREN SAY

The three and a half year old Sahaja Yogi was taken to pre-school by his auntie from the Ashram because his mum had slipped a disc and

the chiropractor had put her to bed for two days. She had a physical adjustment and the he used a chiropractors gun to set the last vertebra in

Where's mummy today?" asked the pre-school teacher to Mr 34.

"The man shot her!" he replied.

"Pardon?" she said with a slightly shocked look

"The man shot her!'

"Which man shot her?" she asked.

"THE CRACTA PRACTAl" Mr 3½ said quite serio usly.

Lightening kills more Americans each year than any other natural disaster including floods, tornadoes, eathquakes, and fires. Eight out of ten people survive when struck by lightening. Also that lightening strikes the earth 100 times per second.

Quote from from Inside Edition .. Channel 2 11/8/92.

Correction to the birthday list: Jenny Watling's birthday is 21-2-48, not in August as the list says.

editors note: we wish to bring to your attention that we are not typists (or particularly good spellers!) but we do enjoy putting the newsletter together each week. If you submit copy and would prefer to see in print without our "creative" touch please make sure that it arrives typed.

AIZYAJAM - ALBAROS

ERATAM CAHZ CAR

וניסיב ים סדר ליסת נוחם. וול שינישני אסח סדר מפרד, מארפתפע פת נוסע סתפי.

used to using their vibrations, but still need quidance. especially duning the coucial period when they have just begun to get India Tour, there won't be enough time for the new people to stabilise, are now alowing down; we feel that because many of no will be going to quite a few mone programmes have cropped up in whe city akthough we

·γοτροφοφογογό κ,νουμκοψ

He will not be selling it though, and it now sits on the altan, alongside it. His wife took it for evaluation and apparently, it is worth thousands. chosen inspection, found a solid gold chain with a 'shivalingam attriched to of something in the ground. He thought it was a shiny snake, but upon and as usual, was thinking of this Mataji wher he sudderly caught sight this new batch (who is 200% surrendered) was digging in his garden one day withnay "no more parting problems" to the truly repartable. One man from שע ועועע עעילע ע בטללפהללטת סל חילתחבלב הלסתובה תחתקות לתסח בלוע לחות און. have improved a Lot. Some of the shapy people have ulso stabilised and helped a lot and many of the new people have found that their vibrations havons and we will be holding the next one this weekend. The havons have Our first generation in KL this year has been nembly introduced to

גלופ לנותפ שפ קט עף תפצב.

the dead. This lasts an entire month, Thankfully, it will be all over by Fustival!, a bhootish nitual where the Living pray and give offerings to community in that area was perterming what is called The Hungry Short After some enquiries, we discovered that a large percentage of the chinese neason on other, the Panamchaitanya didn't want us to go near the Geach. and the Locals were quite disappointed. Of course, we brew that for some tive, but for the past month, it rained without fail every Sunday morning We wanted to introduce footsoaking in the sea to the Honthern dollec-

Loved us and it Looks Like bhajans will be a negulah part of the paonather hoonse and the trigh notes seemed to seneech a Little, the crount fact that we were singing all the way up nonth, meaning our throats were and Sanahvit quite tickled the all-Indian collective there. Despite the singing in Hindi, Mandthi Perhaps the fact that a bunch of Chinese Last weekend, bhajans were introduced and these went down really well. who are interested. The sections up there seem to Learn much faster. Just to hold something on the evening before, because therefaluays new people We started off with a 7-week programme, but now find that we will have night for a session on Sunday mornings at the home of a new Sahaja Gogini For 10 weeks now, we have been travelling 400kms north every foat going well and we wanted to share with you some of the happenings here.

This is another update from this side of the world. Things have been Hello Everyone and Jai Shri Mataji!

76-6-1



Contributions:

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SEPTEMBER 4th '92

ON SALE FOR 2 WEEKS ONLY india tour

drawn:

Country Yogis may send cheques made out to "Sahaja Yoga" 10 Abbotsford Road, Homebush, 2140. Tickets will be sent to you.

噐

But the great news is we have an Ashram! Yes! 3½ bedrooms, large lounge, Top floor and lots of space for programmes, pujas (and havans on the roof). Sincerest love and thanks to all in Australia for your support. Your new 18 Shan Kwong Road, 12th Floor, "A", home in Hong Kong is .. Happy Valley Hong Kong.

SAHAJA YOGA VICTORIA

THE WEEKLY COLLECTIVE MEETING is now held on Fridays. 7.30pm, in Croydon Primary School, Croydon Road, Croydon (opposite the market). All welcome! Let's be collective!

BALWYN PUBLIC MEETING usually Tuesday evenings, 8pm, Balwyn Public Library, Whitehorse Road, Balwyn.

PRE-SCHOOL: now operating three days a week at the main ashram (Pytchley Hall, Pytchley Road, Croydon). There are some eight children currently attending. Further details: Ai'sha or Bel at Pytchley Hall (723 7184).

Senskrit word meanings.

Om Twameva Sakshat Shri Ganesha Sakshat Shri Adi Sakti Mataji Shri Nimala Devi Namo Namah

OM - Profound word which symbolizes the first sound uttered by God. Expresses the first wave of Creation when, according to Indian Mythology, Brahma produced a beautiful lotus from his navel which blossomed into one thousand petals. (When we say "OM" the sound vibrations first resonate in thelower torso (a) then travel up (u) the body to resonate more fully at the head (m). AUM (Sometimes literally translated as "yes verily, so be it, amen") Twam - Thou (also signifies Devi) eva - truly, exactly, only, alone

sakshat - with the eyes, with ones own eyes, before ones eyes, evidently, clearly, openly, manifestly, in person, in bodily form, personally, visibly, really, actually, immediately, directly

shri - light, lustre, radiance, splendour, glory, beauty, grace, loveliness, high rank, power, might, majesty, royal dignity Ganesha - Son of Shiva and Pavarti, Eternal Child of God symbolizing Innocence, Purity

and Wisdom.

sakshat - before ones own eyes etc...(as above)

shri - light, lustre, radiance etc...(as aboye)

Adi - first, primordial Sakti - power, abillity, strength, might, effort, energy, capability. (Energy or active

power of a Diety)

Mata - mother (Conquering Mother (Matamgi - Mythical mother of the Elephant tribe, a ji - to conquer (Conquering Mother (Matamgi - Mythical mother of the Elephant tribe, a form of Durge (Conquering Maha-widwas form of Durga. One of the 10 Maha-vidyas. The mother of Vasishtha)

shri - light, lustre, radiance etc...(as above) Nimala - Pure, immaculate

Devi - a female deity, Goddess, (a consecrated wife or daughter of a King but also any woman of high rank) (a particular "supernatural" power = kundalini)

Namo - Guru, Spiritual Teacher

Namah - Salutations or Glory to. Nam - to bow to, subject or submit ones self to, turn towards, to:yeild or give way (homage, veneration)

One posible translation (Paraphrased)
OM before my own eyes, in bodily form, thou truly are the radiant God of Innocence, Purity and Wisdom. You are the incarnation of the glorious Primordial Mother in person, the Conquering Mother of all Mothers, the Majestic and Immaculate Goddess. My Spiritual Teacher, I yield to you. Glory to you.

PENRITH PROGRAMME

Programmes will start next Tuesday 8th September and will continue for 4 weeks (15th, 22nd & 29th) at:

Penrith Community Aid Centre 21 Woodroofe Street, Penrith

starting at 7.30pm

Programmes are also ongoing at Parramatta as follows:

Thursdays Sept 17th & 24th

Oct 15th & 22nd Community Services Building

Civic Place (end of Library building)

Parramatta

starting at 7.30pm

BUNDILLA 7.

Sahaja Yoga and the Environment 2. A further five titles from the world environment day book list;

LITVINOFF, Miles

THE EARTHSCAN ACTION HANDBOOK FOR PEOPLE AND PLANET

We have poisoned the air and water on which our lives depend. Poor countries exhaust their land in the struggle to survive while rich countries demand more and more. This book spells out why things have gone so terribly wrong and what each of us can do to clean up

the mess.

PARV, Valerie

THE CHANGING FACE OF AUSTRALIA

The impact of 200 years of change on the Australian environment.

OATES, Nan

REGREENING AUSTRALIA: CARING FOR YOUNG TREES 2

The right trees grown in the right places can provide many practical benefits and give the grower great satisfaction. This book provides a selection of ideas and practical information for anyone interested in growing trees.

SERVENTY, Vince

SAVING AUSTRALIA: A BLUEPRINT FOR OUR SURVIVAL

The author outlines a clear plan for us to consider as the beginning of a blueprint for

saving Australia.

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BEHRMAN, Daniel

SOLAR ENERGY: THE AWAKENING SCIENCE Is solar energy the key to the future of our energy needs? This book explores the facts and true potential of this enormous source of renewable power.

Y SON'S approach was innocent enough. "Dad, can I have a story?" "Sure," I said. "But only one." He made himself comfort-able while I flicked through the book looking for the shortest story. I began to read.

"Jack and Jill went up the hill to ..."

"Why, Dad?"

"Why what, son?"

"Why did they go up the hill?" The answer was in the text. I continued 'To fetch a pail of water. Jack fell ..."

Again, further explanation was demanded, "Why, Dad? Why did they fetch a pail of water?"

A slightly more difficult question. If my memory served me correctly, the reason lack and fill were up the hill use because

Jack and Jill were up the hill was because there was no running water in those days. "They had to take it home because in

In retrospect, expecting a three-year-old to be interested in the history of plumbing was probably a little out of line. But I was trying not to inhibit his curiosity.
"Jack fell down and broke his crown

"Why did he fall down, Dad?" "His shoelace was undone. He tripped

and fell. Happens all the time." I tried to remember if I had grilled m parents about the financial situation of

Hansel and Gretel's family. Had the bottom dropped out of the forestry industry? I couldn't recall having asked such things. "Dad?"

"What?" "What's a crown?"

My temples had begun to throb. "His head. He fell down and broke his head."
"How, Dad? Did he fall on his head?"

I counted to 10. All over the world millions of parents were going through this. Why? Because the deviants who wrote these stories had not done their research. Surely, when one is writing for a preschool audience, one should include more detail. I wanted to scream at Hans Christian Andersen that three-year-olds do not comprehend the implicit. I took a deep breath and continued. "Exactly, He fell on his head and it broke."

"Would I break my head if I fell down?"
"You would if you fell hard enough."
"Would I have to go to the doctor?"

The discussion was becoming torturous. Was the well far from the house? Had Jack gone to the doctor? All details the author had carelessly left out. And which

he went home. "Did his daddy go mad at him?" parents were now forced to determine. "Probably, yes. But you won't fall down." "Why won't I fall down, Dad?"

"Why did his dad let him?"

"Yes. He had to have a bath and go straight to bed."
"Where did he have a bath, Dad?"

"Did he die, Dad?"

hated children's authors. Given the

chance, I'd put the Brothers Grimm to

work stoking the furnace of some 19th-

How I longed to kill Jack: a cerebral hemorrhage, poor kid didn't stand a chance. But I realised that killing Jack

would only get me into a bigger mess

"No, he didn't die. He went to the

hospital and they stitched his head up and

My mind went blank, I stared down at

At this point I realised I had always the book on the kitchen floor and tried to remember where Jack would have gone to have his bath. I might have started to cry.

"Where do you think he had a bath? He had a bath at home in the bathroom."

century orphanage.
"He wasn't home; he was at work. Jack shouldn't have been up there in the first place. He wagged school, grabbed his sister and the bucket and headed for the hill. He actually deserved to fall down."

"Dad?"

Jack of Jill

When Jack fell down the hill, he found Chris Quigley

already at the bottom, a broken man amid a shaftered story.

"Yes?" "They didn't have any water for a bath," They didn t?"

"No, Dad. That's why they had to go up the hill."
"Why did they have to go up the hill?"

I asked. "To get the water, Dad."

"And then what happened?"

"Jack fell down and went to hospital to get his head fixed. It's a good story, Dad."

I stood up. A little unsteady on my feet. I carried my son towards his bedroom. "Thanks, son."

Dad?

"Yes, son?" "What happened to Jill, Dad?"

All yogis welcome. Contact Parramatta (Northmead) ashram for any details.

GOOD WEEKEND