



The Earth Mother exhibition will be in Stockland Mall, Mann Street Gosford for the whole of next week - Monday 17th May to Saturday 22nd May. We hope to give interested seekers realisation on the spot and will have Mother's videos playing continuously. A follow up public program has been arranged for the following Monday May 24th at 7.30pm in the Gosford Primary School staff room (Mann Street).

At the end of June - probably starting Sunday 20.6.93 at 2.30pm we hope to hold 4 consecutive public programs in the Tourist Information room behind the library West St Umina, for seekers on the Woy Woy peninsula.

We have also started to advertise through the Tourist Information Bureau on the coast - for \$15 per year we have posters displayed in three locations and are able to put leaflets/cards etc in the same places. Also includes a small ad in the Tourist Magazine.

In April we were invited to speak to the Bateau Bay Parents without partners group and were happy that 20-30 people were present and receptive (even if they did finish the evening at the Mindarra Club!)

Jai Shri Mataji from The Coast.

Congratulations to Caleb and Granya (Williams) - a son born Monday 10th May '93.

#### SAHASRARA DAY IN THE MOUNTAINS

Sahaja Yogis from Canberra and Sydney celebrated Sahasrara Day by visiting Kosciusko National Park in the Snowy Mountains. We stayed at Sawpit Creek not far from Thredbo where Shri Mataji conducted the 1987 Sahasrara Puja. We arrived in the afternoon at our cabins among the gum trees. The children wrapped up warm and ran and played in the forest.

In the evening we ate a huge stew and hummed some tunes round the fire, having stumbled around in the dark soon after dusk looking for wood. The mountain air was chilly on our faces but the fire warmed us and gave off a beautiful eucalyptus fragrance. Every so often a blanket of soft high cloud would move across the clear sky and hide the stars. Between times we stargazed and viewed the craters on the moon through binoculars. The children played with sparklers and enjoyed watching fire fairies dancing from the embers up high into the darkness.

Discussion twisted and turned among the great things, and searched and sorted through the ideas inspired by being out in the open. Eventually we bedded down in the cabins and tents, cocooned in beanies and blankets.

In the morning we found a site for the puja down a hillside in the thick of the bush and within earshot of a babbling creek. We meditated and conducted our puja in the still beauty of this wild and untouched place. Spots of rain came but seemed only to wash the photo, not causing a halt to the puja.

The power of such a simple gesture in the midst of breathtaking natural beauty gave us all a feeling that we had experienced something complete and special. It reinforced and refreshed us for future days. Mother's nature is capable of subduing all sense of ritualism which can thief our joy and cause us to squander our devotion. I wanted to share our experience with you as I knew when we came home we had touched something I will never forget.

Richard Ogden (Canberra)

News also from Canberra is that a new yogini (Kay) has given realisation to 20 children, 6 parents and 1 teacher at a local private school. Most of them are eager to follow up, so a meditation 'class' has been arranged for every Wednesday.

## Photo albums of the future

SMH. 10.5.93

COMING soon to a television screen near you: your very own family snapshot album. Kodak Australia this week will launch its Photo CD technology - designed "to revolutionise the way we view photographs".

In future when you take a roll of colour film to your local mini-lab for processing, you will be able to get the pictures back on a compact disc as well as prints.

You'll take the CD home, pop it into a Photo CD player attached to the family telly - and view up to 100 photographs displayed at full screen size. You'll be able to call any of them up at will with a remote control, zoom in on sections of the picture, even add a musical soundtrack to your electronic photo album.

Photo CD is the latest twist on compact disc technology that threatens to overwhelm us all in digital data and alphabet spaghetti. It began a decade ago with the audio CD.

This has been followed by CD-ROM, CD-Video, CD + G and CD-I, and no doubt there are more to come.

CD-ROM is a multimedia format used with personal computers, mainly for games and educational material. After a slow start it is now

selling exceptionally well.

CD-I is for similar interactive video games and educational material viewed on a television screen instead of a personal computer. In Australia it's mainly being used for corporate training.

CD-V (for video) and CD + G (for graphics) have mainly involved attempts to put video clips and graphics onto rock music discs. These formats have sunk pretty well without trace in overseas markets and have never been promoted here.

Kodak is hoping for a much better fate for Photo-CD. It is designed not only for home users, but for professional use, revolutionising the handling of photographs in publishing and other industries.

These users will be able to call up digitised photos on their computer screens, resize, edit and otherwise manipulate them before sending the finished files off to the printer.

Kodak will demonstrate both home and professional Photo CD systems this week at the Photo Video Expo at Darling Harbour.

For home users there will be Kodak's own Photo CD player. You have only to plug it into the power and connect a cable to your television or video to begin viewing Photo CD discs.

The Kodak player, which is actually made for the company by Philips, inventor of the CD system, is expected to sell for around \$800. If that seems a lot, bear in mind that it can also be used as a normal music CD player: just link its audio output connections to the amplifier or receiver in any hi-fi system.

According to Kodak, when it's used this way the Photo CD player has features and audio performance equal to most of today's audio CD machines.

Initially, only two outlets in Sydney will have the facilities to put home users' photos onto a Photo CD disc. These are Paxtons and



Kodak's own service at Waterloo.

The number of processing outlets is expected to spread dramatically after the formal launch of the system in July. Eventually most photo-finishing services will offer the service.

As Kodak sees it, you'll take your 35 mm print or slide film along to the photo finisher for normal processing and receive standard prints or slides as you do today.

On request, the photo finishing service will use CD workstations to scan the negatives or slides, digitise

answer for consumers who have wanted both the unparalleled quality of 35 mm photography and the convenience of digital storage, display and manipulation."

Dr Fraser sees consumers building collections of "video scrapbooks" on separate themes or subjects. They will occupy significantly less space than normal photo albums.

Eventually, owners will be able to add graphics, music or voice recordings to the scrapbooks.

The same discs can also be used in

When you take a roll of colour film to your local mini-lab for processing, you will be able to get the pictures back on a CD as well as prints.

Darling Harbour  
Thursday 13 and Friday 14 May 10.00am to 6.00pm  
Saturday 15 and Sunday 16 May 10.00am to 6.00pm  
\$8 adults, \$4 children 5-14 and Aged Pensioners.

### LOST SONG BOOK:

IF YOU FIND SHANNON SATHERLEY'S SONG BOOK, WOULD THE FINDER PLEASE GIVE IT TO HER MUM JENNY WATLING.

Across Australia for Sahasrara

I arrived in Perth on Monday morning May 3rd. As usual, the weather was wonderful. Went to the Giannasi home which was being readied for "evacuation". Frank, Maria and children are off to Abu Dhabi for a few years. We were no sooner there, then there was a call from a radio station requesting an interview! So off to the station where we were delighted to get 10 - 12 minutes of very sympathetic interview. Tuesday night was the first programme and the venue was the theatre in the Perth Library. What a surprise to see the seats filling until there was only floor space left. Some 220 people. And what a delight to hear how far the Perth musicians have advanced in little over a year... They are magnificent - Sydney watch out, you've got competition. Their voices were tremendous and the instrumentalists were superb. Particularly Craig who has only been playing the tabla for a few months and does so as if he had been playing all his life.

After the programme, we invited people who had not "felt it to come down to the front. Contrary to what usually happens, at least 25 people came down and the Perth yogis were very busy for a while coping with these eager but as yet unsatisfied seekers. The good news is that they all got it!

On the Wednesday, a programme in a smaller venue in Fremantle; again with people sitting on the floor and again they all got it. All in all 205 people got their realisation in that week and on the Saturday, at the seminar at Gidgegannup, 40 of them turned up to follow on! We had a variety of subjects and lots to eat including a hungi, a havan and of course, bhajans dancing.

Sunday (Sahasrara Day) saw the entire collective building and preparing the site. The Puja was simple - beautiful - full of vibrations and outside, a sheep on a spit wafted delicious smells across the assembled gathering. In no time it was all over and the clean up began. The hangar is growing fast and the collective looks as if it is growing to keep up!

Monday night, saw the official farewell to Frank and Maria. Frank has been at the helm of Sahaja Yoga in W.A., since 1986 and a great deal of the credit for what has happened over there is because of him.

They were presented with most unusual going away gifts. Frank received a brief case made out of the native timber of WA. - Jarrah! and Maria's was a handbag made of the same material... How do you make handbags and briefcases out of hard wood? Ask the 'sandgropers' and it doesn't take a fork lift to pick them up.

Farewell Frank and Maria and may you ride the winning horse in the Abu Darby!!

Stephan

and what's your line of work

I'm a subtitler...

