

# Sahaja Newsletter

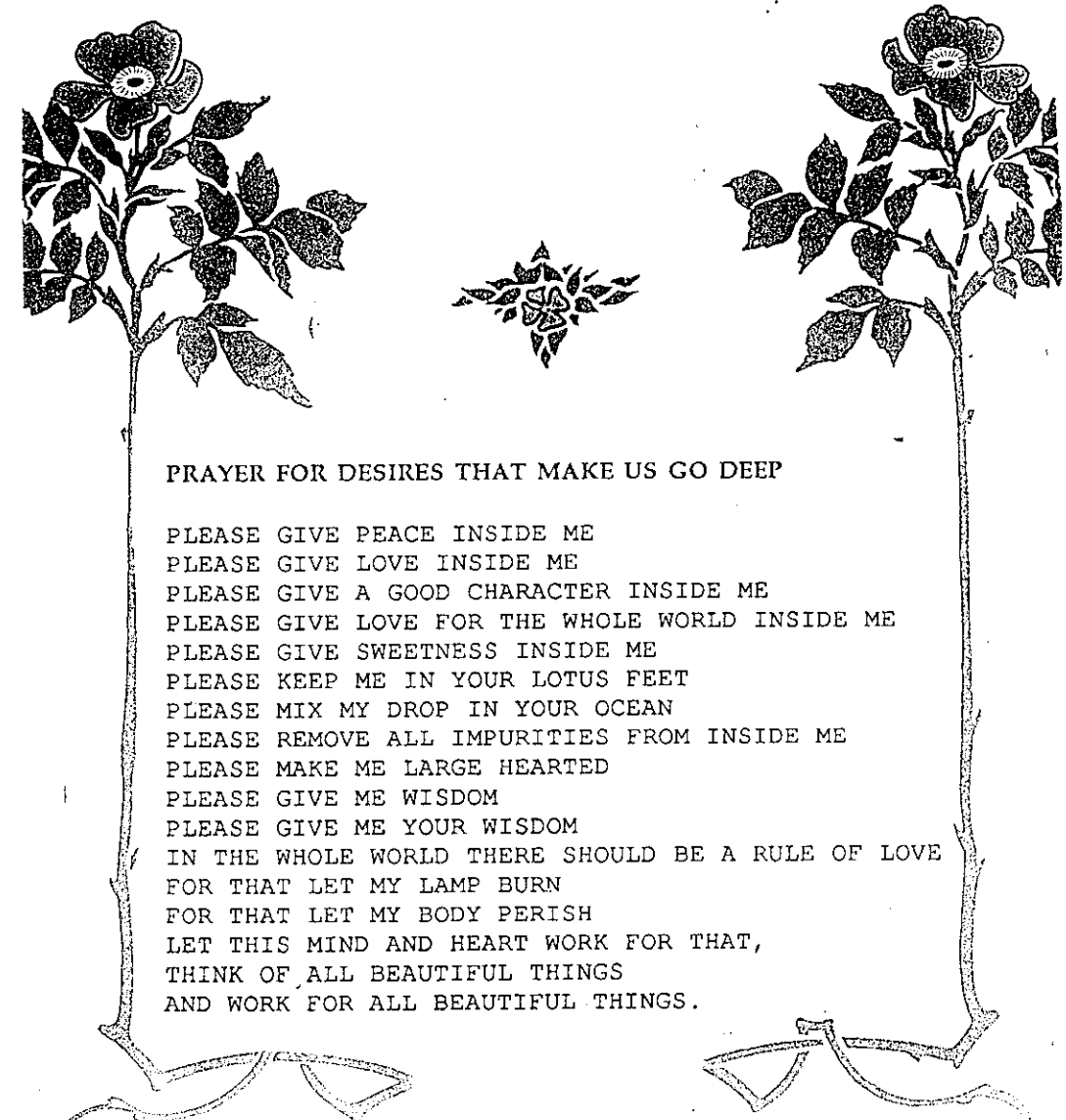
## Contributions:

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FRIDAY 23rd July '93.

## PRAYER FOR DESIRES THAT MAKE US GO DEEP

PLEASE GIVE PEACE INSIDE ME  
PLEASE GIVE LOVE INSIDE ME  
PLEASE GIVE A GOOD CHARACTER INSIDE ME  
PLEASE GIVE LOVE FOR THE WHOLE WORLD INSIDE ME  
PLEASE GIVE SWEETNESS INSIDE ME  
PLEASE KEEP ME IN YOUR LOTUS FEET  
PLEASE MIX MY DROP IN YOUR OCEAN  
PLEASE REMOVE ALL IMPURITIES FROM INSIDE ME  
PLEASE MAKE ME LARGE HEARTED  
PLEASE GIVE ME WISDOM  
PLEASE GIVE ME YOUR WISDOM  
IN THE WHOLE WORLD THERE SHOULD BE A RULE OF LOVE  
FOR THAT LET MY LAMP BURN  
FOR THAT LET MY BODY PERISH  
LET THIS MIND AND HEART WORK FOR THAT,  
THINK OF ALL BEAUTIFUL THINGS  
AND WORK FOR ALL BEAUTIFUL THINGS.



I would like to share with you a short story:  
A Muslim colleague of mine recently entered the following in our India Notesfile (=conference, bulletin board):  
Once upon a time the holy prophet P.B.U.H. was sitting with his companions and said, "I am afraid of the time when their will be many muslims. but they will be like the dead grass, bushes, type of garbage that sea waves bring with them and leave them on the coast".  
The companions were astonished to have heard this. At that time there were only hand full of muslims and they lived a dignified life. So they were very much shocked and asked the prophet, "so many muslims? but like the dirt that oceans leave at the coast. why so, O' the messenger of Allah".  
Prophet replied, "It is because of 'al-wahn'".  
Companions who were the masters of arabic could not understand this simple arabic word. They were again astonished and asked the prophet "what is al-wahn?"  
Prophet replied, "Al-hub-u-dunya, wa karahi-at-ul-maut"  
"The love for the world and dislike of death"  
<here dislike may not be a proper translation...basically the covering or forgetting the fact that there is life after death.>



SHRI MATAJI'S VISIT TO GERMANY  
(Laurent Dumont - Germany - 8/7/93)

Dear All,  
The following is Shri Mataji's schedule for Germany:  
Monday 19.07 Arrives in Frankfurt, public prog. in the ev.  
Tuesd. 20.07 Nothing planned  
Wedn. 21.07 Puja in Berlin (in Philip's house in Dalgow)  
Thurs. 22.07 Evening public program in Hamburg  
Friday 23.07 Evening public program in Berlin  
Satur. 24.07 Shri Mataji departs from Germany  
Hope to see many of you there!  
Jai Shri Mataji!  
Laurent

## FROM THE PERTHA NEWSLETTER.

**PROGRAMMES**  
The Fremantle Programme is continuing. Room 1 upstairs at the Princess May Building, cnr Parry and Adelaide Sts FREMANTLE at 8.00pm Wednesdays. This venue will cost \$23/night and is available indefinitely.  
It's interesting to speculate about what might happen if each Sahaja Yogi gave realization to one person per year in Perth, and nurtured that person in a 'mothering' way, bringing him/her along to Giddegannup once a month for an informal meeting day and meditation; maybe coming to Friday nights and eventually to pujas.  
**EXPO UPDATE**  
We have lost 2 of our seminar times, but still have 6. Terri was interviewed last week on 6NR about Sahaja Yoga in connection with the Expo and Kevin will have a 1/2 hour talk-back slot on 6PR at 7.30pm Wed 28th July.  
A reminder that we are expecting 500 people/day to pass our stand at the Expo so need everyone to be there. The dates again: FRI/SAT 30/31 JULY, SUN/MON 1/2 AUG 10.00am-7.00pm daily.

The Adi-Shakti Puja Talk on C.D. is able to be ordered around Australia and New Zealand. The cost of C.D. is around \$20.  
Co-ordinators:  
Chris Kyriacou - Newcastle and Northern area  
Joe Griffith - Wollongong and South  
Radha - Sydney and other areas in the State.  
If interested in ordering the forthcoming Gurnu-Puja C.D., please let Radhika (745 2996) know.

We have received a message recently from Phil Ward in Europe telling us that Shri Mataji's Adi-Shakti Puja Talk (Cabelia 1993) had been put onto C.D. The C.D. effort is mainly for the sake of preserving Shri Mataji's talks for the future. We need to place orders now, so that our European brothers and sisters know if this arrangement is financially possible to continue in future. If enough orders make it possible, they will start with Shri Mataji's Talk at Gurnu Puja.

SHRI MATAJI'S PUJA TALKS ON COMPACT DISC

3.  
4.

TM EXPERIMENT BACKFIRES...  
(Phil Ward - Geneva - 19/07)

\*\*\* JAI SHRI MATAJI NIRMALA DEVI !!! \*\*\*

Dear everyone,

Just thought you would like to hear about TM's attempt to reduce the murder rate in Washington DC...

(Note also that Hagelin, who appears to be an impartial investigator, is in fact a member of, and paid by, TM; typical of TM's "research" practices.)

All the best

Phil

>Subject: Paraphysics experiment bombs (meditation to reduce urban crime)  
>  
>The following is part of a report from the American Physical Society's "What's New" weekly report.

>Article #205 (207 is last):  
>From: xx066@cleveland.Freenet.Edu (Physics Department)  
>Newsgroups: cwru.academic.physics.world-news  
>Subject: APS "What's new" file - 25 June  
>Date: Fri Jun 25 21:10:52 1993

>WHAT'S NEW (in my opinion), Friday, 25 June 1993 Washington, DC

>4. SUPERSTRING FIELD IS USED TO REDUCE CRIME IN NATION'S CAPITAL!  
>The Institute of Science, Technology and Public Policy revealed on Tuesday that a 2-month, \$4M program to reduce crime has been underway in Washington since 5 June. The Institute's director, John Hagelin, a Harvard-trained field theorist, explained that a coherent field generated by 1,000 trained experts meditating in unison has been cutting crime and enhancing the effectiveness of President Clinton by spreading tranquility throughout the city. This "scientific demonstration" will provide proof of a "unified superstring field," Hagelin said, but he acknowledged that the Supercollider will be needed to provide independent confirmation.

>Robert L. Park opa@aps.org The American Physical Society

>--  
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>Cleveland, Ohio 44106  
>(216) 368 4000

>Article #206 (207 is last):  
>From: xx066@cleveland.Freenet.Edu (Physics Department)  
>Newsgroups: cwru.academic.physics.world-news  
>Subject: APS "What's new" file - 2 July  
>Date: Sat Jul 3 08:57:58 1993

>WHAT'S NEW (in my opinion), Friday, 2 July 1993 Washington, DC

>4. EXPERIMENT GOES HORRIBLY WRONG! MURDER RATE IN CAPITAL SOARS.  
>To the scores who have asked: No, we did not make up the story about the anti-crime field (WN 25 Jun 93)! No, the \$4M is not federal money! String theorist Hagelin, a 1992 presidential candidate (WN 4 Sep 92), is chair of the physics department at Maharishi International University. The murder rate is way up.

>Robert L. Park opa@aps.org The American Physical Society



From: our sister Eva  
Date: Sat, 17 Jul 93 20:17:19 EST

Dear brothers and sisters!

I am sorry for my late message about Guru puja, but I came back from vacations and I had have some troubles with computer.

We arrived to Cabella Friday evening (2 July). There were not very many people, but after couple hrs the tent was full. Around 11 p.m. arrived uncle Gregoire, and announced us, that leader of Switzerland had passed away. All of us were very sad, and in silence we were waiting for Shri Mataji.

When Shri Mataji came, She had a small talk. She was talking about the leader, and She told that he was a great soul. She also told us, that She had been talking to him several months ago, and She had told him do not work so hard (he died on heart attack). On the same occasion Shri Mataji told us, that we should listen very carefully to what She is talking about, otherwise we can get into troubles. She also told us, that even if it is very difficult, we should not be sad, because he is with us, and he will be back very soon to help us again.

After the talk indian musicians had beautiful program and they increased the mood so high, that all people in the tent were dancing and singing in the end. The program was finished early morning.

Saturday during the day we had a nice footsoak in the river, we took a walk and in the evening was a programm. There was a beautiful play. I thing that it was prepared by Sahaja Yogis from Italy, Switzerland, Austria (and probably some another countries). The play was about, that Shri Ganesha asked Shri Shiva to destroy the world which is full of immorality, false gurus, greed, lust... During the play was showed the part of life of gurus and the result of their teachings in different countries. For example: there was Socrates and his ideas at one side and at opposite side a modern society in Greece now; or there was an Abraham's life at one side and behavior of Israel at opposite site; we could see a news from China at 89 student revolution, or we saw a small creature of false guru, how silly he is.....

But the last part was so, so strong. In the end of the play, from the tape we hear the voice of Shri Mataji: (it was probably from some puja) I do not remember everything, but there was one very strong sentence: "I will incarnate myself as a complete human being to understand these problems and with my love and compassion I will achieve, what was never achieved before...." After this talk, there were small parts of several videos, how Shri Mataji is giving self-realization, and how thousands and thousands of people are putting their hands above their heads. Everything was so strong, that many, many people had tears in their eyes.

After this beautiful play was a main music program with a very talented indian singer (I have forgotten the name). Shri Mataji was so happy about him and said that he is probably an incarnation of some saint or so, because he has such a nice voice. The music was really strong - exactly like meditation. Because it was already late night many people fell asleep and Babamama said - now all of you have to sing to wake up from such a deep meditation.

Anyway, the music was so strong, that at the end of the program (5 a.m) Shri Mataji was joking, that we do not need any puja, that the music already took us very high.

Shri Mataji told us to take a bath in the cold mountain river in Cabella to give us energy.

The puja started Sunday at 5 or 6 p.m.

Shri Mataji started the talk with the comparison between the gurus in India and Herself. In India, gurus are very strict people. They can have a very nice personality, but as gurus they are very strict. She remembers a guru a teacher of music and family friend. She said, that he was a very nice person, but once one of his followers came with a big bowl on his head. The bowl was from a broken music instrument from his guru, because he went out of tune. Shri Mataji told us, that in Sahaja Yoga we have a completely different situation. Because Shri Mataji is our Mother and then our guru. And Her strongest weapon is love.

As She is giving us love, we should give love to other people and we have to be extremely lovefull and compassionate. We should be compassionate with our own ascent. Shri Mataji said that many people do not feel vibrations or do not feel them all the time. But we should be compassionate and just meditate. But from the other side we have to be also strict towards ourselves, to do only the right things and to live a dharmic life.

We have to be strict towards ourselves (we have to be a Guru) but at the same time, towards other people we have to be extremely nice, love giving. Shri Mataji said that She is very happy, when She sees Sahaja Yogis talking about others only very nice, She is very happy, when we are talking only about good and nice characteristics of other people. Because only by this way we will become exactly like them. There is no need to criticise. She also pointed, that we will become gurus, when each Sahaja Yogi will be our guru also. Because all of us we have to learn very many thing from different people.

Shri Mataji also said that we should not be proud that we are Sahaja Yogis. Because a good government is good only when it is taking care about the nation, and when it is not taking advantage for itself. We should be as a good governement. We should do our job - to give self realization and to help other people, because we know how to help.

Shri Mataji also told, that we have to use our powers. Because an unused car will become a junk sooner or later. We have to give self realization, we have to work at different people and we have to meditate together. At least we have to protect ourselves; at least in the morning and in the evening. We have to use bandhans to protect ourselves.

We have to have a forgiving nature. We have to forgive everyone immediately. She used an example of Shri Buddha. Shri Buddha was in very small village and one of the people was very impolite and very ugly to him. Shri Buddha left, and when the man learned who was actually Shri Buddha he ran to him and asked him for forgiveness. And Shri Buddha asked him: "When were you impolite to me; when was that?" And the man answered: "Yesterday" And Shri Buddha said: "I do not remember yesterday, I remember only today, it's already forgiven". We should be like Shri Buddha.

Shri Mataji was also talking about jealousy. She does not know from where it is - maybe from the animal world. She said that if we are jealous, we are not Sahaja Yogis.

Shri Mataji also said that we have to be extremely collective. Without collectivity, we will not have our ascent.

That is everything, what I can recall right now.

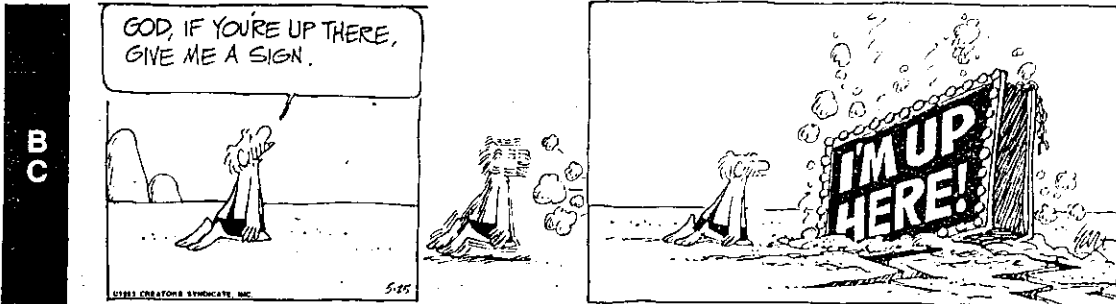
After puja there was a funny discussion between the world leaders and a God - Shri Mataji. They wanted to give Her presents, but Shri Mataji did not want to take them. Finally She took them, because they were given out of love.

Than was a continuation of the music program.

It was more a devotional puja, than a Guru puja. Everything was so beautiful, than it can not be expressed by words.....

love for all of you

Eva



### Of the Divinity of Man

SPRING CAME, and Nature began speaking in the murmur of brooks and rivulets and in the smiles of the flowers; and the soul of Man was made happy and content.

Then suddenly Nature waxed furious and laid waste the beautiful city. And man forgot her laughter, her sweetness, and her kindness.

In one hour a frightful, blind force had destroyed what it had taken generations to build. Terrifying death seized man and beast in his claws and crushed them.

Ravaging fires consumed man and his goods; a deep and terrifying night hid the beauty of life under a shroud of ashes. The fearful elements raged and destroyed man, his habitations, and all his handiwork.

Amidst this frightful thunder of Destruction from the bowels of the Earth, amidst all this misery and ruin, stood the poor Soul, gazing upon all this from a distance, and meditating sorrowfully upon the weakness of Man and the omnipotence of God. She reflected upon the enemy of Man hidden deep beneath the layers of the earth and among the atoms of the ether. She heard the wailing of the mothers and of the hungry children and she shared their suffering. She pondered the savagery of the elements and the smallness of Man. And she recalled how only yesterday the children of Man had slept safely in their homes—but today they were homeless fugitives, bewailing their beautiful city as they gazed upon it from a distance, their hope turned to despair, their joy to sorrow, their life of peace to warfare. She suffered with the brokenhearted, who were caught in the iron claws of Sorrow, Pain, and Despair.



And as the Soul stood there pondering, suffering, doubting the justice of the Divine Law that binds all of the world's forces, she whispered into the ear of Silence:

"Behind all this creation there is eternal Wisdom that brings forth wrath and destruction, but which will yet bring forth unpredictable beauty.

"For fire, thunder, and tempests are to the Earth what hatred, envy and evil are to the human heart. While the afflicted nation was filling the firmament with groans and lamentations, Memory brought to my mind all the warnings and calamities and tragedies that have been enacted on the stage of Time.

"I saw Man, throughout history, erecting towers, palaces, cities, temples on the face of the earth; and I saw the earth turn in her fury upon them and snatch them back into her bosom.

"I saw strong men building impregnable castles and I observed artists embellishing their walls with paintings; then I saw the earth gape, open wide her mouth, and swallow all that the skilful hand and the luminous mind of genius had shaped.

"And I knew that the earth is like a beautiful bride who needs no man-made jewels to heighten her loveliness but is content with the green verdure of her fields, and the golden sands of her seashores, and the precious stones on her mountains.

"But man in his Divinity I saw standing like a giant in the midst of Wrath and Destruction, mocking the anger of the earth and the raging of the elements.

"Like a pillar of light Man stood amidst the ruins of Babylon, Nineveh, Palmyra and Pompeii, and as he stood he sang the song of Immortality:

Let the Earth take  
That which is hers,  
For I, Man, have no ending."

— THE WORDS OF THE MASTER  
— KHALIL GIBRAN.