

P.S. If you are working with the medias, if you have access to information of any kind, if you can organise and make interviews, please contact us as soon as possible at the address below:

Lionel Million

JAI SHRI MATAJI

We also need your holy enlightened attention.

which is in the attention of our Mother.

We thank you in advance for all your efforts and your cooperation to support this project

newspaper or magazine (if possible send us a copy).

Please start righting now to the address below, such kind of information in your proper

language (cut out articles or reports written by yourselves) as well as photographs of all

kinds, cartoons, comics, date of cultural events or exact details about any well-made

artist or philosopher of your country and inform us about any kind of injustice you have

denounce, to educate or to simply present something beautiful to elevate the spirit of the

readers. Please send us your cooking recipes, your scientific discoveries, a portrait of an

We therefore kindly ask you to send us ANYTHING that could appear in this newspaper to

are seeking the assistance of You, the Sahaja Yogis of all countries.

Today we have worked out the main administrative details and we are ready to go! Now we

advised us to contact the seekers in all the countries.

Her birthday celebration in New Delhi. Our Mother encouraged us very much to continue and

Some months later, a group of professionals presented a concrete project to Shri Mataji at

On the occasion of the Durga Kali Puja in Paris in 1992, Shri Mataji proposed to publish a

"non-sahaj" newspaper in France because the flow of international information is very poor

in this country.

Dear Sahaja Yogis,

August 11, 1993



# Sahaja Newsletter

Contributions:

Carole McNeill: (02) 560 6921  
Efrem Manassey (02) 560 4134  
Fax: (02) 745 4-27

SEPTEMBER 10<sup>th</sup> '93



Rationality can take one  
anywhere, can justify  
anything as it is not absolute.  
So one has to go beyond  
rationality, develop higher  
senses of Divinity by which  
one can understand the real  
problems and the actual  
solution of all these problems.



VICTORIAN NEWS

Saturday, 18th September:

Fred and Linda's Wedding 3 p.m. Rosebud. Everyone is invited and requested to bring a plate.



by 4 Sahaja Yogis!

New yogini Ann, recently cured of cancer, together with Leela, will take over the programmes while the Paulings are in L.A. for two weeks. Yes, Alice Springs & Darwin will be represented in L.A.

We farewell Cessely & Helmut Loehre, now established yogis and moving to Melbourne

First programme Wed. 1st Sept 7.30 pm.

Public programmes now established at Gray Primary School, Palmerton - a 20 minute drive from Darwin and the original early settlement on the harbour.

News from Darwin..... 27.8.93

your friends and relations.

engines, and selling new and second-hand movers. Tell all

everything, replacing everything, for movers and small

Chuter Avenue, Monterey. Bob and Victor are repairing

McIntyre and Victor Warren) MONTEREY MOVERS at Shop 1, 26

NEW BUSINESS VENTURES started by two Sahaja Yogis (Bob

Sahaja Yoga is having a stall in the tourism marquee. If you would

like to come the hours are 9AM - 5PM - Thursday (Sept 9th), Friday (Sept 10th),

Sat (Sept 11th) & Sund (Sept 12th) at Mount Penang, Kartong.

FLORA FESTIVAL TIME ON THE CENTRAL COAST

Please ring the Crocydon bunch.....747 2393.

and the city. This represents a golden opportunity.

Three spacious rooms will be available in about 3 weeks time in a modern

ROOMS AVAILABLE AT CROYDON ASHRAM

SYDNEY NEWS

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NEWS FROM EXMOUTH

Dear brothers and sisters,

We have been having Tuesday night programmes regularly for quite some months now. there are three of us. Margaret Both has joined us. She is from Riverton and stays in Exmouth from April to September. We will miss her when she returns to Perth. She has a friend who is keen to learn about Sahaja. Margaret will contact the Ashram when she gets back to Perth at the end of September. I'm sure you will look after them.

We had a lovely Puja last weekend. We had to do without a coconut though - the joys of living in isolation!

In early July we have a festival here and various people have stalls - selling whatever they like. i was interested in our new local Homeopath/Iridologist/Reflexologist who has just come to town, so i went to have a 10 min reading of my eyes - I waited 3 hours for the privilege - somehow I knew this contact was significant. (All the time I was waiting I was thinking I should be spreading Sahaja - next year maybe will be the right time.) It turns out that she used to practise Sahaja Yoga before and go to the Fremantle programmes. She expressed an interest in coming along to our programmes.

I will be in Perth from 21-27 October and am looking forward to seeing you all. We miss you very much.

Love from Suzanne and Chris,  
PO BOX 364  
EXMOUTH 6707

Frank and Maria Giannasi and family are all well.  
Their address is Al Faheemi Building

Cathay Ltd  
PO BOX 25421

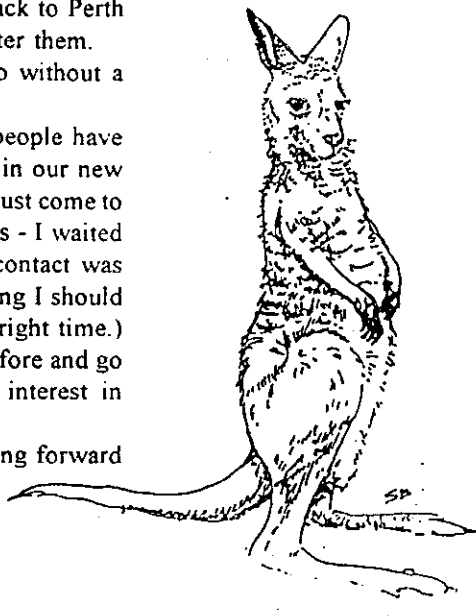
Abu Dhabi  
United Arab Emirates.

**GIDGEGANNUP SEMINAR SUN 12 SEPT**

Would yogis please bring a plate for lunch and biscuits/cake for morning and afternoon teas.

The seminar is aimed at beginners and those who have just started so bring your friends and set aside the day for putting our collective attention on new seekers. Maps and posters are available from Mt Lawley Ashram .

"You have to use this power, all of you. You have to allow this energy to go and work. You have to use your energy for giving realization.....You move like an enlightened forest, like oceans. All of you move in a group together. It's such a powerful group." Shri Mataji. Guru Puja 1993.



QUOTES FROM 'THE WORDS OF MARTIN LUTHER KING'  
BY CORETTA SCOTT KING:

On the community of man:

"Love is the only force capable of transforming an enemy into a friend."

"All men are interdependent. Every nation is an heir of a vast treasury of ideas and labor to which both the living and the dead of all nations have contributed. Whether we realize it or not, each of us lives eternally 'in the red.' We are everlasting debtors to known and unknown men and women. When we arise in the morning, we go into the bathroom where we reach for a sponge which is provided for us by a Pacific islander. We reach for the soap that is created for us by a European. Then at the table we drink coffee which is provided for by us by a South American, or tea by a Chinese, or cocoa by a West African. Before we leave for our jobs we are already beholden to more than half of the world."

"When an individual is not longer a true participant, when he no longer feels a sense of responsibility to his society, the content of democracy is emptied. When culture is degraded and vulgarity enthroned, when the social system does not build security but induces peril, inexorably the individual is impelled to pull away from a soulless society. This process produces alienation - perhaps the most pervasive and insidious development in contemporary society."

"Forgiveness is not an occasional act; it is a permanent attitude."

On peace:

"One of the most persistent ambiguities that we face is that everybody talks about peace as a goal, rather than a means by which we arrive at that goal."

"We will never have peace in the world until men everywhere recognize that ends are not cut off from means, because the means represent the ideal in the making, and the end in process. Ultimately you can't reach good ends through evil means, because the means represent the seed and the end represents the tree."

"I have tried to be honest. To be honest is to confront the truth. However unpleasant and inconvenient the truth may be, I believe we must expose and face it if we are to achieve a better quality of American life."

On faith and religion:

"Science investigates; religion interprets. Science give man knowledge which is power; religion gives man wisdom which is control. Science deals mainly with facts; religion deals mainly with values. The two are not rivals. They are complementary. Science keeps religion from sinking into the valley of crippling irrationalism and paralyzing obscurantism. Religion prevents science from falling into the marsh of obsolete materialism and moral nihilism."

"When I speak of love I am not speaking of some sentimental and weak response. I am speaking of that force which all of the great religions have seen as the supreme unifying principle of life. Love is somehow the key that unlocks the door which leads to ultimate reality."

"Love is the most durable power in the world. This creative force, so beautifully exemplified in the life of our Christ, is the most potent instrument available in mankind's quest for peace and security."

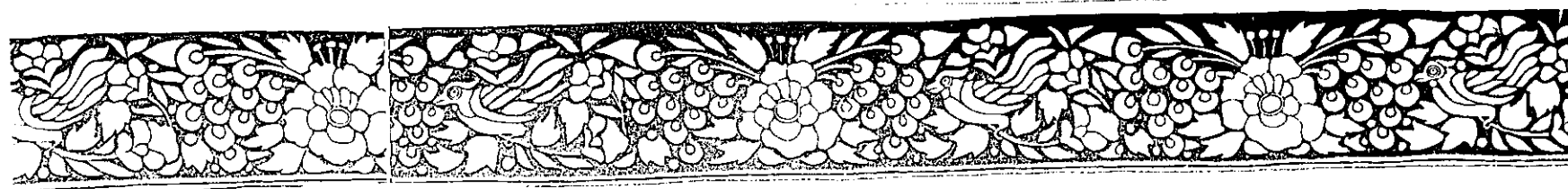
"Every man lives in two realms, the internal and the external. The internal is that realm of spiritual ends expressed in art, literature, morals and religion. The external is that complex of devices, techniques, mechanisms, and instrumentalities by means of which we live. Our problem today is that we have allowed the internal to become lost in the external. We have allowed the means by which we live to outdistance the ends for which we live."

On civil rights:

"There comes a time when a moral man can't obey a law which his conscience tells him is unjust. And the important thing is that when he does that, he willingly accepts the penalty - because if he refuses to accept the penalty, then he becomes reckless, and he becomes an anarchist. There were those individuals in every age and generation who were willing to say, 'I will be obedient to a higher law.' It is important to see that there are times when a manmade law is out of harmony with the moral law of the universe."

"We must develop, from strength, a situation in which the government finds it wise and prudent to collaborate with us. It would be the height of naiveté to wait passively until the administration had somehow been infused with such blessings of good will that it implored us for our programs."

"Our hope for creative living in this world house that we have inherited lies in our ability to reestablish the moral ends of our lives in personal character and social justice. Without this spiritual and moral reawakening we shall destroy ourselves in the misuse of our own instruments."



**HAPPINESS IS...**

"The U.N. once formulated a 12-point list of prerequisites for being happy that includes one radio, one bicycle and one set of kitchen utensils per family".

- Article: *Most Happy Nation*  
Time Australia, September 13, 1993

**SIGNS OF THE ERA OF SATYA YUGA:**

Isreal's P.M. Yitzhak Rabin, on explaining the peace formula to his government partners...declared, "The past no longer matters". To a nation founded on the premise that the past must be remembered so as not to be repeated, the remark verged on blasphemy. But Rabin did not forget the Holocaust; he had contrived to show that generosity can - must - triumph over it.

- Article: *Risking Peace*  
Time Australia, September 13, 1993

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YOU KNOW YOU'VE BEEN WORKING TOO LONG AND HARD ON THE COMPUTER WHEN YOU SIT DOWN FOR MEDITATION, FIND THAT YOU'RE THINKING TOO MUCH, AND TO STOP IT YOUR MIND AUTOMATICALLY CLICKS 'Cancel' .....

OR SEE THAT YOU'VE DEFINITELY BEEN DRIVING TOO MUCH LATELY WHEN YOU SIT DOWN AT THE COMPUTER AND YOU CAN'T FIND THE CLUTCH!

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**SYDNEY NEWS EXTRA**

**PROGRAMMES AT FIVE DOCK**

Bryan and Liallyn Fitzpatrick will be holding programmes for established Sahaja Yogis on Tuesday nights at 7:30 pm commencing 14 September 1993: 13 Sutton Street, Five Dock (Tel: 712-5118).  
Everyone welcome!



"I've had a terrible day at the office, dear. My secretary went home sick, we lost three major contracts and a funny little dwarf turned me into a banana."

**DIWALI PUJA**

Shri Mataji has agree to Diwali being held this year at Sochi in the Ukraine from November 12 to 14. And there will be marriages! The puja is expected to be held on Saturday the 13th in order to keep Sunday the 14th for the marriages. Final details will be coming through in October, but in the meantime, if there is anyone who is contemplating marriage and can't get to India, how about the Ukraine?

A medical conference will be held in Paris on or about the 2nd October to enable French doctors to become aware of the Sahaj approach to medicine. It is hoped that a number of Sahaj doctors will be attending from all over Europe and India.