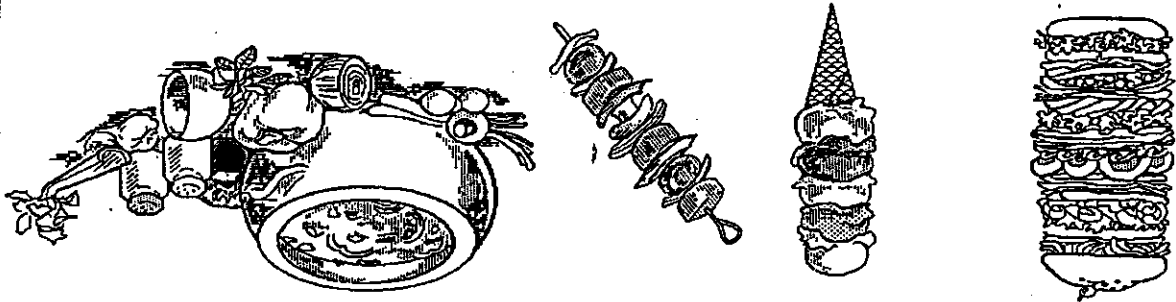
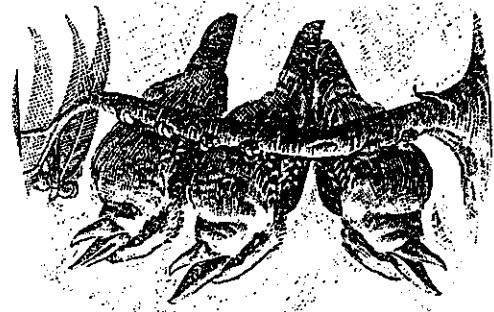


WAMURAN NEWS.  
The plans for Shri Mother's Wamuran home, are through council.  
So now it's ALL SYSTEMS GO!



Everyone, young or old are invited to the Maha Yogi's Collective picnic day this Sunday, at Cook Park at Rockdale at 11am. near Dolis Point. There will be plenty of shade, water and food to enjoy. Please bring a picnic basket or a plate of goodies to share. If you know of any new people you would like to introduce to the larger collective, this would be a good chance. See you there.....check map for details

#### YOGI'S PICNIC.



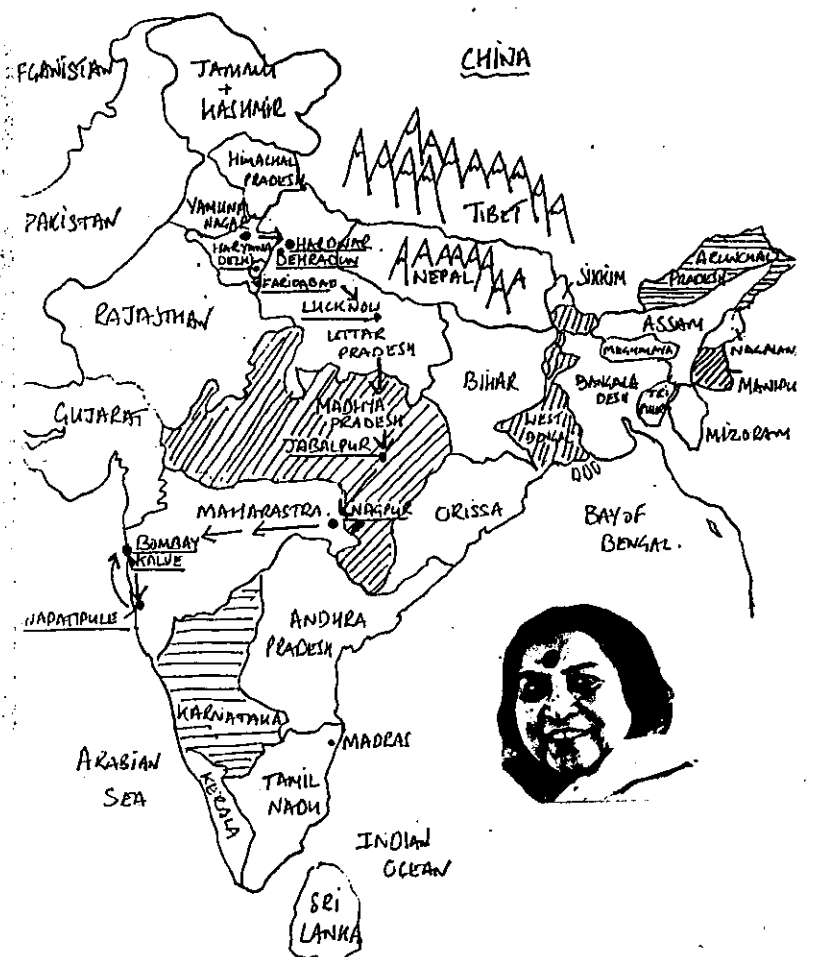
THE AUSTRALIAN

# Sahaja Newsletter

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JANUARY 21ST '94



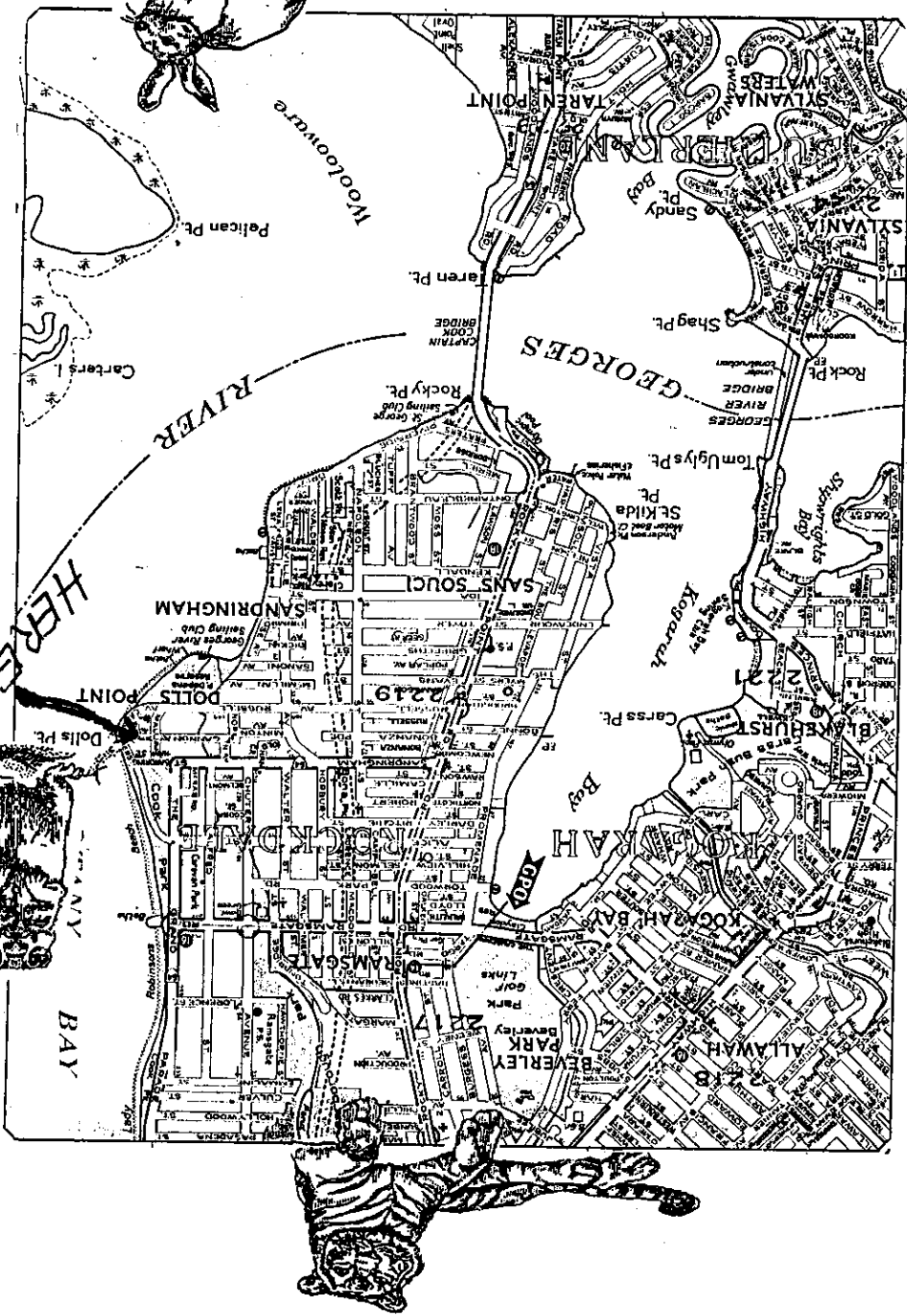
## Music



### SYDNEY NEWS

On Sunday March 6th at 8pm, the world renowned Santoor player Shivkumar Sharma is giving a recital at the Sydney Opera House. This is his first visit to Sydney, ~~an event that~~ something many having been anticipating for a long time. The Santoor is the 100 string zither like instrument that some will remember Asheesh playing at the Indian concert we had at Burwood last September. Tickets are \$28.00, but in a group of 10 or more, this is reduced to \$25.00 student concessions are \$22.00. John Smiley will be making a group booking and buying the tickets ~~on~~ after next weekend. If you wish to be included in the party, please ring Roseville Ashram, and somehow get your money to John by next Friday's programme. By getting in this early we should be able to get seats pretty close to the stage.

Roseville Ashram is now having programmes on Wednesday nights at 7.30pm. Bhajan practice is now every Thursday at 7.30pm. We are preparing for Goulburn concert/programme on 6th February, Recording in February, and Canberra Festival in March



Dear all, Jay Shri Mataji!

As I had the privilege to attain half of the India-tour this year, I would like to contribute some informations (as far as I remember) about some very special seminars held in Ganapatipule, as Harihara has already written a wonderful summary about the India-tour. Manfred

The topics of the seminars had been selected by H.H.Shri Mataji and we could feel Her guidance during the whole sessions. They were generally held at about 11.00 o'clock in the morning and most of the yogis attended them to have some kind of brainstorming together.

I can't replay all the speakers rather I try to point out some of the key-points I am able to remember.

1st seminar about 'OUR COMMITMENT TO SAHAJA YOGA':

conducted by Gregoire.

Philip started and claimed that there comes a time for every of us in Sahaj, when we have to give a full commitment to Sahaja Yoga, which means, that we have to dedicate all our live to it and for the work of Shri Mataji and the spreading of Sahaja Yoga. This means to contribute all our personal talents, whatsoever they are, our influence in our jobs, our possibilities with our relations, connections to friends, etc. for the work of the divine.

Mr. Shyam-Gupta reminded us that commitment does not mean only to show off in the public but means also the work in the background, the so called small and little tasks, the 'bonework' which has to be done by all of us and is most needed for the collective growing.

An Indian lady then claimed that generally our sisters in India are feeling a little bit suppressed by their husbands, brothers, ... but would like to take more responsibilities in Sahaj on them, if they are allowed.

Gregoire then pointed out that commitment also includes financial things and many of us say, 'my life belongs to Shri Mataji, my wife's life belongs to Shri Mataji, my children's life belong to Shri Mataji but my pocket belongs to me'. There are many projects in Sahaja Yoga which are waiting to be fulfilled and need to be financed. No difference if this are international Sahaj projects, national Sahaj projects or local Sahaj projects and it is our responsibility to sponsor them.

Several speakers then tried to come to an practical point of how to work out this delicate issue in Sahaj and various suggestions were presented. I only want to recall one contribution: Whatever we give to Sahaja Yoga for various projects is not a donation but an investment, an investment in the work of God.

The conclusion was, that the leaders will bring this suggestions to the attention of H.H.Shri Mataji for further guidance on what and how it should be done.



## COUNTRY NEWS

### (1) Lakshmi Puja : "Curraweela" Tarauga N.S.W. 2580

Tracy & Avinash Nickkawde wish to invite all the Sahaj Yogis to the Worship of Shri Mahalakshmi at "Curraweela" on Saturday the 5th of February 1994. Please come and enjoy the blessings of Shri Mataji and the company of the horses, chooks, sheep, cattle, Radar the dog, and of course the Yogis, amidst rolling hills, a bubbling creek, springfed dams and the sweet fresh air. Every one is welcome to stay overnight. R.S.V.P. 29th January 1994

Programme : Walks & Fun

Bhajan practice 2.30 pm

Puja 4.00 pm

### (2) Goulburn Concert & Exhibition

A free two hour concert & the Sahaja Yoga exhibition will be held on Sunday, 6th February 1994.

Concert : 10am - 12noon

Exhibition : 10am - 2pm

### (3) Goulburn & Crookwell programmes :

A 4 week course will commence in Goulburn at the McDermott Centre, Auburn St. on Saturday, February 19th. Time 2pm-4pm.

Crookwell 4 week course will be held at the C.W.A. hall beginning on Saturday, February 19th. Time 10am-12noon.

All yogis and help welcome.

### (4) Crookwell Show : 12th & 13th February 1994

Sahaj Yoga will be holding a stall at the Crookwell show.

### (5) Oberon & Bathurst Programmes:

A four week course will be commencing from Sunday, February 20th. Time and venue will be advised later.

AVINASH & TRACY - (048) 438-130

## SEMINARS GIVEN DURING INDIA TOUR 1993-4

From notes taken by Helen Jackson and Christine Driver with apologies for any mistakes, especially with not knowing speakers names.

Notes from Instructions given by Shri Mataji for things to be talked about at the seminars.

- (I) Who should be sent out of the Collective. - Those who have entered into litigation with each other. Those who are drinking and/or smoking should be given 6 months and then asked to leave. Before this the leader should inform Shri Mataji - sometimes this is enough to solve the problem.
- (II) Sannyas is not permitted in Sahaja Yoga - robes, malas, rings etc from other gurus are not permitted.
- (III) Some people who are possessed - it is better for them to be out of the Collectivity.

Before any of this we have to **HELP EACH OTHER TO MAINTAIN OUR BALANCE WITH OUR LOVE** for each other. We must have **COMPLETE CONFIDENCE** in our love for each other.

**AS WE BECOME MORE SUBTLE OUR CONDITIONINGS BECOME MORE SUBTLE. WE THINK THEY HAVE FALLEN AWAY - BUT NOT SO.**

## COMMITMENTS AND RESPONSIBILITIES OF SAHAJA YOGIS TO SAHAJA YOGA

Gregoire:

1. This is a chance for our childhood to end and for us to reach adulthood. We will still always be Mother's children. Till now it's like we have been too shy to use and experiment with our powers. We have to become competent and excellent at spreading Sahaja Yoga. We now have to pass another stage, shift up a gear. we cannot be sloppy and incompetent in dealing with new people. How can we 'Responsibilize' everyone? We have to be more efficient in organising our Finance, Publishing and all activities. Mother does it all - **WITH MANY INSTRUMENTS**. Our job is to become better instruments.

2. Mother has been talking since Easter about the importance of self-esteem and assuming your powers. We all need to make a decision:

"Have I ever made the decision to use my life for Sahaja Yoga?" Each yogi should sit down and say: "I decide to use my talents, strengths, many connections, whatever I have, to change my self and the world." We should say: "I am a Sahaja Yogi and I will do everything to repay my debt to The Divine."

PLEDGE:

About 600 yogis then made this pledge together:

"Shri Mataji, I decide to dedicate whatever I have, whatever I am, to Sahaja Yoga."

KEN (England)

6. Shri Mataji gives lots of hints that we're capable of giving large public programmes without Her Presence. We are the people the new Sahaja Yogis have to focus on. When Shri Mataji is there we all look at Her. We need to take the initiative. Time seems to be a problem. If we can find time for India Tour then we can find time at home to help fulfil Shri Mataji's dream. And it's a lot cheaper!

Indian Lady:

7. Women in India generally are not taken seriously. They have courage, energy, commitment and talent. Women should be able to go out together with their husbands and brothers to hold programmes. Indian women will go week after week rain, hail or shine with only a small number of people turning up to programmes.

We request of men to please respect women in India! Respect the shakti aspect in them. (Applause) First thing in Sahaja Yoga is to change the exploitation of women in the whole world.

Dr Niggam:

8. MAIN COMMITMENTS:

1. How Sahaja Yogis reflect themselves in public eg behaviour etc.
2. What is the state of your Magnet? If it is good it will attract people to us. We need to work on this. If we can be very honest with ourselves it will all work out.

Daniel (Austria)

9. We will be responsible for the musicians. The arts are coming together - music, poetry. MUSIC is going to WORK IT OUT. We have to find our own character and use it for Sahaja Yoga. The Artists' Network will support all work to spread Sahaja Yoga internationally.

We are privileged to be able to help Shri Mataji fulfil Her dream.

Vers Jaco (India):

12. Holds art exhibitions and donates the proceeds to her local Sahaja Yoga group. Spends her husbands money for expenses. Has worked for Sahaja Yoga in Madras for 11 years and last year became very ill. Noone could understand. They all said - Why you? She just worked on herself and wouldn't put it down to negativity - we're in a growing process. There's no positive or negative. The only things we know are compassion, love and help for each other.

Gregoire stood up at this point and said that as we are 'in the front line' of the battlefield it is possible that at any time we could take a 'stray bullet' and get sick. It is not always something that we have done wrongly.

Italian Gentleman:

13. We tend to make commitments and then forget them. "I am the spirit" Put this into our lives. Identify with the spirit and with Shri Mataji and nothing else. "I am the spirit" just relax and everything comes. When our generosity is mobilised then the money flows and more will be triggered.

Vicki (UK)

Whatever we do at the mental level in Sahaja Yoga is not enough. We should do everything with love for Shri Mataji.

Mother said: that we 'should have the commitment to Sahaja Yoga as God's children.'

We also have to be responsible for the mundane, everyday activities and commit to live as Sahaja Yogis - no-one should be inconvenienced or put out by any of our actions.

Must increase our communications and suggestions to Shri Mataji via our leaders.

Must help each other in every way.

When we are motivated then the money will be there.

Try putting the change from your pocket each day into a 'piggy bank' for a month and see how much there is to give to Sahaja Yoga.

Uncle Stephan (Australia)

The reason for doing anything has to be correct. Ask yourself: "Why am I doing this?" Your attitude is important. Then the commitment will be there.

To all 'Divine Cool Breeze' Subscribers

We have been advised that as and from the latest Divine Cool Breeze issued (Sept/Oct 1993) there will be no Red Reminder Notices sent. The date of expiry of each person's subscription will now appear in the top right hand corner of the label on the envelope which it arrives in.

To ensure that no issues are missed, may we suggest that we all send a renewal cheque as soon as the Yellow Reminder Notice is received. Theoretically, this should always accompany the second to last issue of a current subscription.

We are still endeavouring to obtain the back issues which were ordered quite some time ago and from recent enquiries we hope to have them very soon. These will be forwarded immediately they arrive.

To all our Brothers & Sisters who would like to subscribe to this wonderful publication, please send your request together with a cheque for A\$52.00 (annual subscription), made payable to either Sahaja Yoga or Divine Cool Breeze, to I G & J T Hamilton, 70 Joffre Street, Wynnum North Qld 4178. The publications are sent from America to us for distribution throughout Australia.

