

Forty-four people from Britain travelled by coach or plane to Cabella Ligure to celebrate Saharara Pujia along with approximately 1,600 other Yogis from around the world. For those of us who went by coach the 24 hour journey passed surprisingly smoothly, partly because there was room to spare but mostly because it was so good to be together. The inevitable breakdown occurred exactly at the motor way toll exit, not far from Cabella so the coach was towed away almost instantly for repair as it had been blocked by a queue and the authorities couldn't wait to get rid of us. Half a mile further on and how long would we have been left stranded by the roadside? A phone call to Cabella and promise of a mini-bus to pick us all up and we set off up the road in search of a café. The Czechoslovakian coach saw our little group straggling along the road and came back to offer a lift to as many as could squeeze in. Some of us arrived in Cabella with our Czechoslovakian brothers and sisters whilst the rest followed on shortly afterwards.

It was an unforgettable weekend, with perfect weather, meals eaten al fresco amongst wild flowers and broad birdsong. With Cabella cradled in the vibrant greens of the spring hillslides there was a freshness and exhilaration in Nature to mirror this unique and special event — the first European Pujia of the year. Germany and Austria hosted the weekend. Warm thanks to them for their kindness and hard work in looking after everyone so well. Friday and Saturday were spent relaxing and enjoying the sunshine and surroundings until the entertainment in the evening when Shri Mataji joined us for the first time. We enjoyed a multi-talented show. Traditional Austrian in national costume, the all-male clapping schupplap-tan dance, Indian music and a comedy with some of

A beautiful red morning sky greeted the 25 Yogis as they arrived at Stonehenge at 5am on Sahasrara day to perform Puja.

quoted by English Heritage.

the simple Tufa was joyful, despite the cold and damp. No musical instruments were allowed, but our Thajans were well supported by some effective verbal drumming from Geoffrey!

English Heritage were very respectful to us and, whilst strictly limiting numbers, they will be happy for us to return on a pre-arranged date.

Naomi Duxfield

So we're calming down now. Fewer... just let me catch me breath; OK from the top, here I go.

Well the Albert Hall held around 3500 people on the 5th June. The capacity is not much more than that. Very, very, very nice program. The first year it was fabulous, last year I felt it was sort of heavily going, but this year was undoubtedly the bestest; wonderful atmosphere, incredible talk on stuff by Sir Martin and what seemed to be a really nice crowd. Really lovely (get the drift?).

So this year we tried to arrange the follow ups a little more professionally, with a structured course etc. We're running it now (and about 160 people register for the seven week introduction (I'm starting to call it a 'Foundation course') course. The object this year is to be very gentle with newcomers and introduce them to SX at their own pace (rather than last year). So far so good. Registrations have now reached 200 or so (we keep adding on people who couldn't make it to the Albert Hall or follow ups but who have come direct to the addresses we put on the back of the leaflet). There are six, officially (funny word that, Nige) courses venues across London, with the other 10 or so meetings either at their own thing, or adopting the course of it their own. We've tried to structure it so that the same course topic is presented during the week at each of the meetings (so that if someone misses their regular meeting they can catch up the next day at another location etc).

We are having interesting times with the new format. I won't mention anything until it's over and we see how it's gone. Suffice to say that it doesn't work too well there's a couple of us who may be able to spring ourselves a few more times. What we hope to do is to do an advanced course and so keep those who are keen interested. Coupled with other bits and pieces. We've started trying to log where people heard about us, and put there seem to be a few come from the radio. We ran 5130 second commutes over the preceding week to the program on a London Jazz station. The voice over was done by a young actress, and the whole thing was neat in that it cost not a lot (or the ad at least) and it sounded very professional. The commitment area was ABC in London, (600,000 + listenership). An experiment really. We'll see.

Now what else? Oh yeah, it is Nick Burtin the tour leader, and no he is not out of SX. He's alive and well and pilching in on his own terms. Good mate he is.

What else? Oh please tell Helen a huge THANKS. The tapes arrived in good time, so what we've done is prepared a Foundation tape with 6 extracts of suitable talks of 20mins plus the story of evolution which will be the keynote of the seven week meeting (as a sort of introduction to the Advanced course). In this way we can now distribute a full structured course around the country if anyone wants/needs it complete with matching handout materials, course structure notes and a complete series of notes.

NEWS FROM
OVERSEAS



FROM AMERICAN
PRESS LAST
YEAR.

Real Issues About "Reel Women"

WHAT IS THE HOPE FOR A STABLE SOCIETY?

Where have all the religions gone wrong? Can we prove that God exists? How have the Bible and the Koran misrepresented women? In the Holy Trinity what happened to the primordial mother? Is there a cure for AIDS? Why are psychics dangerous? Why is the American Media so important to the world?

We are now entering a special time in the evolution of humanity. Today is that day prophesied by all the prophets and saints. The Koran calls it - The Resurrection, the Bible - Judgement Day, and the Astrologers predicted that such a time will come. In this "Blossom Time" we can end our emotional, economical, spiritual and global turmoil by first solving the problem of the human being. This is achieved through a process known as SELF-REALIZATION.



SHRI MATAJI NIRMALA DEV
Honored Guest

Now it is a special time for women, and not only because she can claim equal salaries or more seats in Washington. By restoring the image of "Womanhood", we pay honor to her "mothering energy" of love and compassion, and thus, the spiritual survival of our nation.

Audrey Hope's REEL WOMEN, dedicated to creating positive female role models in the media, presents a special two part program with honored guest Shri Mataji Nirmala Devi. Shri Mataji is a world leader and former associate of Mahatma Gandhi. Shri Mataji has traveled the globe many times over, but it is here, in America, in the midst of media and all its power, where she is needed the most.

"HE THAT HATH AN EAR, LET HIM HEAR".....



THE AUSTRALIAN

Sahaja Newsletter

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THE RED EARTH

Said a tree to a man, "My roots are in the deep red earth, and I shall give you of my fruit".

And the man said to the tree,
"How alike we are. My roots
are also deep in the red earth.
And the red earth gives you
power to bestow upon me of
your fruit, and the red earth
teaches me to receive from you
with thanksgiving".

from 'The Wanderer'
by Kahlil Gibran





AUCKLAND NEWS.

They say that variety is the spice of life;
Mother, tell us of detachment
and the will to witness,
smilingly to watch the 'play',
and to purify our desires.

There's a jewel in the heart of the lotus,
Stillness in heart and mind.
As we adjust our orbits in this universe
We fulfill Shri Mother's Desires.

Beginning to understand the Power and Benevolence
Of the blessings of the Adi Shakti;
Our Will is inspired,
Our hearts' raised up
And the Dharma of Sahaja is duely done.

So, it has been heartening to recognise the changes
for the Auckland Ashram lately as meeting new challenges
and helping in the spreading of Sahaja Yoga.

Due to complaints from neighbours and a confronting
letter from the local council we have begun to hold
our meditation programmes at various 'friends' houses.
Next week we begin new modules for new and established
yogis at the College of Education (Mt Eden). In taking
our 'at home' classes to new locations it has allowed
others to become more involved with programme running.
Hopefully, being in the public eye will attract more
seekers.

There have been some departures from the house here
- attracted by and to the benefit of Australia!
We are expecting new arrivals this weekend. However,
we send out the following message -

"Wanted - 3 or 4 dynamic yogis/inis,
to help spread Sahaja Yoga
in the beautiful land of New Zealand.
Rooms available now.
Enquiries to 09-625.8888."



7.

NEWS FROM INDIA

Following my recent visit to enroll my daughter at the Sahaja
International School, I have had various enquiries from around
Australia about the children and general progress. So this con-
tribution to the news letter was thought timely.

My introduction to the Indian summer was sitting in a non-air-
conditioned taxi at 43 degrees on our way to the old temple in
Delhi around 10pm. It was hot! As my directions were not the best
we ended up at a hotel with air-conditioning.

After some general enquiries I was advised the best way to the
Dharamsala area was flying to Jammu and getting a 2 hour taxi
ride. I learnt that it was not the best way. After meeting a
closed shop of Sikh taxi drivers an expensive 6 hour epic ensued
in 46 degree heat covering 3 States. Oh how relieved I was to see
the School.

It really is a vision of heaven. 120 children living in a moun-
tain paradise with such clear vibrations. Within a short space of
time I could completely understand why Shri Mataji had worked so
hard to get it established.

It was also a pleasant 30 degrees although the locals said it was
the hottest its been for over 50 years. Bunsuri immediately
settle into things with the dorm ladies setting up her bed and
making her comfortable brushing her hair and introducing her to
the large dining hall in time for dinner.

After distributing those ever so small parcel sent by the other
parents that took up half my suitcase, and some dinner I stayed
at guest house owned by a Sahaja Yogi nearby.

The next day I spent meeting various School Officials including
Senior School Principal Ms Chitnawas, Mrs Deshpande Junior School
Principal, various teachers and of course Mr Reddy School Admin-
istrator.

During my meetings with Mr Reddy he expressed his concern that
some children particular from Australia were taking some months
to settle back into the routine of things and feeling the joy of
the spirit. There was also a problem with doing the homework
where many children returned to School with none or very little
complete. He had observed that many children returned with some
materialistic and selfish notions of the west that had upset
their balance state imbued at the School. This was all stated
with a very warm heart and only concern for the children, not a
critic of parents. The onus is however on us as parents to main-
tain the qualities and vibrations being developed at the School
and not to contribute to their demise by our unwitting actions.

Just illustrate this point all teachers and children meditate
twice daily with clearly structured class and leisure time.
Classes operate Monday to Friday and half day Saturday. Usually

on Sunday the School has some collective event or outing.

My observation was that the School is the best environment to
instill a Sahaja Yoga lifestyle without the materialistic and
degenerating nature of our society impeding their growth. It is
Sahaja Yoga in full bloom with a very dedicated group of yogis
given the responsibility to carry out this vision.

In finishing, I would like to support the efforts of Rob Richard-
son in raising funds for the office automation at the School for
which is urgently needed. An amount of \$10000 would give a fax,
photocopier, uninterruptable power supply, computer with word
processing and laser printer, all with local support. A very
worthwhile project.

My regards to you all,

Robert Henshaw.



Thou Art There

The fitting of a light in desert dusk - thou art there.
The weary duty of the Magian's forced ritual - thou art there.
The movement in response to another movement - thou art
here.
Not in the book of the scribe, but in the smile at it - thou art
here.
The Grace of the graceful, not the mind of the graceful -
thou art there.
The question and answer: between them, not in them -
thou art there.
Between the lumbering paces of the elephant - thou art there.
In harmony, in love, in being itself, in truth, in absoluteness
- thou art there.
The pearl rejected by the oyster-fancier - thou art there.
The inexplicability of non-rhythm, of seeming change - thou
art there.

The interchange, pulsation, sweetness, silence, rest:
In congruity and in incongruity - thou art there.
In the glow, the spark, the leaping flame, the warmth and
the burning; in the relaxation and the agitation: Thou art there!

Haykali

-- From the way of the Sufi --

- Idries Shah

SYDNEY NEWS

News from Goulburn

To Tracey and Avinash - a boy born 3.30 am 23rd June 1994
All well and happy. Congratulations & love from us all.

The festival in Lackey Street, Summer Hill last Sunday was a
great success. Sahaja Yoga had a good position in the village
square where hundreds received their realisation.

We were well received and invited to attend other festivals in
the future.

COME LIVE IN GLEBE.

There are two lovely big rooms available for couples or single
yogis. Close to transport and the uni. There would be
opportunity to assist with programmes in Glebe.
Address 218 St. John's Rd Glebe. For more info. contact Prue. 566 4021



"There's an inspector here from the Board of Health who
would like to see the chicken soup."