

BURWOOD FRIDAY COLLECTIVE PROGRAMME ROSTER.

Hornsby June 3RD SATURDAY
Hornsby Heights June 9th.
Hurstville June 16th.

P.S. Don't forget there is a Sunday programme starts 10am for "newish" & "old" yogis, at 10 Clarence St. Burwood, come and enjoy.

For more info ring Coogee (02) 665 8210.
Volunteers needed to attend Sahaj stand.
SAT. 10am-9pm & SUN. 10am-6pm.
25th - 28th May '95.

BODY, HEALTH & HARMONY FESTIVAL

REMINDER

Where possible please bring your own plates, cutlery and cups. There should be placed outside of the Jyoti hall on arrival. Washing up facilities will be provided.

Setup
Wollongong, Globe
Gurriville, Eastern Suburbs
Cooking, Wash-up
North Shore, Burwood

The Adi Shakti Jyoti will be held at 11 am, Sunday 4th June at Burwood.

Adi Shakti Jyoti

Important Notice: Next week's programme will be held on Saturday 3rd June instead of the usual Friday night. The programme will start at 7.30 pm and will be a given on the evening before Adi Shakti Jyoti. Gurnsey and Wollongong are providing the setting up. There will not be a programme on Friday night. The Jyoti will follow on the next day, you are welcome to stay the night at Burwood, but please ring Burwood and inform them. A small fee will be charged to cover breakfast, tea and coffee etc. Also please feel welcome to provide assistance with the Jyoti setup. There is also the opportunity for those people not on the Jyoti roster to provide assistance.

Next Week's Programme

THE AUSTRALIAN STRATHFIELD Sahaja Newsletter



Contributions:
Carole McNeill: (02) 560 6921 Phone & FAX
Burwood Fax. (02) 745 4927

MAY 26TH '95

WANTED URGENTLY!!
FOR THE LIBRARY

A DESK, A TABLE & A CABINET

If you have any of these lying around, not really needed, even temporarily, and are willing to donate or lend, please contact Reyhan Phn (02) 744 8113 or Burwood. The library needs them as from THIS weekend, and will be very appreciated.
Thank you.

FORESTVILLE FESTIVAL DAY - Sun 21st May

It was a very pleasant social outing for about 10 yogis and yoginis at the Forestville festival. About 40 people received their realisation, with the newest yogini (A primary school girl who recieved realisation that morning) bringing about 10 of these people to the stall. In one case a four year old girl was sitting waiting for a yogi to attend to her. While she was waiting she kept saying "I am not feeling anything yet", and then all of a sudden she said "Ooo there it is".

URGENT! URGENT!

ALL CHEQUES FOR THE NATIONAL PROMOTIONS CONTRIBUTIONS
MUST BE MADE OUT TO

"LIFE ETERNAL TRUST"

AS FROM NOW ALL CHEQUES NOT MADE OUT TO "LIFE ETERNAL TRUST" WILL BE RETURNED TO THEIR OWNERS TO BE CORRECTED. THE BANK REFUSES TO ACCEPT CHEQUES NOT MADE OUT TO "LIFE ETERNAL TRUST."



PLAYGROUP

There is a playgroup starting at Normanhurst (near Hornsby) for children 0-5 years.
Days: Mondays & every alternate Thursday.
Cost: Approx. \$25 for 14 weeks.
We will be commencing 5th June so anyone interested must ring by this Monday 29th May.
Libby 482 1554 or Tracey 487 3987

(5)

A LETTER FROM EFREM.

Hi everyone,

Please remember that what follows is an estimation of the Sahastrara Puja talk which relies on the memory of Helen & I and, hence, is not meant to "quote" Shri Mataji directly.

The 25th Anniversary Puja of the opening of the Sahastrara Chakra in 1970, was held on Sunday 7th May 1995. It started at about 5pm and took place in the new gigantic hanger that Frank Giannasi and his team assembled over the week or so before. There were about 1,300 yogis in attendance. This is a fairly accurate estimation as I went to those that knew (ie: the cooks).

The stage was arranged beautifully with a immense pink lotus (about 6 metres across) behind Shri Mataji's chair. The "middle" of the lotus faced the crowd and contained a blue spiral design, coiling outwards from a universe of stars. Simple but spectacular. Beside this open flower, flags of many nations were hung.

Shri Mataji sat in Her brass chair. This is truly something to behold. The backing was paisley shaped with red material for the cushioning. The arm rests were two standing lions, all shining brass, fashioned exquisitely.

Shri Mataji's Puja talk seemed to span many subjects, which seemed quite connected. Here are some points about which She spoke. Again, they rely on the memory and accuracy of one or two yogis, so make of what you will.

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*AT THE END: Shri Mataji said that this is a short Puja, as the way to open the Sahastrara Chakra is to open the heart. This happens quickly.

*NOTE: The night before the Puja, we had a procession through the village and up to the hanger (by Shri Maji's house) with the flags of many nationalities held high on posts. We then lined the road (from the house to the hanger) with yogis holding the flags aloft; forming a corridor. Shri Mataji was driven through this and took Her place, in Her chair, on the stage. Each flag bearer then laid his/her flag at Shri Mataji's feet. The flags were stretched out and Shri Mataji looked long and hard at each one. Phillip, the German leader, then spoke. He laid all the world's countries at Her Lotus Feet. He asked that all the barriers be wiped away so that there could be one world, one human race. He said how significant this moment was, as it was 25 years since the greatest event had occurred - the opening of the Sahastrara. It was 50 years (to the day) that the worst event, World War II, had ended. He proclaimed that we look to the future of another 25 years with Shri Mataji.

We then had a music programme that went until 5am in the morning!! This included: choir recitals; classical Western music; traditional Austrian dances - Austrians, Germans and Greeks hosted the Puja; a play; Classical Indian dance and a sitar concert.

At the end of the night Shri Mataji praised everyone and came back to the presentation of the flags.

Shri Mataji said two things.

(1) The flag represented what was noble in each country and is what we wish each country would be.



(6)

*25 YEARS of the Sahastrara Chakra being open. Shri Mataji spoke about climbing a hill. Some say that when climbing, we should not look down. However it is good to look back and see how much we have achieved. We should be glad about what we have achieved.

*REVENGE: Human beings should not take part in revenge. This clouds the heart. We should let the Divine sort it out, if someone wrongs us. Rather than revenge we should develop compassion. Shri Mataji gave the example of one Sahaj yogi who pleaded the case of another Sahaj yogi. This pleased Her immensely because of the compassion shown. Also, everything comes back. So leave it to God to work out.

*DEATH: Don't be afraid of death. You don't have to think about it. In particular you should not fear it. There is nothing to fear as you feel free once liberated from the body. You can do what you want, return for another life, or not, as you please.

*SPECIALITY: No one is special. That is, no one is more special than anyone else. We are all of the same value to God. Shri Mataji gave the example of someone whom She asked to rub Her feet with oil because this person had a bad Agnya Chakra. Shri Mataji tried to help this person, but the person just came out thinking that he/she was special.

*ABOUT THE HEART, SPECIFICALLY: We should develop compassion. It is a sin to be afraid. We should not feel hurt all the time. If we have felt hurt it is because we have hurt others and we are frightened of getting it back. We should not get angry. Also, things that will close the heart are being too meticulous and having "systems" for everything. Following set rules and restricting yourself (ie: with mental ideas of things we should and should not do) kills spontaneity and closes the heart.

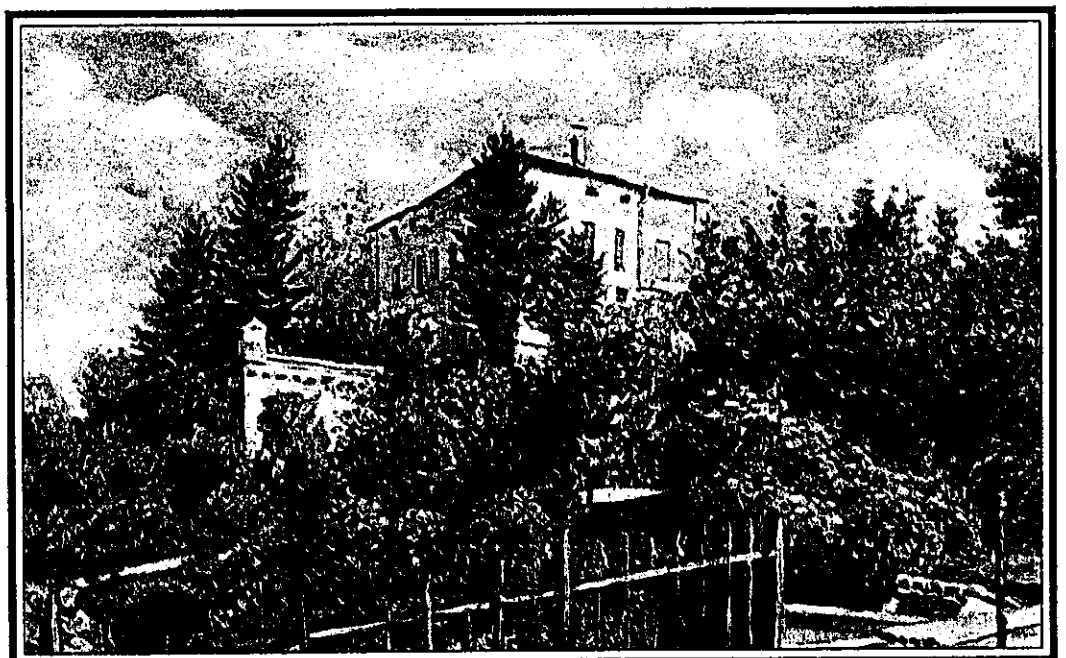
(8)

A flag is a sublime ideal. Shri Mataji said that She was full of emotion and She felt how much we desired these countries to be saved.

(2) The hanger (in which we sat) was not completely finished and we, therefore, were not completely protected. In the same way, when the Sahastrara Chakra was opened, it was not completely protected by Sahaja Yoga but this happening has still grown and flourished even without full protection. Nor has Sahaja Yoga grown with full protection - but it has grown nonetheless!!!

Well everyone, this is the essence of what we could come up with. The essence without the trimmings (ie: meals, camp details, little things etc....)

Love,
your O.S. correspondent,
Efrem.



The Castle in Cabella, Italy.