

NEWSLETTER APOLOGY.
Due to the photo-copier ~~down~~ **BREAKING** down we were unable to print last week's Newsletter (10th Feb.). Fortunately, the copier has been fixed, and we are able to give you last week's as well as the current issue.

FEB. 1996	
28	Wed. Travel to Hong Kong.
29	Thu. Travel to Sydney
MAR. 1996	
1	Fri. Arrival Sydney
2-3	Sat-Sun. Puja Weekend
4	Mon. Sydney Public programme.
5	Tue. Travel to Taiwan
6	Wed. Taiwan Public Programme.
7	Thu. Rest.
8	Fri. Travel to Hongkong
9	Sat. Public Programme
10	Sun. Rest
11	Mon. Travel to Kuala Lumpur
12	Tue. Public Programme
13	Wed. Rest
14	Thu. Travel to Bangkok
15	Fri. Public Programme
16	Sat. Rest
17	Sun. Travel to Delhi

H. H. SHRI MATAJI'S ITINERARY FOR AUSTRALASIA TOUR 1996

THE AUSTRALIAN **STRATHFIELD**
Sahaja Newsletter

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FEBRUARY 17th '96

The main thing that one has to understand is that the time has come for you to get all that is promised in the scriptures, not only in the Bible but all the scriptures of the world. The time has come today that you have to become a Christian, a Brahmin, a Pir, through your Kundalini awakening only. There is no other way out.

Shri Mataji Nirmala Devi

SONGS OF KABIR

XXIV

II. 48. *jis se rahani apār jagat men*

MORE than all else do I cherish at heart that love which makes me to live a limitless life in this world.

It is like the lotus, which lives in the water and blooms in the water: yet the water cannot touch its petals, they open beyond its reach.

It is like a wife, who enters the fire at the bidding of love. She burns and lets others grieve, yet never dishonours love.

This ocean of the world is hard to cross: its waters are very deep. Kabir says: "Listen to me, O Sadhu! few there are who have reached its end."

Date	Airline	Flt.No.	From	To	Departs	Arrives
28/2/96	Swiss Air	SR 170	Bombay	Hongkong	0945	1720
29/2/96	Qantas	QE 28	Hongkong	Sydney	2030	0815 1/3/96
5/3/96	Qantas	QE 27	Sydney	Hongkong	1100	1700
5/3/96	CathayPac	CX 402	Hongkong	Taipei	1815	1940
8/3/96	Thai Air	TG 633	Taipei	Hongkong	1540	1720
11/3/96	Malaysian	MH 073	Hongkong	Kuala Lumpur	1430	18 10
14/3/96	Malay/Thai	782	Kuala Lumpur	Bangkok	1525	1625
17/3/96	Thai	TG 315	Bangkok	New Delhi	2005	2250

H. H. SHRI MATAJI'S AUSTRALASIA TOUR 1996

A YOGI'S MEMORY OF INDIA TOUR.

One of the delights of the recent India Tour was the heavenly voice of Hemlata. She sang at music programmes at Delhi, and Yama Nagar, then performed at Public Programmes near Yama Nagar. Her voice powered out of the P.A. systems which were turned up to overcome the roar of generators placed near the pendles. As she sang 'a sweet chord was struck in the heart', and a dynamic stream of clear vibrations seemed to shoot above Sahrasara. At the Yamuna River her full bodied "Allah O Akbar" created a sensation amongst those present

Hemlata is said to be the second from the top Hindi movie "voice-over" singer and is usually accompanied by a twenty piece orchestra. On the Sahaja Tour she managed admirably with the backing of a tabla and a fairly basic synthesiser.

She has co-produced two music tape for Sahaja Yoga, the latest called "Mua Adi Shakti" was released a Ganapatipule last month. Another delight a Yama Nagar was the Subtle System Display, lit up and animated, by scores of flashing chaser lights. Chakras and channels could be switched on individually, or all together. The chaser lights created a sense of flow and when they switched on the Central Channel with a shower of lights spraying from Sahrasara, many yogis in the audience felt a corresponding surge

of cool vibrations and thoughtless awareness. JAI SHRI MATAJI!
Peter Boland

To highlight the **INTERNATIONAL ASPECT** of Sahaja Yoga, it has been suggested that we display posters from all over the world as part of the exhibition that will go up in the foyer at Darling Harbour.

If anybody has Posters advertising Shri Mataji's public programs in other countries, and could lend or donate these to be used at Darling Harbour, please contact Alice or Elizabeth at Ramsay St - 798 4051

We will need to get them as quickly as possible so that they can be laminated etc ready to be used. Thanks.



For "Buffy" the Burwood dog.
♥ ♥ ♥

FROM VICTORIAN NEWSLETTER. FEB'96.

MAHASHIVARATRI PUJA BOMBAY 1993 (Translated extracts from the Shri Mataji's Hindi talk)

What is self-realization? We all should understand its meaning. Because, after self-realization, you enter into a three-dimensional state of experience. First is the seer, second is the object which is seen, and third is the art of seeing. All the above three aspects are integrated when you become the mirror. That is when the Shiva principle is established in you.

After self-realization, you become a Sahaja-yogi, but to become a Shiva-yogi you have to have a total Faith - enlightened faith - without which your devotion - bhakti - is meaningless. Unless your devotion and faith connect you to the all-pervading power of divine love - Paramchaitanya - it serves no purpose. Shiva is fearless. We also want to get rid of our fears. We are saints but we still commit mistakes. Shiva is extremely forgiving. We also must forgive. Everyone must give up wants; do not give unnecessary importance to money. Be contented, do not worry about physical comforts. You all must forgive also. Do not allow jealousy and hatred to overpower you. Leave everything to the divine cool breeze. Understand that you have evolved from human awareness to divine awareness. You must get rid of all your bad habits and you must develop a tranquil nature.

You should not be bound by any religious strictures. When you dive deep into the sea of Shiva-principle, you will realize that all incarnations are the indivisible part and parcel of the same Shiva-principle and He is present in all of us. You must introspect and observe yourself. Do not bother whether others are taking to Sahaja Yoga or not. You cannot compel anybody to come to Sahaja Yoga. Understand your Self, and looking at you people will be inspired to take Sahaja Yoga. Once you assimilate this great principle, you will become so powerful that more and more people will get transformed and eventually this world also will be transformed. It is also because of this Shiva-principle that you Sahaja Yogis have love and affectionate feelings for one another. With introspection only, you will grow.

[our thanks to Mr. Ashok of Pune, who is currently visiting Melbourne, for the translation]

FOR INCLUSION IN THE NEWSLETTER DATED 17th FEB. Please.
Jacqueline Coulter
Pelaw Main.

BAMA MAMA has said,
"Flowers only grow to be offered at the feet of the ADI SHAKTI."
May we who are attending to the flowers for our Holy MOTHERS tour, humbly request a few things which are now in short supply.

1. Buckets :- from anyone who is intending to buy new buckets..
2. Vases :- large to medium.
3. Pot plants :- in terra cotta or glazed pots. (to decorate the entrance to the little Paramatta cottage.)

Flowers :- If anyone desires to bring extra flowers to place before SRI MATAJI either at Bundilla or Burwood this is fine.
If there is anyone who can lend 1, 2 or 3 please could they label them & bring them along to Bundilla, then retrieve them after the Puja either at Bundilla or Burwood.
The Puja flowers will most likely return to Burwood.

Thank you