



Enquiries to Simon & Ellen (043) 533309 or Sue (043) 512292

As you can see there is need for extra help to make this weekend a great success, and a great opportunity for clearing out the Central Coast area, especially of all the unwanted "New Age" things which are preventing the growth of Sahaja Yoga.

We have been offered an indoor space in the New Age Hall, as well as an outdoor stand which will be used as a cake stall to raise funds for the new property. In return for having these free stands the Sahaja Yogis have been asked to start the show off with a meditation.

1. Be there!
2. Sahaja Yoga Meditation to start the show!
3. Giving Self Realisation
4. Bringing deliciously vibrated cakes for the fundraising cake stall.

HOW? 1. Be there!

WHEN? SAT, SUN, MON, 8th, 9th, 10th June

WHERE? At the GEN, CRAFT and LEISURE SHOW, GOSFORD SHOWGROUND

WEEKEND OF SPREADING SAHAJA YOGA ON THE CENTRAL COAST

Quick Report on the China Trip

By all accounts the recent trip to China was an astounding success and has done much to promote the cause and the introduction of Sahaja Yoga into China. Ostensible the reason for the trip was to attend a medical conference on the treatment of Epilepsy which presented us with an opportunity of presenting medical evidence on the efficacy of Sahaja Yoga in medical treatment. But it also presented us with an unique opportunity to meet officials from the Chinese Government and to present Sahaja Yoga to the highest levels of the Chinese Administration.

Yogis from Hong Kong, France, Russia, UK and Australia rallied to the cause, in all around 20 Sahaja Yogis formed a well organised and dedicated team which presented Sahaja Yoga in the best possible light. At the conference itself the workshop hosted by Alex, Bogden, Ramesh and other Doctors was well attended and well received, and through the conferences contact was established with a network of Chinese officials within the Department of International Relations, Sports Ministry and the Department of Health. Interest was also expressed in conducting collaborative research on the effects of Sahaja Yoga on health.

Shri Mataji was in contact with the group during their week in China and She was very happy with the excellent work that they did, and the results they had achieved. She said they were all doing Sahaja work, and a lot of good would come out of it.

There has been some tentative agreement that some of their hospitals would offer Doctors a six month training course in Sahaja Yoga which Lyndon would deliver, and that these Doctors would receive a diploma in Sahaja Yoga practice. During their efforts they made a very good contact with an official within Li Ping's office, so this is a very promising start for Sahaja Yoga within the Chinese establishment.

Manly Program

The successful Manly daytime program running since Shri Mataji's tour is coming to an end on Wednesday May 15th.

An EVENING program on a Monday (7.30PM) is proposed if there are yogis who could help run/attend. The meeting room at the Manly Library is available from Monday June 3rd.

If you are interested, please contact Ruth Cross as soon as possible. Phone: 99829778.



Let us clearly state that we will be purchasing a property. We are clearly committed to securing a property and we have been provided with a number of raised funds for its purchase. Given our numbers its financing should be achieved. As a collective of realised souls there is nothing we cannot achieve when we come together and undertake a great collective task. Collectively there is nothing that provides as much joy as realising a great task laid before us. To be successful in the realisation of a project such as this is an achievement that we will enjoy for many years to come and something of lasting importance for Sahaja Yoga and for our future generations. The moment is here, each one of us must look within for our response.

The dream of a country property has been with many of us for over ten years. This dream has come to fruition in different forms at locations throughout Australia such as Gidgeranup, Warrnambool and Somerville. Those of us who have so desired that a further property would one day be purchased in the country have felt that it would become a reality at a time not of our choosing, but of Shri Mataji's. That time has now arrived! But to turn this dream into reality it can only work if the maximum number of people possible get involved now.

It is not often that Shri Mataji specifically asks us to accomplish a task of this scale, and the manner by which to achieve it. With the positive desire, vibrational support and help of national collective we will be successful, but we need all your support.

We would continue to encourage people to participate as best as they are able in order to secure the funds required to enable us to complete the purchase of the property. An offer time with which to raise the required funds to complete the purchase.

The Collection is still underway and we would like to take this opportunity of thanking all those individuals who have helped us get to this point. It has provided us with much encouragement. We have reached the half-way point in relation to our targeted amount. To those who have not as yet contributed to this National Project we humbly seek your ongoing support.

Negotiations with the owner for our original choice of a Country Property to the South of Sydney are still underway, to date the owner has not accepted our offer. As a possible alternative we have looked at another property to the West of Sydney, this property has existing buildings upon it. At present we are pursuing both properties. Our aim is clear, we will be purchasing, that property which offers the best long term advantages in the most cost effective way possible to the collective.

Country Property

THE AUSTRALIAN STRATHFIELD Sahaja Newsletter



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MAY 4th '96

Sahasrara Day



"the whole expansion takes place when you enter inside "your Spirit" and start seeing through the eyes of the Spirit... there's such calm, such peace, such bliss within you..."

Shri Mataji Arunima Devi



GANESHA PUJA
Cabella Ligure
September 27 - 29 1996



Dear Brothers and Sisters in Sahaja,

This years Ganesha Puja is being hosted collectively by Australia, New Zealand, Malaysia, Thailand, Taiwan, The Philippines, Hong Kong, Japan, Indonesia and Iran. The co-ordination for the Puja weekend preparations is being carried out by Australia. Uncle Michael has appointed a committee to oversee this. The committee is Fred Meyer, John Tedesco and Joe Salomon.

The Puja is about five months away, so now is a good time to begin the preparations. The committee has had one meeting to define the tasks. The next steps are to determine the resources available to us and to establish the organisation and ensure that preparations proceed in the most suitable way.

In terms of the tasks, each person attending the Puja must understand that the prime reason for attending is to ensure that all preparations are made to the best of our ability and that the correct protocol is observed. This clearly means that there will be jobs for everyone and that by necessity each attendee has to make a commitment to the collective effort.

There is no doubt that if we proceed with this attitude, our hopes and aspirations for a successful and enjoyable Puja weekend will be realised. To offset the work that must be undertaken, we have the privilege of attending to Shri Mataji and all our Sahaja brothers and sisters from other countries.

In order to establish what our resources are, and to begin making travel arrangements, the organising committee needs to know who will be attending. This includes those people who know at this stage that they will be able to attend, and those who are hoping to attend but are not sure if they can. For NSW people please reply directly to Joe Salomon on 476 2206. For interstate people please inform your leader or his representative who can then inform the committee. This information is needed by 18th May.

An evening will be held at Burwood soon to discuss the arrangements. In the meantime all state and country leaders will be contacted. For information please contact any of the three people on the co-ordinating committee;

Fred Meyer 477 2282, John Tedesco 746 6472, Joe Salomon 476 2206.



JAI SHRI MATAJI



WANT TO BUY A

GANESHA PUJA - CABELLA
RAFFLE TICKET?

In Sydney, see, either Therese O'Leary or
Carole McNeill. Tickets \$15ea or
\$25 for two.



From the Internet E-mail 3 May 1996

Indian Elections

This Tuesday (May 7th) is the third day and final day of voting in the national elections of elections. (The controversial voting in the state of Jammu and Kashmir will be on May 21st.) There are two new ingredients in this year's election. One is the stiff new rules by which the game is being played. The other is the arrival of the Satya Marg Party on the Indian political stage.

The election reforms are in large measure due to the uncompromising values of T. N. Seshan, head of India's Election Commission. Mr. Seshan's reforms include many new rules. Some are as basic as spending limits and restrictions on posters and microphones. Other changes are aimed at bringing a new morality and dharma to the often corrupt election process in the world's largest democracy. Mr. Seshan is a Sahaja Yogi.

The rules, now in force, address head-on the issues of cheating, lying and bribing. Additionally, candidates are restrained from criticising their opponents private lives, making false accusations and raising issues of religion and caste. Mr. Seshan's rulebook states that elected officials cannot use the campaign to announce financial grants, lay foundation stones or make any promise of roads, provision of drinking water facilities, etc. One prominent Member of Parliament has noted that the election reforms have to some extent improved the election process. It has given confidence to the people that politicians can be taken to book. We can be controlled.

The second revolution of the election in India is the Satya Marg Party. This is a political party made up entirely of Sahaja Yogis. While the movement has no official ties to Sahaja Yoga, it has both the blessings and the encouragement of Shri Mataji. Satya Marg means True Path.

In their election literature they address the electorate as Seekers of truth in politics. They desire to grow lotuses in today's horrible political quicksand, whose fragrance will fill up the atmosphere. Using the image of the triangular sacrum bone and the coiled kundalini as the party's identifying ballot imprint.

The issues addressed by Satya Marg are the problems of political India, but they can also be read as world-wide issues. Addressing the recent revelations of political corruption, the campaign literature, in part, reads:

- The Indian politics of the present era has entered into such a dark phase that it only smells of the self-centredness of the ministers along with their lofty ambitions, dishonesty and is devoid of any integrity. It is perhaps the fashion of the day, where these politicians have become the enemies of the nation, instead of becoming benevolent rulers. Service to the nation is no more an ideal to them. It is most depressing that they have no shame nor awe of God for their misdeeds. It is being done openly. Today politicians and corruption have become synonymous.
- The need of the hour is, that all those patriotic citizens with calibre, ideals, depth and integrity and who are connected with the power of the God, must unite together to take up the responsibilities of the nation's benevolence. "SATYA MARG PARTY" has been formed with this pious aim. We have with us ideals, efficiency, divine power and guidance. The reflection of truth in our words and deeds is the introduction of the party. Truth and love are one and the same and we know that it works through the power of God only.
- Satya Marg calls for one uniform law code, the universal education to twelve years and free higher education based on merit. The party invites politicians to experience the enlightened light of truth and to give up the national divisions of castes, religions, regions

NEWS FROM BEIJING (by no means definitive or complete...)

The Sahaja Yoga medical delegation visited Beijing in order to participate in the World Congress on Epilepsy. Professor Rai (author of "Medical Science Enlightened") was the head of the team, supported by doctors from Australia, Russia, France and the UK. Professor Rai presented a paper on his studies into the treatment of epilepsy through Sahaja Yoga. It was well received as a preliminary study. In another session Dr Bohdan gave an introduction and Realisation to a group of doctors. Much networking was done over the few days by the rest of the delegation. One of the sessions was attended by the Deputy Minister of Health who expressed interest.

On Thursday a very productive and exciting meeting was held with senior members of the Ministry of Health (in areas of both traditional Chinese and modern "Western" medicine) and Prof Rai, Dr Ramesh Manocha and Alex Henshaw. The result is the acceptance of a proposal to establish in Beijing a Medical Research Centre to teach and research Sahaja Yoga. A draft proposal is currently being compiled. The Chinese authorities have offered to match our team of health workers with similarly qualified local people. If this pilot scheme is successful, similar clinics can be established all over China. Some of the discussion covered the cultural similarities of China and India and the importance of such a proposal in forging good relations between the two countries. The Ministry officials would like to invite Shri Mataji to attend the inauguration of the research centre in August this year.

By fortunate coincidence there were many Sahaja Yogis in China during the past week. Six of the senior girls from the Dharamsala school (including our own Shanti Wright) had been invited to attend the auspicious Kite Festival, an annual cultural event, in Qingdao, Shandong Province. The invitation was arranged by an Austrian SY journalist with cultural links with China. After their time in Qingdao the girls met up with Alex and all in Beijing and with great excitement told him of their wonderful experiences. Due to the Austrian connection, the girls and Yogi Mahajan, wearing full "Indian" costume walked under the Austrian banner in the parade. They stayed in a luxury hotel, complete with Star TV, pool and gym. The girls were awarded the Gold Medal for their performances and received great acclaim and media attention. They met many other girls their own ages and made many friends. In all it was a great success, and they have been invited to attend again next year, perhaps with a larger delegation from the school.

Jai Shri Mataji!

Asmira Woodward-Page will return to Sydney for about a month. She will be giving concerts around Sydney, please refer to the pamphlets in the hallway at Burwood for dates & times.

SPECIAL OFFER. On Sunday June 9th at 2.30pm, Asmira will be playing at St. Steven's Uniting Church, Macquarie St. Sydney. If you would like to attend the concert, Asmira's mum Prue Page has a "special yogi price" of \$5 each, Normal "at the door" price \$20.

To take advantage of this offer, please buy your tickets from Prue well before the concert date.

and wealth. They see the necessity of the spiritual progress of woman while at the same time reducing the terror created by power-hungry women.

Satya Marg is against foreign debt, false gurus selling spiritual knowledge, the proliferation of multi-national companies in Indian and the over-production of substandard Indian goods into the international marketplace.

They call for the return of Indian wealth hidden in Swiss banks and the construction of remand homes for criminals, terrorists and the like. Children with wise understanding should receive technical knowledge. Suffering women should be saved from prostitution and given self-respect.

National wealth should be used to give direction to art and artisans and industrial production should be increased in some areas. Only goods made of natural materials need to be exported, as they reflect the India's art, craft and cultural heritage.

The Satya Marg Party advocates a total national prohibition of alcohol.

This country is run by Param-chaitanya (Divine Power), but we seemed to have taken no advantage of this power of Love. The spontaneous collectivity of the instruments of God almighty in Satya Marg Party want to surrender themselves to the power of God and fearlessly take up the responsibility of rebuilding the nation.

Satya Marg has been spontaneously formed by the supreme grace of God, which is above all caste, greed, religion, race and region. We desire to see the whole of society as one beautiful garden of fragrant flowers. All those citizens who are for the truth in politics and want to see the God's kingdom on this earth, who are patriotic and truly want to transform the nation without any self-interest, are the part and parcel of the party. The Satya Marg Party promises self-realisation to all those who desire it.

The need of the hour is the collectivity of good people. The fraternity of evil people has always existed. If all of us who desire benevolence of the nation become one, no power can break us. If we want to experience the joy of life, if we want to bring back our Nation's lost glory and pride, if we want to eliminate the evil, we will have to come forward in the political arena with faith in the power of God and our conscience will encourage us to do so. Just imagine that. Will God ever want his wonderful creation to be destroyed by a handful of evil people?

COME! let us endeavour to build the nation, to recover the stolen wealth from the greedy, antisocial politicians, to give free education and unique knowledge of self-realisation. We need to get rid of thefts and rapes, robberies and murders, kidnappings and terrorism. We must also get freedom from the Government sponsored "Mafia." There is no place in Satya Marg for the shallow and the complacent. The nation shall be made to march towards the last breakthrough of the Indian culture, which is self-realisation. There is no need of any struggle in the spiritual power. It is in itself the winner. These corrupt politicians shall either get transformed or will run away.

We have full faith in our resolution and we request you to become one with our faith. May the values of Satya Marg be admired and imitated in political movements throughout the world.

Satyameva Jayate -- Truth is Victorious.