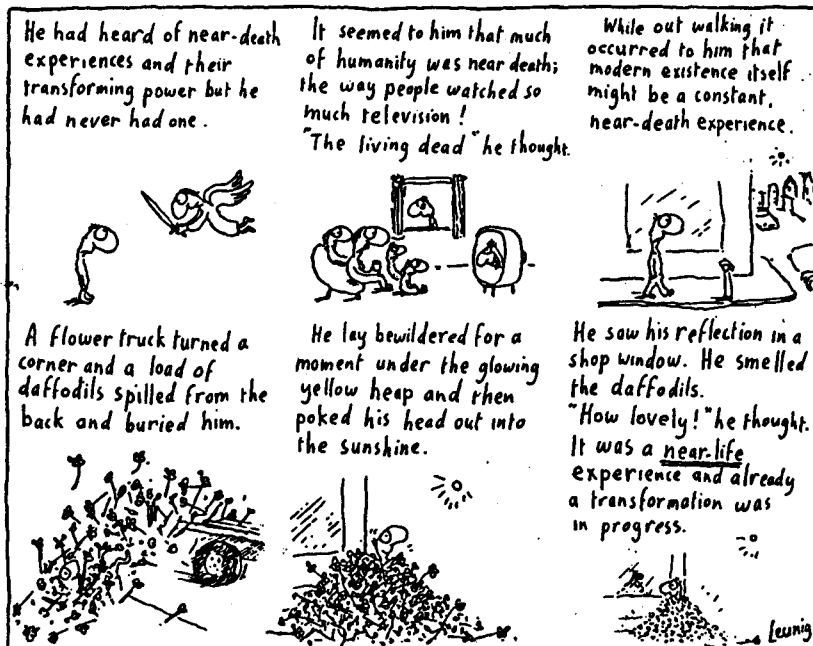


There will be a seven day conference at Pune to commemorate the 700th Sanjeevan Samadhi of Saint Jnaneshwara at the end of this month. A large number of Philosophers from different parts of the world are expected to attend. Shri Mataji will deliver the keynote address on Monday 25th November. We are hoping Rajesh Bhasale from Sydney will be able to attend and thereby represent Australia at the conference.

Michael Fogarty



Sahaja Newsletter



Contributions:

Heather Sattarshetty: (02) 560 0029

Burwood Fax.

Saturday
16th November 1996

(02) 745 4927

H. H. SHRI MATAJI ON TEMPER, FROM HER FAREWELL TALK AT BURWOOD ON 7 APRIL 1994.

The greatest advantage of Sahaja Yoga is that you can enjoy everything...that is the greatest advantage... sometimes there are problems here and there, something happens, - doesn't matter - have faith and you will be surprised at the miracles that you get one after the other.... and also, try to follow what I say.

First of all, no temper. Temper, if you have, you must know that it is a serious thing in the west because there is no controlling power over temper and schizophrenia is the only ultimate result of temper - schizophrenia.

So it should not be justified. All ego, temper, should be brought down.

One should not try in any way to get angry with others because of jealousy, because of complexes, because of anything. If it is so, please introspect: WHY do I get into tempers?

Shri Krishna has placed temper as the worst disease of you-He said: "From there it rises, everything."

I don't agree with him because, you see, for him it's a leela, the whole world is a leela. But not for everyone. Temper can come from Mooladhara, it can come from Swadisthan, it can come from anywhere.

So one cannot say the source of temper is going to be the source of all the problems - (it) can be from anything - one can really get destroyed by anything, but temper is one thing that is the worst of all.. so if you find anyone that is hot tempered, if you find yourself to be hot tempered, then please see that you overcome it.

I used to tell before.... if you feel very angry then stand before the mirror and say all kinds of things, or else you take a pillow and hit it hard when you are in temper...

So you develop a very pleasing personality, that is very important. You must have a very pleasing personality but that is not acceptable in certain countries; it is said you must not show a pleasing personality because others will think you are weak. The strength is your joy, strength is your virtue, strength is your pleasing personality, that is your strength.... some people say if you become very pleasing others will think you are weak. If they think (you are weak), let them think like that - that is their stupidity.

So you should be happy, joyous, pleasing. ###

SAHAJA YOGA MEDITATION PROGRAM

2SER • 107.3 FM SUNDAYS AT 11 AM

- Monthly Meeting, 2 November 1996 -

Jai Shri Mataji!! We had a very productive meeting this month with new ideas discussed, many of which were put forward by our two new recruits, Toby and Gillian. They included:

- requesting listeners to write to us of their first experiences of "self-realisation over the radio" or any questions they may have by sending their written account plus a stamped, self-addressed envelope to PO Box 1469, Darlinghurst 2010 (the program's official address). Hopefully, the shy ones out there who don't feel comfortable going to a program will benefit by this, and we also hope to receive some nice stories we can read on-air. This may also prove to be a useful tool in determining future programmes dealing with specific subjects.
- we felt it would make the interviews even more enjoyable if the "talent" could bring in a favourite piece of music and have them explain why it's special before we play it
- we would like to ask for volunteers going on India Tour and Cabella trips to take with them a recorder and conduct short interviews (general or specific subjects) of foreign Sahaja Yogis to use on the radio program. An extension of this idea would be to conduct a few entire interviews in other languages using foreign yogis on Tour or at Cabella which we could air on multicultural 2SER as well as other stations in Sydney on other ethnic programs' community calendars. For that matter, we could also record foreign yogis announcing Shri Mataji's Australasian Tour dates in various languages to broadcast at the appropriate time. If you're interested in doing this on an ad hoc or ongoing basis, see anyone of the radio team listed below.
- we may try taking a recorder to some local festivals and programs and record new people's "Before Realisation" and "After Realisation" feelings and experiences for broadcast (with their written permission, of course).
- we are going to pre-record some programs specifically concerned with health issues only to air in Liverpool in conjunction with the Health 24 research program. A call to all medical types: we need your expertise for interview material (question and answer format) as soon as possible.

There has been various feedback about the program recently. Even though we aren't broadcasting nationally via satellite anymore, Jim Beatson of the Community Broadcasting Association (who control the satellite) has generously written off nearly six weeks of fees we owed them and continues to promote our program to the industry and people they know. He offered to air any of our community service announcements anytime. We, in turn, have decided to offer some of our own time to their volunteer broadcasting roster as a way of showing our appreciation for their help and support. John Brownscombe has also donated, with our collective thanks, some industrial shelving to the CBAA for their equipment room. They very much appreciated the gesture. Also, a yogini's landlady by the name of Julianne Hutton finally asked her what it was she was doing (indicating the photograph of Shri Mataji) and ended up having a lovely talk about Sahaja Yoga and the many other groups out there. Julianne listened to the program the next day in the car with a friend and has since had friends over to her place every Sunday morning to listen to the interview and meditate with the program. Her strongest observation of the program was that it was obviously about people's actual experiences and, therefore, genuine - not just a bunch of robots spouting off some memorised stuff. Hopefully, her cautious nature will be appeased by the vibrations and she will soon attend a weekly program with her friends.

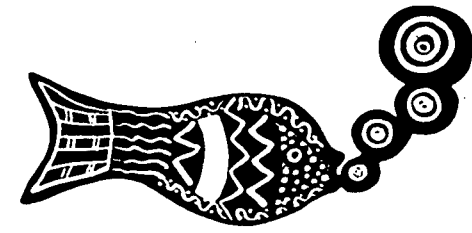
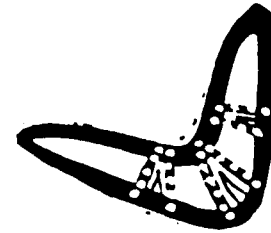
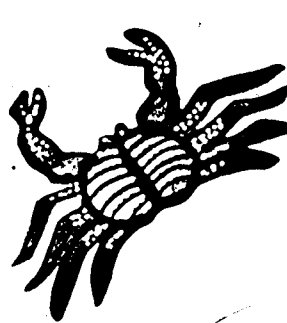
There was a collective discussion after Saturday night's program and as a result, there will now be a "Radio" box to tick on the National Promotions contribution form. Alternately, you can give your contributions directly to the program's treasurer, Miss Reyhan Yilmaz, who will issue you with a receipt. Soon, we hope to have a proper bank account in place and we could then receive cheques through the PO Box as well.

The entire radio team were very much heartened and inspired by the enthusiastic and generous support shown by the collective on Saturday night. It was very clear that we all feel radio is a strong medium for spreading vibrations and getting across the message of Shri Mataji and Sahaja Yoga. We always welcome your suggestions and ideas and hope you won't be shy about it. Our regular meetings are held at 5pm on the first Saturday of every month at Burwood and everyone is welcome to attend.

We would also like to remind anyone involved with festivals or public programs in the Sydney/Blue Mountains to let us know the details so we can announce it on-air.

Radio is a very useful tool - let's make the most of what we are paying for!

- From John Brownscombe, John Tedesco, Greg Turek, Ramesh Manocha, Heather Sattarshetty, Liallyn Fitzpatrick, Reyhan Yilmaz, Gillian Patankar and Toby Patterson



*** HELP ***

GLEBE CRAFT FAIR 17th November 1996

All contributions of art & crafts are needed for this stall. Thousands of people attend and it will be a great opportunity for fund-raising. All proceeds go to support the radio programme. ---2SER - FM 11am Sunday---
*****Please call Meredith Cooper 94116827*****
Assistance will also be needed on the day so if you fancy yourself as a shop assistant this is your big chance! But please, all those booties & tea-cosies you've been saving up - we need them!!!

o o o o South Coast News o o o o

This year yogis from Wollongong & Kiama have been travelling to Nowra each Tuesday. We now have an established group of yogis in Nowra who are keen to join the larger collective.

JAI SHRI MATAJI

VIDEO MEETING

A meeting will be held for the Community TV project on
WEDNESDAY 20th November
at 7pm
Please phone Therese 91305794

"Mumbai Express" 10-10-96

MBA and bright? Apply to Seshan

New Delhi: If you are an MBA, a person of vision and determination, possessing an indefatigable zeal to serve the nation and looking forward to a "lifetime break," then send in your resume to Mr T.N. Seshan, an "employer with a difference," in the making. Yes, the no-nonsense Chief Election Commissioner, about to set up the Desabhakta/Kshetropasana Trust, is on the lookout for an aide, not for conducting free and fair polls but to help him sustain a campaign of "nation-cleansing and spiritual awakening."

Mr Seshan, who had in a recently expressed his desire to quit his job after the polls, has given ads in many newspapers inviting applications. (PTI)

