

Dear Charles and Lynette and to my brothers and sisters at the Woollahra evening programme.

Jai Shri Mataji !  
The snow has just begun to fall on the mountains that stand in majesty thousands of metres above Dharamsala. At the time I am typing, you are having the Wednesday programme. I hope this letter is faxed to you before your evening ends.

I arrived as scheduled with relatively few difficulties. The taxi driver from Delhi had never been up this way. As he had no map, it was a bit of an adventure finding our way here. We stopped at every major intersection to ask locals the way....such is India. Much to my amazement, I had a sense of the right direction all the way.

It wasn't the Hollywood style "I've been here before", but I had a 100% accuracy rate in knowing which way to go. Of course, I did not trust this and did not presume to tell the driver the way. So we relied on the directions of the locals. But even more surprisingly, the time I thought I'd got it wrong ( according to local directions ) I had actually got it right. We had to turn around and go to the way I thought. Jai Shri Mataji !

The school is wonderful. Nothing anyone could have said to me could have prepared me for the degree of love that is shared among children and teachers. I have discovered that innocence and purity do exist... this is truly a dream come true.

The children are all well and happy it would seem. I gave out the photos of Diwali Puja yesterday. I will never forget the expressions of glee on the faces of the children. A greater treasure I could have never given them (including "sweeties").

The research has been going extremely well. I finished testing the senior classes on the day after arriving. The greatest task has been dispelling the myths that were around about me and the purpose of the research. There were quite a few fears around about the "tests" being used to assess whether they would be allowed to return to the school next year.

Testing of the junior classes has been a slower process. But I will have time to complete the task before leaving for Delhi on 29th November. Several of the teachers have been exceptionally helpful in entering the data into Charles' fantastic programme. All data gathered will be entered by this evening. Then the standardisation of raw scores can commence. I will fax the summary sheets to you over the next few days for Radhika to analyse.

I hope everything is going well for you. How are the Wollongong, Melbourne and Cairnes questionnaires going? I'd be interested to know how the data entry is going also. It would be great if you could fax the score and summary sheets to me when they are done so I can send you back the standardised scores. This will also give me the information in time to tell Shri Mataji or Yogi Mahajan in early December.

That's about all I have time to write. I will fill you in on all the details when I see you next.

Wish you were all here

Jai Shri Mataji !

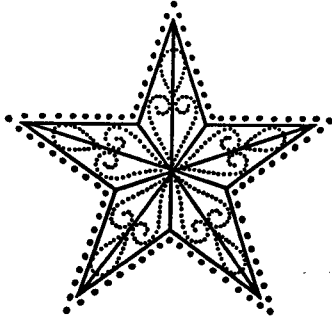
Gerard



*But for my faith in God,  
I should have been  
a raving maniac.*

Ghandiji

1928



*The Sahaja Yogis in New Zealand are launching a raffle to raise funds for Shri Mataji's 1997 tour. The prize is one return airfare to Auckland from either of Brisbane, Sydney or Melbourne plus accommodation in Auckland. It is most likely that the winner would use the ticket to travel to Auckland for Shri Mataji's visit, but this is not a necessity, i.e. it could be used at a later date. The cost is \$10 for one ticket or \$15 for two tickets. You have until the 25th of January to buy a ticket and the winner will be drawn on 31st January 1997.*

*The New Zealand collective is quite small, and this is a good way for us to support our brothers and sisters in the country which shares the Woollahra Chakra with Australia. The New Zealand leg of the tour has always offered a special enjoyment to those fortunate enough to have been able to attend.*

*Please give this your support. Tickets can be purchased from your local anshram or see Joe or Sharyn Salomon.*

# THE AUSTRALIAN STRATHFIELD Sahaja Newsletter

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Jai Shri Mataji ! Latest NEWS ! Please inform ALL !

India Tour 1996 as finalized by SRI MATAJI on 18. 96 in Delhi.



from	to	day	event	location
30.11	4.12		Arrival of Sahaja Yogis	Delhi
	5.12	Thu	Public Programme	Delhi
	6.12	Fri	sight seeing	Delhi
	7.12	Sat	Puja	Delhi
	8.12	Sun	sight seeing	Delhi
	9.12	Mon	leaving for Lucknow in the evening	
	10.12	Tue	Music Programme	Lucknow
	11.12	Wed	Public Programme	Lucknow
11.12	12.12		leaving for Varanasi after midnight	
	12.12	Thu	Public Programme	Varanasi
	13.12	Fri	sight seeing	Varanasi
13.12	14.12		leaving for Allahabad	
	14.12	Sat	sight seeing	Allahabad
14.12	15.12		leaving for Indore	
	15.12	Sun	Public Programme	Indore
	16.12	Mon	sight seeing	Indore
16.12	17.12		leaving for Nasik	
	17.12	Tue	Public Programme	Nasik
	18.12	Wed	sight seeing	Nasik
18.12	19.12		leaving for Mumbai	
	19.12	Thu	Arrival in Mumbai & Transfer to Vashi	Vashi
	20.12	Fri	Public Programme	Mumbai
	21.12	Sat	Puja	Vashi
21.12	22.12		Travel to Ganapatipule	
23.12	29.12	Mon-Son	International Seminar	Ganapatipule
	30.12	Mon	Departure for Vashi	
	31.12	Tue	Leave for respective Countries	

Una folla di pellegrini ha invaso un piccolo centro dell'Alessandrino per incontrare la «madre divina»

# Miracoli e yoga nella Betlemme «indiana»



la «madre divina», Shri Mataji Nirmala Devi. (Cdg)

Secondo testimoni Shri Mataji riesce persino a creare arcobaleni

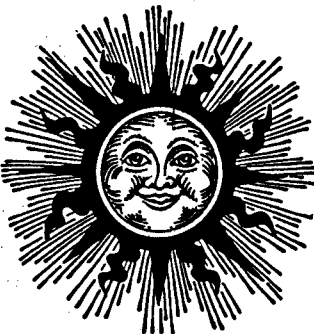
CABELLA LIGURE (Alessandria) - (R. Cec.) Un paesino piemontese è uscito all'improvviso dall'anonimato ed è divenuto centro di un vero e proprio pellegrinaggio. Ma un pellegrinaggio del tutto particolare. Domenica, tra profumi sottili e mantra, il piccolo centro in Val Borbera è stato invaso da una folla multicolore proveniente da ogni parte d'Italia nonché dall'India, dall'America e perfino dall'Australia per celebrare il "puja", l'incontro rituale con quella che viene considerata la "madre divina": Shri Mataji Nirmala Devi, indiana settantatreenne, fondatrice di un nuovo metodo yoga.

Sahaja, che mette in collegamento immediato con l'energia cosmica. Un vero e proprio corteo che ha trasformato per una giornata Cabella Ligure in una Betlemme "indiana" del Ventesimo secolo. Gli uomini erano abbigliati con panjabi bianco (una specie di redingote) e le donne erano avvolte in sari di seta dai colori dell'arcobaleno. Ognuno di loro recava ghirlande di fiori, trine, porcellane, quadri. Tutti oggetti fabbricati appositamente per farne dono alla "guru".

Le feste che si tengono nel paese dove Shri Mataji ha eletto la sua residenza estiva, in un antico palazzo del Doria, non vengono preannunciate da stelle comete, però qualcosa di straordinario, stando a numerosi testimoni oculari, spesso accade. «Si tratta di grandiosi arcobaleni nel cielo sereno, o cerchi d'argento e oro intorno al sole - racconta la giornalista Paola Capudi - Un eccezionale fenomeno atmosferico avvenne il 5 giugno '95, in occasione del "kundalini puja" a Cabella: un enorme arcobaleno incoronava il sole e fu addirittura immortalato a Roma da un fotografo e pubblicato su un quotidiano della capitale. Ma il più grande miracolo di Shri Mataji - aggiunge - è quello di avere

abbattuto, con i suoi insegnamenti, la torre di Babele delle lingue e delle religioni: in Sahaja Yoga convivono fraternamente affermati professionisti e proletari africani e asiatici, ebrei e musulmani, cattolici e protestanti. Perché tanto consenso intorno a questo tipo di meditazione? «Grazie a Shri Mataji - spiega Anna de Nigris, insegnante di questa disciplina all'Università delle tre età di Milano - può essere risvegliata negli individui l'energia primordiale latente (in sanscrito Kundalini), la quale risale dall'osso sacro alla fontanella cranica, andando a nutrire un

complesso sistema di plessi e canali che controllano le funzioni del nostro essere. Chi tiene desta questa scintilla con la meditazione ha la percezione diretta del suo corpo sottile ed è aiutato dalla nuova consapevolezza a diventare maestro di se stesso, ovvero a mettere l'equilibrio e la naturalità di tutte le sue sfere, fisica, psichica e spirituale, che sono strettamente interconnesse tra loro. La popolarità di Shri Mataji è in continua ascesa. Basti pensare che i russi hanno messo un suo ritratto su un satellite orbitante perché irradi beneficemente il pianeta».



Cabella ligure (Alessandria)

A small village in Piemonte has suddenly come from anonymity to become the centre of a genuine and true pilgrimage. But a special pilgrimage . Sunday , between subtle perfumes and mantras , the little centre in Val Borbera was invaded by a multicoloured crowd coming from every part of Italy, America and even Australia to celebrate "puja" a ritual gathering with she who is considered to be the "divine mother", Shri Mataji Nirmala Devi, seventy three year old Indian , founder of a new method of yoga , Sahaja which puts one in immediate connection with cosmic energy. A real and true procession which transformed Cabella Ligure for a day, into an Indian Bethlehem of the twentieth century. The men were dressed in punjabi whites ( a type of frock coat) and the women were wrapped in rainbow coloured silk saris, each one bearing flowers , laces , china , paintings all objects especially made to present to the "guru". The celebrations, which are held in the village where Shri Mataji has chosen to have her summer residence, in an ancient Doria Palace , do not come heralded by comets , however something extraordinary happens frequently according to to eyewitness testimony. "We are dealing with magnificent rainbows in a clear sky or circles of silver and gold around the sun" relates

the journalist Paola Capudi. "An Exceptional atmospheric phenomenon occurred on the 5th June 1995 on the occasion of "Kundalini Puja" at Cabella . An enormous rainbow crowned the sun and was directly immortalised and photographed and published in a daily newspaper in Rome. But the greatest miracle of shri Mataji - she adds - is having demolished , with her teachings , the tower of Babel of tongues and religion. In Sahaja Yoga Professionals, proletarians , Africans , Asians, Hebrews, Muslims , Catholics , Protestants, live together fraternally." Why so much consensus around this type of meditation ? "Thanks to Shri Mataji", explains Anna de Nigris , teacher of this discipline at the university of the ages at Milano, In the individual , latent primordial energy ( in Sanskrit Kundalini) can be awakened , rising from the sacrum bone to the fontanelle and nurturing a complex system of plexuses and canals which control the function of our being . One who keeps this spark awakened with meditation has the direct perception of his own subtle body and is helped with the new knowledge to become master of him self in other words to seek equilibrium and mastery of all his spheres , physical , psychic and spiritual , which are all tightly interconnected. The popularity of Shri Mataji is in continual ascent. Enough to think that the Russians have sent her portrait in an orbiting satellite so that its blessings irradiates the earth."

Translation of article in " Il Giorno" newspaper 17-9-96

## HEADLINES

A CROWD OF PILGRIMS HAS INVADDED A LITTLE CENTRE TO MEET THE "DIVINE MOTHER."  
MIRACLES AND YOGA IN THE "INDIAN" BETHLEHEM .  
ACCORDING TO WITNESSES SHRI MATAJI IS EVEN ABLE TO CREATE RAINBOWS.