

Sahaja Yoga

7th April, 2000



Australian Newsletter

Jai Shri Mataji!

Contributions:

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Deadline is 7.00pm Tuesdays

*"The Spirit never dies;
It is the woman, primal mother.
Her gateway is the root of heaven and earth.
It is like a veil barely seen.
Use it; it will never fail."*

*Heaven and earth last forever.
Why do heaven and earth last forever?
They are unborn,
So ever living.
The sage stays behind, thus he is ahead.
He is detached, thus one with all.
Through selfless action, he attains fulfillment"*

Lao-Tse

Verses 6 and 7, Tao Te Ching

Sydney Yuva-Shakti wholeheartedly invites & welcomes Yuva-Shakti from all over for the festive National Yuva-Shakti Seminar Sat 29 April to Sun 7 May.

Lots and lots of fun guaranteed!



STATE NEWS

NSW News

Program for Sahasrara Puja and Seminar Week:

- **Sat 29th April National Yuva Shakti Seminar** *contact Deepak or Pradeep 97474835*
- **Sun 30th April Music of Joy fund raising** *contact Ron Ragel or John Smiley*
- **Mon 1st May Youth Workshop** *contact Avinash Nickkawde*
- **Tue 2nd May Public Program** *contact Chris Kyriacou*
- **Wed 3rd May Medical Conference** *contact Dr Ramesh Manocha*
- **Thurs 4th May arrive at Balmoral** late night meditation
- **Fri 5th May Sahasrara Puja**
- **Sat 6th May National Seminar**
- **Sun 7th May departure**

Cost

Adults and Children over 14:
NSW/ACT \$108
Interstate \$51

Children 5-14 \$25
Children under 5 \$10
(Same for all states)

Country Tour News

Mid North Coast Tour by Yuva Shakti

Yuva-Shakti did three programs on 1st April. First program took place in Forster organised by Auntie Jo and Uncle Peter Boland. The program started right on time and we had eight new peoples. We started the program with introduction to Sahaj-yoga and we went through the affirmations first and then watched Shri Mata Ji's video, then had a session of questions. At last we had a guided meditation and we all yogis worked on new peoples. The response from new peoples was very good. After having realisation they asked us some questions, and at the end everybody asked us if we have any written material or cassettes to help them for meditation. Everyone bought an audio cassette of Shri Mata Ji.

The second program was in Taree in a school, and we had five peoples and all were very good seekers. The last we

held that evening in Port Macquarie which was really nice because most of the new seekers knew about kundalini. One lady had seen so many different reactions of peoples, and as we were talking to them one of them said "we are not scared, but we want to feel it". Then we had a guided meditation, and after that we asked them "how did they feel?" - the response was obvious - "feeling great!". At the end we all had a chat about Sahaj for nearly forty minutes. One of the new seekers said "we were waiting for a long time" and one old lady gave a big hug to one of the yuva-shakti boys and said "I am feeling so happy". Sahaj-Yoga is a great way of learning because people always ask the things which we never consider useful, but this is the way to make yourself strong in Sahaj. When somebody asks a question and we don't know the answer, we just look at Shri Mata Ji. The answer just flows out of mind by itself.

We request all collective to be part of the country tours. This is a nice way to build up confidence and a very strong collective, with everyone having love and compassion for each other, our MOTHER feels so good about us.

Jai Shree Mata Ji
Deepak

The Northern Trip to Armidale and Tamworth on 1st April 2000

I want to thank all the Sahaja Yogis who attended this trip. It is the first time that 5 women attended a country tour. The tour consisted of 1 Yuva Shakti, 4 women and one very brave male. The advertising this time was very successful as many came from the newspaper ads, community radio or by referral. We would like to thank Dr Gary Trompf for lending us his Tarago to make the 1,000 kilometre return journey and also Sacha Trompf who did most of the driving. The vibrations were wonderful, our reward is 6 new seekers and 2 regulars who attended the program in Armidale and 5 new seekers and one baby in Tamworth. Mostly women seekers attended both programs. It was so rewarding to see so many happy, clear vibrated faces leaving our programs. The cassette player in the car didn't work, so we improvised by singing lots and lots of bhajans.

To prepare for each town we checked the vibrations, and recited the appropriate mantras, this helped clear the negativity before reaching our destinations. Peter Cordon provided us with a whole host of wonderful specific mantras for clearing TM which I would like to share with you.

Left Swadistana - "Narakasura Mardini"
(no Shri before)
(Narakasura Mardini means the killer of Narakasura ie Shri Durga)

Left Visshuddhi - "Shri Sarva Mantra Siddhi"
(Sarva Mantra Siddhi means: You, Mother are the only one who can give us the Siddhis – powers).

Left Heart - "Shri Karttikeya"
(Shri Karttikeya is the Killer of Narakasura)

The next tour to Armidale and Tamworth leaves Friday the 5th of May, the same evening as Sahasrara Puja weekend. Just to note that the more Sahaja Yogis that attend the tour, the more seekers come to our programs.

If you wish to join this tour please contact either myself -
Sue Williams - Sydney
Home: (02) 9799-3418
Work: 9333-2423

or Peter Corden - Central Coast
Hme : (02) 4340-5436
Fax : (02) 4340-5437.

INTERNATIONAL NEWS

New Zealand Hosts Easter Puja 2000 for the Asia Pacific

Invitation to all Australian Sahaja Yogis
New Zealand leader Geoff Platford extends a hearty welcome to all Sahaj Yogis to gather in New Zealand for the regional (Australia, New Zealand and Pacific) Easter Puja celebrations to be held at the New Zealand Sahaja Yoga centre in Auckland.

The Puja celebrations will run from Easter Friday April 21st through to Anzac Day April 25th. Accommodation, catering, food costs and dakshina are covered in the all-inclusive disbursements charge of only NZ \$70.

Picnics, walks, bhajans and many other activities have been organised for this special Easter weekend. Easter Puja in New Zealand promises to be a refreshing and revitalising experience for all.

(Geoff suggests that airfare costs would be around A\$500, but in any case bookings should be looked in to very early due to the high holiday weekend demand.)

Please contact the New Zealand Collective at sahaja_nz@ihug.co.nz, or Geoff Platford on 649 4183824

Jai Shri Mataji,
Michael Davies

News from Istanbul

Jay Shri Mataji!

Dear brothers and sisters,
With great joy in our hearts we inform you that our Divine Mother has blessed us with Easter puja in Istanbul. Our joy will strongly increase with your presence. Kindly let us know your arrival date and time so that we can arrange your stay in Istanbul. The address of the area where Puja will be held is: (same place as last year) HOTEL DEMYKOY - TAKOY - 2. KISIM - SAHYL YOLU - (NEXT TO THE GALLERIA SHOPPING CENTER) - BAKIRKOY / YSTANBUL

The puja camp will be rented for 4 days 21-24 April. Only staying, no meals, Monday April 24 is included. This place is only three kilometres from the airport. For further information you can contact:
Nese Algan fax 00 90 212 246 67 18
e-mail : nalgan@domi.com.tr

Arrangements have been made for transfer from the airport to the Puja Camp with buses. One-way transfer for each person is US\$2.

Please advise the exact arrival and departure dates to :

Mrs. Seniz Karacan

mobile tel : 00 90 542 235 11 17

Fax/Home phone : 00 90 212 296 26 96

e-mail: senizkara@usa.net

If any one wishes to stay in a Hotel which is next to Puja Camp, at cost of US\$45, per day for a double room. For the reservation contact :

Mrs Sema Buldanlyoglu

Mobile tel : 00 90 535 219 71 47

Home tel : 00 90 212 265 57 75

Fax : 00 90 212 233 12 95

e-mail : zeynep@dit.com.tr

For those who wish to stay in Shri Mataji's hotel the rates are:

Crown Plaza (April 21-23):

US\$138 including VAT and breakfast.

Swiss Hotel (after April 23 the rates include VAT but no breakfast):

Garden View: single room US\$235

double room 265 US\$

Bosphorus View: single room \$265US

double room US\$280

For reservations contact

Mrs. Sevgi Dorosinskii,

Mobile tel.: 0090 532 234 49 41

Fax: 0090 212 441 35 15

e-mail: sevgidorosinski@hotmail.com

It is our desire to conduct a Sahaja Yoga public program on 26th of April. For attention of those who want to stay for the public program: the puja camp will be rented only till April 24.

It is kindly requested that you inform us at the earliest possible, how many people from each country will attend so that proper arrangements may be made. Please send your reply to:

Nese Algan

FAX: 00 90 212 246 67 18

e-mail : nalgan@domi.com.tr

We desire to have maximum attendance from each country in order to enjoy each other fully.

Jai Shri Mataji

Greek, Turkish, Romanian, Bulgarian, Israeli, Algerian, Moroccan, Iranian, Dubai, and Tunisian Collectivities

Benin, Africa

The Birthday of our Divine Mother Shri Mataji was very beautiful. It was followed and preceded by only moments of joy. In the evening of Tuesday 21st March, each centre of the country hosted a puja in harmony with Our Divine Mother. On the following Sunday 26th March, we had a great seminar in the centre of Porto Novo. All the centres were present. Before the Great Birthday Puja we had various sketches and mo-

ments of sharing splendid and marvelous experiences (words are not enough to appreciate their real value) which have shown how much Our Divine Mother helps, and protects us with all Her Powers and Her Inexpressable Force.

At least 1000 Sahaj Yogis attended, including some of our brothers and sisters from Ivory Coast, Togo and Gabon. During the puja we absorbed the gentle cool breeze from Our Divine Mother Shri Mataji Nirmala Devi.

That was a summary of the Birthday Puja in Benin

Jai Shri Mataji

PS I am one of your brother Sahaja Yogis from Benin and I desire to contact my bothers and sisters of the whole world to exchange Sahaj news

Innocent B.D. Aho Glele
Ahoglele@beninweb.org

GENERAL NEWS

Gudi Padwa

(Maharashtrian New Year)

A small puja was conducted in presence of HH Shri Mataji at Her residence in Noida, India on 5th April. This is the New Year's Day as per Shalivahan Calendar to which Shri Mataji belongs. Our heartfelt Namaskar on behalf of the whole of Australia was conveyed to Shri Mataji on the day.

Birth Announcement

Welcome to Joseph Hemendra (Babamama's first name) Perusco, another great realised soul, born into the world, sent by our Divine Mother on the 19 March 2000 (weight 10.4 pounds). Congratulations to Ann, Andrew and Khalii!!!

Birthdays!

Our best wishes to...

Marilyn Fogarty, Cheryl Bradshaw, Joe Docherty, Rob Richardson, Dale Simpson, Charlotte Winstone, Kamalesh Datta, Prue Page, Sue Williams, Maria Giannasi, David Colman

Our Hearty Congratulations and Best Wishes to Sir C.P. Shrivastava and Shri Mataji on the occasion of their 53rd Wedding Anniversary, 7th April 2000.



Shri Mataji and Sir C.P. Shrivastava at the celebration of their Silver Wedding Anniversary, 1972

To Your Holiness Shri Adi Shakti Mataji Nirmala Devi

“May we, the Sahaja Yogis of the world who have been joined in the sacred union of marriage with Your divine blessings, imbibe and manifest all the qualities of the ideal marriage that You have shown to the world through Your fifty-three untiring years of married life.

“On this auspicious day may we dedicate ourselves fully to Sahaja Yoga so that we may imbibe Your generosity, understanding, patience, wisdom, dynamism, balance, vision, sincerity, depth, humour, respect, dignity, strength, resourcefulness, sweetness, love and compassion; and so that we may manifest these qualities in our lives for the emancipation of humanity.”

Jai Shri Mataji