

# Sahaja Yoga

28<sup>th</sup> April, 2000



## Australian Newsletter

***Jai Shri Mataji!***

**Contributions:**

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*There is Light that shines beyond all things on Earth, beyond us, beyond the Heavens, beyond the Highest, the very highest Heavens.*

*This is the Light that shines in our heart.*

The Chandogya

*The intuitive mind is a sacred gift, and the rational mind is a faithful servant.*

*We have created a society that honours the servant and has forgotten the gift.*

Albert Einstein



## STATE NEWS

### Victorian News

#### Bliss on a Country Road

Once more our Holy Mother's blessings were upon us as we undertook to run yet another round of programs in central regional Victoria. Early on Saturday morning we made the journey to Ballarat, where we split the program into two: those who were new; and those people who had already been along to a couple of programs and were therefore practicing some meditation techniques.

We applied the same format later that day in Bendigo with much success also. We promised again to return to both venues in a month, but since this clashes with the weekend of Sahasrara Puja in Sydney (Balmoral), we will be putting the country programs on the following weekend as promised. Satina and her husband will now be running regular programs in Bendigo which allow the new people there the opportunity to become more established.

Beautiful bhajans were performed at both venues. After the program in Bendigo, we all went for a walk in the Botanic gardens nearby on what turned out to be a beautiful and mild autumn evening.

On our way back to Melbourne, about ten of us stopped for dinner together at a little restaurant in Woodend. It was a beautiful and successful day, and it seemed to us that this work and our togetherness creates such a beautiful atmosphere for the spreading of Sahaja Yoga, which is of course the wish of our Divine Mother.

Our thanks again to Colin, Denise, Bogunia, Christine, Maruthi, Rohan, Setina, Lorna, Andrea, Eileen, Wyeson and Bruce.

Jai Sri Mataji!  
Rohan Waldie

#### Public Program May 2nd

Preparations are also in full swing for the Melbourne May 2<sup>nd</sup> Public Program to be held in the Melbourne Town Hall that night.

Rob Henshaw and Gloria Davies will be presenting and the bhajaneers led by Colin Berry will be singing.

The copy we have developed for the Melbourne program reads:

"Mystical matters: *kundalini* energy and enlightenment will be the subject of an introduction to Sahaja Yoga scheduled for 7:30pm Tuesday May 2<sup>nd</sup> at the Melbourne Town Hall Supper Room.

"Sahaja Yoga is the life work of revered spiritual teacher and philanthropist Shri Mataji Nirmala Devi.

"The May 2<sup>nd</sup> evening is timed to coincide with the upcoming planetary line up and will include a self realisation process given *en mass*.

"Program organisers have explained that self realisation in this method will be greatly assisted by the cosmic pull exerted by the planetary line up of all the visible planets that evening.

"Self realisation is the goal of all yoga systems and equates with the idea of enlightenment in Hindu, Taoist, Buddhist, Sufi and Gnostic teachings.

"The program will be presented in video format with an introductory talk by Melbourne film maker Rob Henshaw and Asian Studies scholar Dr Gloria Davies [www.freemeditation.com](http://www.freemeditation.com)."

#### Melbourne to be a Ghost Town May 5<sup>th</sup>

Well not exactly, but nearly all the Sahaja Yogis from Melbourne will be busing, driving, flying or training it to Balmoral on Thursday May 4<sup>th</sup>. (The only people not going will be those who have used up all their money and sick leave going to India.)

We haven't finalised the travel arrangements yet but the preliminary travel list is heading for almost 70 Melbourne Sahaja Yogis – which is a good indication of the level of joyous (even if a sometimes a little frenzied) preparation and excitement in Melbourne about the forthcoming Sahasrara Puja 2000.

See you there!  
Michael Davies

## Brisbane News

### Brisbane Public Program

Next Tuesday 2<sup>nd</sup> May a public program is to be held in Brisbane City at the Metro Arts Theatre. The whole collective is busy preparing for the event; pamphletting, poster and doing the leg-work.

The response has been extremely good with many people taking flyers. One smart young man in business suit walked past with barely a glance, then turned round and said, "Is that Shri Mataji?" then took a flyer and walked on.

Please give bhandans for a successful program which will hopefully see many seekers receive their self-realisation.

### Gold Coast Programs

For a long time we have tried to start programs on the Gold Coast, which has proved a difficult area due to materialism and the night-club, alcohol and drug scene. However, there is now a collective of 7 young Sahaja Yogis who have started a centre and hold weekly public programs. As they are mainly students, it is hoped that more will get their self-realisation and join the happy collective down there. Thanks to Sameer and Leigh for all their hard work.

### Country Tours

On the way to Sydney for Sahasrara Puja we will do programs at Lismore and Murwillumbah. This will be the start of our Southern country tours. This is in addition to Gympie, Hervey Bay and Bundaberg in the North, and Toowoomba in the West. Gradually we are spreading out into country Queensland doing monthly programs with the aim of establishing centres.

Peter Hewitson

## NSW News

### Sahasrara Week Programs

***\*Please take note of the corrected times / dates for the medical programs***

Saturday 29<sup>th</sup> April

**National Yuva Shakti Seminar,**

Balmoral

*(for information contact Deepak Kumar)*

Sunday 30<sup>th</sup> April 5pm

**Music of Joy & World Music Concert**

ABC Studios,

Eugene Goosens Hall,

Harris St Ultimo

*(for information contact Ron Ragel)*

Monday 1<sup>st</sup> May 7:30pm

**Youth Workshop**

Glebe Town Hall

Cnr St Johns Rd & Lodge St

*(for information contact Deepak Kumar)*

Tuesday 2<sup>nd</sup> May 7:30pm

**Sydney Public Program**

Sydney Town Hall

Lower Hall entry via Druitt St

*(for information contact*

*Charles Tiralongo, Robert Hutcheon)*

\*Wednesday 3<sup>rd</sup> May 7:00pm

*(not 7:30 as previously printed)*

**Sahaja Yoga Medical Conference**

Women's Institute Lecture Theatre

Royal Hospital for Women

Barker St, Randwick

*Booking is essential, phone 6331 4133*

*(for more information contact Ramesh Manocha)*

Wednesday 3<sup>rd</sup> May 7:30pm

**Parramatta Public Program**

Parramatta Town Hall,

Civic Place, Parramatta

*(for information contact*

*Robert Hutcheon, Charles Tiralongo)*

Thursday 4<sup>th</sup> May to Sunday 7<sup>th</sup> May

**National Sahasrara Puja & Seminar**

Balmoral

\*Tuesday 9<sup>th</sup> May 7:00pm

*(not 8th May, not 7:30 as previously printed)*

**Sahaja Yoga Medical Conference**

Women's Institute Lecture Theatre

Royal Hospital for Women

Barker St, Randwick

*Booking is essential, phone 6331 4133*

*A third conference may be arranged for the following week due to heavy bookings. For more information contact*

*Ramesh Manocha*

### Sahasrara Puja and Programs

The time is well at hand when we will be presenting Sahaja Yoga in all its many facets to the Public of Sydney, beginning with the Music of Joy concert on Sunday April 30<sup>th</sup>, through to the two Public Programs, and ending with the second Medical program on May 9<sup>th</sup>.

It is hoped that everyone will lend their support and make their best effort to attend all of the programs. This is the first occasion when a week-long celebration has been held. Let us take full advantage of the many and varied opportunities to help spread Sahaja Yoga.

In the time left to us we need to do the needful things which will ensure the success of the programs and the Puja weekend. Now is the time to step forward and to offer your assistance. Don't wait to be asked, if you see something that needs doing, just step forward.

If at any time you are asked to help, no matter the job, an open and generous heart is the Sahaj way and the manner in which all things are accomplished. We should not have the committed few doing everything and many watching from the sidelines. The time is nigh at hand: let us all come together, realise and actualise our collective potential, and then we will later marvel at what we have accomplished.

### Inaugural Australian National Yuva Shakti Seminar

We commend the Yuva Shakti for hosting the inaugural Australian National Yuva Shakti Seminar to be held at Balmoral this weekend.

The future of Sahaja Yoga is safely assured when the committed youth and flower of our Nation have risen above the maya and materialism of our society and have set their eyes and vision upon higher, more elevated goals, which is beyond the comprehension and understanding of their peers; and which will take them to pristine and exalted spiritual heights.

### Balmoral .

Paul Henwood, and a few individuals have in the space of a short week worked a minor miracle and have managed to move the entire back wall of the Puja Hall to extend the capacity of the shed. There is much more work that

needs to be done to complete the work at Balmoral in preparation for the Puja the following weekend.

**We are making an urgent call to all men to travel to Balmoral early this Saturday April 29<sup>th</sup> to commit a few days to help with the heroic work that is being enacted before our eyes.**

It is amazing to see what can be accomplished when the committed saints of our age come together. The hour is now at hand: let us make a full and exerted effort which will ensure that the property is ready for the Puja Weekend. The Yuva Shakti are committed this weekend so the tasks now fall upon older and more experienced shoulders.

### Letterbox drops and Handbilling

Grass-roots advertising has been the main vehicle for promotion of the public programs. Two advertisements have been placed in the Sydney Morning Herald but it is through the **5,000 posters** and **50,000 handbills** that word of the programs will be spread throughout Sydney. Let us mobilise our desire and spring into action and during the weekend any remaining handbills and posters need to be distributed. Let us not have any undistributed material by Sunday evening.

### Music Concert, Sydney and Parramatta Public Program

Ron Ragel is responsible for coordination and the administration of the setup for the Music Concert.

Charles Tiralongo and Robert Hutcheon will be coordinating the two Public Programs.

Peter Aerfeldt and Hauke Horn will be looking after staging and production of the three events.

Anyone wishing to assist with the transport, stage decoration, backdrop can liaise with above mentioned.

As further fundraising activity, we plan to set up an urn to sell cups of Tea / Coffee, Cakes / Slices which need to be set up prior to the program. If successful, this may be replicated at the two Public Programs. Assistance is needed to run these stalls and to bake and sell cakes and slices.

Volunteers are needed to collect the admission fee for the concert, and to act as ushers and marshals

Volunteers are needed to help with loading and unloading and setup of stage for each of the programs, please contact the above mentioned.

### Shri Mataji's Projects

Terracotta, puja saris, fabric and many varied dresses are all items which are an integral part of projects instigated by Shri Mataji. These and many other items will be available for sale during the Puja weekend. We ask everyone to commit to taking one item home with them after the weekend and to help bring many of these projects to a successful conclusion.

### Sahasrara Puja Weekend

*Andrew Jones* and *Neil Avoledo* will be co-ordinating all work activities at Balmoral, both in preparation for the Puja and during the weekend itself.

A work roster has not been prepared, but as the hosts it is up to everyone in the NSW collective to undertake all the tasks required during the weekend. Areas of work which need all our assistance include:

- Food preparation,
- Washing up,
- General cleaning around the camp.

**Individuals have been assigned responsibility for meal preparation. However each meal will need assistance with food preparation and the accompanying washing up.** Please offer your unsolicited assistance, or volunteer if asked.

Everyone will need to be involved to ensure that the work is accomplished. Anyone with a Van or utility should speak to *Andrew Jones* in regards transportation needs for the Puja weekend, or *Hauke Horn* with regard to transportation needs for the public programs.

**No plastic cutlery will be provided. Ensure that you bring your own plate, bowl, cup, knife and fork, including tea towel for washing up.** Ladies may bring their own sharp knife to help in the food preparation. Washing-up water will need to be regularly changed to ensure hygienic recycling of our utensils. The kitchen, toilets and common areas will

need to be cleaned each night. Again if it needs doing, just step forward.

**Warm clothing, a good-quality sleeping bag, jumpers, overcoats, shawls and blankets are essential.** The weather will be cold, so please come prepared. If you have a tent please consider camping to relieve any pressure on accommodation.

Rubbish skips will be provided, let us ensure that all rubbish is thoughtfully disposed off and the property is kept in as clean and tidy fashion as we found it.

Interstate guests will need to be met at the airport and train station and transported to and from Balmoral. Please lend your assistance to *Robert Monaghan* and *Bevan Pearce* to facilitate their transport and accommodation.

It is recommended that no dogs be brought to the property for the Puja weekend. It has been found that having large numbers of dogs around many young children is ill-advised.

The Seminar will end Sunday afternoon. As hosts we ask that you do not leave the property until you have helped clean up and return the property to the condition in which it was found. We do not wish to make the caretakers' and workers' jobs any more difficult.

Regards, *Chris*

### World Indigenous Philosophy Week

250 to 300 indigenous philosophers will have a chance to learn about their inner powers and to get self-realisation on Thursday 27th April 2000.

Sahaja Yoga has been invited to present a program of self-realisation. on a beautiful 100-acre farm near Port Macquarie.

Mary, a Maori sahaj yogini from New Zealand, in spite of her desire was not able to make it for the program.

It has been Shri Mataji's desire that all indigenous people get their realisation and attain the real wisdom to be found in their traditional culture.

We thank Ruth Cross for taking initiative

to organise this, and we pray to Shri Mataji that this program be the catalyst for self-realisation for all the indigenous community in Australia.

We hope this initiative will inspire many such ventures around Australia.

*Avinash Nickkawde*

### What is Aboriginal Dreamtime/Dreaming?

The Australian Aborigines speak of *jiva* or *guruwari*, a "seed power" deposited on the earth. In the Aboriginal world view, every meaningful activity, event, or life process that occurs at a particular place leaves behind a vibrational residue in the earth, as plants leave an image of themselves as seeds.

The shape of the land – its mountains, rocks, riverbeds, and waterholes – and its unseen vibrations echo the events that brought that place into creation. Everything in the natural world is a symbolic footprint of the Metaphysical Beings whose actions created our world. As with a seed, the potency of an earthly location is wedded to the memory of its origin.

The Aborigines call this potency the "Dreaming" of a place, and this Dreaming constitutes the sacredness of the earth. Only in extraordinary states of consciousness can one be aware of, or attuned to, the inner dreaming of the earth. *Faces of the First Day: Awakening in the Aboriginal Dreamtime* by Robert Lawler  
The expression "Dreamtime" is most often used to refer to the "time before time" or "the time of the creation of all things", while "Dreaming" is often used to refer to an individual's or group's set of beliefs or spirituality. For instance, an indigenous Australian might say that they have Kangaroo Dreaming, or Shark Dreaming, or Honey ant Dreaming, or any combination of Dreamings pertinent to their "country".

However, many indigenous Australians also refer to creation time as "The Dreaming".

### A more scientific view

Aboriginal oral traditions which describe the origin of Australia from ancient times are frequently dramatic, involving great beings and amazing events, however they do contain the essence of truth. The legends when distilled create a story of

the origins of humanity in Australia and of the Australian landscape as it is today of which much can be substantiated by scientific investigation. The ancient racial memory of a people whose traditions and culture remained largely unaltered for thousands of years can recount great geological changes – the rising of the seas, the change from lush vegetation to desert, and the eruption of volcanoes, as well as the very first arrival of human beings on this continent.

*-Australian Dreaming: 40,000 Years of Aboriginal History by Jennifer Isaacs*

### Aboriginal creation stories

1. Belief in a creative spirit in the form of a huge snake, which has the form of a giant python surrounded by rainbows, thus called the Rainbow Serpent, occurs over much of Aboriginal Australia, usually associated with waterholes, rain, and thunder. In western Arnhem Land it is known as *Ngajod*

2. Baiame walked on the earth and He made the plants and animals, and created man and woman to rule over them. He fashioned them from the dust of the ridges, and said, "these are the plants you shall eat, but do not eat the animals I have created." Having set them in a good place the great Father Spirit departed.

This first man and woman had children, and to them in turn more children, and all enjoyed the work and gifts of the Creator and praised Him for providing all their needs. The world was a perfect place. Everything went well until the year the rain ceased to fall. There was little water. The fruit-bearing trees dried and withered, the grasses and all vegetation did likewise. There was hunger throughout the land. A terrifying experience for a people who until then had never lacked for food or water.

In desperation a man killed some of the forbidden animals and shared them with his wife. (Whether the wife asked him to do this is not known). But after breaking this taboo, death came to a man out of a tree and this spirit of death was called Yowee.. For the first time since creation death had come to those human beings who had been created by Baiame.

This death in turn helped in the creation of the Southern Cross, and this bright cross became a sign to humanity that

there is a place for them in the limitless regions of space, (i.e. the Great Father), and that beyond death lies a new creation.

*Catherine & Jacqueline  
Pelaw Maine, NSW, Australia*

### Playgroup

Come and enjoy the company of the children at Burwood on Tuesday 2nd April at 10:00am.

Also, Monday 1st April we will be going to the City swimming pool near the National Museum in College Street. We will meet at 10:30am at Shravani Hutcheon's house, 101 Bourke Street Woolloomooloo.

*Contact Madhavi Rome ph 9747 4835*

### Like to live at Balmoral for a little while?

We are looking for someone, or a married couple, to live at the country property for about 8 weeks while Alfred Hewitt is overseas.

The successful applicant will live in the cottage full-time, between Guru and Ganesha Pujas (which last year was from the end of July to the end of September), take care of the property, look after Alfred's two dogs and pay \$80 per week rent.

It's a lovely time to be in the Southern Highlands – warm days and cool nights, and a chance to be out of town during the Olympic Games madness.

Would those who are interested communicate briefly in writing to:

*Michael Fogarty  
70 Holly Street, Castle Cove NSW 2069*

## Cairns News

We are organising a big campaign for next week to coincide with the alignment of the Planets and with the weeklong benefits it provides seekers.

The ABC's local FM station gave us 20 minutes of airtime when interviewing Kay. The presenter had done her home-

work well and the whole segment had great vibrations. This, together with mass letterbox drops (we have to use local walkers as we are so few here, nevertheless we were given a very special rate and are organising as the budget allows an expansion of the area leafleted this time) advertises a special public program at the Cairns library this Friday night. The collective will return from this event to the ashram for the Puja celebrations.

Three of our Yuva Shakti are trekking (by air) to Balmoral a 4.30 am tomorrow Friday. What a great occasion - 3 joining their brothers and sisters. We are very isolated here, nevertheless the blessings of Mother Nature abound and we all appreciate the joy of living in Paradise.... Australia's best kept secret!

The benefits of the new ashram are already manifesting and at a very upbeat meeting last night we agreed to a number of changes in the style of our collective meeting, nothing too radical, just common-sense. There is a new energy present and we are all enjoying the flow-on. We send our love to you all.

*Beverley Budgen  
Cairns collective*

## WA News

### People & Places

A very big welcome to Nirdosh Kumar who recently arrived from Delhi to join his wife Suzanne Rozier here in Perth. We have already been joyfully exposed to Nirdosh's beautiful singing and his lively dancing. It is wonderful to have you among us, Nirdosh. We hope your stay will be long and prosperous.

It was nice to see Suzanne McHutchison up from Exmouth on the weekend also. Heather is to leave us for a couple of months starting with Saharara Puja at Cabella and then on to family in England, culminating in Guru Puja on her return. We wish you Godspeed.

Barbara Armstrong heads off for New Zealand next week and has in her attention to spread Sahaja Yoga across the Tasman. Barbara is from New Zealand and has many relatives there.

## What we Wish For

Recently we viewed a talk given by HH Shri Mataji at Ganipatipule on 1998 Tour, during in which She spoke of the problems facing young people all over the world. So we were moved to ask ourselves the question *"What do we wish for our children in the future?"*

After invoking the help of Shri Ganesha, Shri Brahmadeva Saraswati and clearing the swadisthana chakra collectively, we sat in meditation for some time, then individually responded to this question on index cards – there was room for 15-20 or so 'wishes'. In hindsight a smaller card would have made the collating easier!

The children were enjoying a special music programme upstairs, so the silence around us was punctuated by sounds of laughter and singing.

There were three responses which came from all the participants. In summary these were:

Firstly, *to have, and express love, joy, and devotion - the Shiva Principle.*

The second, again, unanimous desire was *to have and maintain innocence, wisdom and security – Ganesha Tattwa.*

And the third: *To continue on the spiritual journey and develop complete well-being and inner peace. (Vishnu Principle)*

The fourth most common wish – almost unanimous – was *to have respect for ourselves and others, expressed through sweet speech and supportive behaviour – collectivity.*

It was enlightening (and sometimes amusing!) to collate the responses and try to form them into a shape we could recognise. Looking at the pages of heiroglyphics and arrows trying to connect all the different wordings was a great test for the agnya. Craig took one look at the collection and said 'Aha! Shival Vishnu!' (he had been in Pune for Shivaratri Puja). After that it was easy. Our words may be different, but our desires are not. We all want the same thing. Then of course we realised we were not talking about the 'future' and our children, but about now and OURSELVES!

The next step? If this is what we want – let's look at what we can do to get there.

*Christine.*

## INTERNATIONAL NEWS

### Easter Report from New Zealand

The New Zealand collective hosted a dynamic and heart-felt Easter Puja and Seminar. Well attended with most Sahaja Yogis of the North & South Islands travelling long distances to be there. Our guests of honour Avinash & Tracy from Sydney and Rob Henshaw from Melbourne jumped on the plane with such spontaneity that surprised even themselves.

The weekend started with a deep meditation lead by Avinash, and as Yogis continued to arrive a relaxed lunch and meeting felt like a whole loving family seeing each other after years apart. Later in the afternoon we sat around a powerful havan fire and took the 108 names of Shri Shiva and added a list of society ills needing Shri Agni's attention. After a delicious dinner we sat to hear some experiences with Shri Mataji from Avinash, when the theme developed into a very meditative session of introspection and seeing how the New Zealand collective could go deeper into their realisation and spread Sahaja Yoga more dynamically.

There were many suggestions for achieving better attention and using the power of Bhandhans and other techniques, including intensive clearing programs which were started but not well attended. But it was not until a collective catch of centre heart was identified that the vibrations lifted significantly and then like a huge weight lifting off the shoulders yogis opened up. Problematic leaders of the past that had manipulated people and situations to achieve an outcome not necessarily based on a vibrational awareness. That Sahaja Yoga had moved on and that any attachment to these and other negative memories was not only going to hold back the individual but affect the collective vibrations. The murmuring souls who were not so supportive of recent changes had to learn to drop their disruptive influence and join with the new and expansive approach to Sahaja Yoga that had been previously lacking.

Avinash reiterated Shri Mataji's absolute support for the dynamic leadership of Geoff Platford and asked all the yogis to support him whole-heartedly, and if they had any problems that they should approach him as soon as possible as a son or daughter would seek help from a father or mother. Geoff also asked that all the yogis feel free to contact him at any time if they felt any individual or collective problems were occurring.

The evening felt stronger and stronger as the night went on and the collective heart opened up with such a joyous feeling that all those present were uplifted on Shri Mataji's sutra to Sahasrara which continued the whole weekend. No one went to bed until after 3 or 4 am.

The next day starting with meditation and Diwali Puja talk. Everything Shri Mataji spoke about seemed entirely relevant to this weekend, how the Lakshmi tatwa within the yoginis is there to soothe, not only the husband and children, but the whole collective, but that the men must have absolute respect for women and look after their needs.

The puja was very deep, lead by Uncle Denis and Auntie Vani who carefully guided the collective to feel the compassion and forgiveness of Shri Jesus and the love from Shri Mahalaksmi as Shri Mary. The Bhajans were lead by the very enthusiastic Yuva Shakti and a prayer was offered that all in the collective would deepen in realisation and commit to strengthening the collective for the whole of New Zealand.

After dinner Avinash shared with us his personal experiences with Shri Mataji, to the delight and at times amusement of the yogis and helped to deepen our understanding of this very Divine personality. Another late night and everyone was full with vibrations, and no one mentioning they were tired at all. Auntie Vani gave us some amazing re-enactments of her dreams with Divine personalities that had us all enthralled with every word. (One may even become a play!)

Several sight-seeing expeditions around Auckland and a Yum Cha lunch, a local program and that delicious sweet at Auntie Vani's capped off a truly great weekend.

*Robert Henshaw*

## Heavy Construction Equipment Operators

We need yogis who have experience operating heavy construction equipment such as bulldozers, excavators, forklifts, cranes etc.

We could pay this yogi's air ticket here if he could make himself available two, three or four weeks in advance of the Puja on June 18th. The cost difference between hiring a contractor and doing the job ourselves is so great that we could even provide some compensation for the worker's time if financial reasons prevent his coming.

Please send your response to:

*Michael Fuselli at  
michael\_fuselli@hotmail.com*

as soon as you possibly can, as decisions have to be made very soon on whether we can do this work ourselves or whether we need to contract it out.

## Electricians and Electrical Engineer

One electrical engineer with power distribution experience. Alternatively, a professional engineer that can draft and "sign off" the electrical drawings.

**At least two journeyman level electricians** to head up two electrical construction crews. A knowledge of the USA national electrical code (NEC) is a must.

**Several electrical crew-members** good with hand tools and preferably a basic understanding of electricity, to work under guidance of the journeyman electricians.

*Until someone better qualified comes along, Mark Mays will be leading this project and you can contact him directly at:*

*sahajnet@halcyon.com*

Best regards and see you soon!

*The Canajoharie Construction  
Coordinators.*

*-Sahajnet*

## GENERAL NEWS

### Planets Align

From April 28th through May 11th, Sahaja Yogis will have an incredible opportunity to give realisation more effortlessly than ever before.

An alignment of the five visible planets Mercury, Venus, Mars, Jupiter and Saturn, and the Sun and Moon in the sign of Taurus, will take place in the heavens.

While planetary alignments occur several times each century, this one is unique, as it involves so many planets. As witnessed by the three wise men, this convergence of planets, one behind the other, will appear as if they were one large luminary in the sky on May 2nd, the date of the most exact line-up. This phenomenon will also create an extraordinary magnetic pull upon the Earth that is believed will facilitate Kundalini awakening, so it may be an excellent time period to schedule public programs.

While the closest degrees of planetary alignment will occur on May 2nd, the exact centre-point of this two week phenomenon will take place on midnight May 4th corresponding closely to Sahasrara Day. When the Star of Bethlehem illuminated the skies it signalled the birth of Lord Jesus and the crossing of the Agnya. Could this Sahasrara Day signify that Shri Mataji Nirmala Devi, feminine aspect of the Divine Incarnate, is now on the verge of acknowledgment by the masses?

There are many predictions of catastrophic Earth changes being attributed to this alignment, but there are also predictions that this incredible time is the moment of critical mass, whereby pure Spirituality will displace the revered institutions of Science and Religion with a knowledge of the Absolute.

Sahaja Yoga may be the means to tip the scales in reaching this critical mass and, thereby, safely redirect Humankind away from its current path of destruction. Let's use this time to focus our attention on giving Realisation to as many people as is possible for each of us.

*Angela Artemis*

*Westwood New Jersey USA April 4th*

## Ten Signs that Satya Yuga has started

1. You don't know the names of all the yogis living in your neighbourhood.

2. You have heard of the yogis living on the other side of the city and have seen their names in the national directory, but you have never met them.

3. The more time you spend at work on Sahaja Yoga projects, the less work they ask you to do for your job.

4. The less work you do for your job, the more things get done by themselves.

5. The more things get done without your intervention, the more they reward you for being productive.

6. Your boss is more worried about your job security than you.

7. The vacation days you are taking happen to be exactly when lots of work is dumped on your desk, but it is so urgent that someone else has to finish it for you before you return.

8. You can't stop smiling. In fact, you don't know why people crossing your way smile at you until you go in the bathroom and see the smile that you can't take off your face.

9. You can't remember when was the last time they sent you on a business trip in a city without yogis and without a program, seminar or puja going on while you're there.

10. Your plane has landed but you are still flying.

*Calin Costian*

## Birthdays!

*Our best wishes to...*

Anne-Marie Barnett, Peter Blanch, Gary Boyd, Paul Clarke, Michael Henshaw, Val Green, Rebekah Gupte, Pilar Patterson, Ramaa Purcell, Balraj Singh, Joyanne Tollis

*A celebration of global spirit.*

*You are invited to join us for a captivating and  
inspiring musical journey around the world with...*



## **global roots**

*'music from the soul of the world'*

featuring Australia's most awarded and acclaimed West African artist

**Epizo Bangoura**

and a host of some of the finest World musicians in Sydney

## **Music of Joy**

traditional Bhajan group playing devotional songs and music from  
around the world

## **Sahaja Qawwal**

Sufi Qawwali music with its roots in the 10th century

## **Italian Baroque Concerto for flutes**

featuring Prue Page and Sue-Ellen Monaghan

**Sunday 30th April at 5pm**

**Eugene Goossens Hall, ABC Centre, 700  
Harris St Ultimo**

*Presented by Life Eternal Trust. Sponsored by Knowledge of Reality magazine*

Tickets \$15 each. Bookings and Inquires: ph. (02) 9543 1079