

Sahaja Yoga

2nd June, 2000



Australian Newsletter

Jai Shri Mataji!

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Deadline is 7.00pm Tuesdays



*“...Go therefore, cast out devils in Christ’s name;
Heal thou the sick of spiritual disease;
Pity the evil, for thou art not sent
To smite with terror and with punishments
Those that are sick, like to the Pharisees
Crucifying and encompassing sea and land
For proselytes to tyranny and wrath.
But to the publicans and harlots go!
Teach them true happiness; but let no curse
Go forth out of thy mouth to blight their peace.
For Hell is opened to Heaven: thine eyes beheld
The dungeons burst and the prisoners set free.”*

William Blake
from the preface to Chapter IV
Jerusalem

STATE NEWS

NSW News

When It flows and It flowsin Bathurst!!!

After the medical program in Bathurst, 13 new people attended the follow-up program. All together there were 30 seekers (7 of which are coming regularly), 9 yogis came to help out which boosted the vibrations tremendously, and most importantly enabled all the seekers to get sufficient personal attention which is so vital for their growth in Sahaj.

Throughout the program, the vibrations were overwhelming. The more established seekers gained a lot from the presence of more yogis and absorbed all the information and vibrations offered. (by Uncle Bandu especially, all the regular seekers were commenting about all the good vibrations they felt coming from him).

After the program, these regular seekers learnt shoe-beating in a local park where they offered their false gurus and other negativity to the Mother Earth.

The whole time, the vibrations were very cool. Everyone who attended the program felt the joy and benefit a lot spiritually. The opportunity to do Shri Mataji's work is a great blessing and the different information offered by various yogis is important to keep the interest in the seekers. And for yogis who are not yet confident talking to new people, these programs are a great opportunity to learn and develop confidence.

The presence of more Yogis at these programs is certain to introduce the depth these people long for, and attract more seekers to these programs.

Anyone interested in attending Bathurst programs should contact Marcus Rome at Burwood ph 9747 4835

Shanti Heckenberg

Thursday Night Clearing Programs

On 25th May the first "clearing" evening was held at Clarence St. Burwood. There were about a dozen yogis from around Sydney, including Cathy attending a Sahaja Yoga meeting for only her 4th time.

Annie Shaw (real name Anirupa) who is from Fiji and New Zealand had suggested this clearing program, and offered to start it off. Annie was the lady who spoke at the Sahasrara seminar at Bal-moral on her amazing personal experiences in working out Sahaja Yoga in Fiji and its early problems. She was unable to live in Fiji but was able somehow to start to establish there, and form a collective. This of course was with the help of Yogis from New Zealand and Australia. But Annie amazingly was a relatively new Yogini. However, her limited knowledge and experience in Sahaja Yoga did not in any way hinder her desire and dynamic work in giving realisation and in working it out! What is a great lesson to many of us is her complete faith in Shri Mataji and Her Powers, plus a deep love for our Divine Mother. This is a case where such a strong desire has gone straight to the central aim – to be one with Shri Matjai's love. With this, Annie has introspected and meditated deeply on Sahaja Yoga matters, Chakras, problems etc, and worked with great diligence on herself. She has such a strong desire to share this knowledge, if yogis so wish.

The amazing thing that came from the 1st meeting was that if we introspect and meditate on the Collective and Universal Chakras and their problems, and clear them, THEN this clears our individual problems. It is, of course even more powerful when we do this collectively.

Anybody can contribute to these clearing evenings. Come earlier for footsoak etc. Please bring candles and camphor along if you need left side treatment. See you there, at Burwood by 7.30pm Thursday evenings; everyone welcome.

Jai Shri Mataji
David Sharp

Radio Program 107.3 FM

Last Sunday the radio program was on how Sahaja Yoga can help us to become deeper, higher and wider personalities. We were 7 Yogis in the studio (Dhanurdara, Nadine, Uncle Bandu, Jean-Michel, Leanne, Madhava and Madhavi) We had a great fun. The vibrations were flowing so nicely ...

At the end of the program, we gave away for free a *Knowledge of Reality* magazine and a tape of music for meditation to 34 listeners who rang us at the studio:

- One listener is 91 years old and has been practising Sahaja Yoga for 8 years. Since 1992, his health has improved a lot. He was due to have a 2nd by-pass but the doctors told him that it was not necessary anymore!!! "I would not be alive without this meditation!" he said.
- Another listener is actually a member of the radio station. She couldn't follow her husband to Mass that Sunday for medical reasons, so she decided to sit for a cup of tea and listen to the Sahaja Yoga meditation program! And she enjoyed it.
- The third listener has been listening to this program for a year. "Do you have any suggestions, do we speak too much, is there enough music?" We asked her. She replied "I like very much listening to the French people speaking." It was a relief for us, always conscious of how the listeners perceive our accent, our pronunciation to hear her reply: "No, no, it is very clear" she said.

Jai Shri Mataji
Madhavi Rome

Ashram Vacancy

There is a spare room available at 213a Burwood Road ashram.

Any interested yogis please contact
Brian Bell ph 9747 0310

INTERNATIONAL NEWS

Flute Magic Required (New York Sahajanet)

The word is now out! Theatre of Eternal Values is presenting its first American production, *The Magic Flute* by WA Mozart, at the Theatre of the Riverside Church in New York City on June 23rd, 24th and 25th. What may not be known is that this production is being done 100% by yogis. Thirteen countries are represented and, most importantly, it has Shri Mataji's blessings.

Very soon over eighty people will be coming to New York to put this show together. Rehearsals will take place in Canajoharie from June 4th to 19th. Then everyone and everything (the whole set design!) will move to New York City.

There are many details that still need attention and still some gaps that need to be filled. And so I humbly ask my brothers and sisters for help in the following things, urgently needed. (This is not in order of urgency. All are urgent!):

A Lighting designer/technician

This production has special effects. The lighting is crucial. There will be a six bar/six light set up in Canajoharie. The lights will be brought to Canajoharie on June 5th. We need someone who can hang them and operate too. This person will be guided by Gunter, the set designer. Time needed: June 5th to 19th and possibly again in Canajoharie if the opera is performed for yogis on the 30th.

Carpenters/builders

Gunter will be arriving on the 26th of May. He will be working on the set in New Jersey at the site of the Golden Builders. For those of you who have seen a photo of the set design, you know how truly magnificent it is, and how crucial it is to the success of the production. Gunter needs at least four or five people to help him construct the set between May 26th and June 4th, when it will be transported to Canajoharie. If you have a background in carpentry — great. If not, but you know you can do it — you will have Gunter to guide you.

A Video team

Jevan will be coming on June 13th. He

will be able to do the videotaping necessary in the production. However, we still need a team who will shoot some footage necessary for the production. The shooting will be in Canajoharie and will also need to be edited before the New York City production. The video will be shown in the production. So the team will be needed in Canajoharie from June 8th to 11th or 12th and then we need to edit somewhere on the 14th or 15th. So an editor and editing facilities are also necessary. This all requires two video projectors and a computer with a direct editing system to drive the projectors.

Actors

Two actors (preferably two males, but can also be two females, but not mixed) are needed to play two slaves. There is some text and they will appear quite often on stage. They will be needed from the beginning of June in Canajoharie straight through the performances in New York City and again if there is a performance on the 30th.

Costume

For the performances in New York City, we will need five ladies to help dress. Also needed is a sewing machine and a seamstress.

Piano player

Again we need someone who is professional enough to play this piece and is available for rehearsal in Canajoharie through performances in New York City.

This leads me to my most personal and urgent request. There are so many details to be addressed, and no man is an island! So please! We need folks to volunteer to spearhead the following:

Transportation

This means everything necessary to get people and props from New York City airports to Canajoharie and back to New York City and again back to Canajoharie. This monumental job that can only be done by a Sahaja Yogi!

Hospitality

We will need to house many people who simply cannot afford to stay in hotels. At least eighty people are involved. They have spent a year in preparation of this extraordinary event and many are from east European countries. *Suneetha Reddy* and I will coordinate the room and board.

The dates will be June 19th to June 27th approximately. Please let either of us know if you can open your home and how many people you can host.

Lighting

As detailed above, this is a very important aspect of the production.

Logistical Support

I will be off from work from June 15th to June 26th to oversee the production from the New York City side. I need someone to work with me here, and I welcome whoever that is to stay with me. I also need someone who is to oversee the production during rehearsals in Canajoharie from as early as June 4th until June 19th.

Whew! Well that is about it! And I know it's a lot of stuff — particularly when many of us are already working on other projects in Canajoharie, or on *outreach*, or public programs, etc, etc. But these opportunities wouldn't be presented if Shri Mataji didn't think we were ready for them! So get on the bandwagon and join the team!

Over eighty people from thirteen countries will stage this all Sahaja Yogi production of Mozart's *Magic Flute*.

Stephanie Wein

NIH Conference

Chicago May 25th (Sahajanet)

By the grace of Shri Mataji, America has been blessed with an amazing opportunity. Our Divine Mother has accepted the invitation of Dr George Patrick, Director of Recreational Therapy at the American National Institute of Health, to hold a medical conference at the NIH itself! The conference will be held on June 19th at the Masur Auditorium at the NIH and will be open only to doctors, medical professionals (including alternative medical practices) and, of course, Sahaja Yogis.

This very important event requires extensive outreach work to reach the right people and encourage them to come, as well as other work on the logistics of the program. Anurag and the Washington DC collective very much need a few people to come to the DC area early, by about June 10th, to participate in this work and make it their primary focus during that time.

If you would like to participate in the spreading of Sahaja Yoga into the medical field, this is a great opportunity to make a contribution! If you are able to help, the DC collective will gladly fund your stay.

As Shri Mataji has expressed Her compassion once again, by holding this conference for the medical community, let us try to make it a great event which pleases Her!

If you are interested in helping out on this exciting project, please contact Steve Wollenberger at sfwollenberger@yahoo.com.

Steve Wollenberger and Manoj Kumar

Birthdays!

Our best wishes to...

Patrick Murphy, Chris Szydlowski, Matthew Fogarty, Brian O'Gorman, Jo Boland, Joseph Sundram, Rosemary Warner, Seetaram Labade

GENERAL NEWS

Sahaja Yoga and Reconciliation.

Australia on Sunday May 28th took a great stride forward with what many now regard as one of the defining moments of our history. All morning long on a cold wind swept day, the people of our nation, a group of Sahaja Yogis amongst them, surged across Sydney Harbour Bridge.

At least 250,000 people walked in an inexorable tide of goodwill, some singing, most smiling: young children, the elderly, parents pushing babies in prams, many beribboned with the Aboriginal colours.



At times, the crush of people on the bridge was so dense that we came to a complete standstill, the mood however was almost uniformly buoyant and happy. While waiting to move, we looked up and there at the pinnacle of the bridge, proudly blowing next to the Australian flag, were the red, yellow and black of the indigenous flag. Despite the crowd there was no shoving or jostling, and the police had nothing to do but stand and smile from the side.

Many held banners and placards aloft, clutching balloons and holding onto wildly flapping streamers. We strolled across the broad strip of road that bridges Sydney Harbour, walking for peace and reunion.

In a most Sahaja manner the people of our nation were gently pushing the nation forward on the journey towards reconciliation. The hundreds of thousands of peaceful marchers were part of the biggest demonstration of its kind the country has ever seen. The weather was bitterly cold, yet we, and many others still braved icy, buffeting winds, while above us, from on high the sun shone on.

Australians from all over the nation turned up to show their support for reconciliation by trekking the 4km from North Sydney to Darling Harbour.

As Sahaja Yogis it was a great opportunity to walk and to be a part of the wider community and to express an elevated belief, and an enlightened faith. People talk about what it means to be Australian: it was a time when I felt most proud to be called an Australian for the essence of goodness within all people was most clearly displayed in all its glory. It was the first time that I have felt a spirit of collectivity and a unity of joy amongst a group of non-realised souls. Everyone was experiencing collective joy, auspicious vibrations flowed all around; yet people did not have the words to describe this new sensation, or understand the joy that was clearly written upon their faces.

Current political leaders, former prime ministers, federal ministers, religious elders, celebrities and actors, activists and artists all took to the streets to make their point about the need for a transformation in race relations in Australia and to say "no" to racism. It was ordinary Australians who marched to demonstrate their support for reconciliation arriving at the starting point on the north side of the harbour.

Why did we as Sahaja Yogis march? The indigenous leaders of our country had asked our Prime Minister to take one more small step towards reconciliation and to walk with them. It wasn't to be. But we felt it important that we as representatives of the self-realised of our nation should bestow the assistance of our enlightened attention and to demonstrate our support for this movement of peace and massed expression of goodwill and support for an Australian cause.

It was also felt most important that the Government realise that most open-



Evelyn Scott, an indigenous leader and chairwoman of the Council for Aboriginal Reconciliation, who has worked for ten years on the compilation of the reconciliation documents, said at the Opera House during the handing over ceremony:

"Our freedom is your freedom,"

"Will you take our hand ? "

On Sunday she was inundated and lifted up with hands from every direction, following the conclusion of the march she added:

"Yesterday and today is proof that the people of Australia are prepared to make that journey with us."

"I am happy from this day on."

hearted people of our country disagree with their miserly attitude to reconciliation, and it was even more important to send a clear message to the Aboriginal population from the non-Aboriginal population that we care about them and about reconciliation with our past and that it was not possible to move forward without acknowledging the injustices of the past.

We are all Australians and call the land of Shri Ganesha our home, and we celebrate our diversity and differences because they help enrich us all. It is who we are, and where we want to be, that will ultimately give us the strength, wisdom, inspiration and the generosity to evolve and to move forward together.

You may never change everybody's mind ... but over the last few years there has been a slow build-up, which is starting to take hold: ordinary people are beginning a journey of healing of the body, soul, hearts and spirit of our nation.

Our Governor General, Sir William Dean, probably best put it when he said:

"Looking back, the starting point must be an acknowledgment of facts and truths now too well established or obvious to be denied. The dispossession and oppression of the Aboriginal peoples was the darkest aspect of the history of our nation. The present plight of Aboriginal Australians in regard to health, education, employment, housing and living conditions were largely the consequence of the injustices of the past. It's wrong to

see those past injustices as belonging, as it were, to another country. They have been absorbed into the present and the future of contemporary indigenous Australians and of the nation of which they form such an important part. They reach from the past to shape who and what we are. They and the land that was taken are our country and we need to reflect upon those past injustices and upon the present disadvantage which flows from them and upon what was taken, what was lost, and what might have been."

Jai Shri Mataji
Chris Kyriacou

