

Sahaja Yoga

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Australian Newsletter

Jai Shri Mataji!

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...Shri Mataji Nirmala Devi
Palazzo Doria, Cabella Ligure
18th September 2001

To Honourable George W Bush
President of the United States of America
White House, Washington DC

Dear Mr President

I wanted to write to you earlier, but I felt that you were too busy with the crisis in your great country. All the while I have been watching you and your activities through television. I had conveyed to you earlier that I had a vision about you - it was that you would be the one chosen to destroy the evil of terrorism all over the world and completely redeem the world from the agony of satanic forces.

Now you see, there are many persons talking of compassion and forgiveness - maybe out of fear or blindness. A sinner who asks for forgiveness can be forgiven, but not a devil, at any cost. In the Gita there is an answer given by Shri Krishna to Arjuna, his disciple. Arjuna was full of remorse and compassion. He puts down his bow and does not want to fight. He says to Lord Krishna, "You have told me about the state where a spiritually-equipped person should be a witness - *stityapragya*." Lord Krishna observed, "A person in the witness state has no confusion at all and he has a clear mind.

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He develops the power and the will to destroy evil-doers - *dushtakrutham*.” Lord Jesus Christ also hit with the hunter those who were doing business in the Temple of God. Lord Krishna asked Arjuna very emphatically to fight and destroy the evil so that the truth should prevail. This is a great message of Gita resounding all over the world, which has been tortured by the cowardly acts of the evil-doers.

Now in this Kali Yuga, you are the one chosen for this act of redemption from evil. All the spiritual beings of the past and present bless you with courage and power to destroy the cowards who have perpetrated this most heinous crime.

All the Sahaja Yogis all over the world convey to you the sincerest wishes for complete success in your noble and historic mission.

May God bless you and the beloved people of America. May Truth succeed under your leadership.

With all my love and blessings.

Yours faithfully
Shri Mataji Nirmala Devi

(Sahajnews 30 September 2001)



STATE NEWS

News from the ACT

Report from Canberra

Canberra is busy preparing for large programs *Meditation for Health* to blitz the public service, medical profession and the general public. The programs will include a talk by Dr Manocha on the results of his scientific studies into meditation, followed by the experience of Sahaja Yoga meditation. We have one program for the public servants next Friday 12 Oct which will be tailored around the successful *Stress Busters* program. For the second program the following Saturday we will target the general public as well as writing to all professionals in Canberra's medical and alternative health care inviting them to the program. We hope to generate huge interest in Canberra and attract hundreds of seekers so please provide your encouragement through bandhans.

The last two programs have already received a strong boost from people who read or saw articles in the mass media on the benefits of meditation which noted Sahaja Yoga. Our winter program (traditionally a very quiet time for Canberra programs) in Queanbeyan saw at least 30 people attend and gain their realization. The August programs in South Canberra saw 35 people fill the room on the first night!

On a more domestic front the collective has seen winter out with some intense working bees that have completed the last lingering tasks on the Ashram such as painting the gutters, building a fantastically large outside table to house our collective meals in summer and other odd jobs that appear daunting and endless until tackled with the help of many yogis!

Neil Riches
Canberra

News from NSW

Mother's Love Pre School: the Angels at Work

The building work at Mother's Love Child Care is almost complete. All that is needed is a great clean-up this weekend to ready the house for inspection. Any ladies or men who are available could contribute a few hours this Saturday to help finish the building project with a big clean-up.

Words are inadequate to capture what has transpired at No 12 Clarence Street over the last five months. It has been another of Shri Mataji's miracles.

The national collective and universal spirit which was so evident during the entire breadth and depth of the building project was bright and pure and collective, so Sahaja, and kept us all inspired, ensuring that we all returned weekend after weekend to be able to share in the spirit which abounded, and to enjoy the blessings.

During this time, friendships were made and renewed across our country. We all discovered how much we can really do when we come together. In fact we learned that there is nothing we cannot do when we come together.

For many of us the question will be what will we now do without our weekend walk around the trenches, concrete, brick works and landscaping of the Pre-School. For those so lost the works at Burwood and Balmoral loom large on the horizon. So please enjoy a well-earned break, but do not throw away those work gloves and overalls.

It is most appropriate that we take this opportunity to pass on thanks, appreciation and recognition to the collective from all over our country - from West to East, North to South - for the manner of their approach and their response towards this entire project. The expression of national support has been inspirational.

Perhaps at the commencement of the planning and staging of the purchase and renovation of the property some may have felt a bit intimidated at the thought of everything that was needed to be done to open our Child Care Centre.

Very much was asked of the collective, and yet, very much was given.

When we come together for the great work of Sahaja Yoga which we know to be the manifestation and expression of the Divine plan for mankind, then as each of us have experienced, there is nothing that is beyond us all.

During this time each one of us has learned something about ourselves: what we are capable of, and have experienced; and what we can realise for Shri Mataji when individually and collectively we leave aside our personal considerations to better embrace, and realise the collective vision.

Hopefully each of us has become a better Sahaja Yogi due to the expression of our commitment and the demonstration of our pure desire.

There has been much done, and there are too many people to adequately thank individually. Perhaps any meagre thanks that are offered maybe inadequate. It is hoped that everyone involved has in a sense come closer to Shri Mataji, and have directly experienced Her joy by helping in their own way.

If you did not believe in Angels then all you had to do was to come to 12 Clarence Street and look at the site, you could see them in action, each weekend, working shoulder to shoulder, cooking, cleaning, landscaping, contributing.

There they all were, watching over and helping to safeguard the future of our children, helping to fashion a path that is bright and clear, leading them into Shri Mataji's arms.

Sincerely,
Avinash Nickkawde and Chris Kyriacou
Sydney

Ashfield Morning Programs

Successful programs have been running in Ashfield ashram for a few months. An average of about 6 people attend each week, and with a little more advertising we could get lots more.

Unfortunately, I will be no longer available to run these programs. If anybody would be available to take over it would be greatly appreciated by the seekers who currently attend.

The programs are held on Friday mornings, however the day could be changed if necessary.

If you can help please phone Sarita Murphy at Ashfield on 9716 6516.

Bhajan Evening Saturday 6th October, 7.30pm

You are cordially invited to join *Music of Joy* for an evening of bhajans at 61 Broughton Road Strathfield. All welcome!

Jai Shri Mataji

John Smiley
Sydney

INTERNATIONAL NEWS

News from Italy

More of Shri Ganesha Puja at Cabella

Dear yogis, It was a truly amazing time in Cabella! It was raining and quite cold all the time, which provided for amazing views around the valley, with clouds hanging low, covering the hills around Cabella much like a Chinese painting! Here is the outline:

Friday: Havan in the morning and entertainment in the night
Saturday: Puja in the night
Sunday: 80 marriages
Monday: Return at 3pm (until 2am next morning)

Travelling with Purnima (Camillo's wife) is quite spontaneous, and we left last Thursday early morning and arrived in Cabella around 7 pm. That magic last curve when the castle is suddenly in front of you is truly a sight to behold! Our hearts were singing in joy to be back! As Purnima is leading the cooking team, her first mission was to report to the castle, meaning we all got to enter as far as the kitchen in Shri Mataji's house! What a blessing!

The vibrations were very strong, the heart was open and bliss was the state of existence! Then we moved on to Javier's house, which is co-rented by Camillo and Purnima now! I was invited to stay there, together with 8 Bolivian yogis! I spoke Portuguese most of the time and understood most of their Spanish. Then we moved on to Centrassi, a house in Cabella where traditionally all the hosting country-leaders stay and all the cooking is done. What a great joy to meet Alex and Lilly from Hong Kong, many yogis from Australia, India and Russia! Then on to the hangar where the real melting into the collective took place! All in all there were about 1500 yogis gathered. In between and all weekend I functioned as taxi between Cabella, the hangar, Javier's house and Centrassi.

On Friday morning (starting around 11am) there was an amazing Havan, prepared next to the men's tent (for those who know where that is), lead by Arun Goel, the leader of India. The fire was at least 3 meters high and about 1000 yogis were gathered around it, while very light rain allowed for cool temperatures and smooth attention. The names of *Shri Ekadesha Rudra* were read, then some more, and then everyone joined in with negativity to be destroyed. It took quite a while to name it all and everything got burned with heart-felt "OM SWAHA!" The vibrations were very strong and it truly felt like being in one of those mahasacrifices of yore. Then it was off to enjoy the collective, which is measured often how long it takes to cover a distance of a few meters (like from a stall of beautiful SY craft to Rosario's cafe just next to it), because so many yogis

need to be hugged and so many stories need to be told and listened to. The evening entertainment started around 8pm and Shri Mataji and Sir CP were present. The program started with the reading of a letter Shri Mataji had sent to President Bush a few days earlier. It was quite amazing to listen to the words of the Shri Adi Shakti to the President of the US! She told him that She had selected him to be Her instrument in the upcoming fight against the evil in the world. He should not be afraid about his decisions, She would protect him together with all the Sahaja Yogis! She blessed him for what he had to do and assured him that the Divine was paying close attention!

We were stunned to listen to this letter, it truly sounded like being meant for a Sahaja Yogi! All through the weekend everyone was waiting for a more detailed explanation from Shri Mataji about what is happening in the world, but aside from a short mentioning during the Puja talk (see below) we did not learn more about it. The entertainment was a beautiful Kaleidoscope of dance, drama and song from all the hosting countries of Eastern Asia, including India and Russia. After the program the first list of marriages was read out and the newly matched couples got to bow at the Lotus Feet of Shri Adi Shakti under the thundering applause of all the yogis! It lasted well into the morning and we all were wide awake at 6pm, and I found it difficult to go to sleep! The Ganesha Puja itself started around 10pm on Saturday. Shri Mataji explained in Her lecture that the innocence of the world had been attacked in America, that is why everyone rushed to join the alliance to fight against those terrorists. She spoke about the war to be necessary to destroy those demonic forces. That was as much as I remember being directly connected to the happenings in the US, the rest of Her lecture was a beautiful and deep description of the qualities of Shri Ganesha.

She said that his foremost quality was wisdom! Shri Mataji also mentioned that we should be more considerate with submitting applications for marriage in time, as She had to work every night till the morning hours to accommodate the numerous latecomers! *"There are many more things the Adi Shakti has to do"*, She said! And: *"It is not so important to get so many more yogis in the world as it is to give realization to as many people as possible!"*

It took till the morning hours till all the presents were offered and Shri Mataji left us around 4:00 am!

The marriages on Sunday started with the Haldi ceremony around 10 am, which I missed. The Gauri Puja, which took place in the castle for both brides and grooms, finished around 7pm and the grooms arrived around 8 in the hangar. Shri Mataji came shortly after that and yet another amazing marriage ceremony unfolded! The hangar was definitely too small to accommodate 80 havans AND all the yogis present, but somehow everyone was inside and when the curtain fell and the garlands were exchanged the atmosphere was truly Divine! The level of confusion (as

always and as necessary) had reached a peak, and the couples and party settled around the nearest havan. I was mama in the marriage of Walter and Aparna (Hermann's daughter), somehow they had managed to be right in front, directly in the view of Shri Mataji!

It was quite emotional to see my "little" rakhi sister (then she was 8) getting married to a shining prince! Her eyes were like deep lakes of joy and vibrations!! Ty got married too!!! He almost succeeded to hide it from me for a while. I seem to remember his wife is from Rumania or Bulgaria (but don't take my word on that), a very sweet and outspoken girl, both were visibly very happy! I am so happy to see that Ty grew so fast and so deep! We definitely need many more yogis of this caliber!

After a few hours of sleep it was packing again and it took until 2pm to gather Purnima, her son Ram, Chaya, an Austrian/Indian also in the cooking team, and her mother all in one place so we could start load the car. Then Purnima wanted to say good-bye to Shri Mataji, so a beautiful bouquet of flowers was bought and we went up to the castle. Yeah! Shri Mataji was resting at this time, but Purnima learned that Shri Mataji might want to talk to her later. So she suggested to us to go back without her and she would take the train with her son. So we started our return journey at 3pm and reached Vienna at 2am on Tuesday! What a blessing!!! I

will write some more shortly as they are pushing me off the computer here in the Internet Cafe!

Your brother, *Herbert Reininger*

Australian Birthdays!

Our very best wishes to all Sahaj yogis whose birthday falls in the coming week. May they all have many happy returns of their special day...

Dulcie Piefke
Terri Healy
David Morgan
Radhika Hewitson
Joe Salomon
Ann Arora
Mike Merritt
Leanne Shutt
Elizabeth Gaikwad
David Ingles
Meena Looke
Brad Miller
Barbara Napper

News from India

Yogi, Uncle, Doctor

Dr UC Rai passed away on the morning of September 19th at the Medical Research Centre, Navi Mumbai.

I am writing to announce one sad new: our dearest Dr. UC Rai is not any more with us. Till his last moment he was fully in Shri Mataji's attention. Mother said that his path on this Earth is finished and that's God's will. Here is a part of a letter from an Indian yogi:

"...I am really very sorry to say that our Dearest Dr UC Rai is now no more with us. Last midnight he passed away from this world peacefully. We had done all his last ceremony by Hindu tradition at today afternoon between 12:30 to 13:30. I feel really very sorry for him. His face was very shiny and with deep thoughts and peace. Really today we had lost one very deep Sahaja Yogi, uncle and doctor.

Today it's a very dark day in the daytime also. It's not raining, but with a big darkness. It must be some kind of divine plan. Even I was very surprised when we had entered in the last place with his body, there was one peacock. The peacock is our national bird and also the Vahana of Goddess Saraswati. There may be behind this also some kind of divine plan. The last ceremony was done by Hindu tradition..."

Emiliana Blagoeva
Toronto September 20
(Sahajnews 30 September 2001)

Even though we have not come close to Dr Rai during his lifetime, we could feel the greatness of his personality through his professional work as a medical scientist and of his human work as a doctor from Sahaja Yogis who had the blessing to go to the Vashi Clinic.

We join the Sahaja Yoga family to express in our heart thankful recognition for his spiritual help and to share the sorrow with his family.

Diane Ruelland,
Montréal
(Bulletin SY Québec, September 19)

News from America

Awakening the Spiritual Heritage

In the midst of all this tragedy and the dark pall of gloom, Shri Mataji brought us a ray of hope and encouragement as a beacon in Atlanta.

When the idea of participation at the *Mind Body Spirit* Expo in Atlanta was being tossed around a few weeks ago, one felt "why pursue an avenue that had been tried elsewhere with results that were less than promising?" In hindsight, what a folly that would have been. How could we ever have predicted the response that we got? It was indeed a very humbling experience to witness that if our hearts carry a pure desire and nothing but love and compassion, then She can pour infinite blessings into our hearts and saturate them.

Yogis drove long distances from Alabama and Tennessee to participate in the event and help reinforce our collective booth at the show. We had a great central location in the hall. With the timely help of the DC collective, we had the most attractive, beautiful and well-attended booth of them all. There was a huge, larger-than-life colour face of Her Holiness decorated with green and gold silk, classical music playing, spotlights highlighting the charts, water and snacks at hand and fourteen eager hearts ready to share the greatest gift of them all with the unsuspecting seekers streaming through.

It did not matter how caught up they were or what false gurus they had worshipped in the past, She forgave them all in Her Infinite Generosity and Compassion. One had never seen Her Presence in such a force. It was almost palpable.

Most did not need any introduction. They sat, they asked and they received. Each and every one of them, without exception, of the 150 or so that signed up, left expressing gratitude and love in their eyes and with their faces shining. Words were inadequate to describe the inner peace and joy they were feeling, but their expressions said it all. The seven chairs we had with us - the booth could not accommodate any more - were kept very busy through the eight hours each day.

There was one lady in particular who had been in a car accident seven years ago, who was taking a little longer than the three to four minutes per seeker average. One wondered for a minute if it was worth spending the extra time on such a damaged seeker.

Our answer came within twenty-four hours when she came back the next day with tears in her eyes, thanking Shri Mataji from the bottom of her heart for the best pain-free night's sleep that she had had in the last seven years. She vowed to keep up with what she had been bestowed.

Another outcome of this expo - where in one weekend more seekers got Realization than we had met in the entire year - was that it instilled a tremendous confidence in the new yogis in the collective to repeatedly witness the magical power of Sahaj Yoga and how effortless and joy-giving it is to distribute this true wealth and yet see it grow immeasurably. The calmness and depth it brings to you inside your heart is priceless.

Koti Koti Pranam to Moksha Pradayini Shri Mataji for allowing us to become an instrument of the Divine.

We are all energized and excited about what the future holds for us if this is a sample of what lies ahead. This resurgence for the spiritual quest was not limited to the expo alone - our weeknight meeting at Emory University also saw about forty seekers in attendance.

The Unconscious is sending an emergency message. We should heed its call and make the most of this golden opportunity sent our way in preparation to herald the Coming of the Adi Shakti after Navaratri to this Yogabhoomi/ Kurukshetra in an effort to reunite the US, rekindle its strength and awaken its spiritual heritage.

(Sahajnews 30 September 2001)

Sprint to the Finish

Help needed to complete Shri Mataji's house

When Shri Mataji arrives in the US in late October, we would like to have completed at least the first floor of Her house in New Jersey. (This is the level with Her and Sir CP's rooms.)

But time is running out. With Her arrival just six weeks away, it promises to be a dramatic and exhilarating photo finish!

There is an urgent need for both skilled and unskilled men. That is to say, if you can carry a brick or hold a paint brush, you are needed. Any time spent helping is invaluable, whether it is a day, a weekend or longer. In particular, if you can take a week or more of vacation or a couple of weeks between jobs, your help will be essential in these final weeks.

As we all know, this is the first house that Shri Mataji has built from the ground up outside of India. For the US, it is our blessing that She is building it here as well. It is also our responsibility to help get it done. For those who have been thinking that they would like to come at some point to be a part of this historic project, now is the moment. So if you can come for any length of time or, for more information, call Lothar at 201 838-8408 or email him at L_pfeifer@hotmail.com. Jai Shri Mataji!

Manoj Kumar and Paul Ellis

Ridgefield Park New Jersey, September 21

(Sahajnews 30 September 2001)