

# Sahaja Yoga

23<sup>rd</sup> November, 2001



## Australian Newsletter

***Jai Shri Mataji!***

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**Contributions:**

Sydney ph: 61 2 9716 6516

fax: 61 2 9716 0203

email: [sahajnews@yahoo.com](mailto:sahajnews@yahoo.com)

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*"I love India, not because I cultivate the idolatry of geography, not because I have had the chance to be born in her soil, but because she has saved, through tumultuous ages, the living words that have issued from the illuminated consciousness of her great sons."*

Rabindranath Tagore 1912

*(Sahajnews 3 November 2001)*

## NATIONAL NEWS

### Shri Shiva Havan this Sunday Morning

At the recent International Diwali Puja in America, I was blessed to be in the holy presence of Shri Mataji.

She requested all the American yogis to perform a havan to destroy all the negativity, taking the names of Lord Shiva.

I suggested that all the Australian yogis could also perform this havan, to which She replied "the whole world can join in".

Accordingly, all the Sahaja Yoga collectives around Australia are requested to perform this very important havan this Sunday morning (25th November) at 7:00am.

More news of Divali Puja to follow soon.

*Avinash Nickkawde*  
Sydney

### *Birthdays!*

*Our very best wishes to Sahaj yogis whose birthday falls in the coming week. May they all have many happy returns of their special day...*

Rajiv Dara  
Rakesh Arora  
Radhika Richardson  
John Tedesco  
Rosie Lyons

## STATE NEWS

### *News from NSW*

#### Mother's Love Childcare Centre Official Opening this Saturday

The entire collective is cordially invited to the official opening of our Childcare Centre this Saturday, November 24 at 11am.

This will be a day of celebration dedicated to this great event. We wish to invite and encourage all Sahaja Yogis to come along and to take part in the festivities and celebrations.

The centre will be opened by:

- The Honourable Patricia Forsythe MLC  
*Shadow Minister for Education and Training*
- Mr John Faker  
*Mayor of Burwood*
- Mr Joe Tannous  
*Councillor, Burwood Council*

Many representatives from Burwood Council and business leaders from the local community will be present on the day. This represents a unique opportunity for us to present ourselves in a positive manner within the local community.

To be able to demonstrate that Sahaja Yoga does have a considerable representation within the Community we need to have as many Yogis as possible present on the day. This is one of the few occasions in which we can engage with the local neighbourhood and have our voice heard by leaders of the local community. By inviting these dignitaries to a well-organised event attended by large numbers of Yogis we can do much to present ourselves in an extremely positive light.

For this reason we are asking for a big show of support from everyone. Nothing focuses the attention of politicians like large numbers of local constituents. This will help convince Council to deal with us fairly and view favourably any submissions we make, such as the coming renovation and Development Application for 10 Clarence Street.

This will be a day of celebration dedicated to this great event. We wish to further encourage all Sahaja Yogis to come along and to take part in the festivities and celebrations.

After the official opening there will be music, food, celebration and a "thank you" to the collective for the manner with which they have taken this project to their hearts, and provided such widespread support.

*Chris Kyriacou, Sydney*

## Christmas Hamper Raffle

The Christmas hamper raffle is well underway, with tickets being sold as a fund-raiser for the Childcare Centre and National projects. Anybody wishing to sell tickets please see Sarita Murphy or Margaret Carbone at Burwood

Could all money from ticket sales please be returned to Ashfield by the 7<sup>th</sup> December.

Donations for the hamper will be greatly appreciated and can be placed in the box at Burwood:

Following is a suggested list of items to be donated.

- Any non-perishable food item
- Tins of ham or salmon
- Packets of nuts and dried fruits
- Jams and chutneys
- Teas
- Marmalades
- Shortbread
- Christmas puddings and cakes
- Caviar
- Lollies and chocolates
- Soft drinks and juices
- Pringles
- Any other items that you think would be suitable.

Thank you for your support.

Sarita Murphy  
Ashfield

## Colo River Picnic Cancelled

The Collective picnic at the Colo River which was scheduled for Saturday 24th November has been cancelled, to avoid conflict with the official opening of the Childcare Centre.

Please watch for an announcement of another date when we can hold this collective event.

Raelene Wright  
Katoomba

# INTERNATIONAL NEWS

## News from America

### International Diwali Puja

The weekend was so pure. Everyone I spoke with felt a renewed dedication to working out their ascent to a point where Mother will not feel alone again, as per Her Navaratri Puja talk in Greece.

On Friday, Mother sent a message to the camp, saying that She wanted the Sahaja Yogis to be very careful in the coming days, as She was going to be killing two demons. To put ourselves in Bhandhan, when we walked into, or exited from a building, got into the car, etc.

On the day of the Puja, I was completely and absolutely focused on Her words, and desiring to hold them in my heart for as long as possible immediately following the Puja. Therefore, I was inspired to transcribe - to the best of my limited abilities - Her words onto paper. Following is a humble offering to share this day with you. I've tried to capture Her words verbatim, but needed to use my understanding to summarize places where my pen just wasn't fast enough... so please, forgive me for any mistakes I may have made in the following transcription.

Mona Leigh Dale, Canada

### Diwali Celebrations

#### Maha Laxmi Puja

**November 18, 2001, approximately 7:00 p.m.**

*"...Evil has been killed. Mother desired to do so before Diwali, and this is accomplished...(the Yogis break into applause, and many into tears, understanding in a limited way another of the great blessings Mother has given to us).*

*How blessed we are to see this happening. It's a miracle - how things are worked out. A new phase has started and we have a very open challenge to get people into enlightenment. People are not so ignorant now. They are very much changed, especially their attitude towards Truth.*

*They get stuck if they think 'this' or 'that' is the truth - even if it can't be verified. Unlike humans, animals have an innate capacity to smell evil. How have animals developed this capacity? We understand many things: for instance we cook our food, animals don't, but sometimes I think we cook our brains. The way people think and try to avoid the truth with ego is amazing. Humans need to rise higher above ego and superego and conditioning. Watch yourself from*

there and ask 'why is this?', 'what is the reason for my own misunderstandings?' and 'why do i accept wrong things?' Once you see this then you can forgive others who have been brainwashed. As it is, you have risen higher than these people. Understand this point and then you can forgive.

For the people who are actually bad - don't worry - it is the work of the Divine Power to destroy. But watch yourself so you see your complete image and try to cleanse it. Very important. Your Mother pities those who do wrong – it's their responsibility to correct - to introspect. Real powers will come from this introspection: powers to give realization; to understand problems of your country, the world; and when you realize you need to work this out because you are the soldiers of Divine Power. With that beautiful idea, we start cleansing ourselves. You don't need to worry about 'how, what, where and when' the negativity is working out - you are a soldier. You have to just fight. There should be no obstacle - just push forward. It's only a myth that there are obstacles.

It's not easy to raise the awareness of people. It's very difficult for some people to get out of the problems of Agnya. Best is to introspect....'am I doing everything right or wrong?', 'how am I working for my betterment?'

Some people are forward in Sahaja Yoga but what is the purpose - so others see what you're doing? For example, there is this very big building. All the buildings in the nearby area may fall down because of earthquakes, but this one building won't, because it is built on very solid ground. It can't be destroyed or distorted. Mother knows everything - finding faults with others is interesting, but finding faults with yourself is another thing. This is the best way to improve your awareness.

The Joy of Diwali is for the world. We work for ourselves, but what are you doing for others? Only such people are useful to Sahaja Yoga.

You have to first give up identification with yourself...if you are too much identified with you, what is the aim of your lives? We have to change the world. Changing yourself is one thing - but changing others is quite another.

Think of the dream I have, that we have to change everyone and transform them. We should try all methods and all the tricks to transform those who can be transformed. Trust yourself. Have faith in yourself. Very soon it will happen. Your anxiety should be 'how can I transform this person?' You tell one person, and another follows. At the airport, people were holding their hands to me. I said 'What

is this? These people are not Sahaja Yogis' but without knowing they held their hands to me.

Instead of getting annoyed, give them a chance. They are all fed up with all the artificial things. You'll be surprised by how many are waiting for you.

Diwali cannot be celebrated with one candle only. You need many.

I ask Sahaja Yogis 'What did you?' and they say 'nothing'. What's the sense of having realization if you feel shy to talk about it, to share it.

Introspection - The light inside is there, you have to look after it. Yesterday, you saw the meteor showers. - how timely they were. The showers came to give a new experience. This is the time that even the nature knows - this is the time for a special thing.

Normally I get letters that say 'my relation is sick, or my marriage is broken'....nonsensical problems. Those who write aren't realized souls....they can't take care of the problem themselves, but need to write to me. Only Sahaja Yogis are your family. So I asked this lady, 'Why do you write about this cousin and that cousin?' She says 'because then they will come to Sahaja Yoga - if they're cured'. Mother doesn't want to 'advertise' like this. Why are we Sahaja Yogis? Just to cure relations? Who knows, they may be sick because of mistakes they have made. You need to pay attention to yourself - to your ascent - with understanding and wisdom. We have come for a very special work, a very high work.

Why are you asking me about your Mother, your Father. You can cure them yourself. If these relations are not Sahaja Yogis, why do you want to trouble me? All this is maddening. I'm not concerned, you shouldn't be concerned. Tell these relations they have problems because they're not in Sahaja Yoga.

I would request you to stop wasting energy on people who are not Sahaja Yogis. This is very important... as all the time their attention is on wrong things. You must realize you belong to a very high quality spiritual <.....> of which there are very few. You must make an effort to see this understanding is also manifesting in others.

Don't worry about things that have no value. You are a special race - you are special soldiers who have been trained. It is to be understood that you have your energy reserved for Sahaja Yoga. You should help everyone who is a Sahaja Yogi or who wants to become a Sahaja Yogi. We are one person-ality, one God, and the Sahaja Yogis are all the different hands. This oneness must be established.

*There are some people who are active and those who are active in criticizing.*

*This is the year of great achievements and great success. If you start doing something in a nonsensical fashion- nothing will work out. Sahaja Yoga does already have good soldiers - but we need more. You have to work out the collectivity. You can only be a Sahaja Yogi. Not a Sahaja Yogi and a Christian, or a Sahaja Yogi and a Muslim. You cannot waste yourself for the light of the Divine to spread. But don't go to extremes - some say 'Mother, we have given up our parents, etc. and still we're not right.' - such half-baked people - don't pay too much attention. These people aren't friends, nor Sahaja Yogis. Sahaja Yogi is a special character who fights for the truth.*

*On this Diwali day, I want to bless you all.*

*Respect yourself and understand your place in the movement of Sahaja Yoga. How are you working it out? Your attention should be a dynamic force working it out. If so, next year, I know it will be different, and we will have many more lights.*

*May God bless you."*

**Shri Mataji Nirmala Devi**

### **More news from Diwali**

Dear All, Jai Shri Mataji. Just back from a very strong Diwali Puja. This Diwali Puja was filled with extensive clearing, celestial wonder, excellent performances and the warmth and protection of Shri Adi Shakthi.

The Puja was held in a camp close to Lake Piru. There were two musical nights followed by the Puja night. At the beginning of the Diwali weekend, all yogis and Yoginis were very eagerly waiting to see Shri Mataji. It was so joy-giving to have the darshan of Shri Mataji. The first musical night had shennai performance by Rajendra Prassana, a film made by the America Yuvashakthi titled *Mr Ego* and opera music. (Many others have slipped out of my mind).

The second musical night there were some splendid performances. (Please see the video cassette whenever you have the chance). There were two classical dances, one was Kushupidi by Mrs Aparna, and other was by a young sister on the song *Sowbhagyada Laxmi Baramma*. There was a drama played by the Swiss collective. An interesting scene was how a yogi transforms everyone in his company. The entire office are Sahaja Yogis, so the Manager then announces vacation for all to go to Diwali Puja! Also

Mr Prassana gave some exceptional performance on the flute. He played *Rag Des*, then *Rag Durga*. In the first rag he played an excellent *Jugalbandi* with the tablaist. Later he mentioned that neither of them have ever played together before, and it's only because of the "Shakthi" that they could have preformed this. Next he invited Yogis of western arts to play. There was piano, a big violin (I don't know the name of the instrument, it has a lot of bass sound), guitar and western drum. So along with all this and flute and tabla, the music was so beautiful.

The vibrations until the puja was very mixed. It was getting too heavy and someone even felt burnings at the void area in the hands. At some musical performances the vibrations would improve. Shri Mataji had passed the information that during these two days, She is fighting two Rakshasas and all of us were instructed to take bandhans whenever we leave or enter the pandal, tent or go any were. We were all in bandhan always. The night before the puja we all could see a shower of meteorite-like things in the sky. It was as if a celestial Diwali fireworks was going on. It also felt as if the fight between the good and evil is going on.

Shri Adi Shakthi arrived in the evening for the puja. It was such an emotional feeling to see our beloved Mother. Tears rolled down for many of us. On Her opening speech, She said that today was a very great day because the evil has been suppressed. The crowd burst into tears of joy, and heart filled with deep gratitude and there were lots of clappings. Shri Mataji said that She did not expect that it could happen before the Diwali puja. Please forgive me for any mistakes in narrating the points of Her talk.

Shri Mataji mentioned that a new time has begun, there are no obstacles for Sahaja Yogis, obstacles are a myth, we should not bring our relatives to Shri Mataji for curing etc, Sahaja Yogis can themselves do that. Yogis should be like the candle light, that gives light while burning themselves. Two types of people cause problems, ignorant people and evil people. We need to give realization to the ignorant people but leave the evil people to Shri Mataji to work it out. Shri Mataji also said that the next Diwali puja will be more beautiful. Wow! That moment gave us so much of joy.

Shri Mataji was very lively during the puja but we could see the tiredness in Her. She accepted all the nice presents that our brothers and sisters gave Her to show our love for Her. Also there were presents from Afghanistan and Iran. Shri Mataji mentioned that once the political situation becomes right, Sahaja Yoga would start in Afghanistan.

*Bolo Shri Mahalakshmi Shri Adi Shakthi Shri Mataji Shri Nirmala Devi Ki Jay*

*Velayutharaja Sivakumar*



## News from Cabella

### Memories and Miracles

For the last eighteen months some of us in a number of countries have been collecting our personal memories of times spent in the presence of Shri Mataji - times which have not been recorded on the video or audio.

Shri Mataji has said this is a part of the history of Her incarnation and should be recorded.

From this ocean of memories - until now only held in trust by each of us, as our individual experience - some few sweet stories have now been collected in this new book, a book about love.

Shri Mataji has spoken no less than four times in the last eighteen months about this project:

- Ganapatipule 1999, Shri Mataji: *"Yes, it should be done, it is part of the history."*
- Shivaratri Puja 2001: *"Are you still going on with that book?"*
- Sahasrara Puja 2001, after presenting the first draft to Shri Mataji: *"Who has done this book?"* Answer: *"So far about a hundred and twenty people."* Mother was clearly pleased.
- In Cabella, August 2001: *"I will get it printed in India and then the Sahaja Yogis can read it."*
- Cabella, September 2001, coordinator: "Shri Mother, it is a bit daunting to collect these stories because maybe we have not written auspiciously enough or maybe our memories are faulty" to which Shri Mataji replied: *"Don't worry, as long as what you say is true, that is all right."*

I felt very strongly that as long as we tell the stories with love, positivity and sincerity, with the idea in our hearts to glorify and thank Shri Mataji for Her endless blessings to all of us, She will forgive our little inaccuracies.

I ask forgiveness of our Divine Mother if I have misquoted Her, but that is the gist.

So please, brothers and sisters around the world - this book is only as good as you all make it. We need your contributions.

### Miracles

With the help of Sahaja Yogis around the world, we have already collected a number of accounts of miracles, either performed by Shri Mataji in person or, through the power of Her Paramchaitanya. These include miraculous cures from chronic or fatal diseases, salvation from drowning, kidnapping, etc. or any Sahaj-related stories which defy the presumed laws of nature.

### Memories

Have you any memories of times spent with Shri Mataji? A loving word at an airport? Words of comfort and wisdom when in a room with Shri Mataji in a small group? A shopping trip with Shri Mataji? Have you any experiences you could share with Sahaja Yogis present or future, which would glorify Our Mother's name and show Her endless love, compassion, care and concern for all of us, in so many, many different ways? This is a part of the vital history of Sahaja Yoga. This is your bit, your chance to glorify Mother and share that treasured memory in your heart with brothers and sisters throughout the world.

Some stories already collected are the first India tour to Nepal in 1979, renovations of Brompton Square in the early 1980s, the finding of Ganapatipule and Mother's miracles on that occasion, a yogini who came thousands of miles to give Mother a flower and Shri Mataji explaining how the power of faith works.

### How to do it

Either write an email or a letter to one of the addresses below or speak your memory or miracle into an audio tape and mail it to us to transcribe. In Britain, Australia and Canada, groups of people have met together for the purpose of recalling memories and these have been recorded. If you have photos which would go with the story, they can also be included. Please send your contributions to:

Linda Williams  
lindawilliams108@hotmail.com

or Richard Payment  
sahajnews@canada.com

8272 - 141A Street, Surrey, BC, Canada V3W OV6

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