

# Sahaja Yoga

12<sup>th</sup> April, 2002



## Australian Newsletter

***Jai Shri Mataji!***

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Publication deadline for contributions  
is midnight each Tuesday

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*All voices get reflected there in the Paramatman.  
There is no reason; the intellect fails to grasp Him.  
He is One and Alone.  
He is neither long nor short, nor a circle nor a triangle,  
nor a quadrilateral nor a sphere.  
He is formless existence.  
He is what baffles all terminology.  
There is no word to comprehend Him.*

Acarangasutra

# STATE NEWS

## News from Western Australia

With everyone back from India the weekend seminar was a great success both vibrationally and otherwise.

There were many new people at the Saturday open day at Gidgegannup with interesting stories about how they came to be there. For the first time the evening program was split to accommodate the different needs of new and continuing people as well as yogis. Some of these people also attended the bhajans at the Indian Festival on the following day in Fremantle. This event was very successful and gave an informal opportunity for intermediate people to be with the collective.

This has encouraged us to try an experimental full day seminar which will be held on the first Saturday in June – which falls on Western Australia's Foundation Day weekend. Could be a 'foundation' for us also. It is intended to run the seminar from 10-5pm, allowing for a diversity of topics to be made available, and for a music/entertainment evening to follow on Saturday night. For the time being please reserve this date in your calendar and email Craig with any ideas you may have.

*Christine Driver* for the Perth Collective

*An Invitation is extended to all our interstate brothers and sisters to attend the*

### **National 32<sup>nd</sup> Sahasrara Day**

**Puja Celebrations at Gidgegannup, WA  
3<sup>rd</sup> – 5<sup>th</sup> May, 2002**

URGENT attention is recommended as it seems that Qantas has a cheap fare available – approx \$440 return, which with interstate dakshina being set at \$60, gives you a marvellous weekend in the (guaranteed) sun for just \$500.

We meet you at the airport and the pampering begins! Not only that but we offer you work as well as hospitality this time as we begin the celebrations by inviting the public to an ADHD Seminar mid-week. So come early and share the vibrations.

Tentative program as follows:

<b>Thursday 2nd:</b>	Public Seminar and launch of ADHD Trial - Dr Manocha
<b>Friday 3rd:</b>	Registration / meal / meditation
<b>Saturday 4th:</b>	Monthly new people's workshop / seminar / meditation Pony rides / bushwalking / entertainment for children / Pizza Evening concert / play / Sahaj band / Yuva Shakti bajhan group
<b>Sunday 5th:</b>	Brunch / preparations <b>Sahasrara Puja</b> Puja meal / farewells

## News from New South Wales

### Travel by Bus to Easter Puja

Have you been to Hiawatha? Be there for the National Easter Puja! Blessings await you there; it is beautiful. We had a marvellous trip there in November for Diwali Puja. We aim to hire another luxury bus with full air con on board, video and the company, fun and vibrations of 40-or-so other yogis.

Don't miss Hiawatha. Don't miss the bus. It leaves Burwood 6-7pm Friday and returns 6-7am Monday at Burwood. \$80 return, \$40 for students, free for children under 3 who do not require a seat.

Jai Shri Mataji.

*Contact David Sharp on ph 97470310*

### **Burwood Workshop this Sunday, April 14**

It's on again this Sunday! Please come along and join us for an enjoyable vibration-filled day, as we look after our new people and learn something new from our brothers and sisters who'll be presenting.

Program will run from 9.30am to 3.30pm, with music starting at 9.00am. Lunch & refreshments costs \$5.00.

*Charles Tiralongo*

### **ADHD Meditation Clinic at RHW**

The next ADHD group starts this week (Saturday April 13) at the Royal Hospital for Women Randwick. It would be great to have as many yogis there as we did last time (or more)! The times are:

**Saturdays 3 - 4:30pm**

**Tuesday evenings 6:30pm - 7:30pm**  
(not Wednesdays like last time)

We are expecting slightly more children this time, with a greater number of younger kids. So please come along!

It is planned to continue holding these programs in 6-week blocks, starting in school holiday periods.

*Further details from Rob Hutcheon, Kim Pearce or  
Alice Bhasale*

## Mother's Library

Brothers and Sisters,

It came to our attention that Mother's Library in Burwood needed a collective reorganisation for the comfort of everyone and especially for the due respect and preservation of Shri Mataji Nirmala Devi's recorded material (Video, Audio, Books). Following the invitation in the newsletter a few weeks ago, we have created a Mother's Library Team and met for the first time on Sunday the 8<sup>th</sup> of April.

We encourage each of you that have the desire to help or that have good ideas to share to join the team. During our last meeting, we identified a few areas that needed attention and listed the tasks to be addressed to ensure that Mother's Library is well looked after. We will be working regularly on finding ways to address those issues with the well being of the collective in mind. We have listed the following:

- Archive of masters: includes secure storage, listing, digital transfer and restoration,

- Re-locating/storage of the library: to ensure an optimum, easy and pleasant organisation of the lending facilities,

- Finance: in term of lending policy, convenient and save money collection, banking and copywriting management,

- Cataloguing: a vast subject including, stock take, locating missing tapes, tape classification and organisation, systemization of the process on computer, replacement of missing tapes ...

- Faulty tapes repair

- Transcription of the talks

We will update you regularly on the decision made during the Mother's Library Meetings. Please feel free to provide your feedback or once again to join the team. In the meantime, we need your help in two areas:

Please bring back all material in your possession that belongs to Mother's Library ASAP (this includes videos, audios and books). Even if they don't have covers or are damaged (we will attempt to repair/restore any damaged items). A large collection box will be available on Mother's Altar for the collection. This is an important matter, as in some cases the material loaned out were our masters. So please look everywhere in your house.

Please be patient, as we need to close the library for cataloguing reasons. We understand that you might need/desire to rent tapes during that period, so we have selected 20 tapes that will be made available for renting during this time. Those tapes are not older than 1990 as we know for sure that these are not Masters. Please see the list on the Library door and contact Janine or Caroline if you want to rent them.

Our next meeting will be held in Melbourne during the

Easter Puja weekend. Everyone is welcome to join in. We will advertise the date and place of other meetings in the newsletter every week. For more information, suggestions, and questions or to join the group, please contact one of the existing members of the team.

Thank you for your attention and your help.

*Mother's Library Team: Caroline Clement, Charles Tiralongo, David Sharp, Helen Splarn, Janine Dowsett, John Brownscombe, John Dobbie, Judy Dobbie, Lawrence Dowsett, Madavi Rome, Marcus Rome, Rodolphe Clement, Subhash More.*

## BIRTHDAYS!

*Our very best wishes to Sahaj yogis whose birthday falls in the coming week. May they all have many happy returns of their special day...*

Jari Andersson  
David Matthews  
David Colman  
Melissa Phegan  
Ron Hille  
Angelica Roberts  
David Sharp

## News from the ACT

### Canberra News

A series of new people's programs has started at Gungahlin, a satellite town on the north side of Canberra towards Sydney. Held at the Gungahlin Community Resources Centre 12 new seekers came and received their realisation. It was the first time Sahaja Yoga had held a program in this part of Canberra. Two of the seekers were mothers with children suffering from ADD. They were eager to find out about the meditation and how it could help. Future new people's programs are being organized at Philip Health Centre and Tuggeranong Community Centre.

Wednesday night programs at the Ashram in Scullin for new people and seekers at the intermediate stage have picked up in the last couple of weeks, with numbers gradually increasing. There has been good support from the established yogis, adding to the depth of vibrations now being experienced at the program. This is having a nurturing effect on both the new and old.

The Collective are pleased to welcome Sarah Yates from Orange. She has moved into the Ashram and we all wish her well for the future. There is still a first-class double room available in Mother's House here in Canberra, so if you are thinking of moving now could be the right time.

See you all at Hiawatha.

*Alan Napper*  
Canberra

### Lotus Heart

The Lotus resides within our hearts,  
Floating on the water's surface.  
The mind rests and absorbs the tranquility.

The sun's reflection glistens on the water.  
Its rays penetrate beneath the surface.  
The body and the earth are connected, are one.

*Leanne Shutt*  
Sydney, Australia

## INTERNATIONAL NEWS

### News from India

#### Vanadevi Ayurvedic Medicine Factory

Jai Shri Mataji! When I arrived in Pune two days before the official events for Shivaratri Puja I was fortunate to attend the official opening of the Vanadevi Factory near Pune, which has been planned for several years but has just now been completed. It specializes in the production of Ayurvedic Medicines under the personal supervision of Shri Mataji.

The Indian Sahaja Yogis had prepared a silver tray with flowers, fruits and gifts for a Puja, and this was next to Shri Mataji's chair which was sheltered by a beautifully decorated umbrella. Shri Mataji arrived dressed in a light green sari trimmed with gold and a darker green blouse. She looked very young.

Land had been purchased in the Himalayas some years ago for a retirement place. The caretaker discovered a wide variety of herbs - some of them very rare - growing on the property. These are the main ingredients of *Vanadevi Ayurvedic Medicines*, which are based on ancient recipes and made according to ecologically-sound production principles.

At the official opening of the factory, emphasis was given to the fact that we should not use chemically-based medicines as these very often react negatively in the long term on our organs. After use of these orthodox therapies, we could find that our eyes, ears, kidneys or liver begin to function poorly.

Shri Mataji makes these medicines with Her Love because She wants us to have very good health and we cannot always maintain our physical bodies through meditation alone - sometimes a supplement is necessary. Eucalyptus oil was also highly praised at the opening ceremony, as it destroys harmful microbes and has many beneficial properties which we may not be aware of. Eucalyptus oil manufactured in India is inexpensive. It is also relatively so in Australia.

Please forgive any mistakes in translation.

*Natalia Turkovskaya*  
Perth, Australia