

Sahaja Yoga

20th September, 2002



Australian Newsletter

Jai Shri Mataji!

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Publication deadline for contributions
is midnight each Tuesday

*She calls you
Mother Kundalini beckons and calls you.
Come and attain your powers
That lie dormant within.*

*Unaware were we of Sahaja Knowledge,
Unconcerned were we about our ascent.
No sooner we saw the light of our own spirit
It dawned, why not unfold this divine mystery?*

*Whatever our mistakes of the past
So what, if we have committed a thousand errors?
No sooner we have forgiven all from our hearts,
The Grace of Adi Ma will be bestowed upon us.*

*Light a candle before Mother's photograph:
With outstretched hands meditate upon Her.
No sooner have we surrendered our egos,
The light of Her Love shall be kindled in our hearts.*

Pukar. Kar, Bula Rahi
(Hindi bhajan)



INTERNATIONAL NEWS

News from USA

Navaratri and Diwali Puja Dates Confirmation

Dear brothers and sisters from around the world,

The dates for the Navaratri and Diwali Puja have been confirmed. Both the pujas will be held at the same location in Los Angeles, California, USA

Navaratri Puja: October 25th-27th

Diwali Puja: November 1st-3rd

We are hoping that this back to back weekend schedule will allow many of you from around the world to come and join us to celebrate these pujas together.

We are working with the venue organizers to make stay arrangements for people from Oct. 24th through November 4th at a decent rate. More details to follow soon.

!Jai Shri Mataji!

*Manoj Kumar
USA*

STATE NEWS

News from NSW

2002 National Navaratri Puja
in celebration of Shri Mataji Nirmala Devi
will be held at Balmoral
25th, 26th & 27th October 2002

NSW as host state for the puja wish to invite all the Sahaj Yogi brothers and sisters from all the corners of the country to join in the worship Shri Mataji in Her aspect as the Devi at the Balmoral Country Property.

Accommodation

Women will stay in the Main Puja Hall. Men will stay in nearby Shed. Everyone is encouraged to bring their tents and camp on site as the weather should be quite pleasant at this time of year.

Registrations

To assist us with the registration, if State leaders could help by coordinating the registration of all those attending from their state on one list. Payment amounts will be listed very soon.

Transport notification

Preferably, please email at least 2 days before arrival with your arrival details. Should you wish to cancel your pick-up arrangement please notify by email at least 1 day. The email address is candskyriacou@hotmail.com. Alternatively, please fax approximate numbers from your state, to the Burwood fax 02 9745 4927.

Parking

All cars should park next to the car park adjacent to the main paddock.

Collective meditations

Collective meditations will be held each day in the morning at 7.00 am. Let us be in a good meditative state to absorb and enjoy the vibrations. Let us join together in our prayer to Shri Mataji that may this National Navaratri Puja lift us higher in our spirituality, knowledge, joy and dedication and may the Goddess be pleased with us individually and collectively in our attempt to offer all our love and devotion at her lotus feet during the Puja weekend.

Sincerely,

Chris Kyriacou, Sydney

NSW and ACT hosting National Navaratri Puja

The NSW and ACT collectives will soon be hosting the National Navaratri Puja celebrations where we will be presenting Sahaja. The recent changes in the dates of the International Puja will be reflected in Australia.

A major event during this celebration with a Public Program and Puja celebration in Canberra commencing on Saturday October 12 followed by a Puja to be held within the Canberra Ashram on Sunday October 13.

There will be a presentation of the Medical Research followed by a Meditation Program at the Public Program on the 12th October at 7.30pm at the Menzies Theatre at the Canberra National Convention Centre that is in the City Centre.

The Canberra collective have kindly invited us to enjoy 4 meals with them beginning with Saturday lunch, Saturday dinner, Sunday breakfast and the Puja meal.

The cost for the weekend will be a meagre \$21. How can they do it for so little, one may ask? Alan has asked that a list of names be provided by Sunday the 6th of October for catering purposes.

There is room at the Ashram for yogis to stay, and there is also accommodation with yogis in houses around Canberra. Please bring your own sleeping bag and a matress.

Please come and enjoy a weekend in Canberra, for bookings contact the ashram on 02 6254 4986 or Alan Napper on 02 6254 0797 or email napper@tpg.com.au.

This year the ACT collective have been demonstrating their collective support by their attendance at the Balmoral for regional Puja celebrations. A coming-together of all Sahaja Yogis to celebrate Puja helps contribute to the establishment of a broader vision of care for the wider collective.

We encourage all NSW Yogis to reciprocate this support by a large show of assistance for the Canberra Public and Puja. Alan has asked for the support of the musicians for the program and Puja. Tony Carbone is arranging a bus to take anyone who so wishes.

Leading to the NSW Programs and Puja weekend there will be much that will need to be done, and everyone will need to be fully involved in order to ensure the success of all the programs, the Puja and Seminar weekend.

Over the next two weekends we need to be involved in a collective postering, handbilling and letter boxing effort that is being organized to promote the coming series of public

programs to be held around Sydney and the Central Coast from October 8th through 14th.

After much work 75,000 handbills and 5,000 posters have been produced and will be delivered to Burwood this Friday.

There are only two remaining weeks before the commencement of the programs for their distribution within the areas of the local vicinity of the programs.

This week the Puja Roster Coordinator for your area should be in contact to inform you of the collective meeting point this Saturday. If not, then give them a call and find out what is happening in your area and how you can best contribute.

In order to coordinate our effort, maps of the local area should be photocopied and areas allocated to individuals.

If you cannot make it on the weekend then pick up some posters and handbills and perhaps distribute them through the week.

The aim should be that all our posters and handbills are distributed in the past there is many left over at the conclusion of the campaign.

Can the coordinators, or a representative, collect their group's allocation of material from Burwood this Friday night ready for distribution.

Please check to see which Public Program your group has taken on for promotion and support.

Sincerely

Chris Kyriacou, Sydney

Programs in Mosman

Please join us in the home of Phyll and Gaby Delany on Monday evenings at 7.30pm:

**109 Cowles Road
Mosman
Ph 9969 3458**

It's close to public transport.

Other contacts are Joe and Lone Docherty ph 9969 4569.

Hope to see you soon,

Love from the Mosman Collective

News from Queensland

Accommodation available for yogis at Wamuran

Rooms are available for any yogis wanting to enjoy the sunshine state and the vibrations of Shri Mataji's property at Wamuran, 65 kms north of Brisbane.

Any interested party please ring Wamuran on (07) 5496 6716.

Jai Sri Mataji.

Robert Beckerton
07 3208 3134
0408 208 313

News from South Australia

Letter from Adelaide

Greetings from Adelaide. Just a short reminder of our existence! We've been busy doing a few ADD programs and an intermediate program incorporating seekers from two beginners' programs.

Currently, we're back to running a beginners' program on Tuesday nights only in lieu of preparations for Diwali Puja! By the Grace of Shri Mataji we found an ideal location for the Puja. The site for Diwali puja is a place called Crystal Lake, an extremely picturesque site of breathtaking beauty, the havan mandap right next to the lake. We are looking forward to the joy of offering our hospitality to our brothers and sisters. So don't forget to pen the dates in your calendar, even before you know it you'll be in Adelaide for an unforgettable experience.

For some other exciting news. Next is an article from *The Advertiser*, re our own Adelaidian young sahaj cellist Hannu Siren. We are very proud of his achievements. Keep it up Hannu.

So, once again looking forward to seeing you all in Adelaide sooooooon.

Love to all from Adelaide.

Rita Skipper

Young Stars to Shine in their own Galaxy

By Rebecca Ker

Cellist Hannu Siren and violinist Olivia Wells are two of Australia's brightest young musical stars.

They practise their craft for hours on end and have dreams of musical careers – and they are not alone.

The pair yesterday took to the stage with 64 peers – forming the state's new intermediate orchestra.

While most of the Adelaide Youth Sinfonis's (AdSi) members are quite at home making music for big crowds, it was their first performance together in front of 400 people at Kider Hall.

AdSi premiered with a program of Capriccio Italien and Lord of the Dance at the Adelaide Youth Orchestra concert, Rhapsody.

Formed to bridge the gap between Adelaide Youth Strings (eight to 12-year-olds) and Adelaide Youth Orchestra (18 to 26-year-olds), AdSi's members are aged 10 to 18 years.

They play strings, double woodwind, brass and percussion instruments.

AdSi's conductor and viola player, Martin Butler, said it was important to nurture the talent of young musicians.

"They really are the very best kids from around the state and it's an important social thing," he said.

"We do it (encourage youth) with sport so we should do it with music.

"They are giving up a lot of their time – some are playing in up to four orchestras."

Hannu, 13, of Beverley, said he rose at 5.30 each morning to practise his music. He has been playing for two years and dreams of becoming a cellist for major orchestras.

"I just like the cello – I can't stop playing it," he said.

"It's fun, you get to play famous songs."

Olivia, 11, of Beachport, said she had been playing the violin for almost six years.

She rehearsed almost every day. "I love the sound and it is fun playing in orchestras," she said.

"I like the end result, it makes you feel really cool because it sounds so good."

(from *The Adelaide Advertiser*. This article was accompanied by a beautiful photo of Hannu and Olivia with their instruments. Unfortunately we are not able to bring you a clear copy—Ed)

MORE INTERNATIONAL NEWS...

News from Slovakia

In Slovakia many important politicians got their Realization

Here in Slovakia will be in 2 weeks parliamentary elections and in all the country there are meetings with the politicians and with the political parties.

The Sahaja Yogis got the idea to participate all to these meetings and to try to give the Realization to as many people they can, possibly including the politicians.

The experience was a miracle! Beside that daily, minimum 120 people got the Realization, almost all the important parties' leaders, many ministers, the (vice-governor? ...here I think it was a mistake in Romanian), many politicians, actors and journalists got their Realization as well.

The Sahaja Yogis contacted the politicians after the meetings and offered to "give" them a very positive energy that will help them. Some wanted to try it immediately, some were convinced by Sahaja Yogis, and some gave to Sahaja Yogis their mobile-phone numbers to be contacted. The majority of the politicians felt vibrations - some cool, other warm, others felt how Kundalini rises on their spinal cord. There were some that didn't feel anything but Sahaja Yogis felt vibrations above their heads.

At all those meetings participated an Indian Sahaja Yogi, Ravi (married in Slovakia) and the newspapers wrote about him as: "An naturist Indian offers positive energy to the politicians".

Even to a radio broadcast was said about Sahaja Yoga and that in the Banska Bystrica town the politicians come for energy!

In Slovakia it started a project: Yoga will be studied in some schools (Hatha Yoga). In a meeting we met the Education Minister, he got his realization also and he told to Sahaja Yogis that he is "with us" and he wants to meet them again.

So, these are the experiences before the elections, all the Sahaja Yogis feel very well, we are all very happy that it was accomplished a good Sahaj work and this happened before Shri Ganesha Puja. So now, we're waiting for the elections.

Jai Shri Mataji! Jai Shri Ganesha!

*Jana Popa,
Slovakia*

News from Indonesia

Follow-up to programs in Jakarta

The whole trip from Jakarta to Bali was wonderful.

This Saturday (21st) we are going to have a follow-up program for Jakarta, in the same place as last time but another room. We also will place a smaller advertisement in Kompas so the rest of the money donated by Australian yogis might be used up for this follow-up program.

After that we will make a schedule for regular visits by Jakarta yogis to the new yogis. We also had in mind of having a public program in Bandung and Surabaya.

Robert Felix, Jakarta