

Sahaja Yoga

18th October, 2002



Australian Newsletter

Jai Shri Mataji!

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Publication deadline for contributions
is midnight each Tuesday



*There is in all things an inexhaustible sweetness and purity,
A silence that is a fountain of action and joy.*

*It rises up in wordless gentleness
and flows out to me from unseen roots of all created being.*

Thomas Merton

STATE NEWS

News from South Australia

Diwali Puja 2002 1st-3rd November and Public Program Monday 4th November

With only two weeks to go, the Adelaide yogis again invite you to share a wonderful experience with us on the occasion of the celebration of Diwali.

Virgin Airlines are offering very cheap flights for the month of November. Preparations are well on the way and you will be in for some special treats. We will take good care of your Nabhis with our culinary delights.

Hope to see you in the beautiful Adelaide Hills.

For information and/or bookings please contact:

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Jai Shri Mataji

The Incredible Faith of an Adelaide Yogini

This is a story about a new comer to our programs. This lady has been coming for a while and then we didn't see her for weeks. As usual we thought we had lost her. But one day she turned up saying that she has been in the hospital and couldn't attend the programs. She carried on to say that her doctor told her that she had cancer but she told him that she couldn't have cancer because she had been doing this yoga and she was certain that she didn't have cancer. She told us that she was regularly clearing her Chakras as we taught her and she really felt that she couldn't have had this incurable disease.

Prior to the operation her doctors went to look for cancer in her body. But found nothing. She said that she knew they wouldn't find anything because her Kundalini was working things out for her and clearing her inner system. She felt good. She was convinced that Kundalini was curing her. She was so glad to be with us again. Now this lady is not only coming regularly to the programs but also participating and helping us with our cooking for the market.

Jai Shri Mataji.

Don't forget that the national Deevali Puja will be held here in Adelaide. We are looking forward to see you all.

Uma Nadarajah, Adelaide

News from NSW

Havan and Evening of Music and Fun at Burwood this Sunday 20th October

This Sunday October 20th at 6pm a collective Havan is being arranged at Burwood as part of the Navaratri festival celebrations and observance. This will also provide an opportunity to offer all negativity associated with the recent tragedy at Bali.

Following the Havan a meal will be provided so the collective are invited to partake of a night of Pasta / Salad and Music at Burwood, hopefully into the early hours. All musicians of all styles, persuasions, and varying degrees of talent, are invited to make their offerings to the collective.

This will be a night of music, fun, and collective celebration and enjoyment, following all our hard work with the promotion of the recent Public programs. There are times when we need to work, but there are also times when we assemble to enjoy each other's company, and have some fun together, this is just such a time. So let's all meet this Sunday at Burwood, and take some time to enjoy ourselves.

Dinner at Chinatown this Saturday

Following the Menzies program this Saturday, everyone is also invited to a celebratory dinner to be held somewhere in Chinatown, the venue will be decided on the night. So whether you were involved with the hosting or promotion of the programs at Campbelltown, Penrith, Liverpool, Erina, Canberra, or the Menzies, or just want an excuse for a good time, why not come along to celebrate what has been a fantastic expression of Sahaja Yoga in action.

Chris Kyriacou

Request to bring Homemade cakes for Navaratri Puja Weekend

Strathfield Ashram are catering for the Navaratri Puja Seminar next weekend. They have put in a special request that any ladies who are able to please make a cake and bring it along to the Seminar.

Past experience has shown that there can never be too many cakes when there are hungry yogis around!

INTERNATIONAL NEWS

News from Germany

Advice Given at Frankfurt Puja

On Her way to Los Angeles, Her Holiness Shri Mataji Nir-mala Devi stopped for two days at Hotel Le Meridian in Frankfurt, Germany, September 26th to the 28th.

During the preparations for an entertainment evening, just before Shri Mataji's arrival, it was announced that She had blessed the Sahaja Yogis with a spontaneous Shri Ganesha Puja.

Shri Mataji arrived at about 7:30 pm. Right at the very beginning, She invited all the children to come on the stage next to Her. All the decorations and flowers were removed at Her request because of the lack of space. Even the leaders were invited to leave the stage to make room for the children, who remained there during the puja talk.

Shri Mataji mentioned how happy She was to see Sahaja Yogis from so many countries and that there were so many new people, especially new German yogis.

She asked the Sahaja Yogis to help Her in the fight against the devil. By that, She meant to give Realization to the people and She praised the German Sahaja Yogis who give Realization even on the streets. She named also Italy and England, where Sahaja Yogis go to parks to give Realization.

She said that it's so important to give Realization because, after getting Realization, people start to be better automatically.

It's important to abandon ourselves to the collective, as this is the main reason that we are in Sahaja Yoga and She mentioned the joy of getting together. It is so important that Sahaja Yogis get along one with another because this will cause the end for all the world's conflicts.

Nowadays, there are so many people who have adopted so horrible negativities and that we should not sympathize with such people. It is important to live in the ashrams and we should be careful who is going to live there, so as to not allow those people who have these negativities to live in such holy places.

Shri Mataji said that the easiest way to transform these people is to give them their Realization, as they become the spirit afterwards and are illuminated from inside automatically.

Shri Mataji spoke also about surrender, that it means nothing else but to meditate, the thoughtless awareness.

About introspection, She said that we should see ourselves and not to correct others, but only ourselves.

It's not so important to use our intelligence, but rather to stay in thoughtless awareness because only then the Divine takes care of us.

Shri Mataji told to the Germans to overcome their past.

After the puja, the German leader, Phillip, offered as a rakhi gift to Shri Mataji a beautiful watch and he asked forgiveness on behalf of all the Germans and Austrians who did wrong in the first half of the twentieth century.

Wolfgang, one of the Austrian leaders, told Shri Mataji that the Austrians don't have too many reasons to be proud, as the racism, the hatred and the Nazi Party in the parliament can prove. He reminded us of what Sir CP advised Sahaja Yogis, that at Shri Mataji's 80th anniversary it would be nice to offer to our Divine Mother eighty million Sahaja Yogis. Wolfgang added that he regrets that still, this eighty million are just in our hearts, but that Austria is doing all the efforts to realize this aim.

Shri Mataji left the next morning, September 28th, for Los Angeles.

Based on translated reports from Zsuzsa in Hungary and Andrei Dascalu in Romania

(reprinted from Sahaja Yoga website www.theworldsavior.org)

News from Indonesia

Follow up to the Java-Bali tour

There are now around 150 people regularly attending Jakarta meditation programs as a result of one program conducted in late August during the recent Java-Bali tour. The group meets every Saturday at 10am and has hired a large room in the forestry department to cope with the numbers. This should help forestry officials in Indonesia – which has some of the world's last great forest reserves which are being depleted quickly by legal and illegal logging and mining and unsustainable agricultural practices.

The Jakarta Sahaja Yogis (Robert Felix (Indonesia coordinator) and Alex Sunarno – Yogyakarta liaison) followed up with the new Sahaja Yogis in Yogyakarta and Semarang from 4-6 October. Yogya's coordinator Mrs Saraswati is quite keen and there are around 50 people still attending regular meditation sessions. There are also around 50 people regularly attending programs in Semarang which are being ably run by Mr Purnomo. Mrs Etty is still looking after Bali and working hard at making realisation available through the collective programs running at the Arts Centre every Sunday.

Indonesia is such a big country – around 5000 kilometres from East to West – and Robert Felix is appointing local coordinators to assist in spreading Sahaja Yoga and managing the local programs. Felix Manurang has been given the role as the local coordinator for Jakarta (only around 12 million people!).

People from other cities in Java are also asking to form Sahaja Yoga groups in their cities and the Indonesian yogis are working it out as best they can.

By the grace of Sri Mataji, these groups should begin to really flourish in the next short period and new populations get the opportunity to achieve Self-realisation. With Sri Mataji's blessing we intend to conduct another Bali-Java tour in 2003 (probably in July or September). If you're interested drop me a line.

Please remember the Indonesian yogis in your prayers and at Sahasrara – especially those in Bali which will need all the help it can get after the terrible tragedy at Kuta Beach.

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Canberra, Australia

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