

Sahaja Yoga

6th June, 2003



Australian Newsletter

Jai Shri Mataji!

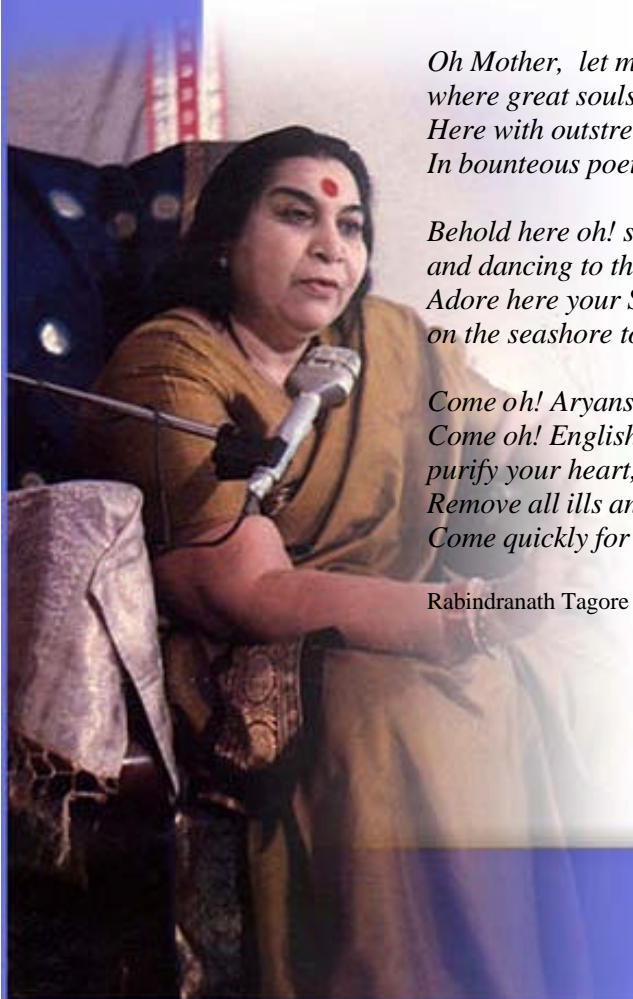
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*Oh Mother, let my mind awake slowly on the Sacred Shore of the sea,
where great souls of the world have come together to offer their pranams.
Here with outstretched hands we bow down to the Divine in human form.
In bounteous poetry and in great joy we adore thee.*

*Behold here oh! seeker the mountain of meditation with rivers resounding
and dancing to the solemn music of heaven.
Adore here your Sacred Mother Earth where great souls have come together
on the seashore to offer their pranams.*

*Come oh! Aryans, come non Aryans, come Hindus and Muslims.
Come oh! Englishmen, come Christians, come oh Brahmins
purify your heart, hold the hands of the down-trodden and out-castes.
Remove all ills and disrespects.
Come quickly for the coronation (anointing) of the Mother.*

Rabindranath Tagore (India 1861-1941)



STATE NEWS

from South Australia...

Invitation to attend Guru Puja and Yuva Shakti Week at Wamuran

The Brisbane collective would like to extend an invitation to all Yogis for the Guru Puja weekend from 11th to 14th July 2003. The Yuva Shakti week, for the over 12 years old, is from 6th to 13th July and includes Guru Puja.

The itinerary will include:

Friday	Public program in the city
Saturday	Havan and music concert night
Sunday	Guru Puja

A limited number of vehicles will be available for transport from the airport. Alternatively, a train is available from the airport to Caboolture via Brisbane. We can consider a bus if sufficient yogis are arriving and leaving at the same time. It would be helpful if those wanting transport can contact Suhas Bhasle by email at bcivil@optusnet.com.au. I would also suggest that the Yuva Shakti travelling by train book their ticket direct to Caboolture from Sydney.

The music program on the Saturday night is being organised by Robert Beckerton: rbeck@optusnet.com.au and Peter Cavanaugh: pjcava@goconnect.net All those wishing to perform can contact either Robert or Peter.

Costs for the weekend will be:

Adults	\$108
Students	\$51
School children	\$25
Under 5	free

For the Yuva Shakti it will be \$108 for the week (including the weekend) plus \$15 Dakshina. If any YS wish to join mid week it will be \$15/day until Friday, then the normal Puja weekend costs.

Paul Nicolai

*Jai Sri Mataji
Robert Beckerton
(07) 3208 3134
0408 208 313*

from Western Australia...

On-campus public programs in Perth echo a widespread trend

One of the local senior campuses (17 to mature age students) invited us to take part in their Health Expo day last Wednesday, 28th May.

We have been before and this time was even more successful due to the emphasis from the organizers on personal choice so that students booked in for those practical sessions they actually wanted to try. The day ran in half hour blocks from 10.00am to 2.00pm for the 'lectures' and the expo of handouts and information ran continuously, punctuated by music from rock bands etc.

Brett Johnson and Tyrone Mardesic organized the printing of posters and generous handout materials and with Kusum Maynard set up everything in one of the classrooms, with a table outside for individual contacts. Leonard Reeves and Joseph Veitch helped set up a display of material relating to the chakras. Brett and Tyrone alternated taking the half-hour realisation sessions which they had prepared so that there was a minimum of talking and maximum of meditation and time to check whether participants had felt the cool breeze. All of them did. We estimated that just over 50 students, including several teachers had their self-realisation. The campus is very multicultural so it was enjoyable watching the change in the students faces as the kundalini awakening brought them together in collective consciousness.

One teacher brought a second group of students after he himself experienced self-realisation and another commented on the music (Indian Ragas, carefully chosen) saying that it made it possible for her to keep thinking at bay.

Thanks also to Anne Noble, Clodagh Dana and Angela Kiely who helped with various sessions. It was a good day out for the Yuva Shakti!

Christine Driver on behalf of 'the team'

We also welcome Leigh Taylor back to WA, from Uluru via the Gold Coast. She will be starting programs in Bunbury, this Saturday, 7th June at the South-West Sports Complex, 1 Rotary Drive, Hay Park.

from New South Wales...

**Opening day draws near
for Sahaja Yoga Children's Clinic
Meeting called for Saturday 14th June at 3.00pm**

As our plans develop for the clinic, we are getting closer to the opening date which has been set for Saturday June 21.

Prior to this, we would like to meet with anyone that is interested in working at the clinic. This meeting would provide a chance to discuss any ideas that people may have for the clinic. It is also a chance to provide training to those that wish to work at the clinic as there are some formalities which must be undertaken. Yogis will not be allowed to work at the clinic until they have completed the training. It is possible that if the demand is high that this will be conducted at another time also.

The meeting will be on Saturday June 14 at 3pm (prior to the Saturday evening program).

If you are interested in attending then please let me know in person or email me on sahajayogaclinic@yahoo.com.au or call me on 0412 398 560, so that we have an idea of numbers.

Thanks - hope to see many yogis there! We really need the support from everyone to get this project going successfully.

Jai Shri Mataji

Gabby Delaney

**Screening of *Devdas*
Sunday June 8 at 7pm
Sahaj Cinemas, Burwood**

Just a reminder that the yuva shakti will be screening the Bollywood hit *Devdas* this Sunday night (long weekend) at Burwood.

Doors open at 6pm and the movie will start at 7pm.

Admission prices - adults \$10, yuva shakti \$5 and kids \$2 (includes movie and food).

Hope that you will help us to raise funds for our upcoming yuva shakti camp at Wamuran! It will be a great night for the collective to relax and enjoy each other's company.

Jai Shri Mataji

Gabby Delaney

**Gathering new people's details
using the Sahaja Contact Form**

The Sahaja Yoga Contact form which is being used for collection of new peoples' details is now available online. To get a copy please go to www.freemeditation.com/download

Currently our database stands at over 2000. This is quite a number as we only started the database 2 years ago. This number is set to double as people realize that our priorities have changed.

Previously the priority was:

1. To give them realization
2. Hope they will come back.

Now the priority is:

1. To get their details
2. Give them realization
3. Or give realization, then get the details
4. Relax and not worry if they will return as we can always contact them later

In a few weeks time we will be unveiling a

Simple Entry System Online (SES)

where people can enter their new people and get emailed a file of whoever they have entered. This way each local area will be able to continue to have contact with their people. This system will be set out in a way that anyone from anywhere in the country will be able to use it. The result will be that we could have a central database of all seekers in the country. We will then be able to selectively contact them at a moment's notice.

It is hoped that this system will have wide acceptance and be most successful. The support of all Sahaj Yogis will be needed.

*Rajen Maharaj
Sydney*

POETRY

Two poems of Kabir describing the 'state of Sahaj'

All that is, is I
The different forms in existence
Are my myriad manifestations,
Yet I am apart from all.
Call me Kabir,
Call me Ramrai [God the Emperor],
It is one and the same.
I am not a child,
I am not old,
And the glow of youth
Never can touch me.
I go not at anyone's bidding
Nor come at anyone's command.
In my state of Sahaj
I am in the verdure of bliss
Call me Kabir,
Call me Ramrai,
It is one and the same.
My covering is a single sheet
And people sneer at me:
My weaver's calling inspires no respect;
My dress is tattered,
Patched at ten places ?
Yet beyond the three attributes
Beyond the region of the 'fruit' [the law of karma]
I dwell in the realm of bliss;
Thus have I acquired the name Ramrai.
I see the entire world,
The world cannot see me;
Such is the unique state
that Kabir has attained.
Call me Kabir,
Call me Ramrai,
It is one and the same.

Where there is neither sea nor rains,
Nor sun nor shade;
Where there is neither creation
Nor dissolution;
Where prevails neither life nor death,
Nor pain nor pleasure;
Beyond the states of Sunn and trance;
Beyond words, O friend,
Is that unique state of Sahaj.

It can be neither weighed
Nor exhausted,
Is neither heavy nor light;
It has no upper regions
Nor lower ones;
It knows not the dawn of day
Nor the gloom of night;
Where there is neither wind
Nor water nor fire,
There abides the perfect Master.

It is inaccessible,
It is, and it will ever be;
Attain it through the Master's grace.

Sayeth Kabir: I surrender myself
At the feet of my Master,
I remain absorbed
In his true company.