

Sahaja Yoga

27th June, 2003



Australian Newsletter

Jai Shri Mataji!

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Publication deadline for contributions
is midnight each Tuesday

*Don't you feel a change coming from another side of time,
Breaking down the walls of silence, lifting shadows from your mind,
Placing back the missing mirrors that before you couldn't find,
Filling mysteries of emptiness that yesterday left behind.*

*Don't you feel the day is coming that will stay and remain,
When your children see the answers that you saw the same,
When the clouds have all gone there will be no more rain,
And the beauty of all things is uncovered again.*

*Don't you feel the day is coming and it won't be too soon,
When the people of the world can all live in one room,
When we shake off the ancient chains of our tomb,
We will all be born again of the eternal womb.*

*And we all know it's better that yesterday has passed,
Now let's all start living for the one thing that's going to last,
Yes, we all know it's better that yesterday has passed
Now let's all start living for the One that's going to last.*

Cat Stevens
Teaser and the Firecat 1971



STATE NEWS

from Queensland...

Yuva Shakti Week and National Guru Puja Weekend at Wamuran draws near

We welcome yuva shaktis and helpers for the Yuva Shakti Week starting 6th July and all yogis and yoginis for the National Guru Puja weekend starting Friday 11th July. This year promises to be bigger than last year. As we are expecting more yogis we are hiring a larger pendal.

To reduce any possible pressure on sleeping areas, tents are encouraged - especially for Brisbane and local Yogis. All artists wishing to perform on the Saturday night concert are invited to contact Robert Beckerton at rbeck@optusnet.com.au.

Trains are available from the airport and Roma St train station to Caboolture train station. Those people wishing to be picked up from the Caboolture train station please contact Suhas Bhasale at bcivil@optusnet.com.au. Wherever possible, transport will be available for airport pickup.

Registrations can be made at Wamuran@bigfoot.com.

The itinerary for the Guru Puja weekend is

Friday 11th July

- Arrivals for Guru Puja weekend
- Public Program at 111 George St, Brisbane City at 7.30pm

Saturday 12th July

- Havan
- Saturday night concert

Sunday 13th July

- Guru Puja

Paul Nicolai

from Victoria...

Rich rewards for new public programs in Melbourne

This coming Friday evening will be the third program in a new area of Melbourne (Port Melbourne).

We have been experimenting with the timing and location of new people's programs. We have spaced them two weeks apart at the same venue. The large Sahaja Yoga Collective participation has been great. It has been going so well that weekly programs will continue at that venue. We will try another area in about a month.

The bhajan group combined with PowerPoint presentations and *Experience the Truth* tapes seem to work very well. We even had a foot soaking session for new people all were receptive and promised to continue. Thank you to all who participated and put it all together.

In other news Linda McLean was recently on Mornington Peninsula Community Radio on a woman-focused program and has been invited back, combining medicine, health techniques, music and realization.

Jai Shri Mataji Nirmala Devi

Jeff Lyons

from New South Wales...

Weekend of Sahaja Yoga at Bathurst and Orange Saturday 5th and Sunday 6th July

Greetings to everyone from the Bathurst/Orange collectives.

Things have been galloping along up here at a great rate. Last Sunday we had our first combined dinner with the four new ladies plus Dave Matthews braving the cold and coming over to Bathurst. One of the ladies (all of whom recognise Shri Mataji) hails from Kenya. This week a young lady has recognised Shri Mataji in Bathurst! So it is all beginning.

Now we want a great surge of our Sisters and Brothers to come to Bathurst and Orange to support our concerts and Self Realisation programmes. The hall in Bathurst has a capacity of 1000 people. This huge hall has been given to us for the price of the 150 people room, so Shri Mataji must have something big in her Divine plan for here. Orange has a capacity for at least 400 people. The programme is as follows

Saturday 5th July:

the Orange Function Centre 7.30pm-10.00pm

Eyles St Orange (coming into Orange from Bathurst on the left hand side there are 2 petrol stations - a Shell and a BP. Turn left at the BP station into Eyles St and you can't miss the Function Centre - it is big!)

Sunday 6th July:

the Bathurst Concert 2.00pm-4.30pm

It is at the Entertainment Centre, William St (on William St where it meets Russell St). Come in from Sydney on the Western Highway, turn left at the second set of traffic lights into William St as you reach the town proper, up William St for 2 blocks and you are there.

The concert programme to date is:

- Music of Joy
- The Qawwali Group
- Fiacra O'Regan on the uilleann pipes and tin whistle (Gary Jones will come if he is still in the country)
- Shanti may dance
- Dave Matthews will play violin accompanied on piano by Sarah

Addresses of people to house you all

- Marcus and Madhavi Rome's house at 7 Bonnor St, Kelso (the first turn right after a left turn off to Oberon as you come into the start of Bathurst)
- Linda Harrison at 19 Rose St Bathurst (continue on the Great western Highway through 4 sets of traffic lights in Bathurst and keeping straight, continue until you reach the outskirts of Bathurst turning left just before Simplot Company at Esrom St, then left one block up into Rose St)
- Paula Clifford 393 Russell St (coming in on the Great Western Highway, when you get to the 4th set of traffic lights, turn left to go to Orange, right one block later up to the hospital, left at the roundabout, one block up the hill, left into Russell St, and you are there)

Everyone, please bring your warmclothes, hats scarfs, coats. We have some beds but we need a lot of sleeping bags, doonas, pillows and mats because a lot will be on floors.

We have been given free advertising on radio and local papers. We look forward to seeing you all. Katoomba was wonderful, and now Mother wants the Central West.

Jai Shri Mataji!

Paula Clifford

for the Bathurst/Orange Collective

"What a wonderful day!"
—expressions of gratitude
for last Saturday's big event
at Katoomba

Everything flowed so smoothly, and then so lovely to be able to get together over a great meal afterwards with the best company in the world (Sahaja Yogis).

Thanks to all the Blue Mountains collective for looking after us all so well Guy, Lene, (please pass this on to Matthew/Meredith/Raelene, those who have their emails). And thanks to Greta (and John Tedesco) for the great jackets and dupatas.

Bathurst in two weeks' time...

John Smiley

Dear Everyone, Just a quick note to everyone who came up to Katoomba on Saturday, to thank you all for making it such very special vibrating event!

It was great that everyone braved the cold and the elements, and offered their support to the area and worked so hard to give the experience to so many people during the day.

Hope to see you all soon & in Bathurst/Orange.

with lots of love

Lene Jeffrey

GENERAL INTEREST

When you're "*Cooking with Love*"
miracles can happen
...even to give Realization

Hello everybody, there are lots of miracles happening.

I happen to be in London for some business. On the weekend somebody took me over to a big birthday party organised by an Indian Jain family, somewhere in the north of England close to Chester. I had a copy of *Cooking with Love*, Shri Mataji's cookbook, with me and since I couldn't think of a better gift, I just presented them with it.

The book had a tremendous impact on the whole company, consisting of no less than fifty people, most of them being highly placed Indians (doctors, scientists etc). All of them had a look at it, comparing the recipes in the book with the ones offered by our hosts and kept asking me more and more about Shri Mataji. At the beginning I was a bit careful as I didn't know what kinds of conditionings they might have, and being a guest I was trying to avoid saying something that would create reactions but after lunch the miracle happened: The lady of the house, who is teaching Hatha Yoga herself and who had been at a program held by Shri Mataji somewhere in India twenty years ago or something, said to me "*Would you be kind enough to lead a meditation for all our guests and explain us what Sahaja Yoga is all about* " This was more than I could possibly expect! In no time I had almost all the people attending the party sitting on the floor around me, listening carefully and following my instructions. They all did the exercise, felt the vibrations and spent the next few hours asking me questions about Sahaja Yoga and spirituality in general which gave a completely different quality to the whole weekend. They actually put me in the middle of the room and bombed me kindly with questions which became deeper and deeper without getting too mental.

Some older Indian women who had flown extra from India to attend their granddaughter's party were the most sensitive among them.

I wish similar experiences to all of you.

Jai Shri Mataji

Tassos

INTERNATIONAL NEWS

from Italy...

Expression of joy from two yogis visiting Cabella for the first time for Adi Shakti Puja

Dear Yogis of Australia and New Zealand

Blessing of Blessings to see our Beautiful Divine Mother on our first visit to Cabella...

Shri Mataji came to the music evening in "The Hanger" on Saturday evening. There was that magic expectancy that a Sahaji Yogi gets when we are going to meet our Mother. These moments are ever more precious—particularly this time, when we were worshipping the Goddess as the Adi Shakti. She looked so beautiful in an exquisite deep blue sari. Sir CP, a granddaughter and a little boy accompanied her.

It is amazing and humbling to see how the organising countries arrange everything. Holland, Belgium, Spain, Finland, Sweden Norway and others did such great work. We were told numbers attending were a bit down? There were hundreds of tents spread densely below the "Moulino", the three-storey accommodation and bathroom building, the top of which has very modern showers and toilets. The Carabinieri kept a regular watch on the ladies and children's accommodation block and hanger area. They insisted that we slept in tents and ate from disposable plates cutlery and cups. The Italian authorities were very worried about a possible spread of Sars virus, which in most countries is under control now. But the tents were so much fun anyway. All weekend the weather was extremely hot. A regular at Cabella said he had never seen the river so low. However, it was a great refuge for foot-soaking and bathing, but too hot even to bathe from noon to 4pm.

Shri Mataji left the concert after one and a half hours after listening to a sarangi player and beautiful accompaniment on a dolak which had two ends like a tabla. The sarangi is played like a violin, resting on the ground, and has a metal keyboard. It has a very beautiful distinctive and haunting sound. There were some great rousing bhajans before the Indian musicians. A group of Finnish ladies played on large traditional string instruments and another group performed a dance piece. Quite a large drama production about Shri Mataji's Shalivahan Dynasty was very well done. Before the end of the evening the Spanish Yogis performed a beautiful traditional dance with great rhythm and lovely vibrations. Dinner was served after the concert.

Sunday was another very hot day—we had to footsoak or bathe in the water early or later in the day. We had to try to stay out of the sun. About 7.30pm word came that Shri Mataji was expected soon to worship her as the Adi Shakti. So attention went to the main part of the weekend. Shri Mataji arrived looking radiant in a red and gold sari. Vibrations reached a crescendo as we all sang *Swagat. Agat. Swagatam* several times. All the children offered powdered kumkum over Shri Mataji's feet as we said the *Ganesha Atharva Sheersha* and sang the *Ganesha Stutti* and *Jai Ganesha*.

Five leaders from the hosting countries then offered the garland, jewellery, fruit, prasaad and saris, and Shri Mataji placed her feet in a tray of flowers. We all stood to sing the Adi Shakti's great Aarti and sing her mantras. The collective namaskar seemed even more special and important.

Some more bhajans were offered to Shri Mataji who asked for *Metech Gondhari* which had such beautiful vibrations and a lovely rhythm. Shri Mataji seemed very pleased and Blessing of Blessings again she spoke to us all for the first time. She said that maybe we didn't know the meaning of this bhajan? She was happy that we could pick it up and sing it. It was sung in the villagers in praise of the Mother.

We will try and get the transcript of this precious short talk.

All our love to you in Australia and New Zealand.

Jai Shri Mataji

David and Trisha Sharp