

Sahaja Yoga

11th July, 2003



Australian Newsletter

Jai Shri Mataji!

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Publication deadline for contributions
is midnight each Tuesday

All the children of Her Holiness Shri Mataji Nirmala Devi are praying to the Great Mother and saying:

“Mother, please keep us in your protection all the time, and with Your guidance may we live a balanced and righteous life.”

“Please, O Mother, protect us from the six great enemies of mankind: lust (kaam), anger (krodh), greed (lobh), illusion (moha), hatred (matsar) and ego (ahankara). Mother, please protect us from falling into the maya, and kindly grant us the Ananya Bhakti (in our devotion may we see You in all our thoughts and actions, and be guided by You). And please make us Sahaja Yogis in the real sense. Please keep us within Your sight and protection.”

“There’s no-one greater than You, O Goddess, in forgiving us. Glory to You who are the Greatest Goddess (Parameshwari), and who are the embodiment of beneficence (Shubhakari) for all Her devotees. Please give us the eternal knowledge (Nyana) and righteous deeds (Karma). O Devi, please grant us union with Your eternal Self through ideal knowledge (Nyana—Nirmal Vidya), righteous deeds (Karma Yoga), and yoga through devotion (Bhakti Yoga), which is all a part of Sahaja Yoga. O Devi, please grant us an eternal place at Your Lotus Feet to worship You and to serve You. Please keep us within your bhandan of compassion.”

Ap.ni Panaah. Mein Hame Rakh. Na (Hindi Bhajan)



STATE NEWS

from New South Wales...

Weekend of Sahaj activities in Bathurst and Orange a great success

The Bathurst/Orange collectives would like to thank all our sisters and brothers who journeyed from Canberra, the Central Coast, Sydney and the Blue Mountains to spread the vibrations of our Blessed Mother to our communities.

The Qawwali group cleared our chakras again and again starting in Orange—thank you. Dave Matthews and Sarah took us to Paradise with their performances playing *Meditation* by Massenet and *Sicilienne* by Maria Theresa von Paradis.

We had a wonderful puja to Shri Ganesha at Marcus and Madhavi Rome's house. It filled us with the most amazing bhajans and vibrations. Two yoginis from Orange offered the elements to Shri Mataji—their first collective puja.

Gary Jones and Fiachra O'Regan played 3 tunes composed by Gary (brother of Andrew) on guitar and Uileann pipes/tin whistle. The last piece was dedicated to the Goddess of all the goddesses of Eire (Ireland). One could feel the power of Shri Durga as the music gained in tempo. What can we say about *Music of Joy*? There are no words to express what happened with their final bhajan in Bathurst—*Apani Panaah*. John Smiley brought together the Qawwali Group, Dave and Sarah Matthews and Fiachra O'Regan in a beautiful arrangement "praying to their Great Mother and saying: *Mother, please keep us in your protection all the time.*" They played as one and they sang as one, to the One. Their faces shone with purity, innocence and joy. May Our Divine Mother bless you all, forever—thank you, Jai Shri Mataji!!

The map on which Shri Mataji placed Her feet has now gone from Bathurst (thanks to the beautiful heart of Madhavi Rome who danced like an Angel). Special thanks to Marcus and Madhavi who have consistently dedicated themselves to Bathurst & Forbes and are now starting on Dubbo. Please come and help if you have any spare time on the 3rd Saturday of each month. Special thanks also to Dave Matthews who has finally cracked Orange. How lucky are we thanks to all of you who are the hands and feet of our Mother. Jai Shri Mataji again and again!

With love from your sisters and brother in Bathurst,

Paula Clifford

Invitation to a farewell lunch on Sunday 20th July

Our dear friend Charlotte Winston is leaving us very shortly to go and spread many vibrations in Shanghai. So in order to say goodbye to her we are meeting for Yum-Cha in the city on Sunday 20th July.

Please join us at the northern end of Dixon Street Mall under the lions gate (at the Town Hall end) at 10:45am for a spot of Chinese lunch and her send off.

If you get lost or have any enquiries please call 0427 108 107. Jai Shri Mataji!

Lene Jeffrey
Sydney

from Victoria...

Victorian Collective Guru Puja at 11 o'clock Sunday morning at Hiawatha

Dear Victorian Collective

As we are holding a New People's program this Saturday, we have decided to hold the Guru Puja celebrations on Sunday morning at 11:00am sharp. This will give all yogis the opportunity to make it to Hiawatha.

See you all there.

Colin Berry & Jeff Lyons
Melbourne