

# Sahaja Yoga

18<sup>th</sup> July, 2003



## Australian Newsletter

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***Jai Shri Mataji!***

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*Woman is the teacher of gentility to man  
She helps man grow in moral height  
She is the sustaining power of the life of man.*

Zarathustra

# STATE NEWS

*from New South Wales...*

***"We are going to raise our temple":***

**Building work to commence  
at Balmoral**

In the words of that great English bhajan the time is now at hand when we are to begin in earnest the great task of the re-construction, re-development and re-invigoration of the country property at Balmoral Village. We have approval to commence and complete work to the Puja Hall and the on-site treatment system.

Over the next few weeks the planners and builders will be working overtime to do make the necessary preparations in order for all of us to begin the building work as soon as possible, probably within four to five weeks.

As many of us are already aware, Shri Mataji has asked us to complete the building at Balmoral in order to establish the Shri Ganesha quality at the property. A strong desire has been expressed to accomplish something new and exciting, specifically designed and built for the collective: a Meditation venue expressing the aesthetic and sentiment of an Australian temple, a place to worship the Goddess.

We are currently negotiating a for Head Builder to take on responsibility for the project and are now calling for expressions of interest from all Sahaja builders around Australia who are able to give some time and work for the project. We will need a large, consistent and dedicated work force of Yogis to support them in this great task. This will require the manual labour of our men, but also the nurturing and caring of our ladies. In this manner we hope to bring some surety to the planning of working weekends without the need for last-minute attempts to pull together working crews.

Each individual's commitment to the outlined working program in a real manner can demonstrate the difference each one of us can make through the contribution of our effort, labour and work to help with the realisation of an important Sahaja project.

The challenge before each one of us is to really commit our time and strength, all of our abilities to Sahaja Yoga, and to see it through to the completion of the project. In this regard a call for the contribution of the necessary funds necessary to see this important projects through to completion will also soon be made.

*Avinash Nickkawde, Raymond Hampton & Chris Kyriacou*

**Staff meeting**

**for Sahaja Yoga Children's Clinic**

Just a reminder for anyone interested in assisting at the Children's Clinic. We will be having a staff meeting this Saturday night (July 19) after the programme at Burwood. It is essential that you attend so we may go through various issues such as child protection and how the clinic will operate. If you are unable to attend then please contact me so that I know you are interested.

The clinic itself will open once the *Today Tonight* story has gone to air (some time in the next couple of weeks).

Thanks. Jai Shri Mataji.

*Gabby Delaney*

**Financial support sought for  
*Theatre of Eternal Values***

Dear All,

Some time ago you would all have been made aware of TEV, *Theatre of Eternal Values*, going to Edinburgh Festival next month to perform *Faust*. There was also mention/request of us yogis/yoginis becoming 'angels' by supporting them financially. I was urged not to let this opportunity pass us by (again). So...

For anyone wishing to contribute no matter how small the donation, and TEV has suggested as small a sum as \$1.00 to \$5.00 per month, I am happy to be the co-ordinator for this initiative, and will onsend the amount collected each month to Gita Patterson. Any amount is welcomed. If you wish to be an Aussie TEV Angel, please reply to me at [greta2@tsn.cc](mailto:greta2@tsn.cc) and nominate the amount you wish to donate each month. One way is for me to nominate a bank account into which the money can be banked and all the person has to do is send me an email telling me the day and the amount they had deposited. The other way is for a state co-ordinator to collect the donations and then bank into the account.

I look forward to suggestions and donations. It would be very nice to be supportive for this great work initiated by our Holy Mother, Shri Mataji.

Thank you, Jai Shri Mataji.

*Greta More  
Sydney*

## *from Western Australia...*

### *"Guru Puja 2003": How could this be?*

During the preparations for puja on Sunday morning, Craig Armstrong was handed some beautiful cards. He read the caption below the photograph of Shri Mataji in some surprise – 'GURU PUJA 2003'. Turning the card over he saw photographs of Wamuran, Brisbane. Still puzzled, he opened the card to another glorious photograph of Shri Mataji laughing and holding some garden flowers, with a verse from the 1984 puja in Switzerland superimposed over a lotus on a lake on the facing page. Guru Puja 2003. How could this be?

The story began earlier in the week when Prasad Desai was told by a fellow staff member at his workplace that they were printing a card with an Indian Lady on the front and would he like to see it. Imagine his joy at seeing that it was Shri Mataji. Knowing the work practices there he immediately asked for any 'discards' and was given them. So he arrived at Gidgegannup with more than a dozen National Puja mementos, probably at the very moment the celebrations were taking place across the other side of the country.

The behind-the-scenes explanation is that Sno Bonneau's publishing company uses the Perth printer whom Prasad works for, as they give him the best prices in Australia! All these connections were known only to the chaitanya until the day of Guru Puja. Craig shared the story with us just before the puja began in Perth.

Shri Mataji: "It has to work out spontaneously.....So this Mother force is there, the Age of the Aquarius as you call it, this has to come up and nourish you. And it does....." (p41 *Nirmala Yoga Vol 5 No 27 Advice given at CG Jung Society's Hall 1983*)

Footnote: Last night Beverley Budgen told us Cairns had a similar experience. They arrived at Sno & Wendy's home to set up for Puja (the householders were in Brisbane) and there on the table waiting for them were the very same Guru Puja 2003 mementos.

*Christine Driver for the Perth Collective*

## *from North Queensland...*

### *Cairns Radio broadcasts divine music during realisation session*

Thought I'd share with you a little experience that Lyn, Ronda and I had when we were giving the program at the Cairns Esplanade last Saturday morning.

As you know, it is a beautiful venue. However, on this morning, it was a little noisy, with one of the most intrusive noises being the radio playing over the loudspeakers. Usually, the music is muted, but yesterday it was rather louder than usual. Nonetheless, I was going through the realisation process. When I had just completed the stage about asking Mother to give us our realisation, the radio started to play a song. At first I ignored it because I was in meditation, and then I had the thought that I should listen to the words to see what the song was. Imagine my surprise when I heard the following lyrics:

I saw Her face  
Now I'm a believer.  
Not a trace  
Of doubt in my mind.  
Yes, I'm in love!  
I'm a believer.  
I couldn't leave Her  
If I tried.

Apart from the usual joy of giving realisation, I was quite tickled by the sense of humour of the Paramchaitanya.

Jai Sri Mataji!

*Gloria Medlick  
Cairns*

# GENERAL INTEREST

To accomplish your dreams,  
remember your ABCs

Avoid negative sources, people, places, things and habits

Believe in param chaitanya

Consider things from Sahaja angle

Don't give up and don't give in

Enjoy this moment, yesterday is gone and tomorrow may  
never come

Forgive others and forgive yourself

Get realization, give realization

Hang on to your vibrations

Introspect

Just surrender to Her lotus feet

Keep attention on Sahastrara

Love others and love yourself

Meditate meditate meditate

Never miss a chance to say Jai Shri Mataji

Open your heart and close your eyes, sit and relax

Please come to ashram every Saturday

Quitters never win and winners never quit, so don't quit  
coming to ashram

Raise your kundalini and take bandhans

Say Shri Ganesh mantra

Try to be Thoughtless

Understand yourself in order to better understand others

Vishwa Nirmala Dharma is the ultimate destination

Witness the play of life

X-celerate your efforts towards spreading SahajaYoga

You are your own master. Be one

Zero in on your Sahastrar and go for it!

Jai Shri Mataji

*Mr. Mohan Shirke*

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