

# Sahaja Yoga

29<sup>th</sup> August, 2003



## Australian Newsletter

***Jai Shri Mataji!***

Phone: 612 6298 3743  
email: [sahajajnews@yahoo.com](mailto:sahajajnews@yahoo.com)  
Publication deadline for contributions  
is midnight each Tuesday

*Mother, you are love  
You are always there when I need you  
You always have the time to listen  
You are patient beyond comprehension  
You are always understanding  
You are never judgmental  
Your loyalty is unwavering  
Your faith in me never falters  
You light my path when it is dim and walk with me  
Your compassionate heart heals my wounded soul  
and I can laugh again  
You instill in me a serenity and  
allow me to understand my reality  
You accept the things you cannot change  
and believe that love negates all hatred and fear  
Mother, you have always taken the time to give  
Mother, with all my heart  
I love you.*

Josene Corey  
(Aboriginal artist)



# STATE NEWS

*from Queensland...*

Busy schedule  
for Bundaberg collective

A busy month ahead is planned for us here at Bundaberg.

On Sunday 7<sup>th</sup> September we will be participating in the *Bundy in Bloom* parade through the main street during which we are permitted to hand out pamphlets as we march up the street. The parade will finish at Alexandra park (near the ashram), where the Lions Club has a Family Fun Day organized at which we will also have a site with our A-frame to give realization to all who desire it.

The *Bundy Spring and Lifestyle Expo* will be held at the showground on the 28<sup>th</sup> and 29<sup>th</sup> September. When inquiring about obtaining a site for the 2 days we were told it would cost \$100. We explained to the organizing officer that we were a non-profit organization and that everything we do is free of charge, after which he offered us a free site in the pavilion. He also said that Sahaja Yoga would get a mention in the newspaper editorial concerning the weekend.

Jai Shri Mataji

*Alan and Pam Jenner  
Bundaberg*

*from New South Wales...*

New email address  
to announce Sahaja events  
on Sydney Radio Programme

**1000 Sundays on 2SER-FM 107.3MHz**

It seems that the Sunday radio programme (for which we pay \$200+ every week!) is being very under-utilised as a means to publicise Sahaja events around Sydney.

This valuable resource is there just begging to be used. There has been too great a reliance on the programmer to just know all about everything - and then put it into a broadcastable form.

To rectify this situation we have created a new e-mail address **sy\_announcements@yahoo.com** (not au) for the radio team to receive announcements about Sydney events for broadcast. Please provide copy in ready-to-read form. If you have an announcement that needs to run every week for a while, please make sure those details are included too.

*Please use* this streamlined method to keep the listeners informed of the details of your event or function - and we'll get better value for money!

The radio team will pull out the announcements on the Saturday the day before the Sunday broadcast - so please don't leave it too late.

*John Brownscombe for the Radio Team  
Sydney*

## Invitation for input into the new songbook

On Saturday there will be a session to go through the songbook, adding new songs, putting in any corrections we've come across and putting in some additional translations. We will hopefully be able to use the projector, so that we can all look at each song up on the wall. It would be good if some of our Indian brothers and sisters could be there so that we can add some extra translations.

If anyone has any additions to the songbook (new songs, translations, artwork, quotes on the power/beauty/joy of music), please forward them to me at [jsmiley@vtown.com.au](mailto:jsmiley@vtown.com.au) or bring them on the day.

Venue: 213a Burwood Rd  
Date: Sat 30th August  
Time: 3.00pm

See you on Saturday.

*John Smiley, Sydney*

# INTERNATIONAL NEWS

*from England...*

## UK Collective seminar in Yorkshire: *a report from two Australian/New Zealand yogis*

Last Friday, Saturday, Sunday and Monday (22nd to 25th August) a very successful and enjoyable national UK collective seminar took place. Yogis started heading for the North Yorkshire coast even on Thursday. This weekend was the traditional Bank holiday.

The whole weekend also had a special significance for Australia and NZ in three ways. Justin Tiptaft had found an amazing site for this important gathering. Yes, Justin still has his motorbike and on one of his rides found this real gem. It is also very unusual. Just back from the high cliffs overlooking the North sea are some fields and farmland. In the middle of this is a World War 1 military barracks! It has several accommodation huts, bathroom blocks and two kitchens and dining rooms. They are all in a row like Nissen Huts and are wood. They have of course been upgraded over the years, but still have an old-worldly look, maybe a Biggles look? The whole complex is owned by a really nice Yorkshire couple, Geoff and Wendy in their late 50s. They were a little apprehensive at the start as Yogis arrived in cars, many after dark and weren't sure where to park. Geoff was building a small waterfall and fountain in a pond. The Yogis helped and showed interest and appreciation. As the weekend passed they made many friendships. (They want to come to NZ) I think they were surprised and impressed how 300 men women and children from many different backgrounds could enjoy themselves in such a fulsome way. Justin and Jamie, who lives in Glasgow and visited NZ 10 years ago, gave them their Self Realisation on the Monday.

Justin and his lovely wife Preeti have just bought a nice house in Elsicar near Barnsley. They have a fine new addition to the family. His name is Prem. Preeti comes from Pune and knows many Yoginis in Australia and NZ, and she sends her love. Justin says "Giddyay". He is studying accountancy at his father's firm. Preeti's mum has been helping with Prem.

Now the whole weekend was very spontaneous. There were several collective events, including a Havan, a very powerful and beautiful Puja, three excellent morning meditations going up through the chakras; there were entertainment evenings and concerts, after which half of *Lagaan* was shown (after midnight). There was lots of time for the steep walk down to Staithes village and the sea and footsoaks, or cappuccinos, or both!

There was also lots of time for catching-up chats and renewing acquaintances and in our case making new ones.

There was a large field for sports and many chose to camp - some with a view of the sea.

A bus brought 40 or so yogis from London. A marquee arrived Saturday evening - perfect for 300 yogis. It's amazing how everything sorts itself out - sleeping arrangements, cooking, washing up and cleaning. Some yogis worked very hard, particularly Kim who organised all the food, and her team of cooks. The men chipped in very nicely too.

A powerful Havan was held about midday Saturday, when Shri Mataji's 108 Holy names were read out. Then many negativities were offered to the fire by the collective. Derek Lee the UK leader had stated that there were no yogis living in this area and that this weekend would drive out any negativity and vibrate this area. This I felt was well achieved.

The other ANZAC connection was that just 10 miles south lies Whitby. This is where Captain Cook lived and set out on his three major voyages to the Antipodes, charting huge areas of our coasts. The three ships he used were all built in Whitby. It is a very picturesque town, again, high cliffs protect the town and its old walled harbour. Trish and I felt strongly drawn here. We spent four hours here and went round the harbour and went up to Captain Cook's monument. I was disappointed to learn that dozens of whaling ships were built here. They caught and towed maybe thousands of whales to boiling-down and oil factories at Whitby. Captain Cook first went to sea at Staithes, by our camp.

The video of the 1982 talk *Dedication through Meditation* was played before Puja. Many of us were falling asleep! Derek stopped the video, after this attention was much much better and vibrations became very strong. So much so, I thought something very major and important was worked out for the area, for Yorkshire, for the UK and perhaps for the world.

The concerts continued the great vibrations, and great collective joy was experienced. The children sang and danced so sweetly and very skilled artists, danced, sang, wrote songs, played the cello, and later the didgeridoo (Justin), and group of boys sang 2 or 3 rousing bhajans.

Meal times were extremely spontaneous, and so was the actual "seminar", which finally happened just before lunch on Monday, but nevertheless was crucial and informative. All in all it was a beautiful event and ran extremely smoothly. As a Sahaja Yoga collective event it was very joyous and very successful. Well done UK!

PS The purple heather was blooming on the Yorkshire dales and moors which are very special areas.

PPS See you all in Cabella for Shri Ganesha Puja.

Jai Shri Mataji

*Love from David and Trisha Sharp*

# HUMOUR

*The following are different answers given by some American school-age children to some questions:*

## **Why did God make mothers?**

1. She's the only one who knows where the scotch tape is.
2. Think about it, it was the best way to get more people.
3. Mostly to clean the house.
4. To help us out of there when we were getting born.

## **How did God make mothers?**

1. He used dirt, just like for the rest of us.
2. Magic plus super powers and a lot of stirring.
3. God made my mom just the same like he made me. He just used bigger parts.

## **Why did God give you your mother and not some other mom?**

1. We're related.
2. God knew she likes me a lot more than other people's moms like me.

## **What ingredients are mothers made of?**

1. God makes mothers out of clouds and angel hair and everything nice in the world and one dab of mean.
2. They had to get their start from men's bones. Then they mostly use string. I think.

## **What kind of little girl was your mom?**

1. My mom has always been my mom and none of that other stuff.
2. I don't know because I wasn't there, but my guess would be pretty bossy.
3. They say she used to be nice.

## **How did your mom meet your dad?**

1. Mom was working in a store and dad was shoplifting.

## **What did mom need to know about dad before she married him?**

1. His last name.
2. She had to know his background. Like is he a crook? Does he get drunk on beer?
3. Does he make at least \$800 a year? Did he say NO to drugs and YES to chores?

## **Why did your mom marry your dad?**

1. My dad makes the best spaghetti in the world. And my mom eats a lot.
2. She got too old to do anything else with him.
3. My grandma says that mom didn't have her thinking cap on.

## **What makes a real woman?**

1. It means you have to be really bossy without looking bossy.

## **Who's the boss at your house?**

1. Mom doesn't want to be boss, but she has to because dads such a goofball.
2. Mom. You can tell by room inspection. She sees the stuff under the bed.
3. I guess Mom is, but only because she has a lot more to do than dad.

## **What's the difference between moms and dads?**

1. Moms work at work and work at home, and dads just got to work at work.
2. Moms know how to talk to teachers without scaring them.
3. Dads are taller and stronger, but moms have all the real power 'cause that's who you gotta ask if you want to sleep over at your friend's.

## **What does your mom do in her spare time?**

1. Mothers don't do spare time.
2. To hear her tell it, she pays bills all day long.

## **What's the difference between moms and grandmas?**

1. About 30 years.
2. You can always count on grandmothers for candy. Sometimes moms don't even have bread on them!

## **Describe the world's greatest mom?**

1. She would make broccoli taste like ice cream!
2. She'd always be smiling and keep her opinions to herself.

## **Is anything about your mom that is perfect?**

1. Her teeth are perfect, but she bought them from the dentist.
2. Her casserole recipes. But we hate them.
3. Just her children,

## **What would it take to make your mom perfect?**

1. On the inside she's already perfect. Outside, I think some kind of plastic surgery.
2. Diet. You know, her hair. I'd dye—it, maybe blue.

## **If you could change one thing about your mom, what would it be?**

1. She has this weird thing about me keeping my room clean. I'd get rid of that.
2. I'd make my mom smarter. Then she would know it was my sister who did it and not me.