

Sahaja Yoga

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Australian Newsletter

Jai Shri Mataji!

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*We surrender to Shri Mahalakshmi,
the destroyer of Mahishasura,
who is seated on the lotus,
has a coral complexion
and who holds in her eighteen hands
rosary, axe, mace, arrow, thunderbolt, lotus, bow,
pitcher, rod, shakti, sword, shield, conch, bell,
goblet, trident, noose and the Sudarshana Chakra.*

Devi Mahatmyam

STATE NEWS

from South Australia...

**Reminder to lodge
your registration form
for National Diwali Puja 2003**

Preparations for Diwali Puja are in full swing. Just a humble reminder that registrations are due by the first of November. (see attached registration form)

A live performance of music always enhances the vibrations, so could I please request any musicians coming to bring their instruments. We would absolutely love the musicians to stay over for the public program. We've gained permission for distribution of flyers during the horse carnival on Sunday afternoon at the Parklands, for advertising our upcoming public program. We will hopefully be able to get permission to give realisation to people at the carnival.

Here's a very interesting style of meditation which I found out about. It is after one of the articles from Shri Mataji, where she says that we should try to meditate for 8 days on one chakra and every day for one hour, starting from Mooladhar and progressing to the Sahastrara. So, we start at the Mooladhar the first day, meditation for an hour can include mantras, 108 names etc, then left Mooladhar the 2nd day, then right Mooladhar the 3rd day, back to centre thus meditating on the Mooladhar for 8 days in a row. Then centre Swadishtan 1st day, left and right Swadishtan on 2nd and 3rd day.....for 8 days and so on till the Sahastrar. We meditated collectively on the Mooladhar on Friday, saying the *Ganesh Atharvashesha*, some Ganesha songs and 108 mantras of Shri Ganesha. Had a great clearout and tremendous vibrations. Hope you give it a try.

Once again our heartfelt invitation to all our brothers and sisters to come down to Diwali Puja. Looking forward to seeing you all here soon.

Jai Shri Mataji,

Rita Skipper

INTERNATIONAL NEWS

**Important Sahaj publications
now available for ordering online**

At the time of Navaratri in New Jersey, Alan Wherry, of daisyamerica LLC, presented Shri Mataji with copies of *The Third Advent* and the paperback reprint of *The Advent*, as published by daisyamerica LLC and a sum of money in respect of the royalties and profits on all sales made so far.

Shri Mataji expressed great delight and said it was wonderful that Sahaja Yogis can now do this work.

If you would like to order copies, please go to www.daisyamerica.com where it is possible to order individual copies direct. If you are interested in ordering multiple copies for your collective, please write to info@daisyamerica.com with a note of how many copies you would like.

These are extremely important books and every Sahaja Yogi is recommended to read them. Please consider where necessary, a group of Yogis buying copies to circulate amongst themselves.

The following quote has just been received from a professor at INSEAD business school, the foremost school in Europe:

"The Third Advent submits a fascinating hypothesis to test: that within us lies the power to transform the microcosm of our consciousness as well as the macrocosm of society. Not only, but that power can now be activated and used by anyone who seriously applies attention and desire to it. As a social scientist, I marvel at the simplicity and the potential significance of this proposition. If the hypothesis stands up to sound and honest scrutiny, then this book will go down in history as a revolutionary contribution to mankind's learning and development. Interestingly, even if it is not, the mere reflection on the set of observations offered in this book will more than compensate the reader for the investment made. Given the height of the stakes, it seems hard to justify passing on the opportunity to acquaint oneself with this work and to validate its claims at least in the confined reality of our own life. Future research and the collective experience of readers like you and me will draw the line between optimistic belief and universal truth. In the process, you are in for a treat!"

*Maurizio Zollo
Professor of Strategy and Management
INSEAD, Fontainebleau, France"*

Best wishes and many thanks.

Alan Wherry