

Sahaja Yoga

30th April 2004



Australian Newsletter

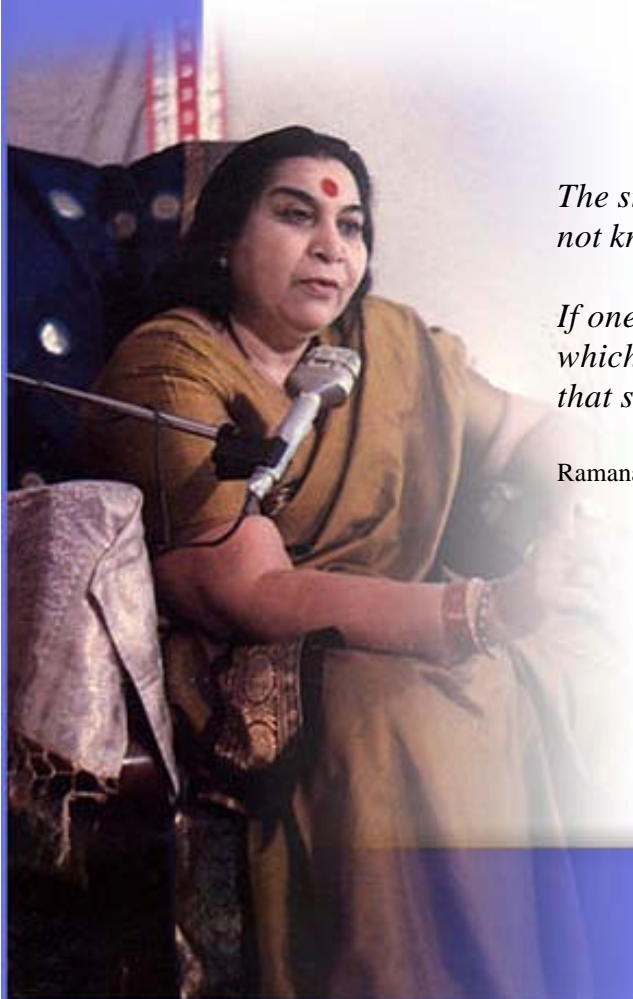
Jai Shri Mataji!

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The state we call realization is simply being oneself, not knowing anything or becoming anything.

If one has realized, he is that which alone is and which alone has always been. He cannot describe that state. He can only be That.

Ramana Maharshi

STATE NEWS

Expressions of appreciation
for the wonderful experiences
enjoyed at the recent Easter Seminar

from South Australia...

We cannot let this opportunity pass without saying a few words about the memorable Easter Weekend Seminar. We are still enjoying the vibrations we brought with us. Even some Yogis here commented of the vibrations we felt at our last Friday night program. They are convinced that we brought them from Balmoral.

We thank the three leaders of NSW and the collective for organising this event. Each and every program was carefully planned and carried out. It was magical. We really felt the joy and oneness. The words fail. It was commented that the vibrations was like in India or Cabella. I must confess I never felt so much vibrations in India. There in Balmoral and at Burwood my Sahasrara was filled with fountain of joy. Anytime I put my hand above my Sahasrara, there was gush of cool breeze. Amazing! Thank you again. We can't wait for the next one.

Staying in Burwood Ashram was most enjoyable. It's an ideal Ashram. The Yogis and Yoginis living there are so devoted and dedicated we, so-called long-term Yogis can learn a thing or two from them. We are so grateful for the hospitality, love and kindness shown to us during our stay. Thank you all.

Jai Shri Mataji!

*Uma Nadarajah
Adelaide*

from the Northern Territory...

A big thank you to the Southern Collectives (that's all of you, from up here).

The vibrations are still with me. Even in my little meditation room at home I am feeling like I am still in the Temple at Balmoral when I close my eyes. I had the best meditations and head rubs. You have no idea what it's like: going without the blessing of having sisters on hand to give you vibrations and head rubs, to have a giggle at little things as we girls do and to improve ourselves as one family together.

We were asked at the registration desk to note any item we'd like to see discussed at the seminar. I had a little peek at the other forms and found most people wanted to talk about collectivity.

I want to tell all yogis, whether in ashrams or collective houses and even those who live a walk or train/bus/car drive away from even one other yogi, that you have everything at your fingertips (excuse the pun) for collectivity to work out and grow so much you would not believe.

If we could lose the conditioning of thinking that we won't be welcome or that we may put someone out in some way and realise that we are a large, loving, caring family and that our doors are always open. We just need locks to keep out negativity that has legs, a large duffle bag and a getaway driver.

When you have to rely on open doors like I do every time I leave the NT for a Sahaj or non-Sahaj event it never occurs to me that I don't have a huge family down there somewhere that I can take refuge in day or night, help with the daily chores, continue with my practices and have brothers and sisters who make me feel so welcome I find it hard to leave. I find this everywhere I go all over Australia.

We have collectivity. We just don't realise, use or appreciate it fully. To be able to call a sister and say, "lets exchange vibrations tonight" or "lets go shopping tomorrow", or "how about doing a program at such and such" would be music to my ears.

To make collectivity grow we have to use it. So call someone you haven't seen for a bit and ask them round for a cuppa or offer to take them shopping: they might not have a car. It is what our Devine Mother wants us to be like, to have time for one another. For that we only need to be aware of our family's needs. What we need, our family needs, is "love" and enjoyment collectively.

Kevin and I would love to return the generosity to all of you. Just not all at once!

We are your family. Please pop in on your way thru sometime, and help to lift the vibrations of Darwin. It already feels lighter here since the Havan and Puja.

Thank you Uncle Alf for looking after me Sunday morning, like a real uncle. Thank you Diana for driving me round and helping me find a hat for my son's wedding without getting tired, a true sister. Thank you ladies for caring about my dietary needs during my stay at Burwood and for the opportunity to do some chores for you all in return even though you kept telling me off for doing it. (Shame about the goldfish). Thank you to all the family who greeted me with open arms at Balmoral and put me in Heaven.

I love you all so much, thank you Shri Mataji for this wonderful family of ours. Jai Shri Mataji

Your sister,

*Linda Pauling
Darwin*

from New South Wales...

Uluru Weekend: Urgent Notice...

Group Flying details

- Flight number: QF726 11/06/04
Departs Sydney 09.40am; arrives Ayers Rock 12.35pm
- Flight number: QF727 14/06/04;
Departs Ayers Rock 13.20pm; arrives Sydney 16.50pm

Group booking organized with *Flight Centre*.

Airfare

Group airfare: \$538.69 per person including taxes and charges.

Accommodation

- Ayers Rock Camping Ground
Cabins with 6 pers: \$25 per person per night
- Tent: \$13 per person and per night

Payment can be made on the day of arrival.

If you are interested to join the Uluru Odyssey, you have to make your decision by next week...

By 7th May 2004:

A full list of names has to be provided to Lisa with a \$30 dollars deposit per person.

By 14th May 2004:

Full payment is required.

Payment can be made by Bpay, Credit Card or deposit to Commonwealth Bank.

It would be easier if you pay full amount by the 7th May.

*Please contact Neil Avoledo (0412 234 808)
or Rodolphe Clement (0414 071 346) asap*

Self-realisation and *Music of Joy* concert at Wollongong Mall next Saturday 8th May

Wollongong Collective invite all to the *Music of Joy* concert and self-realization in the Mall next Saturday.

The concert will commence at 11.30am and run till 1.30pm. Realization will continue into the afternoon.

Come along and join in the vibes.

Contact Tony Carbone for details on 0411733908

Bondi Beach self-realisation program Sunday 16th May

Waverley Council are allowing us to do more Bondi Beach realisation programs.

The next one is on Sunday 16th May. As with all realisation events, it would be great to have as many yogis present as possible to make the day a success. The event will start early (8am) and finish at midday. Come early for a seaside meditation before giving others realisation.

*Please contact Keiran McPhail at Burwood
on 9747 4835 or 0416 217 445 for more information*

Congratulations on the birth of a baby boy

Just received the great news from Belinda and husband.

Their baby boy was born at 11.15 on Monday 26th April. Weight 4kg, height 52cm. All is ok and every one is well.

*Carole Carlstrom
Sydney*

Correction to last week's message regarding the ISPS building fund

Greta Moré has advised that the ISPS building project fund is not functioning at present.

Please disregard last week's notice.

Editor

INTERNATIONAL NEWS

from India...

Musical programme in Pratishtan in the presence of Shri Mataji

Dear family,

I can't resist myself sharing with you all about the musical programme held in Pratishtan on 20th April.

That was beautiful evening with Divine presence of our Holy Mother blessed all of us (our physical presence is not required for this blessing). Sir CPji also graced this evening with his presence wearing beautiful Sherwani.

The stage was beautifully decorated with flowers for which Yuvashaktis were working since morning. For this programme Hyderabad Quawwals were invited. They performed for around 1½ hours. Shri Mataji was very happy and as usual the radiance showing on Her face was incomparable. Sahaja Yogis were dancing in Her presence with joy. Everyone was on their feet enjoying the divine Sufi quawwalis and Her presence. The programme was concluded at around 10.30.

I wish I could have attached few photographs, but not available right now, maybe later.

Yesterday (22nd April) Shri Mataji has left for Cabella via Mumbai. It was another opportunity for all of us to have Her darshan. Pratishtan was beautifully lighted and decorated with flowers. How else can I describe last evening when She was leaving? Of course we all are attached to Her physical presence very much.

Love

Gaurav Agarwal
Pune

from England...

Shri Mataji's arrival in London

Shri Mataji arrived yesterday morning (Friday 10:30am) at Heathrow with Sir CP and Her family. All the Yogis were there at the airport to greet Her with flowers. The children were also there with all the Yu va Shakti, who offered a hand made and painted card with flowers to Her. Of course the vibrations, attention and awareness of the occasion was most extremely strong.

We helped to keep the way for Her as She was escorted by a very heavily-armed British Police Soldier (Anti-Terrorist type which are permanently stationed at Heathrow). A few girls also went on to Her flat to help to arrange all the flowers that were given to Her at the airport.

In the car on Her way out, She was saying how it was all "too much" and later said how the Heart is really opened in England, much more than ever before and that the Love was so strong. Sir CP says that all Mother can do is to have tears from so much Love. She commented how the Yogis were very disciplined and silent with their attention inside and with such open smiles and open Hearts. She said that it is only through the Love that the world "will change".

She commented (again) that the English Police are the best in the world, that they do not wish to hurt anyone but just to keep the people behaving themselves and in peace. It was put to Shri Mataji that the policeman was carrying a very heavy two-handed gun clasped at all times. She replied that he only kept it pointed upwards. His face was very full and open by the time Shri Mataji's car had left. He had been closer to Her throughout (as a bodyguard) than almost any other Yogi.

Shri Mataji will be staying for more than a week in Her flat in North London with Her family.

Jai Shri Mataji

Gautama